

Need CRU Assistance: Call the non-emergency line at 303-288-1535 and ask to speak to a CRU member

CRU Staff:

Program Manager:

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Resources

Mental health

Mental Health Hotline: 9-8-8

Counseling Resources:

- HEART Counseling
- Ascent Counseling Center
- Community Reach Center

Substance Treatment

- Local:
 - Local AA meetings
 - <u>Denver Recovery Group</u> (methadone maintenance)
- In-Patient:
 - Colorado Addiction Recovery Services (Accepts Medicaid)
 - Avenues (Accepts Medicaid)
 - CeDar (Accepts Medicaid)
 - Raleigh House
- Sober Living Homes
 - o CREW Sober Living (for Women)
 - o Elevate Sober Living (for Men)
 - Oxford Homes (separate homes for Men and Women)

Walk In Crisis Centers:

Aurora

Anschutz Medical Campus 2206 Victor Street Aurora, 80045 *Open 8am - 11pm

Wheat Ridge

4643 Wadsworth Blvd. Wheat Ridge, 80033

Denver

4353 E. Colfax Ave Denver, 80220

Boulder

3180 Airport Road Boulder, 80301 *Open M-F, 7am - Midnight Closed Sat-Sun

Littleton

6509 S. Sante Fe Drive Littleton, 80120

Family and Residential Resources

Adams 12 Five Star Schools Student & Family Outreach Program

- Adams County Minor Home Repair Program
- Almost Home Rental Assistance
- Northglenn Recreation Program Scholarships
 - Contact Christie Chambers at chambers@northglenn.org
- Pet Resources
 - Colorado Pet Pantry
- Adams County Benefits (SNAP/WIC/Medicaid/TANF/LEAP/OAP/LiveRTD)

Domestic Violence Resources:

- Three Birds Alliance: https://threebirdsalliance.org/
- Servicios de la Raza: Victim Services (VISTAS) Servicios de la Raza
- Family Tree: https://www.thefamilytree.org/
- List of Women's Shelters from <u>Haven's Ridge</u>

Utilities:

- Water:
 - Northglenn Community Foundation Utility and/or Mattress-Box
 Springs Disposal Assistance Programs
 - Colorado Low Income Water Assistance Program | Low Income
 Water Assistance Program in Colorado | Colorado (lihwap.us)
- Electricity:
 - Low Income Energy Assistance Program (LEAP) | Adams
 County Government (adcogov.org)

Food Resources

- Immaculate Heart of Mary Foodbank:
 - 11426 Pearl St, Northglenn
 - HOURS OF OPERATION

■ Monday: 9 AM – 11:30 AM

■ Wednesday: 9 AM – 11:30 AM

■ Friday: 9 AM – 11:30 AM

- You must arrive prior to 11:15 am to be processed for a monthly food order.
- Good Shepherd Food Bank:
 - 10785 Melody Dr., Northglenn
 - Hours of Operation
 - Tuesday, Wednesday & Thursday from 9:00 am to 11:30 am,
 - Third Saturday of each month from 9 am 11:30 am
- Hunger Free America: Search all available food banks
- Home Project Angel Heart : Food delivery for those with medical needs
- Colorado Food Cluster (CFC) is an amazing resource that offers fresh, healthy food to kids ages 3-18 for FREE across the Denver Metro Region and beyond (best visualized as within the "circle" of E-470)! This group of community organizations works together to provide "Enrich-Kits" which include 7 days' worth of free, nutritious meals every week to thousands of students, and online enrichment activities. Our hope is that this effort will alleviate the disruption and rising tide of food insecurity brought on by the Covid-19 pandemic.
 - Who's eligible? Any youth 3-18 years are eligible. Families can enroll multiple students in each household so they each receive their own kit. No income or citizenship verification is required.
 - What do students receive? Weekly boxes of 7 breakfasts and 7 lunches, including milk and fruit!
 - How do you sign up? Visit the <u>website</u>. If you need additional assistance to enroll in English or Spanish, call or text 720-699-9978 or email <u>cfc@bondadosa.org</u>.

Senior Resources

- Adams County Resources
- Senior Resources

<u>Legal Assistance:</u>

 <u>Colorado Legal Services</u> for low-income Coloradans seeking assistance with civil legal needs

Common Colorado Court Questions

Homelessness Resources:

- Shelter Resources:
 - SWAP Info.
 - Denver Rescue Mission (Men)
 - Catholic Charities (Women)
 - o Comitis: (families): 303-343-9890
 - Aurora Day Resource Center: Text WARMUP to 313131
 - Find a Denver Shelter
 - Adams County Youth Homeless Shelter: <u>Empowerment Center for</u> <u>Adolescents</u> (ages 12-17)
 - Boulder Youth Shelter: <u>TGTHR</u> (ages 12-20)
 - Denver Youth Shelter: <u>The Source</u> (ages 15-20)

• Shower and Laundry Service:

- Mondays at Adams County Human Services 9am-1pm (Laundry only)
- Thursdays at Crossroads Community Center 9am-1pm

Transitional Housing

- If you want assistance applying or a referral for transitional housing, our team can help!
 - <u>Ft. Lyons</u> (In Las Animas)
 - Harvest Farm (In Wellington)
 - Stout Street Foundation (In Commerce City)
 - Ready to Work (in Bouder or Aurora)
 - Karis Community (in Denver) *Income Required
- Low Income Housing: Maiker Properties

<u>Adams County Resource Guide</u> (*Northglenn cannot guarantee information is up to date)

Last updated 1.13.25