

This document will not be turned in, but it needs to be in your class folder. Link to it in your official goal document.

Wish: What is an important wish that you want to accomplish in English 12 this year?

Your wish should be challenging but feasible. Write your response in 6 to 10 words.

I want to read more this year.

Outcome: What will be the best result from accomplishing your wish? How will you feel?

Pause and really imagine the outcome.

I will learn new things and increase my vocabulary.

★Hold it in your mind. Take a moment to really imagine it.

Obstacle: What are the main obstacles inside you that might prevent you from accomplishing your wish?

I can't stay off my phone.

Obstacle 1:

Obstacle 2:

Obstacle 3:

★Hold it in your mind. Take a moment to really imagine it.

Plan: Select an effective action to tackle each obstacle.

If my phone distracts me from reading, I will put it in Do Not Disturb mode and hide it in a drawer.

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