

q2024 CLASS 5/6 STATE OUTDOOR TRACK & FIELD CHAMPIONSHIPS

May 31, 2024 - June 1, 2024

Todd Stadium, 12465 Warwick Blvd, Newport News, VA 23606

MEET SCHEDULE

Friday, May 31, 2024

10:00 AM PACKET PICK-UP
11:00 AM STADIUM GATES OPEN
11:30 AM Coaches Meeting / Certification of field event implements

FIELD EVENTS

01:00 PM	<u>Class 5, then 6</u>	<u>Class 6, then 5</u>
	Boys Shot Put	Girls Discus
	Girls Triple Jump	Boys Triple Jump
	Boys High Jump	Girls Pole Vault

RUNNING EVENTS *(Class 5, then 6 girls; followed by Class 5, then 6 boys)*

12:00 PM 4 x 800 meter relay
02:15 PM 100 meter high hurdles (Semifinals)
02:35 PM 110 meter high hurdles (Semifinals)
02:45 PM 100 meter dash (Semifinals)
03:45 PM 200 meter dash (Semifinals)

Saturday, June 1, 2024

07:30 AM STADIUM GATES OPEN / PACKET PICK-UP
08:30 AM Certification of Field Event implements
08:30 AM 3200 meter run *(Class 5, then 6 girls; followed by Class 5, then 6 boys)*

FIELD EVENTS

09:00 AM	<u>Class 5, then 6</u>	<u>Class 6, then 5</u>
	Girls Shot Put	Boys Discus
	Boys Long Jump	Girls Long Jump
	Girls High Jump	Boys Pole Vault

11:50 AM *NATIONAL ANTHEM*

RUNNING EVENTS *(Class 5, then 6)*

12:00 PM Girls 100 meter high hurdles (Finals)
12:10 PM Boys 110 meter high hurdles (Finals)
12:20 PM Girls 100 meter dash (Finals)
12:25 PM Boys 100 meter dash (Finals)
12:30 PM Girls 1600 meter run
12:50 PM Boys 1600 meter run
01:10 PM Girls 4 x 100 meter relay
01:30 PM Boys 4 x 100 meter relay
02:00 PM Girls 400 meter dash
02:10 PM Boys 400 meter dash
02:25 PM Girls 300 meter intermediate hurdles
02:40 PM Boys 300 meter intermediate hurdles
03:00 PM Girls 800 meter Run
03:20 PM Boys 800 meter Run
03:30 PM Girls 200 meter dash (Finals)
03:35 PM Boys 200 meter dash (Finals)

BREAK for HS Graduation Recognition

04:05 PM Girls 4 x 400 meter relay
04:40 PM Boys 4 x 400 meter relay

TEAM AWARDS