

- “28 Days To A Client” -

The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1.  / 	1 	Watch power up call
2.  / 	1 	Create FV
3.  / 	1 	prospect
4.  / 	1 	Increase marketing IQ
5.  / 	1 	Research a company to find their pain/desire
9.  / 	2 	Break down copy

Day Number: 6

Date: 3/18/2023

Start Of The Day - Time: 6am

	 3 Things That I Am Excited To Have In The Future? 
1.	My own place
2.	Better Physique
3.	Stronger brotherhood

 **Hour-By-Hour**

Tracking: 

[Track+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
🔔 Intention:	🔔 Intention = What Is My Plan Of Action To Complete This Task For This Hour?
✍️ Reflection:	✍️ Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

My War Mode Words:

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

**(Delete Any Boxes Below That Are Before
The Time That You Start Your Day In Your
Own Copy)**

\$ 6 am: Task \$	• Wake up • Check emails • Get caffeinated
🔔 Intention 🔔	To start my thinking about copywriting
✍️ Reflection ✍️	Did everything except, getting caffeine I'm just going to do that at work

\$ 7 am: Task \$	• Get ready for work • Do at least 25-50 pushups
🔔 Intention 🔔	Push ups=success
✍ Reflection ✍	Got ready for work and did push ups

\$ 8 am: Task \$	Be to work until 4pm
🔔 Intention 🔔	
✍ Reflection ✍	

\$ 4 pm: Task \$	• Take shower • Check emails • Watch power up
🔔 Intention 🔔	Get my mind back into copywriting after I get home
✍ Reflection ✍	Took shower and got ready to work

\$ 5 pm: Task \$	Watch a copy breakdown video or break down a piece of copy on my own
🔔 Intention 🔔	Learn how to make better copy
✍ Reflection ✍	Watched video

\$ 6 pm: Task \$	Create FV for a prospect
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 Intention 	Get practice making copy
 Reflection 	Didn't get to this as i decided to take extra time on the breakdown video.

\$ 7 pm: Task \$	prospect, and email clients
 Intention 	To try and land my first client
 Reflection 	Had no one to email back

\$ 8 pm: Task \$	Be to sleep by 8:30pm to start my day early
 Intention 	To get up early
 Reflection 	Deciding to work later on the weekends, to get all my task done



End-Of-The-Day Report:



 What Did I Learn Today? 
I learned how to better break down copy

 What Do I Plan To Do Differently Tomorrow? 

I plan on working a lot tomorrow since I don't got work or school

NEW **What Do I Plan To Do The Same Tomorrow?** NEW

I plan on trying to stay just as positive

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

 **What Tasks Were Left Undone?** 

Didn't get to make FV

Brain Dump: