

We have been hearing from our grandparents that they would like to get involved in Cure JM.

Since Juvenile Myositis is a rare disease, every single grandparent is an important part of making a Juvenile Myositis free future for our grandchildren.

Here are some ways grandparents can get involved in Cure JM:

- 1. **Learn about Juvenile Myositis** at www.curejm.org/impact. Visit <a href="https://www.curejm.org/impac
- 2. **Join the Grandparent Council.** The council, led by grandfather Randy Putt, meets regularly to support each other and work to make a difference for their grandchildren living with Juvenile Myositis. Contact Randy at puttsr@yahoo.com
- 3. **Listen in on an upcoming Grandparent Council phone call.** For details on the next call contact Randy at puttsr@yahoo.com
- 4. **Attend an upcoming event** in-person or online. Learn more at www.curejm.org/events
- 5. Join the Facebook Family Support Group and support the other families with encouragement and kind words https://www.facebook.com/groups/JMMomsCaregivers. Or join the Grandparent Facebook Group to support other Grandparents https://www.facebook.com/groups/curejmgrandparents
- 6. Participate from home in an upcoming event. Together, we are working to make a future free of Juvenile Myositis for our grandchildren. Two upcoming online events are the Walk Strong Across America on July 4 and Giving Tuesday on November 29th. Contact Betsy.Leon@curejm.org to learn more.

- 7. **Do you have any contacts at a business?** Here is a sample letter that can be emailed or printed for any business contacts that you have. Typically, attaching this letter to an email that you send to one of your contacts will be very effective. Contact Betsy.Leon@curejm.org for any help sending the letter.
- **8. Support Cure JM's research program.** Learn more at www.curejm.org/impact Like many rare diseases, Juvenile Myositis research is only made possible by friends and family like you. Your gift will be put right to work to:
 - Pursue promising new treatments (view the update at http://www.curejm.org/videos/#townhalls)
 - Fund clinical trials
 - Expand excellent JM care to children around the country
- 9. **Get involved in your local Cure JM Chapter.** Learn more at www.curejm.org/chapters and contact Betsy.Leon@curejm.org to get involved.

10. Raise funds for research your way!

- Make a quilt or other craft. Sell your craft for the proceeds benefiting Cure JM like Virginia did!
- Host a bake sale.
- Host a lemonade stand.
- Host a yard sale.
- Any other ideas are good ideas! Contact <u>betsy.leon@curejm.org</u> for help brainstorming about possible ideas

Note that Cure JM can provide a receipt to the donor for any amount paid above the value of the item.

- 11. **Medical community connections.** If you or a spouse or a family member are a healthcare provider reach out to Shannon Malloy shannon.malloy@curejm.org to find out how you can help share materials about Juvenile Myositis with the healthcare providers.
- 12. **Make a gift.** The support of parents, grandparents, friends, and family powers Cure JM. With your support, Cure JM is helping children beat Juvenile Myositis by funding clinical trials, delivering new treatments, and improving care for



patients. To make a gift visit www.curejm.org/donate or contact our Director of Development and Family Engagement Shannon Malloy at shannon.malloy@curejm.org.

13. **Get involved your way!** If you have other ideas on how to get involved, contact Randy Putt at puttsr@curejm.org