

Sunflower Pesto

Recipe from The Allergic Kid

<http://www.allergickid.blogspot.com>

1 C packed fresh basil leaves, washed

1/2 C roasted sunflower seeds

1/4 C extra virgin olive oil

1/4 C water

1/2 tsp garlic powder (not garlic salt)

1/4-1/2 tsp salt

Combine ingredients in food processor or blender. Puree until smooth, scraping down sides of bowl as needed. Adjust salt, and toss with pasta. Serve immediately. Makes approximately 1 cup.