

Tab 1

“glitters” music video transcript

shining glitters

instant gratification, numb your emotion, you need me

how long will you last?

taste so bitter

on a lonely path

i'm nobody (useless)

i feel like nobody understand me... (worthless)

this hurts but it is familiar (weak)

or maybe i don't want to be understood (stupid)

i don't know how to be somebody

it is hard to explain myself

i'm lazy to change, i will never be enough

i'm scared of judgement

i will eventually give in anyway

leaving all the weight behind

faking my own peace of mind

run away as far as i can

(as far as i can)

pretend that i don't care

hiding my own despair

swallowing all these glitters

(all these glitters)

i can't escape your grasp

this siren song will last

a constant dread

buried inside of my head

A part of me feel like i don't deserve to be happy

A part of me feel like i don't deserve this happiness

It is hard to quit something feels so good

I am flawed and this will fix me...

*I can't stop taking these
You can't fix yourself with that*

*So much shame and guilt...
My self-esteem is conditional...
It is weird to love myself*

*I'm stuck in this cycle...
Without it who will save me
They are the one who hurt me*

it feels like a fleeting show
before i know, it's all gone
i'm chasing ghost
nowhere to go, i'm lost in the shadow
it's like dancing with the darkness
taking these glitters
forever trapped inside
while i try to find a light

*If things were better would i still choose to be here
It was never my fault/you choose this, blame yourself*

*Is this really the condition for me to be happy?
Everyone deserve to be happy/you are not like everyone, you are unloveable*

*I was taught that no matter how hard i try i would never be enough
You can be proud for trying your best/listen to them, you are never enough*

I am tired and lazy

because deep down i know
i'm not going anywhere
it's not like i don't care
it's just that where do you start?
because i'm used to run away
in front of my problems
i'm stuck here in my mind
with all the fading promises

*But i am still breathing
I still have hope for change
I want love and connection
I want to heal and do more...*

*I wish it was more black and white
Everything is so confusing*

*I wish my parents were there for me
If only there was someone who could help me*

I only know how to blame myself and others

These feelings and thoughts are so heavy

I don't know what to do

even if the day may end
i'll still be in my mess
i'm lost inside my head
along with all of my regrets
it's like playing with the fire
try to justify my desire
i'm stuck with this siren song
can't find where i belong

it feels like a fleeting show
before i know, it's all gone
i'm chasing ghost
nowhere to go, i'm lost in the shadow
it's like dancing with the darkness
taking these glitters
forever trapped inside
while i try to find a light