

Curriculum Vitae
Michael Fitzgerald
 September 1st, 2024

University Address: 337 Nancy Randolph Davis
 Oklahoma State University
 Stillwater, OK, 74078

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Academic Appointments

2022 - Assistant Professor of Family Science, Human Development and
 Family Science, Oklahoma State University, Stillwater, Oklahoma.

2020-2022 Assistant Professor, Child and Family Sciences, University of
 Southern Mississippi, Hattiesburg Mississippi.

2019-2020 Instructor, Child and Family Sciences, University of Southern
 Mississippi, Hattiesburg Mississippi.

Education

2015-2020 Ph.D., Marriage and Family Therapy. Florida State University,
 Tallahassee, FL.

2013-2015 M.A., Marriage and Family Therapy. Syracuse University,
 Syracuse NY.

2008-2013 B.S., Psychology. Oklahoma State University, Stillwater OK.

Professional Credentials

2025- Assistant Trainer, Internal Family Systems Institute

2023- Certified Internal Family Systems Therapist (#CSL-2059)

2023- Internal Family Systems Institute Approved Consultant

2022 - AAMFT Approved Supervisor

2022 - LMFT- State of Michigan (License# 4101007260)

Professional Experience

Research

2022 -	Research Associate, Center for Immigrant Health and Education, Oklahoma State University, Stillwater, Oklahoma.
2017	Graduate Research Assistant, Dr. Joe Grzywacz. Florida State University (1 Semester)*
2015-2017	Graduate Research Team Member, Dr. Kendal Holtrop. Florida State University (5 Semesters).
2015-2016	Graduate Research Team Member. Dr. Frank Fincham. Florida State University (3 Semesters).
2011-2012	Undergraduate Research Assistant. Dr. DeMond Grant, Oklahoma State University (5 Semesters).^
2012	Undergraduate Research Assistant. Dr. Melissa Burkley, Oklahoma State University (2 Semesters).

*Denotes graduate assistantship.

^Denotes undergraduate course credit.

All other activity is volunteer based.

Research

Research Interests:

Primary Interests: Dyadic Data Analysis, Relational, mental, and physical health outcomes of childhood maltreatment and intimate partner violence; childhood maltreatment and romantic relationships, intergenerational transmission of maltreatment/trauma; Internal Family Systems.

Secondary and Emerging Interests: Parenting; Childhood Maltreatment on Juvenile/Criminal Justice Involvement, and Academic Outcomes

Statistical Proficiency

Regression: Hayes Macro, hierarchical regression, logistic regression (SPSS; Mplus; lavaan)

Structural Equation Modeling: Path analysis, latent variable modeling, measurement invariance, multiple group models, latent profile analysis, actor partner interdependence modeling, common fate model, growth modeling, longitudinal structural equation modeling, and LMS / latent variable interaction (Mplus, AMOS; lavaan)

Multilevel Modeling: Dyadic and clustered data (Mplus; lme4)

Peer Reviewed Articles

* Denotes undergraduate student collaborator

** Denotes master student collaborator

*** Denotes doctoral student collaborator

1. **Fitzgerald, M** (in press). Estimating Dyad Level Processes in MFT Research: General Overview of The Common Fate Model and Extensions into Mediation, Moderation, Growth, and Hybrid Models. *Journal of Marital and Family Therapy*
2. **Fitzgerald, M.**, Galovan, A., Papp, V., Brosi, M., Cox, R (2025). Reasons for Separation and Divorce, Coparenting, and Child Behavioral and Emotional Difficulties: A Common Fate Hybrid Model Analysis. *Journal of Marital and Family Therapy*.
3. Lawrence, T., **Fitzgerald, M.**, Wojciechowski T (in press). A Longitudinal Examination into Substance Use as a Mediator Linking Childhood Abuse to PTSD Symptoms: Impact of Developmental Timing of Abuse. *Children Abuse and Neglect*
4. **Fitzgerald, M.**, Shoemaker, E.* Antecedents and Consequences of School Burnout: A Short-Term Longitudinal Study Linking Childhood Maltreatment to Sleep Problems Via Trait Mindfulness and School Burnout. *Traumatology*
5. **Fitzgerald, M.** (in press) Longitudinal Associations Between Childhood Maltreatment and Allostatic Load Among Midlife and Older Adults: Moderating Role of Perceived Stress and Gender. *Traumatology*
6. **Guidry, K., **Fitzgerald, M.** (in press) Differential Impact of College Women's Psychological and Physical IPV Victimization on Fathering and Mental Health. *Contemporary Family Therapy*. <https://doi.org/10.1007/s10591-024-09711-1>
7. **Fitzgerald, M**, Papp, V.*** Payne, J.*** (in press). Measurement Invariance in Couple Constructs Across Race: Examination into the Relationship Mindfulness Measure and Positive-Negative Relationship Quality Scale. *Mindfulness*. <https://doi.org/10.1007/s12671-024-02420-8>
8. Hall, H.,*** Papp, V.,*** **Fitzgerald, M.** (In press). Childhood Sexual Abuse and IL6 Mediated by Change in BMI over an 18-Year Period: A Growth Curve Model. *Child Abuse and Neglect*. <https://doi.org/10.1016/j.chiabu.2024.106914>
9. **Fitzgerald, M.**, Gallus, K. (in press) Conceptualizing and Measuring Childhood Adversity: A Comprehensive Critique of the Adverse Childhood Experiences Measure. *American Journal of Orthopsychiatry*. 10.1037/ort0000785
10. **Fitzgerald, M.**, Bishop, A. (in press) Challenging the Use of the Overall ACE Score: Comparing Total ACEs, Maltreatment, and Household Dysfunction on Mental Health Problem Among White, African American, and Native American Adult Women in Correctional Custody. *American Journal of Orthopsychiatry*. 10.1037/ort0000784

11. Lawrence, T., Wojciechowski, T., **Fitzgerald, M.**, Watson, S. (in press) The Transition from Physical Sibling Abuse to Bullying Perpetration Through Trait Anger: A Longitudinal Study. *Journal of Adolescence*.
<https://doi.org/10.1002/jad.12356>
12. **Fitzgerald, M.**, Hall, H.*** (in press) Childhood Sexual Abuse and Cholesterol Risk: Testing Body Mass Index as a Mediator in a National Sample of Adults. *Child Abuse and Neglect*. <https://doi.org/10.1016/j.chiabu.2024.106848>
13. Tadros, E, Notice, M, **Fitzgerald, M.** Gomez, E., Canterbury, M (in press). Marriage and Family Therapists Relationship Commitment During the COVID-19 Pandemic. *Journal of Psychosociological Research in Family and Culture*.
<https://doi.org/10.61838/kman.jprfc.2.2.6>
14. **Fitzgerald, M.** Papp, V*** (in press). Childhood Maltreatment is Longitudinally Associated with Cardiometabolic Biomarkers Through Marital Quality: Do Health Locus of Control and Eating Habits Matter? *Journal of Social and Personal Relationships*. <https://doi.org/10.1177/02654075241235966>
15. **Fitzgerald, M.** Hall, H*** (In press) It Doesn't Add Up: Educational Achievement Mediates Child Maltreatment Subtypes to Allostatic Load. *Child Abuse and Neglect*. IF: 4.86. <https://doi.org/10.1016/j.chiabu.2023.106630>
16. Papp, V.,*** **Fitzgerald, M.** (in press). Childhood Abuse and Chronic Physical Health Conditions: A Longitudinal Analysis of Familial Support and Strain as Mediators. *Contemporary Family Therapy*. IF 1.3. Advance online publication. 10.1007/s10591-023-09682-9
17. Thege, B., Moore, A., Szabo, G., **Fitzgerald, M.**, Hodgins, D., Kim, H. (in press). Psychometric properties of the Generalised Version of the Screener for Substance and Behavioural Addictions (SSBA-G): A comprehensive screening tool for substance-related and behavioural addictions. *Psychiatry Research*. IF: 11.3. Advance online publication. <https://doi.org/10.1016/j.psychres.2023.115459>
18. **Fitzgerald, M.**, & Lunt, K.** (in press). What aspects of dispositional mindfulness mediate the association between childhood emotional maltreatment and posttraumatic stress disorder? *Traumatology*. Advance online publication. <https://doi.org/10.1037/trm0000476>
19. **Fitzgerald, M.** Morgan, A. (In press). Marital Quality and Depression as Mediators Linking Childhood Maltreatment to Adult Physical Health. *Child Abuse and Neglect*. IF: 4.86. <https://doi.org/10.1016/j.chiabu.2023.106189>
20. **Fitzgerald, M.**, Berthiaume, K., & Schuler, J.*** (2023). Pathways from childhood maltreatment to the quality of adult intimate relationships: Inquiry into

- mindfulness, posttraumatic stress symptoms, and attributions. *Traumatology*. Advance online publication. <https://doi.org/10.1037/trm0000447>. IF: 3.2
21. **Fitzgerald, M.** (in press). Serial Indirect Effects from Childhood Maltreatment to Adult Chronic Health Conditions Through Contemporary Family Relationships and Mental Health Problems: Inquiry into Stress and Sleep Problems. *Psychological Trauma, Theory, Research, Practice, and Policy*. IF: 9.40. <https://doi.org/10.1037/tra0001469>
 22. **Fitzgerald, M.** Wright, L. Bishop, A. (in press) Childhood Sexual Abuse and Forgiveness: Relationship Enhancing or Relationship Detracting? *Journal of Child Sexual Abuse*, 32(4), 455-474. <https://doi.org/10.1080/10538712.2023.2174469>. IF: 2.19.
 23. **Fitzgerald, M., & Williams, L.** (2024). When childhood states become adult traits: Trait anxiety and anger as mediators linking childhood maltreatment to marital outcomes in midlife adults. *Psychology of Violence*, 14(4), 219–227. <https://doi.org/10.1037/vio0000463> IF: 3.75
 24. **Fitzgerald, M.** Shuler, J.*** (in press) Examining Attachment and Dyadic Coping in a Serial Mediational Model Linking Childhood Maltreatment to the Quality of Adult's Intimate Relationships. *Journal of Couple and Relationship Therapy*. IF: N/A.
 25. **Fitzgerald, M.,** Morgan, A. (in press) Childhood Maltreatment and Provision of Support and Strain Given to Family Members in Adulthood: The Role of Social Anxiety and Depressive Symptoms. *Journal of Social and Personal Relationships* 40(6). <https://doi.org/10.1177/02654075221137320> IF: 3.04
 26. Grames, H., Sims, P., Holden, C., Rollins, P., Jeanfreau, M., & **Fitzgerald, M.** (2023). The changing face of telesupervision and digital training in response to COVID-19. *Journal of Family Therapy*, 45(2), 211-222. <https://doi.org/10.1111/1467-6427.12415> IF: 1.84
 27. **Fitzgerald, M.,** Notice, M. (2023) The Longitudinal Association Between Childhood Abuse and Positive and Negative Familial Interactions in Midlife and Older Adults: The Role of Mindfulness and Gender. *Journal of Research on Aging*, 45(3-4). <https://doi.org/10.1177/01640275221108869> IF: 2.59
 28. **Fitzgerald, M.,** Notice, M. (2023). Childhood Embedded: Childhood Abuse and Chronic Physical Health Conditions Over a Ten-Year Period. *Journal of Public Health* 45(2). <https://doi.org/10.1093/pubmed/fdac063> IF: 2.34
 29. **Fitzgerald, M.** (2022) Attachment as a Mediator Linking Childhood Abuse to Attributions in Adult Intimate Relationships. *The Family Journal* 30(4). <https://doi.org/10.1177/10664807221104121> IF: N/A

30. *Dunn, N., Esplin, J., **Fitzgerald, M.** (in press). Moving Out of Your Mind and Into Your Body: Yoga Buffers the Effects of Childhood Maltreatment on PTSD Symptoms. *Journal of American College Health*.
<https://doi.org/10.1080/07448481.2022.2066956> IF: 3.08
31. **Fitzgerald, M.** (2022) Childhood Maltreatment is Associated with Adult Psychopathology Through Decreased Dispositional Mindfulness. *Journal of Aggression, Maltreatment, and Trauma*, 31(10). IF: 2.06
<http://dx.doi.org/10.1080/10926771.2022.2043971>
32. **Fitzgerald, M.**, Esplin, J. (2023). Marital Quality as a Mechanism Linking Childhood Abuse to Adult Emotional Reactivity, Affective Symptoms, and Aggression. *Journal of Family Issues*, 44(6), 1488-1507.
<https://doi.org/10.1177/0192513X211059831>. IF: 2.10
33. Hamstra, C*, **Fitzgerald, M.** (in press). Longitudinal Effects from Childhood Abuse to Bullying Perpetration in Adolescents: The Role of Mental Health and Social Problems. *Journal of Child and Adolescent Trauma*, 15(3), 869-881.
<https://doi.org/10.1007/s40653-021-00409-2>. IF: N/A
34. **Fitzgerald, M.**, Esplin, J., Wright, L., Gallus, K., Hardy, N. (2021). Dyadic Parent-Adolescent Relationship Quality as Pathways from Maternal Childhood Abuse to Adolescent Psychopathology. *Journal of Marital and Family Therapy*, 48(3), 827-844. doi: 10.1111/jmft.12555. IF: 2.38.
35. **Fitzgerald, M.**, Berthiaume, K. (2021b). A Longitudinal Investigation into Marital Quality as a Mediator Linking Childhood Abuse to Positive and Negative Affective Symptoms. *Journal of Gerontology Series B: Social Sciences*, 76(10), 2112-2120. doi:10.1093/geronb/gbab095. IF: 4.08
36. **Fitzgerald, M.**, Kavar, C. (2021) Mindfulness and Attachment as Concurrent Mediators of Childhood Maltreatment and Depressive, Anxious, and Dissociative Symptoms. *Journal of Trauma and Dissociation*, 23(3), 229-244.
<http://dx.doi.org/10.1080/15299732.2021.1989120>. IF: 1.80.
37. **Fitzgerald, M** (2021d). A Drive for Redemption: Relationship Quality as a Mediator Linking Childhood Maltreatment to Symptoms of Social Anxiety and Depression. *Journal of Adult Development*. doi: 10.1007/s10804-021-09383-3. IF: .74.
38. **Fitzgerald, M.** (2021c) Relating from the Past or the Present: Relationship Mindfulness as a Mediator Linking Childhood Maltreatment to Adult Relationship Quality. *Journal of Couple and Relationship Therapy*.
doi:10.1080/15332691.2021.1926387. IF: N/A.

39. **Fitzgerald, M.,** Grames, H. (2021) Childhood Maltreatment and Mindfulness: Implications for Older Adult's Marital Outcomes. *Journal of Couple and Relationship Therapy*, 21(2), 151-166. doi:10.1080/15332691.2021.1922114. IF: N/A.
40. **Fitzgerald, M.,** Barton, C** (2021). Self-Qualities and Self-Leadership as Pathways Linking Childhood Maltreatment to Depression and Relationship Quality, 44(2), *Contemporary Family Therapy*. doi: 10.1007/s10591-021-09577-7. IF: N/A.
41. **Fitzgerald, M.,** Berthaiume, K. (2021a) Does Spirituality Moderate the Relationship Between Child Maltreatment and Adult Men and Women's Mental Health Problems? *Journal of Aggression, Maltreatment & Trauma*, 31(2). 10.1080/10926771.2021.1912875. IF: 1.03.
42. †**Fitzgerald, M.** (2021b) Cool, Calm, and Collected: Associations Between Self-Leadership and Adult Mental and Relational Health Outcomes. *American Journal of Family Therapy*, 50(1), 57-71. IF: N/A. doi: 10.1080/01926187.2020.1865218
†Featured in in the March 2021 Internal Family Systems Foundation News
43. **Fitzgerald, M.,** Spuhler, B., Hamstra, C*. (2021) The Intersection of Childhood Maltreatment and Marriages: Implications for Adult's Health. *Journal of Family Issues*, 42(11). doi: 10.1177/0192513X20984505. IF: 1.61
44. **Fitzgerald, M.** (2021a). Developmental Pathways from Childhood Abuse to Young Adult Romantic Relationship Functioning. *Journal of Trauma and Dissociation* 22(5), 581-597. doi: 10.1080/15299732.2020.1869653. IF: 1.85
45. **Fitzgerald, M.,** Gallus, K. (2020). Emotional Support as a Mechanism Linking Childhood Maltreatment and Adult's Depressive and Social Anxiety Symptoms. *Child Abuse and Neglect*. doi: 10.1016/j.chiabu.2020.104645. IF: 2.889.
46. **Fitzgerald, M.,** Ledermann, T., Grzywacz, J., Hamstra, C.* (2020). Childhood Abuse and Positive and Negative Relationship Quality: The Role of Depression. *Journal of Relationships Research*, 11, e14. doi: 10.1017/jrr.2020.6. IF: N/A.
47. †**Fitzgerald, M.,** London-Johnson, A., & Gallus, K. L. (2020). Intergenerational transmission of trauma and family systems theory: An empirical investigation. *Journal of Family Therapy*, 42(3), 406-424. doi: 10.1111/1467-6427.12303
†Featured in the Fall 2020 *NDACAN Udata* Newsletter (Vol. 51)
Top Cited Article in 2020-2021
48. **Fitzgerald, M.,** Hamstra, C.* Ledermann, T (2020). Childhood Maltreatment and Adult's Provisions of Emotional Support Given to Family, Friends, and Romantic

- Partners: An Examination of Gender Differences. *Child Abuse and Neglect*. doi: 10.1016/j.chiabu.2020.104520. IF: 2.889.
49. **Fitzgerald, M.**, Ledermann, T (2020). Longitudinal Study of Adolescent Abuse, Relationship Quality, and Post-Traumatic Stress Symptoms in Mother-Adolescent Dyads. *Journal of Marital and Family Therapy*, 46(2), 352-365. doi: 10.1111/JMFT.12420 IF: 1.984.
 50. Tripodi, S., Pettus-Davis, C., Bender, K., **Fitzgerald, M.**, Renn, T., Kennedy, S. (2019). Pathways to Recidivism for Women Released from Prison: The Influence of Childhood Trauma, Mental Health Problems and Substance Abuse. *Criminal Justice and Behavior*, 46, 1219-1236. doi: 10.1177/0093854819867119 IF: 2.168
 51. Lancaster, M., Jackson, L., Youngberg, S., **Fitzgerald, M.**, McWey, L. (2018). Peer Relationships, Harsh Parenting and Adolescent Mental Health Concerns. *Journal of Aggression, Maltreatment & Trauma*, 27, 1060-1074 doi: 10.1080/10926771.2018.1425789. IF: N/A
 52. Cooper, A., Seibert, G. S., May, R. W., **Fitzgerald, M.**, Fincham, F. D. (2017). School Burnout and Interpersonal Violence: The Role of Self-Control. *Personality and Individual Differences*, 112, 18-25. doi: 10.1016/j.paid.2017.02.047 IF: 1.946;
 53. May, R. W., Seibert, G. S., Sanchez-Gonzalez, M. A., **Fitzgerald, M.**, & Fincham, F. D. (2016). Dispositional Self-Control: Relationships with Aerobic Capacity and Morning Surge in Blood Pressure. *Stress*, 20, 46-52. doi: 10.1080/10253890.2016.1260543. IF: 2.715
 54. Seibert, G. S., May, R. W., **Fitzgerald, M.**, & Fincham, F. D. (2016). The Relationship Between School Burnout and Diminished Self-Control. *Learning and Individual Differences*, 49, 120-127. doi: 10.1016/j.lindif.2016.05.024. IF: 1.28

Revise and Resubmit

Rollins, P., **Fitzgerald, M.**, Grames, H., & Papp, V. *Journal of Marital and Family Therapy*

Under Review

Fitzgerald, M. Papp, V., Lawrence, T. Comparison of the Cross Lagged Actor-Partner Interdependence Model and the Random Intercept Cross Lagged Panel Model: An Empirical Investigation of the Parent-Adolescent Relationship Across Adolescence. *Family Relations*

Papp, V., **Fitzgerald, M.** Distal and Contemporary Social Determinants of Health: An Investigation into Childhood Abuse, Adult Socioeconomic Status, and Chronic Health Conditions Among Men and Women. *Gerontology Series B: Social Sciences*.

Smith, C.,* Papp, V.,*** **Fitzgerald, M.**, A Longitudinal and Dyadic Analysis of Sibling Perpetrated Abuse in Childhood and Contemporary Familial Relationships: Implications of Adult Mental Health. *Journal of Social and Personal Relationships*

Papp, V., **Fitzgerald, M.** Psychological Pathways from Childhood Maltreatment to Inflammation Over Time Among Midlife and Older Adults. *Psychological Trauma, Theory, Research, Practice, and Policy*

In Preparation (Statistical Analysis is Completed If Applicable)

Fitzgerald, M., Baraldi, A. Sample Size Determination for the Common Fate Mediation Model. *Journal of Family Psychology*.

Fitzgerald, M., Papp, V., Zheng, Y., Smedley, D., Shuler, J., Kimmes, J., Brosi, M. Communication is Key, but is it King? A Common Fate Examination of Relationship Mindfulness, Dyadic Coping, and Relationship Quality. *Journal of Social and Personal Relationships*.

Shuler, J., **Fitzgerald, M.**, Brosi, M., Cox, R. Dyadic Perspectives on Coparenting and Child Outcomes: Distal and Contemporary Stressors as Determining Factors. *Journal of Marital and Family Therapy*

Fitzgerald, M. Mullen-Houser, B., Tal, I. Internal Family Systems and Substance Use: A Preliminary Investigation into the Associations Between Self-Leadership and Alcohol Use. *Journal of Substance Use*.

Fitzgerald, M. Shuler, J., Brosi, M. Can Someone Ever Be There for Me? An Actor-Partner Interdependence Moderated Mediation Model Examining Childhood Maltreatment, Depressive Symptoms, and Relationship Quality. *Family Relations*.

Fitzgerald, M., Esplin, J. Childhood Abuse and Adolescent Depressive Symptoms: A Growth Curve and Mediational Analysis of Change in Relationship Quality with Non-Offending Mothers. *Family Process*.

Fitzgerald, M. Papp, V., Notice, M. Calm Mind, Calm Physiology: The Mediating Role of Self-Leadership and Psychopathology Linking Childhood Maltreatment to Inflammation. *Journal of Marital and Family Therapy*.

Fitzgerald, M. Papp, V. To Mediate or to Moderate, that is the Question: A Systematic Review of the Role of Social Support Linking Childhood Interpersonal Trauma to Mental Health. *Trauma, Violence, and Abuse*.

Fitzgerald, M. Nadela, M. Integration of Internal Family Systems and Attachment: An Empirical Investigation of Self-Leadership Linking Attachment Insecurity to Mental Health and Couple Relationship Quality.

Fitzgerald, M., Wright, L. Relational Pathways from Childhood Emotional Abuse to Adult's Mental Health Functioning: A Stratified Analysis of Three Cohorts. *Journal of Couple and Relationship Therapy*

Fitzgerald, M. Timing of Childhood Abuse and Conflict and Intimacy in Young Adult Romantic Relationships: The Mediating Role of Posttraumatic Stress Symptoms.

Fitzgerald, M., Kavar, C. The Influence of Childhood Abuse and Neglect on Adult Romantic Relationships: A Literature Review and Clinical Recommendations. *Journal of Marital and Family Therapy*

Paper and Poster Presentations

1. Shuler, J***., Papp, V***., **Fitzgerald, M.,** Brosi, Matthew Mindfulness and Partner Attributions on Stress in Couples [Poster Presentation]. National Council on Family Relations, Baltimore, MD, United States.
2. Kinnah, T., **Fitzgerald, M** (2025). The Impact of Reasons for Divorce on Co-parenting and Child Outcomes [Poster Presentation]. National Council on Family Relations, Baltimore, MD, United States.
3. **Fitzgerald, M.,** Smedley, D***., Zheng, Y***., Papp, V., Shuler, J., Brosi, M (2025) "In It Together: A Common Fate Examination of Relationship Mindfulness, Dyadic Coping, and Relationship Quality." [Lightning Paper Presentation]. National Council on Family Relations, Baltimore, MD, United States.
4. Papp, V., *** **Fitzgerald, M** (2025). "Associations among Childhood Maltreatment, Stressor Severity, Affect, and Blood Pressure: A Multilevel Structural Equation Mediation Model." [Paper Presentation]. National Council on Family Relations, Baltimore, MD, United States.
5. Papp, V., *** **Fitzgerald, M** (2025). "Gender Differences in Education and Wealth as Mediators between Childhood Abuse and Chronic Health Conditions" [Poster Presentation]. National Council on Family Relations, Baltimore, MD, United States.
6. Papp, V., *** **Fitzgerald, M.,** Shuler, J., Brosi, M (2025). "How My Past Influences Me or How My Past Influences Us: An Actor Partner-Common Fate Hybrid Analysis of Childhood Maltreatment, Romantic Relationship Quality, and Mental Health." [Poster Presentation]. National Council on Family Relations, Baltimore, MD, United States.

7. **Fitzgerald, M.**, Shuler, J., Brosi, M., Cox, R (2025). "A multilevel structural equation modeling approach to ACEs, reasons for divorce and coparenting relationship quality among separating and divorcing couples" [Poster Presentation]. National Council on Family Relations, Baltimore, MD, United States.
8. Smedley, D***., Zheng, Y***., **Fitzgerald, M.**, Kimmes, J (2024). Shame Is Associated With Lower Relationship Quality Through Decreased Relationship Mindfulness. [Poster Presentation]. National Council on Family Relations, Bellevue, WA, United States.
9. Payne, J***., **Fitzgerald, M.**, Cox, R., Brosi, M (2024). Double Trouble with Communication: A Dyadic Mediation Analysis of Communication Problems During Marriage, Co-parenting Communication Following Divorce, and Child Outcomes[Poster Presentation]. National Council on Family Relations, Bellevue, WA, United States.
10. Shuler, J***., **Fitzgerald, M.**, Wright, L (2024). Childhood Emotional Abuse, Spousal Support and Strain, and Affective Symptoms: An Investigation of Three Cohorts [Poster Presentation]. National Council on Family Relations, Bellevue, WA, United States.
11. **Fitzgerald, M.**, Payne, J***., Cox, R., Brosi, M (2024). Disagreement or Differences: A Latent Congruence Mediation Model of Reasons for Divorce, Coparenting Relationship Quality, and Child Conduct Problems. [Poster Presentation]. National Council on Family Relations, Bellevue, WA, United States.
12. **Fitzgerald, M.**, Papp, V*** (2024). Matching Theory and Research in Parent-Adolescent Relationship Research: Testing the Random Intercept Cross Lagged Panel Model with Dyadic Data [Poster Presentation]. National Council on Family Relations, Bellevue, WA, United States.
13. Papp, V***., **Fitzgerald, M.** (2024) Psychological Pathways from Childhood Maltreatment to Inflammation Among Midlife and Older Adults [Poster Presentation]. National Council on Family Relations, Bellevue, WA, United States.
14. **Fitzgerald, M.**, Papp, V.*** (2024) To Mediate or to Moderate, That Is the Question: A Systematic Review of Childhood Trauma, Social Support and Mental Health [Poster Presentation]. National Council on Family Relations, Bellevue, WA, United States.
15. *Smith, C., Papp, V.,*** **Fitzgerald, M** (2024). Implications of Sibling Perpetrated Abuse in Childhood on Adult Mental Health among Dizygotic Twins:

- Contemporary Family Strain as a Mediator or Moderator. Oklahoma State University Undergraduate Research Symposium.
16. Leon Cartagena, M***, **Fitzgerald, M.**, Arredondo, A.,*** Cox, R. (2023). Language Brokering in Family Contexts: Intra-Family Language Brokering in Latino Immigrant Families. Poster presented at the National Hispanic Science Network Conference.
 17. Arredondo A.,*** **Fitzgerald M.**, Cox R., Cartagena M.,*** Lopez., C.,** (2023) The Impacts of Shared Language Erosion on Stress among Hispanic Immigrant Families. Poster presented at the National Hispanic Science Network Conference.
 18. Shuler, J.,*** Brosi, M., **Fitzgerald, M.** Counteracting the Bot Problem in Family Science Research. Resource Exchange Round Table at National Counsel on Family Relations (NCFR), Orlando, Florida.
 19. Papp, V.,*** **Fitzgerald, M.**, Notice, M. (2023). "Calm Mind, Calm Physiology: Gendered Pathways Linking Childhood Maltreatment to Inflammatory Biomarkers Through Self-Leadership and Psychopathology" Poster presented at National Counsel on Family Relations (NCFR), Orlando, Florida.
 20. Payne, J.,*** Cox, R., Brosi, M., **Fitzgerald, M.** (2023, November 8-11). Co-parenting Styles and Child Outcomes: How Conflict and Interaction Quality in Parenting Relationships Impact Child Outcomes [Paper Presentation]. National Council on Family Relations, Orlando, FL, United States.
 21. Payne, J.,*** Cox, R., Brosi, M., **Fitzgerald, M.** (2023, April 14). Co-parenting Styles in Divorce and Child Outcomes [Poster Presentation]. Oklahoma Council on Family Relations, Tulsa, OK, United States.
 22. Rollins, P., **Fitzgerald, M.**, & Grames, H. (2022, March 31). *The impact of mandatory continuing education hours on disciplinary violations.* [Poster presentation]. International Family Therapy Association Congress, Malaga, Spain.
 23. Okrassa, C., **Fitzgerald, M.**, Janecek, J., Swanson, S. (2023) Quality of Life in Younger and Older Adults with Epilepsy. International Neuropsychology Society Conference, San Diego, California.
 24. **Batula, L., **Fitzgerald, M.**, Shuler, J*** (2022) Do Romantic Relationships Protect or Exacerbate the Association Between Childhood Maltreatment and Inflammation? Poster presented at National Counsel on Family Relations (NCFR), Minneapolis, Minnesota.
 25. **Smith, A., **Fitzgerald, M.**, Shuler, J*** (2022) Child Sexual Abuse and Non-Offending Caregivers: A Longitudinal and Dyadic Analysis. Poster

- presented at National Counsel on Family Relations (NCFR), Minneapolis, Minnesota.
26. *Dunn, N., **Fitzgerald, M**, Esplin, J. (2022). University of Southern Mississippi Undergraduate Research Symposium, Hattiesburg, Mississippi.
 27. Spuhler, B., **Fitzgerald, M** (2020, November) The Intersection of Childhood Maltreatment and Marriage: Implications for Adult's Health. Poster presented at National Counsel on Family Relations (NCFR). St. Louis Missouri.
 28. Hamstra, C.,* **Fitzgerald, M** (2020, November). Emotional Abuse, PTSS, and Bullying Perpetration in Adolescence. Poster presented at 80th Annual American Association of Marriage and Family Therapy (AAMFT), Orlando, FL.
 29. Coker, B.,** **Fitzgerald, M** (2020, November). Depression, Parent-Child Relations, and Violence: Dyadic Mediation. Poster presented at 80th Annual American Association of Marriage and Family Therapy (AAMFT), Orlando, FL.
 30. Hamstra, C.,* **Fitzgerald, M** (2019, August). Pathways from Psychological Abuse to Educational Outcomes. Poster presented at 79th Annual American Association of Marriage and Family Therapy (AAMFT), Austin, Texas.
 31. **Fitzgerald, M.** (2019, August). Child Maltreatment and the Relation with Friends, Family and Spouses. Poster presented at 79th Annual American Association of Marriage and Family Therapy (AAMFT), Austin, Texas.
 32. **Fitzgerald, M.**, Ledermann, T., Grzywacz, J., Hamstra, C.* (2019, August). Abuse, Depression and Relationship Quality in At-Risk Women. Poster presented at 79th Annual American Association of Marriage and Family Therapy (AAMFT), Austin, Texas.
 33. Berthaiume, K., **Fitzgerald, M.**, Fincham, F. (2019, March). The Influence of Implicit Theories of Intelligence on Children's Goal Orientation and View of Failure. Poster presented at Society for Research in Child Development (SRCD). Baltimore, Maryland.
 34. London Johnson, A., **Fitzgerald, M.** (2018, November). Pathways Impacting Fathers' Behaviors on College Students' Dating Violence. Poster presented at National Counsel on Family Relations (NCFR). San Diego, California.
 35. **Fitzgerald, M.**, Youngberg, S., Ledermann, T., Grzywacz, J. (2018, November). Redefining Marital Quality: Revisiting Conceptual Roots. Poster presented at National Counsel on Family Relations (NCFR). San Diego, California.
 36. Jackson, L., **Fitzgerald, M.**, Lancaster, M., Call, T., McWey, L. (2018, November). Adolescent Neglect, Educational Outcomes and Self-Concept. Poster

- presented at 78th Annual American Association of Marriage and Family Therapy (AAMFT). Louisville, Kentucky.
37. **Fitzgerald, M.,** Ledermann, T. (2018, November). Trauma, Dyadic Attachment and Trauma Symptoms in Adolescence. Poster presented at 78th Annual American Association of Marriage and Family Therapy (AAMFT). Louisville, Kentucky.
 38. **Fitzgerald, M.,** Gallus, K (2018, November). Couple Factors, Transmission of Trauma and Child Outcomes. Poster presented at 78th Annual American Association of Marriage and Family Therapy (AAMFT). Louisville, Kentucky.
 39. Lancaster, M., Youngberg, S., Jackson, L., **Fitzgerald, M.,** McWey, L. (2017). Peer Relationships, Harsh Parenting and Adolescent Mental Health Concerns. Poster presented at National Counsel on Family Relations (NCFR). Orlando, Florida.
 40. **Fitzgerald, M.,** Allen, J. W., Seibert, G. S., May, R.W., Fincham. F. D. (2016, September). The Relationship between IPV, self-control, and school burnout. Poster presented at 76th Annual American Association of Marriage and Family Therapy (AAMFT). Indianapolis, Indiana.
 41. Murray, K., Godfrey, K., **Fitzgerald, M.,** Holtrop, K. (2016, September). Parenting factors and risky behavior in gifted college students. Poster presented at 76th Annual American Association of Marriage and Family Therapy (AAMFT). Indianapolis, Indiana.
 42. Armstrong, J., Murray, K., **Fitzgerald, M.,** Holtrop, K., Godfrey, K., Friar, E.* (2016, July). Parenting styles effects on alcohol use in gifted college students. Florida Alliance Health Diversity Scholars Program. Gainesville, Florida.
 43. **Fitzgerald, M.,** May R. W., Seibert, G. S., Sanchez-Gonzalez, M. A., Fincham, F. D. (2016, May). Morning Surge in Blood Pressure and the Role of Self-Control. Poster presented at 28th Annual Convention of the Association for Psychological Science. Chicago, Illinois.
 44. Friar, E.,* Murray, K., Godfrey, K., **Fitzgerald, M.,** Armstrong, J., Holtrop, K. (2016, March). Investigating Relationships among Parenting Practices, Social Competence, and Risky Behaviors in Gifted College Students. Poster presented at Florida State University UROP Research Symposium, Tallahassee Florida.
 45. Seibert, G. S., May, R. W., **Fitzgerald, M.,** & Fincham, F. D. (2016, February). School burnout and academic performance: The role of self-control. Poster session presented at Florida State University College of Human Science's Research and Creativity Day. Tallahassee, Florida.

46. **Fitzgerald, M.**, Calvert, C., Williams, D., Lechner, W. V., Mills, A. C., Judah, M. R., & Grant, D. M. (2012, September). Physiological responding to cognitive processes associated with anxiety disorders. Poster presented at the Annual Oklahoma Psychological Association Student Society Conference. Tulsa, Oklahoma.

Internal Grants

- 2024 **Fitzgerald, M (PI)**, Cox, R (funded). Failure to Communicate: Shared Language Erosion as a Social Determinant of Health. HDFS Parenting Professorship Internal Seed Grant (\$49,068 requested; (\$41,464 funded)

External Grants

- 2025 **Fitzgerald, M(PI)**. Failure to Communicate: Disaggregation of Within and Between Dyad Associations: The Role of Shared Language Erosion. Society for Research in Child Development Early Career Research Award (\$7,400) – under review
- 2024 **Fitzgerald, M (PI)**., Brosi, M., Shuler, J. Advancing Family Theory Via Disaggregation of Effects and Levels of Measurement. Early Career Researcher Grant, Family Process Institute (\$5,000 direct) – Not funded
- 2024 **Fitzgerald, M (PI)**, Cox, R., Lin, H., Larzelere, R. Shared Language Erosion as an Explanatory Variable in Health Disparities Among Hispanic Immigrants. National Institutes of Health R15 (\$375,000 direct) – Under Review
- 2024 Cox, R (PI)., Lin, H., Larzelere, R., **Fitzgerald, M.** Shared Language Erosion and Adolescent ATOD use in parent-adolescent dyads. National Institutes of Health R21 (\$275,000 direct) – Under Review
- 2023 **Fitzgerald, M (PI)**, Hammer, S., Lin, H., Bishop, A. Contextual Mechanisms Linking ACEs to Cardiovascular Biomarkers. Submitted to the Interdisciplinary Network on Rural Population Health, Funded by the National Institute on Aging (25,000) – Not funded
- 2023 **Fitzgerald, M(PI)**, Hammer, S., Lin, H., Bishop, A. Contextual Mechanisms Linking ACEs to Cardiovascular Biomarkers. Submitted to the Network on Life Course Health Dynamics and Disparities, Funded by the National Institute on Aging (\$50,000) – Not funded
- 2023 **Fitzgerald, M(PI)**. Language as a Social Determinant of Hispanic Adolescent Health: The Role of Shared Language Erosion. Society for Research in Child Development Early Career Research Award (\$7,400) – Not funded
- 2022 Better to be In or Out: Impact of COVID19 on Men and Women Currently Incarcerated and Those Recently Released. Oklahoma State Department of

Health. PI: Bishop, A; Co-Investigators **Fitzgerald, M**; Brosi, M. (\$250,000)
–Not funded

Conference Workshops

Mullen-Houser, B., **Fitzgerald, M.**, Tal, I. (2023) Better Together: Practice-Informed IFS Research Internal Family Systems Conference. Denver, Colorado

Booth, F., Agate, J., Allington-Goldfain, K., Cox, K., Earnest, K., **Fitzgerald, M.**, Gaffney, J., Seiler, S., Tyson, J (2019) Direct Access: An Essential IFS Skill. Internal Family Systems Conference. Denver, Colorado

Morgan, A., **Fitzgerald, M.** (2019), Family Therapy After Parental Incarceration. 1 Hour workshop at 78th Annual American Association of Marriage and Family Therapy (AAMFT). Austin, Texas.

Invited Workshops

Fitzgerald, M. (2022). An Introduction to Internal Family Systems Therapy. 2 Hour workshop presented at Mississippi Association of Marriage and Family Therapy annual conference.

Technical Reports

Rollins, P., **Fitzgerald, M.**, Grames, H (2022). Association for Marriage and Family Therapy Regulatory Board 2022 Report on Research Activities. Report on Ethical Violations submitted to the Association for Marriage and Family Therapy Regulatory Board

Other Research Involvement

1. Possession and experience working with the following national/large scale data sets:
 - a. Longitudinal Studies of Childhood Abuse and Neglect (LONGSCAN)
 - b. Midlife Development in the United States (MIDUS)
2. Sex, Health, Abuse, Relationships, and Personality (SHARP) Research Team
 - a. Created, designed, and implemented a three wave longitudinal data collection from USM undergraduate and graduate students. Data are collected every fall and spring semester. SHARP research consists of myself and six fellow CFS faculty members (Southern Mississippi).

Supervision of Undergraduate Student Research, Mentorship, and Committees

Undergraduate students and their current positions / terminal degree (if known)

1. Haley Feener (FSU): Florida State University Masters of Social Work
2. Claire Derricks (FSU): Syracuse University Masters of Marriage and Family Therapy
3. Cailyn Hamstra (FSU): Florida State University Masters of Teacher Education
4. Nadia Dunn (USM): University of Southern Mississippi Graduate
5. Carlee Smith (OSU): Graduate Student in Marriage and Family Therapy, Oklahoma State University

6. Emily Shoemaker (OSU)
7. Ainsley Cowin (OSU)
8. Channing Claudill (OSU)

Research Supervisor to masters students (and their current positions / terminal degree)

1. Brittany (Rushing) Coker: University of Southern Mississippi Masters of Marriage and Family Therapy Program
2. Viktoria Papp: Doctoral Student, Oklahoma State University, Human Development and Family Science
3. Macady Birch: University of Southern Mississippi Masters of Marriage and Family Therapy Program
4. Andrelique Smith: University of Southern Mississippi Masters in Child and Family Sciences (Practicum Student)
5. Leela Battula: University of Southern Mississippi Masters, Master of Public Health (Practicum Student)

Research Supervisor to Doctoral Graduate Research Assistants students

1. Viktoria Papp Graduate Student, Oklahoma State University, Human Development and Family Science Program.

Theses Directed

University of Southern Mississippi

Undergraduate:

Kristen (Riley) Cole – Undergraduate Honors Thesis (2022): “Low Academic Outcomes: A Result of Food Insecurity and Student Mental Health During COVID19” (Defended)

Graduate:

Lindy Williams – Master’s Thesis (2022) “Infidelity and the Bioecological Protective Factors for Mental Health: A Longitudinal Investigation.” Doctoral student at Penn St PhD Program in Human Development and Family Science (Defended)

Oklahoma State University

Undergraduate Honors:

Landree Siebert – in progress

Graduate:

Viktoria Papp – Master’s Thesis “The Worst of Both Worlds: Childhood Maltreatment and the Duality of the Work-Family Interface in Relation to Inflammation” (Defended)
Jade House – Masters Thesis: In development

Dissertations Directed

Oklahoma State University

Viktoria Papp, Human Development and Family Science (current)
 Kris Henry, Human Development and Family Science (current)
 (co-advisor with Dr Mike Criss)
 Jade House, Human Development and Family Science (current)

Master's Thesis Committee Member

Oklahoma State University

Jana Payne, Human Development and Family Science (Defended)
 Brianna Barnett, Applied Human Services (Defended)

Dissertation Committee Member

Oklahoma State University

Maritza Leon Cartagena, Human Development and Family Science
 (Defended, May 2025)
 Alma Arredondo Lopez, Human Development and Family Science
 (Defended, May 2025)
 Louis Obirize, Human Development and Family Science (current)
 Jordan Shuler, Human Development and Family Science (current)
 Jana Payne, Human Development and Family Science (current)
 Mariana Mendoza Ruiz, Human Development and Family Science
 (current)

External Dissertation Committee Member (Outside OSU HDFS)

Oklahoma State University

Rosario Riley, Higher Education and Student Affairs
 Anisha Sharma, Psychology

University of West Florida

Cailyn Hamstra, Teacher Education and Educational Leadership

Clemson University

Negar Mokhtari, Psychology

External Reviewer / Examiner for Theses and Dissertations

Swinburne University of Technology (Australia)

Kathleen De Boer – Doctoral Dissertation (2022) “Integrating Internal
 Family Systems Therapy into Phase-Based Approach for Complex
 Trauma”

David Eckel – Doctoral Dissertation (2025) “How might Internal family
 Systems Therapy conceptualise and treat adults with attachment avoidance
 and attachment anxiety? “

Co-Sponsor on Dissertation Fellowships

Payne, J. Dyadic Influences of coparenting styles. F31 Predoctoral Fellowship
 submitted to NICHD (not funded)

Teaching

Assistant Professor Oklahoma State University

2022 -
 HDFS 3443: Family Dynamics (In-Person; Undergraduate)
 HDFS 3443: Family Dynamics (Online; Asynchronous, Undergraduate)
 HDFS 4423: Risk and Resilience (In-Person; Undergraduate)
 HDFS 5543: Family Crisis and Trauma (In-Person; Marriage and Family Therapy; Masters)
 HDFS 6583: Seminar in Family Science: Contemporary Issues in Family Science Research (In-Person; Doctoral)
 HDFS 5000: Thesis
 HDFS 3513: Research Methods (In-Person; Undergraduate)
 HDFS 6583: Dyadic Data Analyses (In-Person; Doctoral)

Instructor / Assistant Professor University of Southern Mississippi

2019-2022
 FAM 615: Gender and Culture (School Counseling; Graduate) (Online)
 FAM 655: MFT Theories I: Survey of Major Models (Marriage and Family Therapy; Graduate)
 FAM 655: MFT Theories I: Survey of Major Models (School Counseling; Graduate) (Online)
 FAM 151: Interpersonal Communication (Online; Asynchronous)
 FAM 652: Intimate Relationships (Child and Family Sciences; Graduate) (Online)
 FAM 150: Foundations of Family and Consumer Sciences (Undergraduate) (Online; Asynchronous)
 FAM: 435: Families in Crisis (Online; Synchronous)
 FAM: 435: Families in Crisis (Online; Asynchronous)
 FAM: 351: Marital and Family Relationships (Online)
 FAM: 675: Research Methods (Marriage and Family Therapy; Graduate) (Online)
 FAM: 675: Research Methods (Marriage and Family Therapy; Graduate)
 FAM 675: Research Methods (School Counseling; Graduate) (Online; Asynchronous)
 FAM 670: Trauma and Substance Use Disorders (Marriage and Family Therapy; Graduate).
 FAM 790: Practicum (Marriage and Family Therapy) (Co-Led).
 FAM 790: Practicum (Marriage and Family Therapy) (Sole Supervisor)
 FAM: 660: Assessment and Diagnosis in MFT (Marriage and Family Therapy; Graduate)
 FAM 675: Research Methods (Child and Family Sciences; Graduate) (Asynchronous)
 FAM 675: Research Methods (School Counseling; Graduate) (Online; Synchronous)
 FAM 698: Thesis (Graduate; Online)

FAM 492h: Honors Thesis (Undergraduate; Online)

Graduate Teaching Assistant, The Florida State University.

2015-2019

Teaching Assistant

FAD 3343 (2 times): Contexts of Adult Development and Ageing (Online)*

CHD 2220: Child Growth and Development (Online)*

CHD 2220 (2 Times): Child Growth and Development (In-person)*

FAD 2230 (3 Times): Family Relationships Across the Lifespan (Online)*

Instructor of Record:

Spring 2018: FAD 2230: Family Relationships Across the Lifespan (In-Person, $n=186$). Supervisor: Dr. Jenna Scott*

Fall 2018: FAD 2230: Family Relationships Across the Lifespan (In-Person, $n=76$). Supervisor: Dr. Jenna Scott*

Spring 2019: FAD 2230: Family Relationships Across the Lifespan (Online, $n=180$).*

2012

Undergraduate Teaching Assistant[^]. Supervisor: Dr. William Hargett, Oklahoma State University (2 Semesters)
Responsibilities: Proctoring and grading tests for 4 classes.

Guest Lectures

2022

Guest Lecture, Oklahoma State University, Professional Development in Human Development and Family Science: Finding and Applying for Academic Jobs

2022

Guest Lecture, University of Maryland, Marriage and Family Therapy Program. Internal Family Systems Therapy

2022

Guest Lecture, University of Southern Mississippi, Marriage and Family Therapy Program. Internal Family Systems Therapy

2022

Guest Lecture, University of Southern Mississippi, FAM 151: Interpersonal Communication

2022

Guest Lecture, University of Southern Mississippi, FAM 435: Families in Crisis: Theories of Families in Crisis

2021

Guest Lecture, University of Southern Mississippi, Marriage and Family Therapy Program. FAM 663: Family Systems and Addiction

- 2021 Guest Lecture, William and Mary University, Counselor Education, Intergenerational Transmission of Trauma
- 2021 Guest Lecture, University of Maryland, Marriage and Family Therapy Program. Internal Family Systems Therapy
- 2019 Guest Lecture, Lewis and Clark College, Marriage and Family Therapy Program. Internal Family Systems Therapy
- 2017 Guest Lecturer, The Florida State University.
Courses:
 Child Maltreatment: Outcomes, Mechanisms and Recovery. *FAD 3432*: Stress and Resilience.
 Child Maltreatment: Outcomes, Mechanisms and Recovery: *FAD 3432* Stress and Resilience.
 Domestic Violence, IPV and Sexual Assault: *FAD 3432* Stress and Resilience.
- 2015 Guest Lecturer, Syracuse University
 Internal Family Systems Therapy. *MFT 682*: Marriage and Family Therapy Theory and Techniques. Syracuse University.

External Teaching

Statistical

- 2025 InStats: Advanced Dyadic Data Analysis (4 Day Workshop) – October 2025
- 2025 InStats: Intermediate Dyadic Data Analysis (3 Day Workshop) – June 2025
- 2025 InStats: Introduction to Dyadic Data Analysis (3 Day Workshop) – March 2025

Clinical

- 2025 Working with Extreme Firefighters: Working with Entrenched and Extreme Firefighters: Conceptualization, Context, and Intervention From an IFS Perspective. Two Day Workshop (June 2025)
- 2025 Addressing External Constraints in Internal Family Systems Therapy. Two Day Workshop (July 2025)
- 2024 Working with Extreme Firefighters: Working with Entrenched and Extreme Firefighters: Conceptualization, Context, and Intervention From an IFS Perspective. One Day Workshop (November, 2024)

- 2024 An Introduction to Internal Family Systems Therapy. Full Day Workshop at Oklahoma State University (June 2024). Cofacilitated with Sam Guzman, LPC
- 2019 An Introduction to Internal Family Systems. Full Day Workshop presented in Tallahassee, Florida. Cofacilitated with Nancy Wonder, PhD

Professional Development Provided at Oklahoma State University

Monthly Seminar Series

Spring 2023: Aspects of a Quality Peer Review, Writing a Quality Peer Review, Couple and Family Level Data
 Fall 2023: Data Management, Introduction to Mplus, Measurement Modeling
 Spring 2024: Writing for Publication, Sensitivity Analyses, Regression Diagnostics, Intermediate Mplus and Latent Congruence Model
 Fall 2024: Effective Implementation of covariates, model misspecification and error messages in SEM, missing data analysis

Professional Development Provided to Department

Oklahoma State University (1-2 hours)

Actor Partner Interdependence Modeling (2023) – 1.5 hours

Clinical Practice and Supervision

- 2021- 2022 Marriage and Family Therapist: Center for Family Therapy, University of Southern Mississippi. Provided outpatient psychotherapy in a university clinic setting.
- 2021-2022 Staff Clinician: Pine Grove: Addictions and Behavioral Health. Provided individual and group therapy in an in-patient and partial hospitalization addictions facility with a focus on sexual addiction.
- 2018- Internal Family Systems (IFS) consultation group for Eating Disorders. Facilitator: Mary Kruger, M.S., LMFT, IFS Lead Trainer.
- 2017-2019 Doctoral Intern and Independent Contractor, Better Living Solutions, Marriage and Family Therapy. Provided individual, couple, family, and group psychotherapy in an intensive outpatient eating disorder treatment facility.
- 2017- 2019 Eye Movement Desensitization and Reprocessing (EMDR) supervision group. Facilitator: Chris Inger, PhD, LMFT, EMDR Approved Facilitator
- 2015-2017 Center for Couple and Family Therapy: Marriage and Family Therapy Doctoral Intern at Florida State University. Provided

individual, couple, and family psychotherapy to diverse clientele at an on-campus, university clinic setting.

- 2014-2015 Alkira Family Therapy: Marriage and Family Therapy Intern
Provided individual, couple, and family psychotherapy to diverse clientele in a private practice setting.
- 2014-2015 Brownell Behavioral Center: Marriage and Family Therapy Intern.
Provided Psychotherapy to diverse clientele in a non-profit, collaborative care setting.
- 2014-2015 Marriage and Family Therapy Clinic: Marriage and Family Therapy Intern at Syracuse University. Provided individual, couple, and family psychotherapy to diverse clientele at an on-campus, university clinic setting.

Supervision

- 2022 - AAMFT Approved Supervisor
- 2020 - 2022 AAMFT Clinical Supervisor (in training). Provided supervision to Southern Mississippi MFT masters students in group and individual formats. AAMFT Approved Supervisor Candidate.
- 2016 AAMFT Clinical Supervisor in-training. Provided supervision to Florida State doctoral students in group and individual formats. AAMFT Approved Supervisor Candidate.

Other Clinical/Supervision Experience

Internal Family Systems Assistant Trainer

- 2026 Internal Family Systems Level 1 Training Basic Skills (1330),
Online.
Lead Trainer(s): Jory Agate
Assistant Trainer: **Michael Fitzgerald**
- 2026 Internal Family Systems Level 1 Training Basic Skills (1371),
Online.
Lead Trainer(s): Sue Richmond
Assistant Trainer: **Michael Fitzgerald**

Internal Family Systems Assistant Trainer Mentee

- 2025 Internal Family Systems Level 1 Training Basic Skills (1131),
Online.
Lead Trainer(s): Jory Agate
Assistant Trainer: Lauren Spaulding
Assistant Trainer Mentee: **Michael Fitzgerald**

Internal Family Systems Lead Program Assistant (PA)

2022 Internal Family Systems Level 2 (760); IFS, Addictions, and Eating Disorders, five-day training session (Online due to COVID19).

Internal Family Systems Program Assistant (PA)

- 2018 Internal Family Systems Level 1 Training Basic Skills (465), Retreat Style: 2, five day training sessions in Brooklyn, NY. Lead Trainer(s): Mary Kruger, LMFT; Paul Neustadt LICSW Assistant Trainer, Marushka Glissen, LISCW (2018). 84 Training Hours
- 2018 Internal Family Systems Level 1 Training Basic Skills (480), Retreat Style: 1, six-day training session in Sydney, Australia, Lead Trainer: Mary Kruger, LMFT; 40 Training Hours
- 2019 Internal Family Systems Level 1 Training Basic Skills (484), Retreat Style: 2 five day training sessions in Austin, TX and Danville, CA. Lead Trainer(s): Kay Gardner, LCSW Assistant Trainer: Mona Barbera, PhD. 84 Training Hours
- 2019 Internal Family Systems Level 2: IFS Trauma, and Neuroscience (512). 32 Training Hours. San Francisco, CA. 32 Training Hours Lead Trainer(s): Frank Anderson, MD Assistant Trainer: Fran Booth, LICSW.
- 2019 Internal Family Systems Level 2; Deepening and Expanding (503), New York, New York. 32 Training Hours Lead Trainer(s): Pam Krause, LCSW Assistant Trainer: Jim Andralis, LCAT.
- 2020 Internal Family Systems Level 2 Training (534): IFS, with Addictions and Eating Disorders, Nashville, Tennessee. 32 Training Hours. Lead Trainer: Mary Kruger, LMFT Assistant Trainer: Madeleine Warren, LMFT
- 2020 Internal Family Systems Level 2: IFS, Trauma, and Neuroscience (515). 1, five-day. Online due to COVID19. 32 Training Hours. Lead Trainer(s): Frank Anderson, MD Assistant Trainer: Fran Booth, LICSW.
- 2020 Internal Family Systems Level 1 Training Basic Skills (563). 3 four-day training session. Online due to COVID19. 80 training hours. Lead Trainer: Mary Kruger, LMFT

Assistant Trainer: Jory Agate.
 Assistant Trainer Mentee: Kim Bolling.

- 2020 Internal Family Systems Level 1 Training Basic Skills (506). 2 three-day weekend training session in San Francisco (Online due to COVID19)
 Lead Trainer: Mary Kruger, LMFT
 Assistant Trainer: Jory Agate.
- 2021 Internal Family Systems Level 1 Training Basic Skills (650). 3 four-day training session. Online due to COVID19. 80 training hours.
 Lead Trainer: Mary Kruger, LMFT
 Assistant Trainer: Sue Richmond
- 2021 Internal Family Systems Level 1 Training Basic Skills (649). 3 four-day weekend training sessions (Online due to COVID19)
 Lead Trainer: Mary Kruger, LMFT
 Assistant Trainer: Gwen Hurd
 Assistant Trainer Mentee: Fatimah Finney
- 2022 Internal Family Systems Level 2; IFS, Additions, and Eating Disorders (802), five-day training session (Online due to COVID19).
 Lead Trainer: Cece Sykes, LCSW
 Assistant Trainer: Terilee Dalton
- 2022 Internal Family Systems Level 2; IFS, Additions, and Eating Disorders, five-day training session (Online due to COVID19).
 Lead Trainer: Mary Kruger
 Assistant Trainer / Lead PA: **Michael Fitzgerald**
- 2022 Internal Family Systems Level 1 Training Basic Skills (834). 6 three-day weekend training sessions (Online due to COVID19)
 Lead Trainer: Jory Agate
 Lead Trainer: Kristen Lundeberg
 Assistant Trainer: Dan Reed
- 2022 Internal Family Systems Level 1 Training Basic Skills (797): 3 four day modules (Online Due to COVID19)
 Lead Trainer: Jory Agate
 Lead Trainer: Kathy Cox
 Assistant Trainer: Tish Miller

- 2023 Internal Family Systems Level 2; IFS, Additions, and Eating Disorders (911), five-day training session (Online due to COVID19).
Lead Trainer: Cece Sykes, LCSW
Assistant Trainer: Kim Paulus
- 2023 Internal Family Systems Level 1 Training Basic Skills (931): 3 four day modules (Online Due to COVID19)
Lead Trainer: Terrilee Dalton
Lead Trainer: Marina Hassanali
Assistant Trainer: Galit Arad Trueter
- 2023 Internal Family Systems Level 1 Training Basic Skills (931): 3 four day modules (Online Due to COVID19)
Lead Trainer: Jory Agate
Assistant Trainer: Carmen Jimenez-Pride
Assistant Trainer Mentee: Jess Finney
- 2024 Internal Family Systems Level 1 Training Basic Skills (992): 3 four day modules (Online Due to COVID19)
Lead Trainer: Sue Richmond
Lead Trainer: Irina Diyankova
Assistant Trainer: Lawrence Wentworth
- 2024 Internal Family Systems Level 1 Training Basic Skills (961): 3 four day modules (Online Due to COVID19)
Lead Trainer: Paul Ginter
Assistant Trainer: Madeleine Warren, LMFT
- 2024 Internal Family Systems Level 1 Training Basic Skills (965): 3 four day modules (Online Due to COVID19)
Lead Trainers: Ann Sinko, Carmen Jimenez-Pride
Assistant Trainer: Brenda Aufderhar
- 2024 Internal Family Systems Level 1 Training Basic Skills (994): 3 four day modules (Online Due to COVID19)
Lead Trainer: Sue Richmond
Lead Trainer: Irina Diyankova
Assistant Trainer: Denise Caldwell
- 2025 Internal Family Systems Level 2; Deepening and Expanding (1161), Online. 32 Training Hours
Lead Trainer(s): Chris Burris, LMFT
Assistant Trainer: Gaby Satarino, LPC

2025 Internal Family Systems Level 2 Training (1155): IFS, with Addictions and Eating Disorders, Online. 32 Training Hours.
Lead Trainer: Mary Kruger, LMFT
Assistant Trainer: Galit Arad Trueter, LCSW

Program Assistant Responsibilities: Small group didactic instruction and demonstration, supervise practice group sessions, provide feedback to participants, attend staff meetings and help lead trainer(s) and assistant trainer with the functioning of the training

Masters Clinical Comprehensive Exam Committee Chair

University of Southern Mississippi

Thalia Gordillo, Marriage and Family Therapy (2022)

Barbara Naylor, Marriage and Family Therapy (2022)

Elvia Hernandez, Marriage and Family Therapy (2022)

Masters Clinical Comprehensive Exam Committee Member

University of Southern Mississippi

Viktoria Papp, Marriage and Family Therapy (2022)

Extension and Outreach

Oklahoma State University

An Introduction to Internal Family Systems (One day workshop) – June 2024

Dyadic Data Analysis in MPlus (2-day Workshop) – May 2024

Professional Development and Training

Clinical Certifications and Trainings

Internal Family Systems Level 3 Training: Advanced Retreat led by Ann Sinko (2025)

Internal Family Systems Level 3 Training: Advanced Retreat led by Richard Schwartz, PhD, Del Ray Beach, Florida (2018).

Internal Family Systems Level 2 Training: IFS with Addictions and Eating Disorders, Santa Cruz, California (2017)

Internal Family Systems Level 2 Training: IFS, Trauma, and Neuroscience, Chicago, Illinois (2017)

Eye Movement Desensitization and Reprocessing: Basic Training, Tampa, Florida (2017).

Internal Family Systems Level 1 Training: Basic Training, Charlotte, North Carolina (2017)

Certificate in Traumatic Stress through the Trauma Center at Justice Resource Institute (2017)

Other Clinical Professional Trainings and Workshops

Internal Family Systems with Chronic Pain (2021)

Internal Family Systems and Couples (2020)

Internal Family Systems and Spirituality (2020)

Internal Family Systems and Unattached Burdens (2020)

Internal Family Systems and Grief and Loss (2020)

Integrating EMDR Family Therapy Model for Treating Children with Attachment Trauma (2018)

Working with Dissociation and Complex Trauma as an EMDR Therapist (2018)

EMDR Facilitated by Internal Family Systems: Overview and Interventions (2018)

EMDR Therapy Preparation for Adults with Attachment Trauma (2018)

Emotion Focused Therapy Training (2017)

Certificate in Trauma Focused Cognitive Behavioral Therapy, through the Medical University of South Carolina (2015)

Internal Family Systems: Healing Trauma Workshop (2014)

Scholarships

Scholarship for Internal Family Systems Level 3 Training, Center for Self Leadership, 2018 (\$630)

Scholarship for Internal Family Systems Level 2 Training: IFS with Addictions and Eating Disorders Center for Self Leadership, 2018 (\$425)

Scholarship for Internal Family Systems Level 2 Training, Center for Self Leadership, 2017 (\$1150): IFS Trauma, and Neuroscience

Scholarship for Internal Family Systems Level 1 Training, Center for Self Leadership, 2016 (\$1750)

GSAC Travel Award, College of Human Sciences, Florida State University, 2016 (\$300)

Travel Award, Department of Family and Child Sciences, College of Human Sciences, Florida State University, 2016 (\$500)

Ross and Cora Evans Scholarship, Department of Family and Child Sciences, The Florida State University, 2015 (\$1200)

Travel Award, David B. Falk College of Sport and Human Dynamics, Syracuse University, 2014 (\$100)

Awards

Marguerite Scruggs Award for Meritorious Early Career Research for the College of Education and Human Sciences, Oklahoma State University (2025) – Nominated

Distinguished Researcher Award for the College of Education and Human Sciences, University of Southern Mississippi (2021) – Awarded

Distinguished Researcher Award for the College of Education and Human Sciences, University of Southern Mississippi (2020) – Nominated

Statistical Training

Doctoral Course Work: Florida State University

ANOVA, Multiple Regression, Multivariate Statistics, Structural Equation Modeling, Multilevel Modeling

Class Audits (non-credit): Oklahoma State University

HDFS 6153: Multilevel Modeling, Oklahoma State University

Internal Training: Oklahoma State University

Dyadic Data Analysis for Cross-Sectional and Longitudinal Data, Dr. Rob Ackerman, Oklahoma State University (2023)

External Training

SMART: Dyadic Longitudinal Data Analysis (2025)
 SMART: Advanced Topics in Dyadic Longitudinal Data Analysis (2025)
 InStats: Dynamic Structural Equation Modeling (2024)
 Statistical Horizons: Categorical Structural Equation Modeling (2024)
 InStats: Monte Carlo Simulation Methods (2024)
 InStats: Confirmatory Factor Analysis with Categorical Data in Mplus (2024)
 Center Stat: Multilevel Models with Clustered Data (2024)
 Center Stat: Multilevel Models with Longitudinal Data (2024)
 Center Stat: Intensive Longitudinal Data (2024)
 Stats Camp: Latent Profile Analysis (2023)
 Stats Camp: Longitudinal Structural Equation Modeling (2023)
 Center Stat: Sample Size Planning for Power Analysis (2023)
 Center Stat: Modern Missing Data Analysis (2023)
 Statistical Horizons: Multilevel Modeling and Multilevel SEM (2023)
 Center Stat: Quantitative Meta-Analysis (2023)

Competitive Fellowships and Specialized Training Sought

University of Minnesota Population Scholars Program (2022) – Not Accepted
 Family Process Institute Editorial Fellowship (2022) – Not Accepted
 Mississippi Center for Clinical and Translational Research Community Engaged
 Summer Institute (2022) – Accepted
 National Data Achieve on Child Abuse and Neglect (NDACAN) Summer
 Research Institute (2022) – Not Accepted
 Association of College and University Education (ACUE) Teaching Fellowship
 (2021) – Accepted
 Family Process New Writers Fellowship (2020) – Accepted

Professional Membership

American Association for Marriage and Family Therapy (AAMFT)
 Mississippi Association: 2022-2023
 Florida Division (Tallahassee): 2015-2019
 New York Division (Central): 2013-2015
 National:
 2013 – 2022 (Pre-Clinical Member)
 2023 – Present (Clinical Member)
 National Council on Family Relations (NCFR)
 National: 2015-2020; 2022-
 Eye Movement Desensitization and Reprocessing International Association (EMDRIA)
 International: 2017-2018
 Society for Research in Child Development 2022-

Service**Conferences Volunteers**

AAMFT Conference Volunteer (2014, 2016, 2018)

NCFR Conference Volunteer (2018)
Internal Family Systems Conference Volunteer (2019)

Reviewer for Conference Abstracts

AAMFT

Conference Reviewer, 2019
Conference Reviewer, 2020

NCFR

Conference Reviewer, 2019
Conference Reviewer, 2023
Conference Reviewer, 2024
TCRM Reviewer, 2024

Grant Reviewer

Internal Grant Reviewer College of Education and Human Sciences (University of Southern Mississippi, Spring 2022)
Society for Research in Child Development (2023): Early Career Scholars Grant
Social Sciences and Humanities Research Council of Canada (SSHRC)
Insight Grant (2025)

Editorial Board Member

2022- Psychological Trauma: Theory, Research, Practice, and Policy
2022- Couple and Relationship Therapy
2022- Traumatology
2023- Child and Adolescent Trauma
2023- American Journal of Orthopsychiatry
2025- Journal of Marital and Family Therapy

Reviewer for Refereed Journals

2018 Student Reviewer
Journal of Social and Personal Relationships
Journal of Family Psychology
Plos One
2018- Child Abuse and Neglect
2020-2020 Journal of Relationships Research
2020- Children Youth Services Review
2020- Psychological Trauma: Theory, Research, Practice, and Policy
2020-2022 Violence and Victims
2020- Family Relations
2020- Journal of Gerontology Series B: Social Sciences
2021- American Journal of Orthopsychiatry
2021- BMC Public Health
2021- Journal of Social and Personal Relationships
2021- Frontiers in Psychology
2021- Child Maltreatment
2021- Mindfulness

2021- BMC Pregnancy and Childbirth
 2021- Traumatology
 2022- BMC Psychiatry
 2022- Couple and Family Psychology
 2022- Journal of Family Violence
 2022- Couple and Relationship Therapy
 2022- The International Journal of Aging and Human Development
 2022- Journal of Clinical Psychology
 2022-2022 Partner Abuse
 2023- Journal of Black Psychology
 2023- Journal of Child and Adolescent Trauma
 2023- Journal of Marital and Family Therapy -
 2023- Innovations in Aging -
 2023- Family Process –
 2024- Advances in Life Course Research –
 2024- Personality and Individual Differences –
 2025- Current Psychology-
 2025- British Journal of Health Psychology-
 2025- Social Science and Medicine

Oklahoma State University (2022-)

Service to Department

Graduate Committee (2022 - 2023)
 Oklahoma State Methodologist Assistant Professor Search Committee Member
 (2023)
 Oklahoma State Methodologist Assistant Professor Search Committee Member
 (2024)
 Doctoral Statistical Qualifying Exam Committee (2023 -)
 Oklahoma State Teaching Assistant Professor Search Committee Member (2024)
 Oklahoma State HDFFS Internship Revision Committee (2025)
 Oklahoma State External Review Committee (2025)
 Oklahoma State HDFFS Reappointment, Tenure, and Promotion Document
 Revision Committee (2025)

Service to College

CEHS Graduate Scholarship and Awards Committee (2025)

University of Southern Mississippi (2019-2022)

Tenure Track Assistant Professor Search Committee Member, 2019-2020
 Workgroup – Child and Family Sciences Master's Program in Child and Family Sciences
 Workgroup - Child and Family Sciences Undergraduate Program in Child and Family
 Sciences
 Mentor for Marriage and Family Graduate Students (Fall 2019, Fall 2021)

Additional Preparation Not Reported Elsewhere

Mplus self-study short courses (48 Hours Total)

Multilevel Modeling with Cross Sectional Data (6 hours)

Multilevel Modeling with Longitudinal Data (6 hours)

Advanced factor analysis and structural equation modeling with continuous outcomes (6 hours)

Advanced regression analysis, IRT, factor analysis and structural equation modeling with categorical, censored, and count outcomes (6 hours)

Introductory and intermediate growth modeling (6 hours)

Advanced growth modeling, missing data analysis, and survival analysis (6 hours)

Categorical latent variable modeling with cross-sectional data (6 hours)

Categorical latent variable modeling with longitudinal data (6 hours)