

Assignment: Psychology Podcasts

Exploring Psychology through Podcasts

Objective: Engage with contemporary psychological topics through podcasts and critically analyze the content.

Part 1: Podcast Exploration. Select and listen to a podcast episode related to psychology, released within the last 5 years. For ideas, consider these series below.

- [Hidden Brain](#)
- [Speaking of Psychology](#)
- [The Psychology Podcast](#)
- [No Stupid Questions](#)
- [All in the Mind](#)
- [The Happiness Lab](#)
- [Choiceology](#)

Part 2: Answer the following questions inside the discussion forum. You should enter one of the groups (just to keep the discussion more reasonable in size). These should be detailed:

1. What is the title of the podcast and episode you chose? **Provide a link.**
2. Summarize the podcast in one or two paragraphs. What would you say was the central idea or thesis of the episode?
3. List three memorable points from the podcast.
4. What field of psychology does the main idea of your podcast best connect with?
5. Would you recommend this podcast? Explain your reasoning.
6. Pose a question that arose for you after listening to this episode. What are you still curious about?
7. Locate and cite an original research article that is mentioned in the episode. **Include the citation or link.** *Tip: Check the podcast's resources or use author names/titles to find articles. [Library access](#) may be needed.
8. Describe the methods used in the research:

1. How was the research conducted? If applicable, what were the independent and dependent variables in the study?
2. Who were the participants in the research, and what was the sample size?
9. Summarize the takeaways from the journal article. What conclusions were reached?
10. Is the information in the article what you expected to be there, based on how it was mentioned in the podcast? In what ways is the information the same or different than what you expected to see in the research?

Part 3: Return to the discussion board to comment on another post. Try to extend or elaborate on the discussion they started. For example, what did you find interesting, curious, or surprising about what they shared? What else have you heard about this topic already, or what other questions might you have about this topic?

Rubric for Exploring Psychology through Podcasts:

Criteria	Exemplary	Proficient	Developing	Not Evident	Total Points
Podcast Selection	Chooses a highly relevant podcast episode that deeply connects to course concepts and is backed by psychological research.	Chooses a relevant podcast episode that connects to course concepts with some research backing.	Chooses a podcast episode with limited relevance to course concepts or research backing.	Fails to choose an appropriate podcast episode or does not connect it to course concepts.	___/5

Responses	Answers all questions with insightful, detailed responses that demonstrate a deep understanding of the podcast and its psychological implications.	Answers all questions with clear, adequate detail, showing a good understanding of the podcast and its psychological relevance.	Answers most questions but with limited detail or understanding of the podcast's psychological relevance.	Fails to answer all questions or provides superficial responses with little understanding.	___/20
Participation	Provides a thoughtful, extensive response on a classmate's post, significantly extending the discussion with insightful comments.	Provides a clear, relevant response on a classmate's post, contributing to the discussion with meaningful comments.	Provides a basic response on a classmate's post but with limited contribution to the discussion.	Fails to post on a classmate's response or provides irrelevant or	___/5
				Total	___/30