

BROOK FOREST SCHOOL

Student Opportunities



The opportunities offered to students during and beyond the school day are plentiful at Brook Forest.

Our goal is to engage students as active citizens in the school community. We believe, and research supports, that students develop core values and skills through activities and athletics including:

Teamwork | Individual and Group Responsibility | Competition
Physical and Mental Strength | Sense of Culture, Community and
Belonging

Please contact the club sponsor with questions.

STUDENT LEADERSHIP		
Student Council Student Service Board	The Student Council/Student Service Board is instrumental in planning spirit days, service projects and fundraisers with benefits to children, animals in need, school, community, our U.S. troops and the world. Representatives possess leadership qualities, work successfully with groups and communicate effectively.	Grades 4-5 Lunchtime meetings and various activities throughout the day
LEARNING ACTIVITIES AND CONTESTS		
Illinois Council of Teachers of Mathematics	This opportunity involves both an individual and a group contest to sharpen deductive reasoning and creative problem solving within	Grades 3-5 Lunchtime sessions

(ICTM)	mathematics.	
Spelling Bee	This opportunity encourages students to work with challenging words. This contest involves a written component to determine those students who move on to the next level.	Grade 5 After school sessions
ART		
3rd Grade Art Club	We will explore a variety of art media and techniques in this club. Students will have the choice of completing planned projects or creating their own unique work based on their own interests.	Grade 3 During lunch TDPE
4th Grade Art Club	We will explore a variety of art media and techniques in this club. Students will have the choice of completing planned projects or creating their own unique work based on their own interests.	Grade 4 During lunch TDPE
5th Grade Art Club	This club is designed for our school's most talented and dedicated artists. Students use high quality art materials to create technically challenging art pieces. This group of artists is also responsible for adding artistic beauty to our school by creating school murals, mosaics, or carefully designed painted furniture.	Grade 5 During lunch TDPE
Additional Fine Arts Activities for Students	Fine Arts Show - all students Artsonia Online Art Gallery - all students Stage Crew for Musicals - Grades 4 & 5 Open Art Room - all students	
MUSIC		
Choir	Brook Forest Choir affords fourth and fifth-grade students an opportunity to sing in unison and two-part harmony outside of the general music class. Students will sing a variety of music from different cultures and time periods while working on proper breathing, phrasing, posture and pitch matching.	Grades 4-5 8:05 - 8:35 a.m. on Mondays, Wednesdays, and Fridays
Band	Beginning Band allows fifth-grade students to learn a new instrument through small and large group instruction. Students will develop their skills in music literacy, expression, self-discipline, time management, leadership, critical thinking and teamwork.	Grade 5 8:05 - 8:35 a.m. on Tuesdays and Thursdays for ALL BAND Content lessons are during lunch TDPE
Fourth & Fifth Grade Musical	The spring musical is an auditioned activity. Students practice reading, delivering and memorizing lines, movements and choreography, learning musical numbers, as well as developing a stage presence for performance	Grades 4-5 Various Rehearsal Days/Times January - April

	in front of an audience.	
Second & Third Grade Musical	The annual December musical is a chance for second and third-grade students to experience performing in groups with choreography. It will showcase their talents and feature several students in speaking parts.	Grades 2-3 Rehearsals during music class
Music in Motion	The kindergarten and first-grade students will dazzle parents and guests with their music making skills by singing, dancing, chanting and performing a variety of different musical styles in this daytime performance in May.	Grades K-1 Rehearsals during music class
SCIENCE AND MATH CLUBS		
Grade 3 Science Club	An introductory dissection course exposes students to the internal and external anatomy of invertebrates. Each participant receives his or her own equipment and animal kit (3rd graders explore Grasshoppers and worms). Rockets consist of ready-to-fly rockets which student build and launch	Grade 3 After school
Grade 4 Science Club	The 4th grade dissection course exposes students to the internal and external anatomy of vertebrates. Each participant receives his or her own equipment and animal kit (4th graders explore the frog). Rockets at this level consist of skill level one designs with an emphasis on altitude and wind direction.	Grade 4 After School
Grade 5 Science Club	An advanced dissection course exposes students to the internal and external anatomy of invertebrates. Each participant receives his or her own equipment and animal kit (5th graders explore the crayfish and squid). The rockets at this level are beyond level one, with an emphasis on design for flight stability.	Grade 5 After School
Lego WeDo Robotics	Students build working robots out of Legos in order to solve problems and answer questions that involve engineering. Working with a team, students build a variety of machines over a course of 15 weeks.	Grades 3-4 8:05 - 8:35 a.m. on Tuesdays
Drone Club	Students will go through basic flight school and complete obstacle courses to become familiar with drones and controlling its positions. Real-world problem solving, critical thinking and collaboration skills will take flight with this club.	Grades 4-5 3:35 - 4:15 p.m. on Tuesdays Tri 1- Grade 4 Tri 2 - Grade 5 Tri 3 - Grades 4/5
ATHLETICS AND PHYSICAL FITNESS		

Athletic Club - Cross Country	Students participate in a running program that is geared toward achieving personal bests while running one mile. Students set goals and work to accomplish them in a team-supporting atmosphere	Grade 5 3:25 - 4:15 p.m. from Labor Day to Columbus Day
Athletic Club - Basketball	Students play intramural basketball games with their peers in a fun, non-competitive atmosphere.	Grade 5 3:25 - 4:15 p.m. January and February
Athletic Club - Fun with Volleyball	Students and Brook Forest staff are split into teams and play volleyball.	Grade 5 3:25 - 4:15 p.m. April
Additional P.E. Activities for students	Health & Fitness Week (Jump Rope for Heart, Dolphin Dash, Olympic Day and Nutrition Fair - all students Mileage Club - all students Nutrition Stars - all students	
Lunchtime TDPE Flag Football (fall) Softball (spring) Mileage Club Capture the Flag	Students in grades 3-5 are encouraged to join organized activities. All students participate in Mileage Club and many play a tagging game called Capture the Flag when other activities are not scheduled. If students are unable to go outside due to inclement weather, Coach Beyer teaches students the art of cup stacking and then organizes them into a tournament	Grades 3-5 Lunch TDPE
VISUAL PRODUCTIONS		
Broadcast at BF	This is an introductory course where students will be part of a production crew that creates one episode of "The Dolphin News" per month. Each episode will be around 10 minutes long and will highlight things that happened that month at Brook Forest. Students will be split into teams and may rotate or try different parts off the production crew.	Grades 3 - 5 8:05 - 8:35 a.m. for 8 weeks on Mondays and Fridays Grade 5 - October, November and December Grade 4 - January, February and part of March Grade 3 - Part of March, April and May