

Independent Learning

INDEPENDENT LEARNING: Request the freedom to learn some topics independently or with peers at your own pace and in your own way.

REVIEW

- Review Independent Learning strategy
- Review additional helpful resources

PREPARE

- **Gather Materials-** All homework material, pen/pencil
- **Seek Support-** Ask your teacher, tutor, parent or peer for support as needed.

APPLY

Show your teacher you can learn on your own by following the steps below:

1. Assess Your Readiness

- a. Evaluate your knowledge- understand how much you know about the topic you want to learn
- b. Identify your learning style- how you learn best (visual, auditory, hands-on)
- c. Consider your motivation- what inspires you to learn

2. Set SMART goals

- a. Define your learning outcome- what you want to learn or achieve.
- b. Create SMART goals- Specific, Measurable, Achievable, Relevant, Time-bound

3. Gather Resources and Plan Approach

- a. Identify resources- find appropriate tools (books, podcast, courses)
- b. Seek expertise- ask teacher, peer or knowledgeable person for guidance

4. Engage in Learning Process

- a. Participate actively- actively engage in the material
- b. Use effective strategies- try and use a variety of learning strategies
- c. Develop your own methods- find approaches that work best for you

5. Evaluate your Learning

- a. Monitor progress- regularly check how well you're progressing toward goals
- b. Reflect on achievement- think about what you've learned, how it applies to your goal and what you might do differently next time
- c. Seek feedback- from instructor, peers or anyone supporting your learning
- d. Cultivate mindset- believe in your ability to learn, grow and improve

REFLECT

- Go back to your MINDSpeak Action Plan to reflect on this strategy and earn more coins (<https://studysmart.ca/courses/action-1/>)