



Instruction/template for preparing manuscript for JPHTCR

TITLE (Centered, Arial 16pt, Bold)

Author 1^{*}, Author 2¹, Author3¹ (Left, Arial 12pt, Bold)

¹Public Health Nutrition Department, Faculty of Public Health, X University, Indonesia (Left, Arial 10pt)

*Corresponding Author: Email: xxx@gmail.com

Abstract (Arial 11pt, Title Bold)

The Abstract should not exceed 250 words. Please minimize the use of abbreviations and do not cite references in the abstract. Reports of randomized controlled trials should follow the CONSORT extension for abstracts. The abstract must include the following separate sections : introduction, methods, results, conclusion.

Introduction: background, the context and purpose of the study

Methods : study design, the number of subjects, sampling method, data collection methods, data analysis.

Results: the main findings

Conclusion: brief summary and potential implications

Keywords: maximum of five keywords separated by coma (,) to representing the main content of the article. For example: children, nutrition, wasting. Sort alphabetically. (Arial 11 pt)

Introduction (Arial 11pt, heading bold, single space)

This template is designed to assist author for preparing a manuscript. The manuscript written in paper size A4, margin normal (2,54 cm in each side). The beginning of paragraph starts with 5 taps indented. Author can write the manuscript with one column.

The introduction section should explain an adequate background of the study, a summary of the existing literature and why this study was necessary or its contribution to the field. At the end of introduction please state the aims of the study. This section must be written in arial font, 11pt, single space.

Methods (Arial 11pt, bold, single space)

Methods section (Sub heading should be in italic)

The methods section should include:

- ✓ the study design and setting of the study
- ✓ the sampling method and calculation
- ✓ the characteristics of participants or description of materials

- ✓ a clear description of all processes, interventions and comparisons. Generic drug names should generally be used.
- ✓ When proprietary brands are used in research, include the brand names in parentheses
- ✓ data analysis method used, including the statistical tests and power calculation if appropriate
- ✓ Manuscripts reporting studies involving human participants, human data or human tissue must include a statement on ethics approval and consent (even where the need for approval was waived). Please state the name of the ethics committee that approved the study and the committee's reference number if appropriate. Studies involving animals must include a statement on ethics approval. See our editorial policies for more information.

This section must be written in arial font, 11pt, single space.

Results (Arial 11pt, heading bold, single space)

Result and discussion should be separated. The result should include the findings of the study including, if appropriate, results of statistical analysis which must be included either in the text or as tables and figures. All tables and figures should be referred in the text. All of the Tables and figures should be numbered. The title of the table is printed on the top of the table but the title of the figure should be placed below the figure. Please do not use vertical lines in the table.

Table 1. Characteristic respondent (Arial 10pt, left, single space)

No	Variables	Total	Percentage
1	Variable 1	56	56,0%
2	Variable 2	66	66,0%
3	Variable 3	58	58,0%

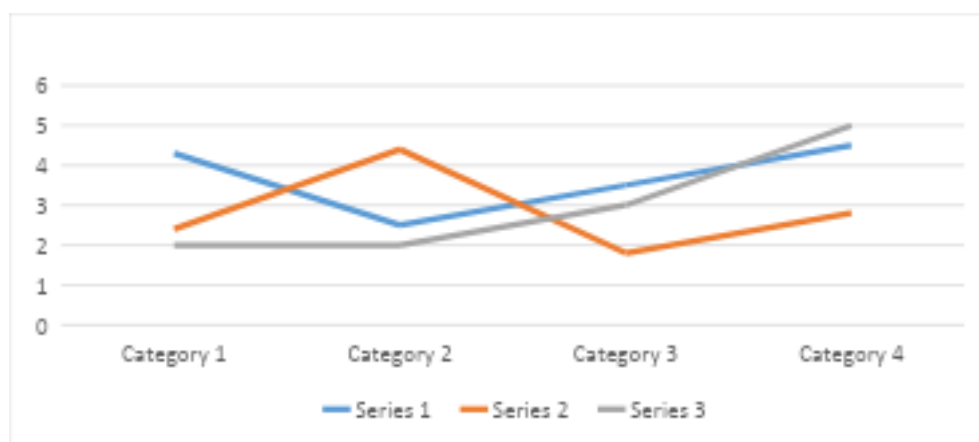


Figure 1. Chart Title (Arial 10pt, centered, single space)

Discussion (Arial 11pt, Title bold, single space)

Discuss the implications of the findings in context of existing research and highlight the limitations of the study.

Conclusion (Arial 11pt, Title bold, single space)

Please state clearly the main conclusions and provide an explanation of the importance and relevance of the study reported.

Ethics approval

Manuscripts reporting studies involving human participants, human data or human tissue must:

- include a statement on ethics approval and consent (even where the need for approval was waived)
- include the name of the ethics committee that approved the study and the committee's reference number if appropriate
- Studies involving animals must include a statement on ethics approval.

See our editorial policies for more information.

If your manuscript does not report on or involve the use of any animal or human data or tissue, please state "Not applicable" in this section.

Availability of data and materials

All manuscripts must include an 'Availability of data and materials' statement. Data availability statements should include information on where data supporting the results reported in the article can be found including, where applicable, hyperlinks to publicly archived datasets analysed or generated during the study. By data we mean the minimal dataset that would be necessary to interpret, replicate and build upon the findings reported in the article. We recognise it is not always possible to share research data publicly, for instance when individual privacy could be compromised, and in such instances data availability should still be stated in the manuscript along with any conditions for access.

Data availability statements can take one of the following forms (or a combination of more than one if required for multiple datasets):

- The datasets generated and/or analysed during the current study are available in the [NAME] repository, [PERSISTENT WEB LINK TO DATASETS]
- The datasets used and/or analysed during the current study available from the corresponding author on reasonable request.
- All data generated or analysed during this study are included in this published article [and its supplementary information files].
- The datasets generated and/or analysed during the current study are not publicly available due [REASON WHY DATA ARE NOT PUBLIC] but are available from the corresponding author on reasonable request.
- Data sharing is not applicable to this article as no datasets were generated or analysed during the current study.
- The data that support the findings of this study are available from [third party name] but restrictions apply to the availability of these data, which were used under license for the current study, and so are not publicly available. Data are however available from the authors upon reasonable request and with permission of [third party name].
- Not applicable. If your manuscript does not contain any data, please state 'Not applicable' in this section.

Acknowledgement

Please acknowledge anyone who contributed towards the article who does not meet the criteria for authorship including anyone who provided professional writing services or materials. Authors should obtain permission to acknowledge from all those mentioned in the Acknowledgements section.

See our editorial policies for a full explanation of acknowledgements and authorship criteria. If you do not have anyone to acknowledge, please write "Not applicable" in this section.

Funding

All sources of funding for the research reported should be declared. The role of the funding body in the design of the study and collection, analysis, and interpretation of data and in writing the manuscript should be declared

Author Contribution

The individual contributions of authors to the manuscript should be specified in this section. Guidance and criteria for authorship can be found in our editorial policies.

Please use initials to refer to each author's contribution in this section, for example: "FC analyzed and interpreted the patient data regarding the hematological disease and the transplant. RH performed the histological examination of the kidney, and was a major contributor in writing the manuscript. All authors read and approved the final manuscript."

References

References should be prepared using Vancouver styles. Please use Reference Manager Applications like EndNote, Mendeley, Zotero, etc. Cite only scientific publication that you read and current journal references. All references, including URLs, must be numbered consecutively, in the order in which they are cited in the text, followed by any in tables or legends. The reference numbers must be finalized and the reference list fully formatted before submission. Examples of the Vancouver reference style are shown below. Please ensure that the reference style is followed precisely.

See our editorial policies for author guidance on good citation practice.

Web links and URLs: All web links and URLs, including links to the authors' own websites, should be given a reference number and included in the reference list rather than within the text of the manuscript. They should be provided in full, including both the title of the site and the URL, as well as the date the site was accessed, in the following format:

1. The Mouse Tumor Biology Database. <http://tumor.informatics.jax.org/mtbwi/index.do>. Accessed 20 May 2013. If an author or group of authors can clearly be associated with a web link (e.g. for blogs) they should be included in the reference.

Example reference style:

- Article within a journal (mention the six of author's last name and first name initials, remain authors be followed by "*et al (et al)*")
Smith JJ. The world of science. Am J Sci. 1999;36:234-5.
- Article within a journal (no page numbers)
Rohrmann S, Overvad K, Bueno-de-Mesquita HB, Jakobsen MU, Egeberg R, Tjønneland A, et al. Meat consumption and mortality - results from the European Prospective Investigation into Cancer and Nutrition. BMC Med. 2013;11:63.
- Article within a journal by DOI
Slifka MK, Whitton JL. Clinical implications of dysregulated cytokine production. Dig J Mol Med. 2000; doi:10.1007/s801090000086.
- Article within a journal supplement
Frumin AM, Nussbaum J, Esposito M. Functional asplenia: demonstration of splenic activity by bone marrow scan. Blood 1979;59 Suppl 1:26-32.

- Book chapter, or an article within a book
Wyllie AH, Kerr JFR, Currie AR. Cell death: the significance of apoptosis. In: Bourne GH, Danielli JF, Jeon KW, editors. International review of cytology. London: Academic; 1980. p. 251-306.
OnlineFirst chapter in a series (without a volume designation but with a DOI)
Saito Y, Hyuga H. Rate equation approaches to amplification of enantiomeric excess and chiral symmetry breaking. Top Curr Chem. 2007. doi:10.1007/128_2006_108.
- Complete book, authored
Blenkinsopp A, Paxton P. Symptoms in the pharmacy: a guide to the management of common illness. 3rd ed. Oxford: Blackwell Science; 1998.
- Online document
Doe J. Title of subordinate document. In: The dictionary of substances and their effects. Royal Society of Chemistry. 1999. [http://www.rsc.org/dose/title of subordinate document](http://www.rsc.org/dose/title%20of%20subordinate%20document). Accessed 15 Jan 1999.
- Online database
Healthwise Knowledgebase. US Pharmacopeia, Rockville. 1998.
<http://www.healthwise.org>. Accessed 21 Sept 1998.
- Supplementary material/private homepage
Doe J. Title of supplementary material. 2000. <http://www.privatehomepage.com>. Accessed 22 Feb 2000.
- University site
Doe, J: Title of preprint. <http://www.uni-heidelberg.de/mydata.html> (1999). Accessed 25 Dec 1999.
- FTP site
Doe, J: Trivial HTTP, RFC2169. <ftp://ftp.isi.edu/in-notes/rfc2169.txt> (1999). Accessed 12 Nov 1999.
- Organization site
ISSN International Centre: The ISSN register. <http://www.issn.org> (2006). Accessed 20 Feb 2007.
- Dataset with persistent identifier
Zheng L-Y, Guo X-S, He B, Sun L-J, Peng Y, Dong S-S, et al. Genome data from sweet and grain sorghum (*Sorghum bicolor*). GigaScience Database. 2011.
<http://dx.doi.org/10.5524/100012>.