Cuda Zone News

ISSUE 6 / May 7, 2024

broadstone.barracudas@gmail.com

New Member Orientation and Meet Walk-Through: TONIGHT - Wednesday, May 8

Join us for our *New Member Orientation* and *Meet Walk-through*! This is an important night for **NEW** families to the Broadstone Barracudas. We will have a quick orientation about the team, what to expect, etc. capped off with a swim meet walkthrough. The event will be held TONIGHT- Wednesday, May 8th at 6pm and will start on the Broadstone pool deck.

Time Trials: Saturday, May 11th

Time Trials are this weekend and we are so excited! Below is the lineup for the event. Let us know if you have any questions at broadstone.barracudas@gmail.com. For the new swim families- if this is your first time you've been to a meet, it may be a bit overwhelming! If you have questions during the meet, feel free to ask the board members (wearing green shirts), other parents or the swimmer check-in crew.

Meet Lineup for Saturday, May 11, 2024 Time Trials:
Where: Broadstone Sports Club
Who: Broadstone Barracudas Swimmers only. This is **not** a dual meet.

Timeline:
6:30-6:50am - Check-in for swimmers and volunteers
6:50-7:45am - Coaches Scratch Session (where the coach crosses out all swimmers that have not checked in)
7-7:45am - Approximate time for team warm-ups - listen to the PA system for age group announcements
7:45-7:50am- National Anthem and team cheer
8am- 1:30pm - Swim meet (ending time may vary)

Check-in: The check-in table will be located inside the large gate in the parking lot (between the tennis court and the building). All swimmers AND volunteers must check in by 7am. Simply put a checkmark next to your names. Any swimmer not checked in by this time will be scratched (removed) from time trials.

Ready Bench: All swimmers under the age of 10 years old will report to the ready bench. The announcer will call your age group to the ready bench - usually 3 events before they will swim. At the ready bench they will be organized by age/lane and then will be taken to the block by a member of the ready bench team. The ready bench is located adjacent to the racing pool next to the scoreboard and is shaded by pop-ups and misters when the temperature requires it.

Volunteers: Please show up for your job and do not leave early - we do take roll. When you check-in please ask the volunteer check-in for any important directions for your job. If you have a PM job please listen for calls over the PA system for when/where you should report for your shift (usually it's at event 41). All stroke and turn judges, timers (both AM and PM timers attend this meeting) and meet refs have an AM meeting at 7:30 am next to the announcer table.

Family Set-up: Upon check-in at 6:30am you can begin setting up. Pop-up tents are **ONLY** allowed on the back lawn behind the fence.

Events: Swimmers will compete in ALL events that they are eligible to swim in for their age group. No relays at time trials.

Family Pool/Spa: During swim meets we do not allow swimmers in the back pool or spa. This is for everyone's safety because there is NO lifeguard on duty. Please help us enforce this rule.

Help Us With Your Name!

Our wonderful Announcers do their very best to make sure that all swimmers' first and last names are pronounced correctly. Unfortunately, they sometimes miss. Please help us by filling out a simple form so that we announce your swimmers names correctly. **Click here.**

Blue Rice Cafe Serving Breakfast and Lunch During Swim Meets

If you haven't ordered any food at Blue Rice Cafe (Cafe inside club) then you are missing out! Kiki Valenty runs the Cafe and she makes amazing food. She will be offering food during swim meets and will take pre-orders on Friday which makes it even easier. It is suggested that you do pre-order so that you get a meal. If you do not pre-order then you will take a chance that they sell out.

Menu:

Breakfast:

Breakfast Burritos $6 + tax

Lunch

-Thai or Teriyaki bowl (chicken, beef, tofu) -$10+tax

-Hamburger/ Cheeseburger with chips & soda

Lunch $8 + tax

-Hot dog with chips & soda

Important Overall Meet Information from Computer Operations

1. Declaring for a meet

- Declaring for a meet is signing-up for attendance and participation to a meet, and must be completed by the Friday of the week prior to the meet.
- Moving forward **NO** additions will be allowed after sign-ups close for a meet. If you miss a deadline for declaring for a meet, your swimmer will not be eligible for the meet.
- Swimmers can scratch before the meet starts. If you know you need to scratch the day before or even sooner, please notify computer ops at bbsslcomputerops2023@gmail.com.
- Meet Entries will be posted on TeamUnify by the evening before the meet and are based on coach assignments. Our coaches put a lot of time and effort into placing kids where they think they will do their best. Relay assignment is based on times.

- Heat and lane assignments will be made the day of the meet.
- Psych sheets will be available the evening prior to the meet.

2. Pre Meet Check Ins and Programs:

- Check-in sheets will be prepared for check in starting at 6:30 AM and ending at 6:50 AM the morning of the meet.
- Any swimmers who miss check-in will be scratched from the entire meet and will not be eligible for participating in the meet. If you know you are running late please call a friend and have them check you in, do not email us. Once your swimmer is scratched there is NOTHING we can do to add them back.
- Computer Ops and Coaches will complete scratches from 6:50 AM to 7:30 AM.
- Seeding the meet will be done on deck for heat and lane assignments.
- Lane Timers Sheets will be printed and distributed to timers as soon as possible for an 8:00 AM start.

Helpful Phone Apps

There are a couple phone apps that are helpful during the season. The following two phone apps will give you all the information that you will need during meets.

- **Meet Mobile** provides real time meet results and heat & lane assignments. You can select favorite swimmers for quick access and view other teams as well. Basic app is free, but requires subscription for all results and heat/lane features.
- **On Deck** is a free app that connects to your Team Unify profile and is mobile friendly. It allows for meet results (not real time like Meet Mobile), and historical best times to keep track of your swimmer's personal bests.

2024 Swimsuits/Team Apparel

We have added one more swimsuit try-on day- May 8th! If you are looking for a used suit please take a look at our Team Buy/Sell/Trade Google Sheet. If you have any fins/paddles you would like to sell there are families looking for those as well. Please add those to the Google sheet so that people can find you. If you have any apparel questions please email our Cuda Apparel Chair - Blair Sturm- broadstonecudasapparel@gmail.com.

Swimsuit Try-On Day-

It can be hard to find the right size swimsuit for your swimmer. We understand just how hard it can be and therefore have scheduled two swimsuit try-on days. At the try-on event we will have swimsuits for both boys and girls in different sizes. You will come try them on and once you find a swimsuit size that you like you will then go online and order from the team store. The team store will gather orders for a 2 week time period and will then close. At that time all orders will be processed and delivered 2-3 weeks later.

May 8 - 6pm-7pm @Broadstone Sports Club

Team Apparel Store will be open the following dates:

April 26-May 9th @5pm.

Team Apparel Website:

https://bsnteamsports.com/shop/NJfBKeJ8fW

Team Buy/Sell/Trade Google Sheet:

Kids are expensive and so is sports gear and swimsuits. If you have a new or gently used team swimsuit or swimsuit gear to buy/sell/or trade please check out this google sheet. If you want to sell something please just enter the info into the google sheet. If you sell/trade something please come back and cross the item off the list so that others know.
Link to Sheet:
https://docs.google.com/spreadsheets/d/1gInmj5kVo-fBIxOtU0er-Wxha9gRDOykPyNMk_AhpJQ/edit#gid=0

2024 Meet Schedule

May 11- Time Trials @ Broadstone
May 18 - Broadstone at FSO
June 1- Granite Bay Gators @ Broadstone
June 8 - Broadstone @ El Dorado Hills TAZ
June 15- Park Terrace @ Broadstone
June 22 - Broadstone @ Sierra Sharks
June 28 (FRIDAY) - College Greens @ Broadstone
July 13- Loomis Basin Dolphins @ Broadstone
July 19-21 - SSL Championships Weekend (All swimmers are encouraged to sign up to swim and attend Championships! It is an experience like you have never had before and don't want to miss. **(NOTE: By League Rule you must have competed in at least 3 dual meets throughout the season in order to participate.)**

Thank you to our AMAZING 2024 Sponsors!

Stay Informed

PLEASE read what we email and post online so you have all the information you need about our team and the season.

- Cuda Zone weekly newsletter
- Team website: Broadstonebarracudas.org
- Emails
- Facebook: like us!
- Instagram: follow us at broadstone.barracudas