Comprehensive Health Education Charleston County School District

*Note: This document serves as a compilation of resources and a summary of CCSD's Comprehensive Health Plan.

Charleston County School District provides a comprehensive health program to meet the needs of every student and to support the <u>South Carolina Academic Standards for Health and Safety</u>. Health instruction supports each student in developing skills for a lifetime of overall well-being. These life skills are aligned with the Profile of the South Carolina Graduate.

Charleston County School District has two governing committees that advise the local school board on issues pertaining to Health Education and Student Health and Fitness.

- The <u>Comprehensive Health Education Advisory Committee</u> (HAC) is designed to assist in the selection of curriculum components and materials. This state mandated committee consists of thirteen members of the community including parents, clergy, health professionals, educators, and students. The committee's main priority is carefully reviewing materials pertaining to reproductive health, family life education, and pregnancy prevention before being approved by the local board and used in the schools.
- The Coordinated School Health Advisory Council works with schools within the district to assess and implement school health policies and programs such as Wellness Committees that support schools in implementing policies and initiatives to promote a healthy school environment for students, faculty, and staff. Overall wellness is the top priority. The district council is composed of members from the community, schools, students, parents, district nutritional service employees, and school board members.

Elementary Schools (Grades K-5)

Required **time** allocated for health instruction and **topics** addressed in health are defined by the <u>South Carolina Comprehensive Health Education Act</u> (1988). In addition, CCSD's Comprehensive Health Education Advisory Committee recommends and CCSD's Board of Trustees selects **texts** for grades K-5.

In grades K-5 students must receive instruction in comprehensive health education 75 minutes per week for 36 weeks or the equivalent of 45 hours per year.

Students enrolled in kindergarten through fifth grade receive instruction in the following:		
Community Health	Text & Materials:	
Consumer Health	State Adopted Textbook:	
Environmental Health	The Great Body Shop, 2022 by The Children's Health Market	
Growth and Development	https://www.thegreatbodyshop.net/	
Nutritional Health	CCSD K-5 Health Education Curriculum:	
Personal Health		
Prevention and Control of Diseases and Disorders	 Scope & Sequence Grade Level Overview Pacing Guide & Teacher 	
Safety and Accident Prevention	<u>Resources</u>	
Dental Health	Growth & Development: ➤ CCSD Growth & Development:	
Mental and Emotional Health	Scope & Sequence	
Sexual Abuse and Assault Awareness and Prevention	 4th Grade Lesson Plans 5th Grade Lesson Plans Parent Notification Letter 	
	Erin's Law/Gavin's Law Curriculum: ➤ K-12 Lesson Plans	
	CCSD Gavin's Law Policies: ➤ Students ➤ Staff	

Middle Schools (Grades 6-8)

Required **time** allocated for health instruction and **topics** addressed in health are defined by the <u>South Carolina Comprehensive Health Education Act</u> (2014/1988). CCSD's Comprehensive Health Education Advisory Committee recommends and CCSD's Board of Trustees selects **texts** for grades 6-8.

In **grade 6** students must receive instruction in comprehensive health education totaling the equivalent of 45 hours per year. In **grades 7-8** each school shall provide instruction in a comprehensive health education program in a stand-alone course for either 250 minutes a week for 9 weeks or for five 50-minute classes per week for 9 weeks.

Students enrolled in grades six through eight receive instruction in the following:		
Community Health	Text & Materials:	
Consumer Health	State Adopted Textbook:	
Environmental Health	GoodHeart-Willcox, Essential Health for Middle School, 2021	
Growth and Development	https://www.g-w.com/health-pe	
Nutritional Health	Middle School Health Education	
Personal Health	Curriculum:	
Prevention and Control of Diseases and Disorders	➤ <u>Pacing Guide</u> & Teacher Resources	
Safety and Accident Prevention	Growth & Development Curriculum: ➤ CCSD Growth & Development	
Substance Use and Abuse (including Alcohol, Tobacco, and Opioids)	Scope & Sequence (K-9) ➤ 6th Grade Lesson Plans	

Dental Health	> 7th Grade Lesson Plans
Mental and Emotional Health	➤ 8th Grade Lesson Plans
Sexual Abuse and Assault Awareness and Prevention	Growth & Development Education Curriculum Options
Domestic Abuse	➤ Parent/Guardian Letter
Reproductive Health & Sexually Transmitted Diseases	Erin's Law/Gavin's Law Curriculum: ➤ K-12 Lesson Plans CCSD Gavin's Law Policies: ➤ Students ➤ Staff

High Schools (Grades 9-12)

Required **time** allocated for health instruction and **topics** addressed in health are defined by the <u>South Carolina Comprehensive Health Education Act</u> (2014/1988). CCSD's Comprehensive Health Education Advisory Committee recommends and CCSD's Board of Trustees selects **texts** for grades 9-12.

At least one time in grades 9-12, students receive instruction in the following:		
Community Health	Text & Materials:	
Consumer Health	State Adopted Textbook:	
Environmental Health	GoodHeart-Willcox, Essential Health, 2021	
Growth and Development	https://www.g-w.com/health-pe	
Nutritional Health		
Personal Health	High School Health Education Curriculum:	
Prevention and Control of Diseases	➤ Pacing Guide`	

and Disorders	
Safety and Accident Prevention	Reproductive Health Curriculum: ➤ CCSD Growth & Development
Cardiopulmonary Resuscitation; Hands Only CPR & AED Training	Scope & Sequence (K-9) ➤ High School Lesson Plans
Substance Use and Abuse (including Alcohol, Tobacco, and Opioids)	 Growth & Development Education Curriculum Options
Dental Health	➤ Parent/Guardian Letter
Mental and Emotional Health	<u>r areniv Odardian Letter</u>
Sexual Abuse and Assault Awareness and Prevention	Erin's Law?Gavin's Law Curriculum: ➤ K-12 Lesson Plans
Domestic Abuse	CCSD Gavin's Law Policies:
Reproductive Health, Sexually Transmitted Diseases, Pregnancy, & Pregnancy Prevention Education	➤ <u>Students</u>➤ <u>Staff</u>
