

LDYW
Season Opener Parent Meeting
November 8, 2022

Agenda:

Leftover Apparel Sale

Cash box, apparel, table workers

Paper Copies / Available at www.ldyouthwrestling.com

-Fundraisers:

-November (Mr. Sticky)

-TBA:

-December (Coffee)

-January (Chipotle)

50/50 Raffle

-Sponsorship forms

-Spirit wear (QR code for online store): November 7 -21

-Season calendar (subject to change in January/February)

*Kickoff Dinner/Meeting's agenda and this agenda will be emailed and posted to our website's "email archive" page

Welcome/ Thank You / Introductions

-Welcome and thank you

-Kickoff Dinner and Meeting: Success!

-Leadership: Board, Coaches, and Managers

-Head Coach: Adam Santucci

-Assistant Coaches: Dalton Deimler, Ben Bowman, Clint Fackler, Charlie Brenneman,

-Program overview

-Volunteers, aligned with LDW, promote wrestling and Falcon PRIDE

-Mission: The LDYW Club is dedicated to developing the love of wrestling and young men and women of character.

-Core Values: Love to wrestle. Character. Sportsmanship.

Registration

-Registration: Open until November 30

-The fee supported

-Team spirit pack (keep) and team singlets (borrowed), insurance, domain name, league dues and events, tournament fees (Takedown, Lebanon Cedars, Monster Mash(?), Novice Championships,

Banquet: 6th grader gifts, catering, awards, and leader/team gifts

-School flyers/yard signs, website, emails, Facebook, Instagram, "word of mouth"

Overview of Program

- Alignment of K-12 Wrestling Program (Youth, MS, HS)
 - LDW Head Coach David Wuestner is a LDYW Director
 - Coordination of wrestling clinics, open mats, curriculum, events
- Developmental
 - For K-6, boys and girls, levels: recreation to competitive
- Special: Wrestling as a team/indy sport
 - Wrestlers
 - Manage emotions, physical situations, wins/losses/growth
 - All around athleticism
 - Parents:
 - Be the parent they need, be the role model, be positive, have a growth mindset, be cooperative, support each other
 - "What to expect"
 - <https://www.ldyouthwrestling.com/what-to-expect>
 - LDYW and LDW:
 - We want development, retention, and fun
- "Wrestling 101"
 - <https://www.ldyouthwrestling.com/wrestling-101-novice-info>
 - Mental, emotional, and physical
 - Rules, scoring, and technique
- Health
 - Sick? Around sick people? STAY HOME
 - Maintain mind/body balance of life
 - Don't cut weight, but eat healthy
- Hygiene:
 - Shower immediately and properly
 - Wipe/spray gear
 - Skin issue? Treat for 48 hours, cover
 - We dry and wet mop mats
 - Only wrestling shoes on the mat. NO EXCUSES.
 - Mouthguards for wrestlers with braces
 - Bring bag, water, sweatshirt, headgear, slides (for bathroom visits)
- Enter door #18 (near the gazebo)
 - Wrestlers must check in for attendance & weight checks
 - Coaches and managers will supervise this process
- Closed practices
 - Drop off/pickup process, focus, space, clutter, wrestle offs
 - Parents can wait/relax in the cafeteria
- Team pictures
 - Picture Perfect Productions will provide team and indy pictures

- In December 15 @ 545 in LDHS Wrestling Room, using a paper packet
- Action shots will be posted to website and linked online
- CPWA
 - a.k.a., the “League”
 - Volunteers
- Spirit Wear
 - G.S. Design’s online store is November 7 to 21
 - Delivery by mid-December
- Communication
 - Website (and Sunday email archive), Sunday emails, Remind (@LDYW to 81010; get app, scroll back), Facebook, Instagram, face-to-face
 - Two-way communication: Be proactive
 - When to contact Coach Santucci vs. when to contact Steff
 - Talk with and get to know other parents, especially since our practices are closed (so go to cafeteria) and you will spend a lot of time together at practices/events
- Gear
 - Donate the good but old/outgrown (shoes, headgear) to new wrestlers (bin)
- Volunteers needed
 - Please help at our events
 - January 14 and night before; February 5 and night before.
 - Many opportunities
- End of the season
 - Last novice event: Novice Championship in Chambersburg HS
 - Dual/Open team may earn opportunities in February in CPWA, Keystone
 - Banquet: Friday, February 24 @LDHS @ 5:30pm-7:30pm
 - Snow day of Monday, February 27 @LDHS 5:30pm-7:30pm
 - Spring and Summer Clinics

Reminders:

- Mr Sticky’s Fundraiser & Spirit Wear online store
- Registration is open until Nov 30
- Season calendar (be aware/flexible)
- Volunteer opportunities: concessions, donations, event set up, carpool, etc.
- Thank you for the opportunity to coach your children. Thank you volunteer Board members, coaches, managers, and sponsors. We are mission and values driven.
- FALCON PRIDE

Q/A