

Books Available for Checkout through Mrs. M

Growing Up Gifted by Jessica Zimmerman

- a non-fiction book that explores the unique experiences of gifted children, highlighting both their extraordinary talents and the challenges they face, such as intense curiosity, emotional depth, and perfectionism.

Wonderfully Wired Brains by Louis Gooding

- a children's non-fiction book (ages 7-9) that introduces neurodiversity, explaining that everyone's brain works differently and celebrating conditions like ADHD, autism, dyslexia, and dyspraxia as unique wiring, not deficits. The book uses a positive, affirming approach with clear explanations, historical examples, and profiles of modern neurodivergent individuals to help children understand and accept different ways of thinking and learning.

The Brain Forest by Sandhya Menon

- a children's book that introduces neurodiversity (like autism, ADHD, and dyslexia) as natural variations in how brains work, using the metaphor of a forest with different types of trees. Written by a neurodivergent psychologist, it's designed as a conversation starter for parents and educators to help children aged 5-10 understand and embrace differences in a positive, strengths-based way, without pathologizing them. The book follows a mother and son exploring the "Brain Forest," celebrating unique brain types and promoting inclusion.

The Rainbow Brain by Sandhya Menon

- a children's book that introduces the concept of having both autism and ADHD (AuDHD) in a simple, factual, and neuro-affirming way, helping young readers understand their unique brains and the accommodations they might need. It's a follow-up to The Brain Forest and uses vibrant illustrations to explore the balance of seemingly opposite traits, making children with "rainbow brains" feel seen and represented.

Our Brains by Dr. Liz Angoff

- Using straightforward language and interactive activities, you and your child will learn what makes your brains unique and how to ask for what you need to be your best self!
- a workbook-style book that walks you and your child through:
 - How brains work
 - A growth-mindset metaphor for learning
 - Understanding neurodiversity and your diagnosis
 - How to self-advocate for what your brain needs

The Brain Building Book by Dr. Liz Angoff

Brain Building 101 by Dr. Liz Angoff

You Know Your Child Is Gifted When.... by Judy Galbraith

- a lighthearted, informative guide for parents navigating the unique challenges and joys of raising a gifted child. It features humorous illustrations by Ken Vinton, first-person stories, and practical tips.

The Gifted Kids Workbook by Heather Boorman

- As a parent, you understand the blessings and the challenges of raising a gifted child more than anyone. Although gifted kids are often seen as intellectually and academically privileged, those same gifts can also create challenges. For example, kids are often quite aware of their differences, and this awareness can negatively impact their sense of self and confidence in the world. This engaging workbook directly addresses the psychological needs of gifted children using a powerful combination of mindfulness, acceptance and commitment therapy (ACT), and self-compassion strategies.
- With this workbook, your child will gain a better understanding of their unique gifts and learn essential strategies to help regulate their emotions, manage anxiety, improve mood, and navigate social relationships. Young readers will learn that they are not alone in their experiences, and that much of what others might consider to be different or strange about them is actually quite typical within the context of giftedness.
- For children, feeling different from others can be difficult. With this workbook, your child will learn that they have an important place in the world, and that their gifts are something to celebrate.

Go Figure! A totally cool book about numbers by Johnny Ball

Go Figure! Big questions about numbers by Johnny Ball

Taco Falls Apart by Brenda Miles

Butterflies in My Stomach and Other School Hazards by Serge Bloch