

BCT ATHLETE EVALUATION & PLACEMENT - COMPETITIVE PROGRAM

Climber Name:

Evaluation Date:

Score (standards met / category)

Maturity/ Soft Skills

- Social/Emotional ability to participate in healthy sportsmanship
- Ability to remain on task alone or w/group at all times
- Listens to/engages w/ instruction (No interruption, asking clarifying questions)
- Enthusiastic compliance (Takes/ Follows direction w/o whining/ complaining/ negotiating)

Gym Etiquette

- Cooperative attitude (sharing wall space, taking turns, discussion vs. argument)
- Exemplary adherence to BCG Facility rules and policies
- Risk Awareness/Mitigation
 - Acknowledging fall zones, spotting/seeking spots where appropriate

Team Culture Keeping

- Enthusiastic adherence to Team Culture Agreement/Athlete Expectations Agreement
- Passion for climbing/competition climbing and personal improvement thereof
- Helps Teammates to participate fully (& does not hinder participation via distraction etc)
- Exemplifies/ role models ideal behavior within/outside of practices when at BCG/ representing BCG
 - Recognizes the high profile nature of their leadership within the gym/community

q

Competition/ Climbing

- Demonstrated willingness to attend 2 USAC comps in season (minimum)
 - (At least 2 comps must be registered for by date of 1st Season QE)
- Working knowledge of relevant climbing techniques (dependent on Youth Category)
 - Able to follow/enjoys competition format
- Currently holds or is willing to attain USAC Competitor Membership

Participation

- 100% attendance (Coach informed absence exempted)
 - Includes Sunday practices
- 100% participation despite minor adversity (low mood, soreness, etc)
 - Reasonable accommodation exempted w/ coach communication
- Participates to fullest possible extent in all activities
 - Including and in particular unfavorable activities/ minor adversity (low mood, soreness etc)
- Seeks feedback and applies feedback in real-time (coachability)
- Seeks out additional knowledge and actively pursues growth opportunities

Training Mindset/ Tenacity

- Demonstrates Growth Mindset (or appropriate ongoing development)
- Does not accept/utilize fatalist language in themselves or others (I can't, never, etc)
- Celebrates failure as part of the learning process
 - Recognizes that climbing is a failure-centric sport
- Able/willing to set/discuss personal goals

Self Analysis/ Regulation

- Ability to observe and analyze self; self critique and self praise
 - Able to receive feedback and apply feedback
- Recognizes own emotions and seeks coach assistance for management/tools
- Recognizes physical injury/potential injury concerns and communicates with coaches
 - Willing to utilize recovery/prevention suggestions such as rest, braces, balms etc

NOTES: (Applicants must be shown to meet 75% of metric standards minimum for acceptance)

Total Score

BCT ATHLETE EVALUATION & PLACEMENT - ADVANCED PROGRAM

Climber Name:	Evaluation Date:	Score (standards met / category)
Maturity/ Soft Skills <ul style="list-style-type: none"> • 13 years or older (or social/emotional maturity level at minimum 13yrs or older) • Ability to remain on task w/minimal redirection for 45+ min at a time • Able to listen to/engage w/ instruction (No interruption, asking clarifying questions) • Takes/ Follows direction w/o whining/ complaining/ negotiating 		
Gym Etiquette <ul style="list-style-type: none"> • Cooperative attitude (sharing wall space, taking turns, discussion vs. argument) • Familiarity with/consistent adherence to BCG Facility rules and policies <ul style="list-style-type: none"> ◦ Trustworthiness to adhere to BCG rules and policies • Risk Awareness/Mitigation <ul style="list-style-type: none"> ◦ Acknowledging fall zones, spotting/seeking spots where appropriate 		
Team Culture Keeping <ul style="list-style-type: none"> • Demonstrated adherence to Team Culture Agreement/Athlete Expectations Agreement • Passion for climbing and personal improvement of climbing <ul style="list-style-type: none"> ◦ Interest in climbing as a lifelong pursuit and willingness to consider competitive participation 		
Climbing Skills <ul style="list-style-type: none"> • Minimum 12-18+ months of climbing (at BCG or other equivalent experience) • Mastery of foundational Climbing Terminology/ Techniques <ul style="list-style-type: none"> ◦ BED/INT Lesson targets, Lingo, beta/route reading, • Working knowledge of Int/Adv Climbing techniques (including but not limited to): <ul style="list-style-type: none"> ◦ Heel/Toe hooks, Flagging, Toeing down/In, Static/Dynamic motion • Ability to safely Boulder without direct supervision <ul style="list-style-type: none"> ◦ Falling safety: DC/Squat Drop/Roll out, discernment of acceptable risk • Top Rope Belay certified 		
Participation <ul style="list-style-type: none"> • Ability to physically participate in off-wall workouts/drills (w/reasonable accommodation) <ul style="list-style-type: none"> ◦ + willingness to do so without complaint • Participates to fullest possible extent in all activities <ul style="list-style-type: none"> ◦ Including and in particular unfavorable activities/ minor adversity (low mood, soreness etc) • Helps Teammates to participate fully (& does not hinder participation via distraction etc) 		
Training Mindset/ Tenacity <ul style="list-style-type: none"> • Demonstrates Growth Mindset (or appropriate ongoing development) • Receives feedback and applies feedback in real-time (coachability) • Seeks out additional knowledge and actively pursues growth • Willingness to experience adversity in the pursuit of improvement in a Failure-Centric sport (Demonstrated tenacity) 		
Role Modeling <ul style="list-style-type: none"> • Role Modeling of ideal athlete/community member behaviors (welcoming, supportive, etc) • Acceptance of / awareness that BCT programs will hold athletes accountable to higher, more stringent standards than other programming and an excitement at being held to these elevated standards • Exemplifies ideal behavior within/outside of practices when at BCG/ representing BCG 		
NOTES: (Applicants must be shown to meet 75% of metric standards minimum for acceptance)		Total Score
		/24

BCT ATHLETE EVALUATION & PLACEMENT - INTERMEDIATE PROGRAM

Climber Name:

Evaluation Date:

Score (standards met / category)

Maturity/ Soft Skills

- 11 years or older (or social/emotional maturity level at minimum 11yrs or older)
- Ability to remain on task w/minimal redirection for 40+ min at a time
- Able to listen to/engage w/ instruction (No interruption, asking clarifying questions)
- Takes/ Follows direction w/o whining/ complaining/ negotiating

Gym Etiquette

- Cooperative attitude (sharing wall space, taking turns, discussion vs. argument)
- Familiarity with/consistent adherence to BCG Facility rules and policies
 - Trustworthiness to adhere to BCG rules and policies
- Risk Awareness/Mitigation
 - Acknowledging fall zones, spotting/seeking spots where appropriate

Team Culture Keeping

- Demonstrated adherence to Team Culture Agreement/Athlete Expectations Agreement
- Passion for climbing and personal improvement of climbing
 - Interest in pursuing climbing as more than a “passing hobby” and willingness to consider competitive participation

Climbing Skills

- Minimum 6-12+ months of climbing (at BCG or other equivalent experience)
- Foundational familiarity with Climbing Terminology
 - BEDROCK skills + Common Climbing lingo/ Terms
 - Square/Turned, Straight arms, Route Reading/Beta, Backstep, Flag, Hi-step/rock
- Ability to safely Boulder without direct supervision
 - Falling safety: DC/Squat Drop/Roll out
- Top Rope Belay certified (or minimal learning needed to achieve certification)

Participation

- Ability to physically participate in off-wall workouts/drills (reasonable accommodation)
 - + willingness to do so without complaint
- Participates to fullest possible extent in all activities
 - Including and in particular unfavorable activities
- Helps Teammates to participate fully (& does not hinder participation via distraction etc)

Training Mindset/ Tenacity

- Demonstrates Growth Mindset (or appropriate ongoing development)
- Open to receiving coaching feedback and applying feedback in real-time (coachability)
- Willingness to experience adversity in the pursuit of improvement in a Failure-Centric sport (Demonstrated tenacity)

Role Modeling

- Role Modeling of ideal athlete/community member behaviors (welcoming, supportive, etc)
- Acceptance of / awareness that BCT programs will hold athletes accountable to higher, more stringent standards than other programming such as Clubs, Mini Monkeys, Camps etc, and an excitement at being held to these elevated standards
- Ability to maintain standards of behavior both within and outside of practices when at BCG/ representing BCG

NOTES: (Applicants must be shown to meet 75% of metric standards minimum for acceptance)

Total score:

BCT ATHLETE EVALUATION & PLACEMENT - BEDROCK PROGRAM

Climber Name:
category)

Evaluation Date:

Score (standards met /

Maturity/ Soft Skills

- 9 years or older (or social/emotional maturity level at minimum 9yrs or older)
- Ability to remain on task w/minimal redirection for 30+ min at a time
- Able to listen to instruction (minimal interruption, raising hand)
- Follows coach direction w/o whining or complaining

Gym Etiquette

- Cooperative attitude (sharing wall space, taking turns, discussion vs. argument)
- Familiarity with/consistent adherence to BCG Facility rules and policies
 - Trustworthiness to adhere to BCG rules and policies (to an average developmentally expected extent)
- Risk Awareness/Mitigation
 - Not walking under climbers, acknowledging fall zones, red/black lines, thick/thin mats

Team Culture Keeping

- Demonstrated willingness to adhere to Team Culture Agreement/Athlete Expectations Agreement
- Passion for climbing and personal improvement of climbing
 - Interest in pursuing climbing as more than a “passing hobby” and willingness to consider competitive participation

Climbing Skills

- Minimum 3 months + of climbing (at BCG, Youth programs or other equivalent experience)
- Ability/willingness to climb “on route” (one color at a time) at nearly all times
- Ability to autonomously use Autobelay system (without supervision or assistance)
- Ability to safely Boulder without direct supervision
 - Falling safety: DC/Squat Drop/Roll out
- Basic familiarity with Climbing Terms
 - (Hold Types, Shoe Edges, Wall Angles - Vert/Slab/Overhung)

Participation

- Ability to physically participate in off-wall workouts/drills (reasonable accommodation)
 - + willingness to do so without complaint
- Participates to fullest possible extent in all activities
 - Including and in particular unfavorable activities
- Helps Teammates to participate fully (& does not hinder participation via distraction etc)

Training Mindset/ Tenacity

- Demonstrates Growth Mindset (or appropriate ongoing development)
- Open to receiving coaching feedback and applying feedback in real-time (coachability)
- Willingness to experience adversity in the pursuit of improvement in a Failure-Centric sport (Demonstrated tenacity)

Role Modeling

- Acceptance of / awareness that BCT programs will hold athletes accountable to higher, more stringent standards than other programming such as Clubs, Mini Monkeys, Camps etc, and an excitement at being held to these elevated standards
- Ability to maintain standards of behavior both within and outside of practices when at BCG/ representing BCG

	<p>NOTES: (Applicants must be shown to meet a majority of metric standards to be accepted into their applied team)</p>	<p>Total Score:</p>
		<p>/22</p>