

姓名
學號
所屬組別
1. I set standards for my assignments in my course. [Face to Face]
1. I set standards for my assignments in my course. [Computer Based]
2. I set short-term (daily or weekly) goals as well as long-term goals (monthly or for the semester). [Face to Face]
2. I set short-term (daily or weekly) goals as well as long-term goals (monthly or for the semester). [Computer Based]
3. I keep a high standard for my learning in my course. [Face to Face]
3. I keep a high standard for my learning in my course. [Computer Based]
4. I set goals to help me manage studying time for my course. [Face to Face]
4. I set goals to help me manage studying time for my course. [Computer Based]
5. I don't compromise the quality of my work. [Face to Face]
5. I don't compromise the quality of my work. [Computer Based]
6. I choose the location where I study to avoid too much distraction. [Face to Face]
6. I choose the location where I study to avoid too much distraction. [Computer Based]
7. I find a comfortable place to study. [Face to Face]
7. I find a comfortable place to study. [Computer Based]
8. I know where I can study most efficiently for my course. [Face to Face]
8. I know where I can study most efficiently for my course. [Computer Based]
9. I choose a time with few distractions for studying for my course. [Face to Face]
9. I choose a time with few distractions for studying for my course. [Computer Based]
10. I try to take more thorough notes for my course. [Face to Face]
10. I try to take more thorough notes for my course. [Computer Based]
11. I read aloud instructional materials posted online to fight against distractions. [Face to Face]
11. I read aloud instructional materials posted online to fight against distractions. [Computer Based]
12. I prepare my questions before joining the course discussion. [Face to Face]
12. I prepare my questions before joining the course discussion. [Computer Based]
13. I work extra problems in my course in addition to the assigned ones to master the course content. [Face to Face]
13. I work extra problems in my course in addition to the assigned ones to master the course content. [Computer Based]
14. I allocate extra studying time for my course because I know it is time-demanding. [Face to Face]
14. I allocate extra studying time for my course because I know it is time-demanding. [Computer Based]
15. I try to schedule the same time every day or every week to study for my course, and I observe the schedule. [Face to Face]
15. I try to schedule the same time every day or every week to study for my course, and I observe the schedule. [Computer Based]
16. Although we don't have to attend daily classes, I still try to distribute my studying time evenly across days. [Face to Face]
16. Although we don't have to attend daily classes, I still try to distribute my studying time evenly across days. [Computer Based]
17. I find someone who is knowledgeable in course content so that I can consult with him or her when I need help. [Face to Face]
17. I find someone who is knowledgeable in course content so that I can consult with him or her when I need help. [Computer Based]
18. I share my problems with my classmates so we know what we are struggling with and how to solve our problems. [Face to Face]
18. I share my problems with my classmates so we know what we are struggling with and how to solve our problems. [Computer Based]

19. If needed, I try to meet my classmates. [Face to Face]
19. If needed, I try to meet my classmates. [Computer Based]
20. I am persistent in getting help from the teacher assistant through e-mail or other means. [Face to Face]
20. I am persistent in getting help from the teacher assistant through e-mail or other means. [Computer Based]
21. I summarize my learning in my course to examine my understanding of what I have learned. [Face to Face]
21. I summarize my learning in my course to examine my understanding of what I have learned. [Computer Based]
22. I ask myself a lot of questions about the course material when studying for my course. [Face to Face]
22. I ask myself a lot of questions about the course material when studying for my course. [Computer Based]
23. I communicate with my classmates to find out how I am doing in my class. [Face to Face]
23. I communicate with my classmates to find out how I am doing in my class. [Computer Based]
24. I communicate with my classmates to find out what I am learning that is different from what they are learning.
24. I communicate with my classmates to find out what I am learning that is different from what they are learning.