

Dear Parents or Guardian,

During a head lice screening, we have discovered that your child has head lice.

It is the policy of the Oak Hills Local School District that any child found with head lice or nits (eggs) will be excluded from school.

**Before returning to class your child MUST be accompanied by an adult until they are seen by the nurse. Please arrive 15 minutes before school starts.** The child will be readmitted after a head check has been done to assure that all lice AND NITS have been removed. If nits are found, the child will be sent home immediately for further removal of nits. Head lice usually are transmitted through close personal contact with another infested individual either through sharing personal items such as brushes, hats, coats, or co-mingling these items at the homes of friends, church, school, or in other public places. **LICE CANNOT JUMP OR FLY.**

Listed below is the recommended procedure to follow for the treatment and elimination of head lice:

1. Treat the child with a lice killing shampoo, any store brand pediculicide. They are available without a prescription or call your doctor.
  2. Have your child put on clean clothing after treatment.
  3. Remove ALL nits (eggs) from the hair. This can be done by combing through small sections of hair with a nit comb. Those nits not removed with the nit comb must be removed by sliding the thumb and forefinger nails down the hair shaft to remove each remaining nit. **CHECK YOUR CHILD'S HAIR DAILY TO MAKE SURE THE LICE AND NITS HAVE BEEN ELIMINATED for at least 30 days to avoid reinfestation. EXAMINE ALL FAMILY MEMBERS AND CLOSE FRIENDS FOR LICE.** Treat any infested family members and any person who shares a bed with the infested child.
  4. Repeat the treatment as directed by the shampoo you selected. (Usually anywhere from 7-14 days after first treatment.) **NEVER MORE THAN THIS!!!!**
  5. Soak combs, brushes, hair bands and scrunchies in very hot water for 15 minutes, each night for 1 month.
  6. Wash all recently worn clothes, coats, hats, towels and bedding in hot water. Dry on the high heat setting. Non-washable items may be dry cleaned.
  7. Items that cannot be washed such as stuffed toys and pillows may be placed in a sealed plastic bag for one month.
  8. Vacuum all furniture, rugs, floors and mattresses, as well as automobile interiors. Throw away the vacuum bag/empty canister.
  9. If bed pillows need to be used after all the bedding is washed and mattresses vacuum, seal them in a plastic bag or plastic pillow cover, and cover them with a clean pillowcase.
  10. **Three (3) days after lice treatment**-a non toxic alternative is olive oil or cholesterol treatment. Saturate dry hair with oil, making sure all the head and hair are covered. Cover with a shower cap and plastic wrap and leave on hair for **8 hours**. (This suffocates the lice and nits.) (To remove oil you can use Dawn detergent). Blow dry the hair and if appropriate use a flat iron to straighten the hair.
- Sincerely,  
Holly Reilly BSN, RN., LSN  
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