

Manuscript Title in English, Font of Cambria, Size 16, Center Paragraph

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**) The corresponding author's name is marked with an asterisk, and the email will be included in the article. The other author's emails will only be used for the OJS metadata and will not be included in the article. Make sure each author's email is active. The order of authors here will be the same as the order in the journal; thus, pay close attention to the order of the authors you enter.*

) Does the author's research have **Ethical Clearance (EC)? Ideally, research on living things as subjects, whether with specimens taken or not, needs **Ethical Clearance (EC)**. The research referred to is biomedical research, which includes research on pharmaceuticals and biological devices along with epidemiological, social, and psychosocial research. Please attach the **Ethical Clearance (EC)** if the research requires it, and add it in the **Methods** when the article is submitted.*

ABSTRACT

The abstract should be 200-250 words in English with italics Cambria, size 10, and spacing 1. Organized in this structure: An opening sentence that sets the question you address and is understandable to the general reader, background content specific to this study, results, and a concluding sentence. It should be one paragraph only.

Keywords: 3-6 keywords consisting of words or simple phrases.

INTRODUCTION

The introduction includes the urgency and background of the research problem, described using the inverted pyramid method starting from the global, national, and local levels. The introduction describes the background of the problem and issues related to the problem. It reviews previous research so that the latest developments on the problem can be known. Including references (relevant literature or research results) **using APA citation style** adapted to the Bibliography; for example, "Research by Mete et al. (2016) suggests that health education through *mobile health* can increase pregnant women's knowledge about consuming Fe tablets."

The introduction contains a general background review and a literature review (state of the art); try to cover a minimum of 5 pieces of literature that can justify the **novelty** or uniqueness of this research compared to previous research (usually 2 to 3 paragraphs).

The number of pages in the introduction is 1-1.5 pages written using Cambria, size 11 (upright) with 1.15 spacing. Each paragraph begins with an indent of 1 cm. The final part of the introduction should state the research objectives.

METHOD

This section explains the type of research, including quantitative or qualitative research. Qualitative research, such as case studies, phenomenology, ethnography, etc., needs to add a description of checking the validity of research results. Quantitative research explains the location and time of research, population and sample, sampling techniques, data collection techniques, data analysis, and data presentation. Research that uses tools and materials requires the specifications and details of the tools and materials used. Writing uses Cambria, size 11 (upright), with 1.15 spacing. Each paragraph begins with an indent of 1 cm and **may not use** writing organization into "sub-headings" in this section. This section should consist of 1 to 3 paragraphs.

RESULTS AND DISCUSSIONS

The results section describes the characteristics of the research subjects, univariate analysis, bivariate analysis, and multivariate analysis (if any). Adequate data must support the results obtained from the research. The research results must be an answer related to the problem and research objectives stated previously in the introduction. Writing uses Cambria, size 11 (upright), with 1.15 spacing. Each paragraph begins with an indent of 1 cm and may use writing organization into sub-headings for each variable and sub-headings in bold and at the beginning of words using capital letters. **IT SHOULD NOT USE BULLETS OR NUMBERS**. Should there be a table as a data presentation tool, select an open table (only use horizontal lines). Table position: center, title position: top left.

Table 1 | Angry Behavior of Schizophrenia Patients

No	Variable	Pre-test		Post-test		p-value
	Angry Behavior	f	%	f	%	
1	Mild	0	0	12	60	0,000
2	Moderate	14	70	7	35	
3	Severe	6	30	1	5	
	Total	20	100	20	100	

Please do not add tables after the chapter title. Write at least one paragraph of 2-3 sentences/at least 60 words. Shall there be images as a data presentation tool such as diagrams, graphic images, photos, etc.; please select the JPG extension, image position: center, title position: bottom center. See the example below.



Figure 1. Logo of Journal of Health (JoH)

The discussion section contains reasons explaining the research results and other studies that support and do not align with the results obtained. **IT IS NOT ALLOWED** to use the same sentences as those listed in the results section, and **NOT ALLOWED** to re-read tables and graphs of analysis results. However, the results can be grouped for interpretation and discussion based on theory and previous research results. Writing uses Cambria, size 11 (upright), with 1.15 spacing. Each paragraph begins

with an indent of 1 cm and may use writing organization into sub-headings for each variable and sub-headings in bold and at the beginning of words using capital letters. **IT SHOULD NOT USE BULLETS OR NUMBERS.**

CONCLUSION

The conclusion contains a summary of the description of the results and discussion concerning the research objectives. Suggestions are prepared based on the research findings that have been discussed. Conclusions should be answers to research questions and not expressed in statistical sentences. The presentation is in the form of flowing paragraphs containing the connection between content and another. Use terms with substantive meaning in science and avoid statistical/methodological technical terms. **Also, add recommendations to this section.** Recommendations may refer to practical action, the development of new theories, and further research. Write this section into one paragraph using Cambria, size 11 (upright), with 1.15 spacing. The paragraph begins with an indent of 1 cm, and **IT SHOULD NOT USE BULLETS OR NUMBERS.**

ACKNOWLEDGMENT

In this section, it would be good if the author mentioned the research funders and parties (people or institutions) who made significant contributions. If necessary, thanks can be given to 1) parties who provide financial assistance and support, 2) support from departments or institutions, and 3) professionals who contribute to the research. However, mentioning all parties who contributed to the research is unnecessary. Write this section into one paragraph using Cambria, size 11 (upright), with 1.15 spacing. The paragraph begins with an indent of 1 cm.

INTEREST CONFLICT

If any, the author **must** mention matters relating to conflicts of interest. For instance, there is a sponsorship/grant from a hygiene product manufacturer, while the research is associated with the bacterial content in snacks in an area. A listed conflict of interest will not influence the editorial board's decision. However, it is essential to help readers or other researchers avoid biases that may arise while reviewing the research. Write this section into one paragraph using Cambria, size 11 (upright), with 1.15 spacing. The paragraph begins with an indent of 1 cm.

REFERENCES

To maintain consistency in referencing, citing, and writing a bibliography, the **Mendeley** minimum standard reference application must be used. The bibliography follows **APA (American Psychological Association)** writing rules. All references used in writing in the bibliography are numbered alphabetically. If using Mendeley, it will be arranged automatically. Only include used and relevant literature. Reference sources use primary sources that are original works, such as research articles in scientific journals, research reports or proceedings, articles in books from research results, historical sites, artifacts, etc. The comparison of primary sources is 80% compared to other sources from the total bibliography, **which comes from publications in the last ten years.** Articles published in the *Journal of Health (JoH)* are recommended for use as references. **The bibliography includes more than 15 sources.** Please look at the tutorial at the following link (bit.ly/TutorialMendeleyGB) to see **how to cite and create a bibliography.** Write the bibliography using Cambria, size 11 (upright)

with 1 spacing, space after paragraph 0 pt and before paragraph 0 pt. Each word in the title of a resource begins with a capital letter. Example:

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<https://doi.org/https://doi.org/10.30590/joh.v8n2.114-120.2021>

Tarigan, R. A., & Yulia, R. (2021). Parity Relationship With The Occurrence Of Preeclampsia In Pregnant Women. *Journal of Health (JoH)*, 8(2), 105–113.
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