# – "28 Days To A Client" –

## The Real War Mode Day Plan + Report.

	Priority Level	Task List For The Day (Set Tasks That Make Progress Towards MY Goals)
1. 🗸	1	Read Quran 2 times a day
2. 🗸	1	Pray 5 times
3. 🔽	1	Send 10 personalized outreaches to prospects and Work on my outreach. Especially on my CTA
<b>4.</b> 🔽	1	Write personalized compliments for the prospects.
5. 🗸	1	Do at least 250 push-ups
6. X	1	Watch video recordings at least for 1 hour this time do it.
7. 🔽	1	Ask for outreach review
<b>8.</b> 🔽	1	Break down copies of my fellow students and also form swipe files
9. 🗸	1	Write practice FV email sequence.
10. 🗸	1	Apply on Upwork and Linkedin
11. 🔽	2	Uni work if any.
12. 🔽	2 -	Watch Ai videos
13. 🔽	2 -	Watch Morning power-up call and other vidoes.
14. 🔽	3 -	Check stocks.
15. <b>X</b>	1	write Fv for a Prospect.
<b>16.</b>	1	
17. <mark>V</mark> /X	3 -	
18. <b>//</b> /	3 -	
19. <b>//</b> /	3 -	
20. <b>V</b> /X	3 -	

<u>Day Number</u>: 4

<u> Date:</u> 18/ march /2023

Start Of The Day - 5: 40 am

	🙏 3 Things That I Am Excited To Have In The Future? 🙏
1.	My first client
2.	My first 10k
3.	Travelling to different countries



### [Track+Measure=Improve]

\$ Task:	\$ Task = Set The Task That I Intend To Complete This Hour?
<u></u> Intention:	Intention = What Is My Plan Of Action To Complete This Task For This Hour?
/ Reflection:	Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

#### **My War Mode Words:**

- 1. I Am Acting With No Limits To My Abilities!
- 2. I Am Being All That I Can Be, Every Hour And Every Day!
- 3. Every Word I Am Saying And Thought I Am Thinking Is Positive!
  - 4. I Am Being Enthusiastic About Completing Each Task!

#### 5. I Am The Best Copywriter In The World!

# (Delete Any Boxes Below That Are Before The Time That You Start Your Day In Your Own Copy)

\$ 5 am: Task \$	WAKE UP EARLY TO PRAY	
🔔 Intention 🔔	WAKE UP AT 5:30 AND PRAY TILL 6 AM	
/ Reflection /	Did this	
\$ 6 am: Task \$	PUSHUPS & READ QURAN	
lntention 🔔	WILL STAY AWAKE AFTER MORNING PRAYER AND DO 25– 50 PUSH UPS AND THEN READ QURAN TILL 7 AM	
/ Reflection /	Did this	
7 am: Task \$	Write personal complement FOR PROSPECTS and FV TILL 8-8:30 AM.	
Intention 🔔	Will do it after reading Quran Pak.	
Reflection /	Did not do this went to sleep was tired .	
\$ 8 am: Task \$	Will go to sleep after done with writing compliments and fv.	

🔔 Intention 🔔	Will be clear about asking for a call.
/ Reflection /	
\$ 9 am: Task \$	sleep
🔔 Intention 🔔	sleep
/ Reflection /	sleep
\$ 10 am: Task \$	Will wake up at 10: 45am and do students copy's breakdown. Push ups
🔔 Intention 🔔	Push ups and do it till 11 am
/ Reflection /	Was sleeping
\$ 11 am: Task \$	Will watch Ai videos and do push ups also Ask for outreach review and improve.
🔔 Intention 🔔	Will do it till 12 pm.
/ Reflection /	sleeping
\$ 12 Pm: Task \$	Will watch 1 hour recording

🔔 Intention 🔔	Will watch them and do push ups.
/ Reflection /	Was sleeping
\$ 1 pm: Task \$	Will break down fellow students' copy and practice Fv. push ups
🔔 Intention 🔔	Did sleep 1: 30 pm
/ Reflection /	Was sleeping
\$ 2 pm: Task \$	PRAY AND APPLY ON UPWORK AND LINKEDIN TILL 3 PM ALSO DO PUSH UPS
🔔 Intention 🔔	WILL APPLY IA.
/ Reflection /	Watched AI
\$ 3 pm: Task \$	Will hunt for prospects.
🔔 Intention 🔔	want to do it after zuhr as there are minimum distractions.
/ Reflection /	Did this
\$ 4 pm: Task \$	Will do swipe file and add mmore in it.
🔔 Intention 🔔	After I am done with FV.
/ Reflection /	Did got a new email seqence

5 pm: Task \$	Pray and will take a break.
Intention 🔔	Did this
Reflection /	break
6 pm: Task \$	WILL write FV AND PRAY TILL 7-7:10 PM.
Intention 🔔	Do it ME.
Reflection /	
	T
7 pm: Task \$	Will send the emails. With 2 methods one with FV 1 calling for a call.
Intention 🔔	Will do it before 8: 30 pm
Reflection /	
8 pm: Task \$	Watch the power-up calls AND PRAY TILL 9 PM if can ask for an outreach review of the new one. do push ups
Intention 🔔	WILL do it AFTER SENDING THE PERSONALIZED EMAILS
Reflection /	

\$ 9 pm: Task \$	READ QURAN PAK AND take a look a break. And do push ups and apply on upwork andn linkedin.
Intention 🔔	Will do it after done with emails did
Reflection /	
10 pm: Task	WILL WRITE REPORT AND PLAN THE NEXT DAY ON THIS SHEET TILL 11 TO 11:20 MAX
Intention 🔔	AFTER DONE WITH FV WILL WRITE THIS
Reflection /	Doing this a little late 12:pm now.
11 pm: Task	GO TO SLEEP AT 11:20 OR 11:40 MAX after checking stocks.
Intention 🔔	InshAllah
Reflection /	
	·
12 pm: Task	Sleeping 🛌
Intention 🔔	
Reflection /	



<b>◎What Did I L</b> e	earn Today?🧠
should not pack the timetable should have time for break cause otherwise I waste time during crucial time. Also I can write good if I put a time limit and think creatively.	
What Do I Plan To Do D	ifferently Tomorrow? 🔤
ill send Fv with the emails tomorrow only to a lim	ited number of people. Max 10 will put break .
™What Do I Plan To Do 1	he Same Tomorrow? New
verything else same.	
Who Do I Need To Update, Contact, Ask A	Question To, And Share Feedback With? 📧
o one	
<b></b> ✓ What Tasks Wer	e Left Undone?
lot of things but I know the problem so that's a pl	us

Brain Dump: