Feel free to suggest changes!
If you want to create & edit your own packing list, feel free to make a copy and add your own flair!

Above & Beyond

Group Therapy Weekender

Gorge Amphitheatre,
July 22, 23 & 24

Documents:

- [ ] Ticket!!
- [ ] Itinerary
- [ ] Travel and Hotel Info
- [ ] Debit/Credit Cards
- [ ] Costco Card
- [ ]

Clothes:

- [ ] Dancing shoes
- [ ] Walking sandals
- [ ] Hat/Scarf/Bandana/Buffwear
- [ ] Glasses/sunglasses
- [ ] Flying/exploring 'fits (before/after festival)
- [ ] Two outfits for dancing
- [ ] Light jacket
    - [ ] rain jacket
- [ ] Warm sweater/sweatshirt
- [ ] Pajamas
- [ ] Socks (wool and cotton)
- [ ] Underwear(more than you think you'll need)
- [ ]

Toiletries:

- [ ] Skincare
    - [ ] Cleanser
    - [ ] Moisturizer
    - [ ] **Sunscreen!!!!!**
- [ ] Hand Sanitizer
- [ ] Body Wipes
- [ ] Baby Wipes/TP
- [ ] Shampoo & Conditioner
- [ ] Toothbrush / Toothpaste
- [ ] Deodorant
- [ ] Febreeze
- [ ] Towel
- [ ] Glasses/Contacts
- [ ] Chapstick
- [ ]

Camping:

- [ ] Tent
- [ ] Blankets/pillows
- [ ] Sleeping bag
- [ ] Day pack/fanny pack
- [ ] Head Lamp
- [ ] **Chargers** (portable)
- [ ] First Aid Kit
- [ ] Trashbags
- [ ] Cooler
- [ ] Tarps (for campsite)
- [ ] Canopy
- [ ] Lawn Chairs*
- [ ] 3-drawer plastic organizer (for car camping)*
- [ ] Reusable gallon bags
- [ ] Folding table for food etc… (in RV)
- [ ]

Other:

- [ ] Headphones for flight
- [ ] Prescriptions
- [ ] Duct Tape
- [ ] Water bottle
- [ ] Clorox Wipes
- [ ] Hand Soap
- [ ] Bluetooth Speaker (solar speaker)
- [ ] Dishware - cups, plates, utensils*
- [ ] Kitchen knife
- [ ] Multi tool
- [ ] Vitamins
- [ ] Paper towels
- [ ] Bag!
    - [ ] Fanny pack
    - [ ] Camelbak
    - [ ] Clear vinyl/PVC bag (max 12x6x12)
- [ ]
- [ ]

resource mega thread reddit

https://www.aboveandbeyond.nu/gtw/assets/img/gtw_sitemap.jpg

Feel free to suggest changes!
If you want to create & edit your own packing list, feel free to make a copy and add your own flair!

Friday, July 22

Walter The Bus

18:00 - 00:00	Above & Beyond and friends

The Meadow

GTW Ping Pong Tournament w. James Grant

18:00 - 19:00	Naz
19:00 - 20:00	Rodg
20:00 - 21:00	Nourey
21:00 - 22:00	Amy Wiles
22:00 - 23:00	Bexxie
23:00 - 00:00	Chris Giuliano

Campsite

12:00 - 18:00	The Anjunafamily Room pres. by The Instigators
23:00 - Close	Eurodance Food Truck Aftershow with Fatum
23:00 - Close	The Anjunafamily Room pres. by The Instigators

Saturday, July 23

Gorge Amphitheatre

18:00 - 00:00	Nourey
15:00 - 16:00	Bexxie
16:00 - 17:00	Amy Wiles
17:00 - 18:00	anamē
18:00 - 19:00	Fatum
19:00 - 20:00	Oliver Smith
20:00 - 21:00	Andrew Bayer
21:00 - 22:00	Mat Zo
22:00 - 00:00	Above & Beyond
00:00 - 01:00	Genix

The Meadow

Hosted by Naz and MC LazerPantz

14:10 - 14:30	A&B Classics performed by Soundwave Barbershop Quartet
14:30 - 15:50	Daybreaker
16:10 - 17:10	Jono Grant speaks to Andrew Bayer & Alison May
17:30 - 18:30	'We're All In This Together' Climate Q&A with Prof. John Fernandez, Nourey and Anjunafamily artists
18:30 - 18:50	A&B Classics performed by Soundwave Barbershop Quartet
18:50 - 20:00	Anjuna Pub Quiz with Anjuna HQ

Walter The Bus

15:00 - 19:00	Artist Meet & Greets

Campsite

10:00 - 13:00	The Anjunafamily Room pres. by The Instigators
00:30 - Close	Trance Classics Food Truck Aftershow
00:00 - Close	The Anjunafamily Room pres. by The Instigators

Campsite Yoga Shala

9:00 - 10:00	Euphoria Effect Yoga with Katelyn Means
10:30 - 11:30	Yin Yang Yoga with Fitzjoy & Joan

Sunday, July 24

Gorge Amphitheatre

12:30 - 13:30	Lakou Mizik & Joseph Ray pres. Leave The Bones
13:30 - 15:00	OLAN
15:00 - 16:30	Qrion
16:30 - 18:00	Franky Wah
18:00 - 19:30	Marsh
19:30 - 21:00	James Grant & Jody Wisternoff
21:00 - 22:30	Eli & Fur
22:30 - 00:00	Ben Böhmer *Live*

The Meadow

Hosted by Naz and MC LazerPantz

13:00 - 14:00	Acro Yoga by Daybreaker
14:10 - 15:00	Flow State Meditation w. Paavo & Elena Brower
15:10 - 16:50	Leave The Bones Film Preview & Haitian Rhythm & Dance Workshop
17:00 - 18:30	Genix 199X Album Chill Set
18:30 - 11:30	Self Care Sunday with Dru West & Stephanie Bard

Walter the Bus

15:00 - 16:00	A&R Demo Drop w. Anjunabeats
16:00 - 19:00	Artist Meet & Greets

Campsite

9:00 - 12:00	The Anjunafamily Room pres. by The Instigators
23:00 - Close	The Anjunafamily Room pres. by The Instigators

Campsite Yoga Shala

9:00 - 10:00	Euphoria Effect Yoga with Katelyn Means
10:30 - 11:30	Self Care Sunday with Dru West & Stephanie Bard

[resource mega thread reddit]

https://www.aboveandbeyond.nu/gtw/assets/img/gtw_sitemap.jpg

Feel free to suggest changes!
If you want to create & edit your own packing list, feel free to make a copy and add your own flair!

Shopping Lists & Timeline

Food for 10 people

Food:

- [ ] fruit- fresh & dried
- [ ] Granola/protein Bars
- [ ] Baby carrots or other veggies
- [ ] Nuts
- [ ] Jerky
- [ ] Pita
- [ ] Sandwich ingredients -
    - [ ] Pb & jelly
    - [ ] Lunch meats- salami, chicken
    - [ ] Cheese- cheddar, gouda
- [ ] Hummus
- [ ] Gum (a fresh pack for each day)
- [ ] Corn chips
- [ ] Potato chips
- [ ] PB pretzels
- [ ] Pickles - 1-2 jars
- [ ] Salsa - 1 large container
- [ ] Gummy candies
- [ ] hot cheetos
- [ ] Bagels and Cream Cheese
- [ ]
- [ ]
- [ ]

Drinks:

- [ ] Ice - 40-50 lbs
- [ ] Coffee - coldbrew concentrate or cans
- [ ] **WATER** - one gallon per person
- [ ] Seltzers - classic claws and vizzy's (150 for the weekend for 10 people)
- [ ] Beer?
- [ ] Coffee creamer (oat milk for lactose intolerant babes)
- [ ] Gatorade
- [ ] Emergen C
- [ ] Liquid IV
- [ ] Coconut water
- [ ]

other supplies to buy

- [ ] camp/lawn chairs
- [ ] pillows
- [ ] Blankets
- [ ] Paper towels
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

Locations

https://www.google.com/maps/placelists/list/ZHbFEmlKz64IcqkA7CZjN2_1-pl1Kg?token=BWt_aTE2ldM

Places to shop:

Pike place market - fruit etc..
Costco- snacks, food, drinks
Trader Joe's- specialty food & snacks
Walmart- chairs, folding table, storage solutions

Timeline:

- 8:30am group arrives
- Meet at Days Inn SeaTac

Split up:

- Team 1 pick up RV w/ rick's car - pickup @ 10:30
- Team 2 stay near airport - dispensary, pike place other shopping
  Meeting spot for all: in the afternoon - factoria walmart

resource mega thread reddit

https://www.aboveandbeyond.nu/gtw/assets/img/gtw_sitemap.jpg

Feel free to suggest changes!
If you want to create & edit your own packing list, feel free to make a copy and add your own flair!

Shopping Lists & Timeline
Food for 10 people

Trader Joes

- [ ] Dried fruit
- [ ] Granola/protein Bars
- [ ] Baby carrots or other veggies
- [ ] Nuts
- [ ] Jerky
- [ ] Sandwich ingredients -
    - [ ] Peanutbutter & jelly
    - [ ] Lunch meats- ham, salami, chicken
    - [ ] Cheese- cheddar, gouda
- [ ] PB pretzels
- [ ] Bagels
- [ ] Cream Cheese
- [ ] Non-dairy Coffee creamer
- [ ] Pita
- [ ] Chips
- [ ]

Costco

- [ ] Hummus
- [ ] Peaches
- [ ] Other fruit
- [ ] Salsa - 1 large container
- [ ] Seltzers - classic claws and vizzy's (150 cans for the weekend for 10 people)
- [ ] Beer?- optional (seltzer squad)
- [ ] Emergen C
- [x] ~~Liquid IV~~
- [ ] Coconut water
- [ ] Gatorade
- [ ] coffee- kirkland colombian coldbrew cans
- [ ] Applesauce pouches
- [ ] Aussie bites
- [ ]

Walmart/Target

- [ ] camp/lawn chairs- walmart
- [ ] pillows
- [ ] Blankets
- [ ] Paper towels
- [ ] Ice
- [ ] **WATER** - 1 to 2.5 gallon jugs
- [ ] Gum (a fresh pack for each day)
- [ ] Gummy candies - several small bags
    - [ ] Sour ones!
    - [ ]
- [ ] Hot Cheetos
- [ ] Pickles - 1-2 jars
- [ ] Corn chips
- [ ] Potato chips
- [ ] Lighter

Dispensary

- [ ] Pens
    - [ ] For the festival
    - [ ] For sleeping
- [ ] Flower
- [ ] Wraps etc…

Timeline:

- 8:30-9:30am group arrives
- Meet at Days Inn SeaTac

Split up:

- Team 1 pick up RV- pickup @ 10:30
- Team 2 stay near airport - dispensary, pike place other shopping
  Meeting spot for all: in the afternoon - **southcenter walmart**

resource mega thread reddit https://www.aboveandbeyond.nu/gtw/assets/img/gtw_sitemap.jpg