

OPTION 2: Using a pharmacy of your choice (see all 3 pages)

Blister Packing Information for Daily Medication

ALL daily medications (prescription AND over-the-counter) must be filled and packaged by a licensed pharmacist and will not be accepted if not properly labeled and packaged.

If you use a pharmacy of your choice to package according to our policy, you will bring medications to camp in the approved blister packs and check them in with the camp nurses on Opening Day. A blister pack is a form of tamper-evident packaging where individually sealed tablets are pushed through the foil to administer the medication.



All daily medications are to be packaged in 31-day blister packages similar to those pictured. A printed pharmacy label must be secured to the medication package.

Medications brought in pillboxes or baggies cannot be accepted. State regulations require all medication to be in containers processed by a pharmacist. We cannot make exceptions.

- 1. Choose “pharmacy of your choice” (Option 2) on the Medication Verification Form (online).**
- 2. Discuss our 31-day blister packaging requirements (details page 3) with the pharmacy to make sure they are able to comply before having them fill the prescription(s).** Keep in mind that the pharmacist will need a prescription from your provider to package any daily over-the-counter medications as well as prescription medications.
- 3. Please ensure that your daughter’s physician fills out the Medication section of the Physical Exam Form (page 2). This paper form should be signed by a physician and uploaded or faxed to camp as instructed on the form.** Our nurses use this information as a “doctor’s order” to administer your daughter’s medications.
- 4. We will not be able to accept medications that are not processed through a pharmacy and packaged IN or WITH a 31-day blister pack.** A pharmacy label with the printed dispensing instructions from a pharmacist must be on the package.
- 5. We expect your local pharmacy to fill:**

- Prescription medication in pill form (daily and “as needed”)
- Prescription medication in liquid or chewable form (daily and “as needed”)
- Prescription nose sprays, eye/ear drops, daily inhalers and creams/ointments
- Non prescription items, such as allergy medication (if taken daily and prescribed by MD)
- Vitamins and supplements, including melatonin (if prescribed by your physician)

(continued next page)

- 6. We expect the blister pack to include enough medication for your daughter’s entire stay at camp.** If for insurance reasons, you cannot send all the medication on Opening Day, please include a note with the packaged medicine letting our Health Hut staff know when to expect the rest. (Some ADD/ADHD and other controlled medications are usually 30 day prescriptions and a pharmacy may not be able to refill these early.)
- 7. Place the blister packed medication(s) in a Ziploc bag to bring to camp on Opening Day.** Our nurses will be collecting properly packaged medications, reviewing and verifying the information provided, and available to answer any medication or health-related questions.

(Information Sheet for Pharmacies Continues on Next Page)

Camp Greystone Blister Packaging Information for Pharmacies

(Parents, please give this information to your local pharmacist before medication is filled.)

Thank you for your help with packaging medication for our camper(s). We strive to practice medication administration that adheres to North Carolina state guidelines and provides the safest practices possible for the campers we serve. Our Medication Policy requires all daily medication to be packaged in 31-day blister packaging (pictured below). If you cannot provide this service as described below, please wait to fill the requested medication until discussing this with the parent or guardian.

Our Medication Policy asks that camper medications be filled by a pharmacy as follows:

- A separate blister pack is used for each time of day that medication is dispensed. (Breakfast, Lunch, Dinner, Bedtime). Multiple medications taken at the SAME time of day may be blister packed together or separately, but any medication taken at a different time of the day must be in separate blister packs. *(For example, if a medication is taken at breakfast and dinner, we need 2 separate blister packs for that medication—one for breakfast and one for dinner.)*
- Please have the pharmacy-prepared label on the blister pack include: camper's name, medication name, dose, strength, and instructions for administering.
- If the daily medication is a liquid, nasal spray, inhaler, or manufacturer blistered chewable, please attach the medication in a baggie on the back of the pharmacy labeled blister pack with the required information described above. Our nurses use the blister pack as our system of administering medication even if the medication is not in the actual bubbles.
- Please only use the blister packs as pictured below. We will not be able to accept the medication packaged in any other way. Medications sent in bottles, pill boxes, or individual dose packages will not be accepted.
- If a prescription needs to be filled for camp before the next refill is available insurance-wise, we request that the pharmacy do a "vacation override" to satisfy the insurance company.
- Thank you again for helping our campers have a safe, wonderful summer!



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