



# Camp Twitch and Shout Camper, Parent, & Caregiver Manual 2025





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# WELCOME TO CAMP TWITCH & SHOUT!

## Camp Twitch and Shout (CTAS)



Camp Twitch and Shout (CTAS) is a one-week overnight camp for children ages 8-17 with a confirmed diagnosis of Tourette Syndrome and Tic Disorders. Our Leader-In-Training (LIT) program is available to 17 year olds who are interested in eventually becoming a counselor. CTAS is organized and managed by Tourette Information Center and Support (TICS), in partnership with [Camp Twin Lakes \(CTL\)](#), and is located at CTL West in Rutledge, Georgia.

The mission of CTAS is to provide a place for children with TS to experience the joys of childhood and grow in their confidence and capabilities in a camp and recreation setting. It is our hope that our campers will experience understanding and acceptance of themselves and others. We want our campers to come together and create supportive friendships that last a lifetime. At CTAS, we focus on camper strengths while providing opportunities to grow by learning new skills and trying new experiences.

CTAS is committed to a [tic-neutral environment](#).

Throughout the week, CTAS Campers, along with CTAS Staff and Volunteers dedicated to helping them achieve successes, engage in activities and challenges focused on helping the campers to overcome obstacles and grow in their confidence and capabilities. It's a place where our campers can just be regular kids having fun and making memories. A camper once said, "I wake up every morning thinking that I'm one day closer to camp." We feel the same way and can't wait for you to be a part of our Camp Twitch and Shout family!

## Tourette Information Center & Support of GA (TICS)



*"Our mission is to improve the lives of people diagnosed with Tourette syndrome through the development of social, educational, and supportive programs and resources to benefit these individuals as well as their families, friends, communities, and healthcare professionals."*

The TSA of Georgia separated from the national TSA in 2009 and changed its name to "Tourettes Information Center and Support of Georgia (TICS of GA)". That same year TICS of GA, continuing in partnership with Camp Twin Lakes, organized and held the inaugural Camp Twitch & Shout. The first Camp Twitch and Shout was attended by approximately 40 campers and 20 volunteers mostly from Georgia and surrounding states. Camp Twitch and Shout has accommodated over 140 campers and nearly 100 volunteers each year. Since its inception, Camp Twitch and Shout has hosted campers and volunteers from over 30 U.S. states and 4 foreign



countries. In order to represent this growth and broaden its presence nationally, TICS of GA changed its name to Tourette Information Centers and Support (TICS). TICS is proud to have expanded their network of support and facilitated a sense of community among those who experience Tourette Syndrome. Through year-round family support services and running Camp Twitch & Shout, TICS strives to provide a more inclusive environment and better understanding of this disorder.

Questions about TICS? Please contact TICS President, Frank Lozzi, at [flozzi@camptwitchandshout.org](mailto:flozzi@camptwitchandshout.org) or the TICS Board of Directors at [info@ticsofga.org](mailto:info@ticsofga.org)

### **Camp Twin Lakes (CTL)**



#### Mission

*CTL provides year-round camp experiences for children with serious illnesses, disabilities, and life challenges to help each camper grow in their confidence and experience the joys of childhood.*

#### Vision

*Camp Twin Lakes will be a vital network of closely aligned partners who collaborate to provide year-round, transformative camp experiences that deeply impact our campers and their families.*

Before Camp Twin Lakes opened in 1993, special needs groups in Georgia lacked adequate facilities to support camp programs for children with serious illnesses, disabilities, and other life challenges. Camp Twin Lakes founder, Doug Hertz, saw this need and had the courage and the vision to create a solution. Over 26 years later, Camp Twin Lakes powers a vital network of over 70 closely aligned partner organizations. CTL brings proven expertise in therapeutic, adaptable programming, state-of-the-art camp sites, healthy and kid-friendly food services customized to each camper's dietary needs, highly trained staff, and devoted volunteers.

As a Partner Camp of CTL, Camp Twitch and Shout brings expertise in each diagnosis or challenge and recruits campers, volunteer cabin counselors, and medical support staff. This collaboration ensures that CTL and CTAS share resources to maximize impact and best meet the needs of each camper.

### **American Camp Association (ACA)**



The American Camp Association is a nationally known and recognized accrediting body driven to set standards for camps across the nation aimed at enriching the lives of children, youth, and adults through the camp experience. Camp Twin Lakes and Camp Twitch and Shout are proud members of the American Camp Association. In order to maintain ACA accreditation, CTL and CTAS strictly adhere to the standards of the ACA, in addition to undergoing regular in-person and written accreditation reviews.



## **To Our Campers**

We are so excited that you will be joining us at Camp Twitch and Shout this summer! The camp staff and counselors have already been hard at work making sure that camp will be the best week of your year. We cannot wait to join you in all of our camp activities, but we are most excited to get to know YOU and share this wonderful experience together. You are the entire reason that the counselors come to camp and together, we provide the fun. Whether this is your first year at camp or your millionth, you will have a new and exciting experience where we will all learn new skills, create new memories, and most importantly, make new friends.

On camp arrival day you will see a bunch of CTAS counselors running around, maybe even dancing to fun music with flags and silly clothes. Remember, you are our favorite part of camp, so we want you to join us, introduce yourself, and have fun with us this week! If you need something, tell us. If you have questions, ask them. If you want to talk to us, walk right up! The counselors and staff are here for every single moment of camp. We are so excited to meet you and we cannot wait to see you at camp! YOU are the reason that we are here, so if there is one hope we have for camp, it's that you get to be your fullest, truest, most you-est YOU.

We strive to make everybody's camp experience wonderful, and that you leave feel more connected to both yourself and to others.. To do this, it is important that we know a little bit about you! One of our favorite things about camp is that everybody is unique. Please take a minute to notice what comes up for you when you think about coming to camp. What are you most excited about for camp? What is your favorite camp activity? What do you like to do when you are not at camp? What has you nervous? If you want, we invite you to write these things down to give to your counselors before or during camp. You can even email them to Olivia if you would like! We can't wait to hear your thoughts and get to know you better!

See you soon!

## **To Our Parents and Caregivers**

First of all, thank you so much for letting us spend the week with your campers. We know that it is no small feat for you to trust us with your kids at overnight camp! We are honored to spend time with your children - they really are the heart and soul of the CTAS community.

While at camp, we hope that your children will find the opportunity to be their full, authentic selves. Camp is a place where most everyone is the same, which offers the chance to explore unique differences outside of Tourette syndrome. Beyond finding friends in TS, we aspire for your children to also find parts of themselves that might be more difficult outside of camp. We believe in your campers, that they have courage, that they count, that they are capable of great things. We hope that their week at Camp Twitch and Shout will help them to believe these things about themselves, too!



We ask you to review this manual in full, so that you can fully understand the standards, procedures, and expectations of CTAS. Some of the information in this manual will include items that we provide to volunteers, and standards that we hold all of our camp participants accountable to strictly in order to make sure camp is fun, safe, and enjoyable for everyone.

We understand that for many of our campers and families, the past few years have been especially difficult. For that reason, we are especially thankful for your participation in our camp community. Together, we are finding a way to come together this summer to jointly find connection, encouragement, and friendship. In the end, camp would not be possible without you and your campers, so we thank you for being a part of our camp community!

If you have any questions leading up to camp or during the week of camp, please reach out to your Camp Director, Olivia Boudwin, at [olivia@camptwitchandshout.org](mailto:olivia@camptwitchandshout.org) or by phone at (919) 355-6956.

## CAMP TWITCH AND SHOUT STAFFING

### Who will be with your campers all week?

Camp would not be possible without our incredible team of staff, leadership, and volunteers. Each individual on-site at camp who will be interacting directly with campers is required to undergo a strict registration/review process which includes:

- Application
- Background Check
- Reference Check (2-3 Personal/Professional References)
- NSOPW Check
- Mandated Reporter Training
- CTAS Pre-Camp Training
- CTL Pre-Camp Training

### CTAS Camp Directors



#### **Olivia Boudwin, Camp Director**

Olivia is responsible for all items related to camp. This includes registration, camp programming, communication, and much more. If you have questions specifically related to your camper and the CTAS program, Olivia is your go-to director!

*Email:* [olivia@camptwitchandshout.org](mailto:olivia@camptwitchandshout.org), *Phone:* (919) 355-6956



## **CTAS Leadership & Support**

- Assistant Directors
  - Olivia is supported by Assistant Directors, who have been involved with camp for 7+ years. Our Assistant Directors are very familiar with camp, Tourette syndrome, and working with children/volunteers.
- Color Captains
  - Each color unit at camp has a Color Captain, whose role is to support the Cabin Liaisons and Cabin Counselors in mentorship, behavior management, out-of-cabin tasks, and supervision as needed.
  - The CTAS Color Captains have volunteered at camp for multiple years, and some are even campers!
  - The CTAS Color Captains assist with assignment of volunteers, and are responsible for comprehensive understanding of CTAS policies related to programming, behavior management, supervision, documentation, tic response, and general mentorship skills of CTAS Volunteers
- Runners
  - The runners are an essential part of the Leadership & Support Team. These individuals assist with the many errands and tasks that occur throughout the week of camp, ranging from the Camp Store to tagging luggage to picking up sunscreen to assisting the photographer.
  - The runners also provide transportation in the event that a camper requires movement to Urgent Care in the case of a medical incident beyond the scope of the CTAS Medical Team.
  - These volunteers have typically been with CTAS for many years, providing a wide-range of experience that equips them to support camp in a variety of ways, both behind the scenes and directly.

## **CTAS Cabin Counselors**

- Each Cabin will have a Cabin Liaison and 1-3 Cabin Counselors.
- The Cabin Counselors are the primary caregivers for your campers, in addition to the Cabin Liaison. Each cabin-based volunteer offers a diverse range of experiences, and have each been interviewed, referenced, and trained by CTAS Leadership for the purpose of supporting the safety, well-being, and connection for your campers.
- Together, the Cabin Liaisons and Cabin Counselors are responsible for each camper's health and safety, communication with the Leadership and Support Teams, and supporting each camper's personal growth through the 5 core principles of Camp Twitch and Shout.
- There will be between 3-5 volunteers in each cabin with your campers for Summer 2025. Since 2019, CTAS strives to maintain between a 2:1 and 1:1 ratio as needed to support each cabin's unique needs and maintain an environment that supports campers in practicing their coping strategies, regulation, and maintaining a tic-neutral culture.
- Each CTAS Counselor is provided with Camper Profiles for the campers in their cabin, filled with the social, emotional, physical, and medical information that you provided us with during the registration process. If you think of any additional information that you would like to be provided to your camper's Cabin Counselors and Cabin Liaison, please let us know, and we can add it to their camper profile.





## The CTAS Medical Team

- The CTAS Medical Team consists of a diverse set of medical professionals, each coming with camp experience in addition to experience with TS. This year's medical team includes:
  - The Medical Director
    - Jaclyn M. Martindale
  - Registered Nurses
    - TBA
  - First Aid/Medical Support
    - TBA
- Our CTAS Medical Team will be available on-site all week to support your camper's routine medical needs, including administering medication, supplying First Aid, and assessing medical needs. The CTAS Nurses will also communicate any medical concerns related to campers with parents as they arise.
- In 2025, our Medical Team will continue to provide daily screenings as needed in addition to overseeing medical decisions related to COVID-19 and other illnesses/medical concerns.
- If you have any updates to your child's medications or medical information prior to camp and following registration, please contact us ASAP to ensure that their file is up to date for the Medical Staff.
- **If you would like to speak with the CTAS Medical Team prior to arrival at camp, please complete the [Medical Team Pre-Camp Contact Request Form](#) in your UltraCamp Document Center**

## CTAS MISSION, GOALS, AND OBJECTIVES

### Mission & Values

The *mission statement* of Camp Twitch and Shout is *to improve the lives of children with Tourette Syndrome through engaging and supportive camp programs*. We strive to accomplish our mission through the following values:

- **Resilience:** Instilling the process of adapting well in the face of adversity in order to “bounce back” from difficult experiences.
- **Friendships:** Developing friends that are kind, and that act as a positive influence in their lives.
- **Independence:** An environment that gives our children the courage to believe in themselves in order to improve self-esteem and self-confidence through discovering their strengths and adopting strategies to face challenges in their lives.
- **Individuality:** Discovering and embracing the unique qualities and gifts that distinguish each individual from others.
- **Mindfulness:** The mental state achieved by focusing one's awareness on the present moment, while calmly acknowledging and accepting one's feelings, thoughts, and bodily sensations.





## Goals

Through a creatively designed, camper-centered program that embraces cabin life, guided and intentional instruction, exposure to new activities, peer support, and fun, CTAS intends to empower our staff and campers to achieve these goals:

- To provide a *fun, safe, and exciting* camping adventure for all participants
- To recognize and utilize *individual strengths*
- To enhance and foster *self-worth, self-esteem, and self-confidence*
- To promote *growth through self-discovery and expression*
- To develop a sense of *independence, interdependence, and responsibility*
- To foster memorable *friendships*
- To create a *nurturing community* of peers with Tourette syndrome
- To provide the highest quality of *medical and emotional care* that is non-intrusive to camp life

## Outcomes

- **Provide an opportunity for growth and self-discovery:** Encourage each camper and LIT to try at least one new activity at camp.
- **Improve self-esteem and courage:** Acknowledge each camper for at least one accomplishment during the week.
- **Encourage supportive relationships:** Encourage each camper to join in cabin chats or discussions. Promote community by encouraging them to offer positive support to fellow campers.
- **Increase positive social connections among campers:** Support campers in developing new friendships that model positive, supportive relationships evidenced by facilitating camper opportunities to interact socially.

## Readiness for Camp

We recognize that not all children may be ready or able for camp. **Please review all of the information in this manual and on our website to determine if camp is a good fit for your child.** We will also review the required forms that you submit to help us determine your child's appropriateness for camp.

Camp Twitch and Shout shall make the final decision on any prospective camper's ability to attend camp at Camp Twitch and Shout's sole discretion.



## FAQS ABOUT CAMP TWITCH AND SHOUT 2025

Any changes or pertinent updates will be communicated via email. Please check our website at [www.camptwitchandshout.org](http://www.camptwitchandshout.org) for updates on these policies as well. Policies are subject to change.

### WHAT IF MY CAMPER GETS SICK AT CAMP?

Individuals with COVID symptoms [at camp] must complete an OTC test. Positive tested individual's co-campers, staff, and/or volunteers must be dismissed from camp. It should also be noted that caregivers **MUST** pick up their camper within 12 hours of pick up being requested by CTL or CTAS.

Camp Twin Lakes and Camp Twitch and Shout reserves the right to dismiss any individual on camp, for any season, including suspected/confirmed COVID positive case.

Any camper found by the CTAS Medical Team to have concerns for communicable illness, including COVID-19, at any time during the camp session will require pickup from CTAS within 12 hours.

**IF MY CAMPER IS FLYING, WILL TRANSPORTATION BE PROVIDED TO AND FROM THE AIRPORT?\*** Yes, the Airport Shuttle is BACK! The due date for the [Camper Flight Information Form](#) is due on 5/1/2025. Check your UltraCamp Account to access the form!

**\*These requirements are being provided in accordance with Camp Twin Lakes policy and must be followed in order to attend camp for the entirety of the camp week. Further policy, including any screening procedures prior to arrival, will be provided per Camp Twin Lakes recommendations and TICS oversight. If you have any questions regarding what these policies may look like at camp, or have questions specifically related to your needs, please contact Olivia Boudwin at [olivia@camptwitchandshout.org](mailto:olivia@camptwitchandshout.org).**

## BEHAVIOR MANAGEMENT & RESPONSES AT CAMP

**\*We provide the following in this manual to assure parents of camp expectations, policies, and culture as it relates to your camper\***

A copy of the Camper Code of Conduct and Individual Camper Plan is included at the end of this manual.

CTAS Staff and Volunteers are encouraged to RESPOND to camper needs, rather than REACT to behavior. CTAS believes in the philosophy that behind every behavior is an underlying need - we ask volunteers/counselors to get curious about the camper's need to prevent and respond to behavioral incidents.



## **Behavior Management Policies**

CTAS adopts Camp Twin Lakes' expectations as it relates to Camp Behavior Management Policies:

- Corporal punishment, hazing, bullying, or any other type of discriminatory or abusive behaviors are not permitted and will result in immediate dismissal from programs and facilities
- Any illegal behaviors will be reported in accordance with local, state and federal laws
- Camp Twin Lakes/CTAS reserves the right to change/or modify behavior plans if they feel the safety or wellbeing of an individual is at stake
- Camp Twin Lakes/CTAS reserves the right to remove individuals from programs and/or facilities if they deem a behavior problem or the repetition of behavior problems is not fitting for the CTL camp environment
- Destructive behavior is not tolerated at Camp Twin Lakes/CTAS. The damages will be billed to CTAS and the camper will be dismissed from the program. Depending on the damages incurred, it is possible that parent/guardian may be billed for damages.

CTL reserves the right to require a Camp Partner to dismiss a camper from camp after the CTL Camp Manager deems the behavior issues to be excessive or beyond the ability to be controlled by the Partner Camp Director or their staff and volunteers.

## **Individual Camper Plans (Predict, Prevent, Protect)**

At camp, we should expect to see some challenging behaviors. Campers are in new and unpredictable environments. They are outside of their comfort zone and are experiencing new situations and emotions for the first time. All behavior is learned and is a product of its circumstances, particularly the events that immediately follow that behavior. It is best to set up the environment in such a way to prevent challenging behavior, but if that is not possible your response to challenging behavior may impact whether or not it occurs in the future. The best way to explain challenging behavior in a way that promotes meaningful change is by describing exactly what you see rather than relying on explanatory fiction.

For instance, when \_\_\_\_ (antecedent) happened, the camper \_\_\_\_\_ (behavior), and we responded by \_\_\_\_\_ (consequence).

By explaining behavior this way, you can prevent or make the challenging behavior less likely to occur in the future. All challenging behavior has a function or a purpose. Challenging behavior may occur to access attention and items or to escape and/or avoid a situation.

We can help children at camp by predicting, preventing, and protecting their challenging behavior.

- Predict when challenging behavior may occur.
- Prevent challenging behavior from occurring, when possible.
- Protect the camper and other campers when challenging behavior occurs.



### Prediction

- Identify possible triggers for challenging behavior by consulting with primary caregivers and reviewing the camper's application. If this is not available to you, consult with a staff member who is familiar with the camper.
- After challenging behavior occurs, pay close attention to what happened immediately before challenging behavior in order to avoid (if possible) that scenario or environment in the future.
- If problems arise, develop a plan with the staff and/or campers for how to avoid similar situations in the future and how to respond when situations arise.
- Pay close attention to potential setting events. Setting events are situations that occur prior to challenging behavior that increase the likelihood challenging behavior may occur. It's important to identify and address setting events as they occur or are identified to prevent future challenging behavior. For example, it may be necessary to find some additional down time or have a 1:1 conversation with a camper to develop some strategies for a successful week at camp. Some examples of setting events at camp are:
  - Homesickness
  - Skill deficits
  - Making friends and being a good friend (especially when technology is not the means for communication)
  - Self-care
  - Camp activities (biking, climbing)
  - Illness
  - Exhaustion/ Hunger/ Overheating- or any other physically overstimulating factors
  - Stressors at home

### Prevention

#### *"The Camp Counselor's Toolkit"*

- Provide necessary **supervision** at all times. Counselors should remain with their campers at all times and follow the "rule of three."
- Establish **clear expectations** at the start of each activity.
  - Model the rules and expectations when participating in the activity.
  - Give campers an opportunity to practice/rehearse appropriate behaviors and provide feedback when they do the right thing.
  - Remind campers of the expectations throughout the activity.
- Provide opportunities for **choice** (freedom) within a structure.
  - For instance, you can go anywhere on the lake as long as you do not go past the buoys.
- **Praise** and bring attention to desirable behaviors when they occur. Communicate with other co-counselors so they can keep an eye out for good behavior.
  - Bring attention to individuals who are kind, respectful, and follow the rules.
  - For instance, "I like the way Tony is sitting on the bench waiting for directions. He is definitely ready to climb the rock wall."
  - For campers who seek attention, give them opportunities to access attention appropriately (Examples: camp shout outs, dancing in the dining hall, extra responsibility, encouraging a special interest or talent).
    - **Next level counseling!**: Positive reinforcements and relationship building are some of the best preventative measures for challenging behaviors! When using *praise* be sure to encourage and not single out/ or "pit" campers against each other.



- Prepare for future experiences by having **conversations** about expectations and concerns. Ask campers what they are excited for and what they are nervous about.
  - Talk about challenges campers may face
  - Encourage personal goal setting and place emphasis on bettering yourself rather than comparing to others.
- Build **relationships** with campers. Get to know campers' names or reference their name tag. Get to know something about them. Find some common interests or characteristics.
  - Be kind and engage in respectful exchanges with campers. Model respect with other camp staff.
  - Be careful with sarcasm and inside jokes.
  - Fill each camper's bucket! "All day long, we are either filling up or dipping into each other's buckets by what we say and what we do. Try to fill a bucket and see what happens." – Carol McCloud
  - Positive reinforcement and interactions should outweigh redirections! A great reminder for this is a 4:1 ratio (4 positive interactions to every redirection).
- **Minimize triggers** when possible. Triggers may include low rates of positive attention from peers and staff, frequent corrections, personal conflict, or series of failures.
- **Redirect** and distract when appropriate.
  - For example, if you see a camper becoming increasingly agitated about something redirect to a new activity or topic of conversation.
  - Provide **warnings** for upcoming transitions, changes, meals, and new experiences.
- All campers are worthy of **dignity** and therefore should be valued and respected.
- **Ask for support** when needed. As camp staff we don't expect you to have all the answers or know how to respond in all scenarios. Never hesitate to ask veteran staff or the leadership team for guidance.
  - This includes asking for a break! Challenging behaviors can be.... challenging! Take a break so you don't "lose your cool"!
- Model **leadership** skills.
  - Model vulnerability – be willing to admit when you are wrong and ask for forgiveness.
- Things to **avoid**:
  - Counselors should avoid being overly critical or too demanding of camper's performance and participation. Remember all activities are "challenge by choice." Every level of participation is up to the camper.
  - Always remember that challenging behavior occurs for a purpose and as an adult and a leader it's important to make every opportunity a chance to learn and grow. Avoid becoming offended by challenging behavior.

#### *Common Scenarios at Camp*

- **"The Bully or Show-Off"** - Some campers may be especially competitive with their peers or seek extra attention for their accomplishments. This may alienate them from the rest of the campers. In these situations, encourage the camper to compete with themselves. For example, let's see if you can beat your own time. As well, foster teamwork and encouragement by modeling and explaining what this looks like across all camp activities. Sometimes, campers may benefit from a 1:1 conversation about strategies for being a good friend. If the problem persists, seek support from Leadership Staff or the Camp Director(s).
- **Fighting** - When campers are unable to express their wants and needs, they may resort to physical fighting. This may begin with a verbal altercation or "fooling around." Counselors should be in tune to camper conversations and maintain adequate supervision to avoid these



scenarios. When a fight breaks out, separate the combatants immediately. Let your voice show calm, mature authority. Attempt to give them time to cool down. Watch facial expressions that indicate the amount of tension present. Disallow any angry verbal exchanges, and physically remove combatants to a “safe distance” from each other if necessary. Fights that involve serious contact (hitting, kicking, biting, punching) require both combatants to visit the nurse, who will check for bruising and internal injuries. An incident report should be completed. Once combatants have regained composure, try one or more of the following:

- Calmly discuss the situation separately with each individual. Emphasize resolving the problem, not placing blame. Aim for a mutual “shake hands and make up” plan.
- Hold a face-to-face hearing where each participant describes their version without interruption from the other. Attempt to help each see the other side, then reconcile differences, make up, and forgive.
- Allow the individuals to discuss the situation between them privately if you are sure the anger has dissipated. You can help mediate if they wish. Emphasis should be placed on strategies to prevent this scenario in the future and how to ask for help.
- Invoke a logical consequence if clear provocation can be established or if this is a repeat offense.
- If the problem persists, inform the Camp Director(s).
- **Stealing** - Campers may experience insecurity associated with fear of not having enough food or material items. Prevent stealing by establishing an atmosphere of trust within all members of the group. Discuss openly the need to respect each other’s property. Establish group rules as campers feel a need to protect individual’s property and define sanctions for rule infractions. Always discourage campers from leaving valuables out in the open unnecessarily. If stealing still occurs:
  - Give the offender the opportunity to return the article anonymously, without punishment.
  - It may be required for counselors to play detective if the item is not returned and the offender is still not identified. Be cautious in seeking group cooperation in order to avoid the offender being ostracized.
  - If there is evidence to identify an offender, deal with the camper privately. Give them a chance to make restitution and make a plan together to avoid repeat behaviors.
- If evidence is lacking as to the offender’s identity, try handing out sheets of paper to each member of the group. Have them write either “I did not take it,” or “I did take it and I’m sorry,” and sign their name. Give them the opportunity to secretly return the papers to their counselor. Deal with the offender privately at a later time.
- If the problem persists, inform the Camp Director(s).

### *Preventing Future Challenging Behavior*

When challenging behavior occurs, the team should assume that it will happen again unless measures are in place to prevent the scenarios from occurring in the future or equipping the camper with appropriate skills to navigate the experience differently in the future. Camp Twin Lakes advocates for a transformative experience for all campers. Camp Twin Lakes encourages the use of positive reinforcement for appropriate camper behavior, redirection and prevention strategies, and opportunities to learn and grow when appropriate. Staff are required to follow rules and model appropriate behaviors for campers. Respect for rules and guidelines are established when leaders model that respect. Consistency for rule enforcement is imperative and any leniency may cause confusion or distrust by the campers. When challenging behavior occurs the Partner Camp Director, Camp Manager, Program Coordinator, and other staff may determine that specific consequences are





necessary. Campers should never be deprived from sleep, food, or restroom privileges. Additionally, Camp Twin Lakes does not tolerate secluding the camper in a location without supervision or subjecting the camper to ridicule, shaming, threats, corporal punishment, washing out mouth, physical exercise, or restraint.

### Protection

*When a camper becomes noticeably agitated, balance the camper's need for attention versus their need for space...*

- Put a name on the feeling/behavior
  - "I can tell by your (face, body actions) that you are getting frustrated..."
- Communicate concern and empathy
  - "... and I want to help"
- Redirect back to activity if possible (may serve as distraction)
- Provide space (quiet space) for cooling off
- Offer choices
  - Offer opportunities for brief disengagement (sitting away from the group, refilling water bottle, brief walk)
- Keep interactions brief
- Keep in close proximity

*If the camper begins engaging in more challenging behavior or they are appearing more agitated as time passes...*

- Pause and think "is this an emergency situation?"
  - If yes, seek assistance immediately
- Avoid anything that will make it worse
- Assess your own body language
  - Do you need to pause or reset before responding?
- Use a calm but serious tone and facial expression
- Remove triggers if possible
- Disengage (don't talk) if needed
- Establish the bottom line and stick to it
  - Make "do" statements, reminding the camper what to do.
    - Not questions.
    - Use "You need to..."
  - Your "do" statement should be something a camper can do quickly, readily, or easily
    - "You need to sit down in your chair/As soon as you're sitting in your chair..."
    - NOT "You need to give me 50 push-ups/You need to stop this right now."
  - Administer the same "do" statement over and over (e.g. broken record)
    - Every 2 min to allow for a response

*If severe challenging behavior occurs such as aggression to self or others or property destruction...*

- Your priority is to keep all campers (including the camper in crisis and camp staff) safe.
  - Call for help





- Evacuate other campers from the area, if needed (rely on CTL staff/other volunteers to continue programming elsewhere)
- Remove dangerous items if you can (e.g. push chairs out of the way; remove sharp objects)
- Disengage from the camper
  - Don't do or say anything that will escalate the situation
  - Repeat the bottom line (if it doesn't make things worse)

*After the camper appears calm (no physical or verbal aggression and property destruction for 5-10 min) the camper may appear to be confused or disoriented. The camper may try to deny or minimize the problem or blame others. The camper may request alone time or to speak with someone specific.*

- Your priority is to:
  - Make sure everyone is safe and unharmed
  - Give the camper time and space to calm down
  - Engage in a low effort activity that is fairly easy to get camper back into the swing of things
  - Offer a snack or water
  - Do not provide access to the most preferred activity or item.

*After the camper is calm and has recovered from the situation, the focus is on getting the camper back in the ready-to-engage state. Consider the following steps to facilitate the transition back to camp activities and decrease challenging behavior in the future.*

- Reinforce ANY appropriate behavior
  - Positive reinforcement and interactions should outweigh redirections! A great reminder for this is a 4:1 ratio.
- Follow through with consequences after debriefing
- Do not rub in their face what happened
- During conversations about challenging behavior staff should remain
  - Calm
  - Straight forward/matter of fact
  - Focused on facts
  - Unemotional

When appropriate, debrief with the camper about the situation.

- Ask camper to give their side of the story
  - Don't argue about it, even if it's not the way you saw it
- Try to help the camper self-identify different actions to take next time
  - Don't force the camper to apologize
- Whatever you do, don't say things that will result in regression
  - Avoid placing blame
  - Don't nag
- This is the only time it's appropriate to ask "WHY"
  - Not all children are able to articulate "why" they engaged in challenging behavior. If



they were, they likely would not have engaged in challenging behavior.

- Consider the child's age and communication abilities
- Just because the child can't articulate "why" doesn't mean the behavior has no purpose ■ All behavior has purpose (function)
- The reason the child provides may not match the actual behavior function
- If the camper can articulate "why," that "why" is always valid
  - Don't argue with it

## **Behavior Management Policy**

Camp Twin Lakes and Camp Twitch and Shout advocate a positive guidance and discipline policy with an emphasis on positive reinforcement, redirection, prevention, and the development of self-discipline. Remind campers that camp rules are established for safety and to ensure that we have a common standard of behavior. As staff members, we need to show the campers that we see the need for following the rules ourselves. Please do not contradict the established guidelines!

Corrective discipline must be a creative, caring effort on the part of the counselor, and it must be seen as such by the camper. Always suggest positive alternatives to unacceptable behavior before it gets out of control.

- Discuss rules with campers and identify out-of-bounds areas.
- Discuss the possible consequences of breaking any rule:
  - Quiet time
  - Restriction from activity
  - Restriction to adult supervision
  - Extra duties
  - Conference with Camp Director(s)
  - Conference with guardian/director
  - Removal from the camp
- Enforce all rules at all times, without malice, and be consistent in application.
- Inform the Camp Director(s) of all disciplinary measures. Restrictive disciplinary measures should be made in consultation with the Leadership Team.
- Never allow discipline to include depriving a camper of sleep, food, or restroom privileges, placing a camper alone without supervision, or subjecting a camper to ridicule, shaming, threat, corporal punishment (striking, biting, kicking, squeezing), washing out the mouth, or physical exercise or restraint.
- Disciplinary measures should be documented via an Incident Report so the Camp Director(s) can conduct a daily evaluation of the program/staff/camper groups to ensure that the camp environment is conducive to reducing behavior problems.
- Should recurring problematic behavior escalate to Leadership Team / Camp Director(s) an Individual Camper Plan (see Appendix) will be implemented.

## **Guidelines for the Behavior Management of Campers**

- Volunteers may NOT, under any circumstances, hit a child.
- Volunteers may not use abusive or derogatory language with campers.



- Counselors are expected to ask for help when needed.
- A staff member who encounters a particularly difficult behavior will seek the assistance of camp leadership staff.
- In all interactions with campers, counselors should strive to *respond* as opposed to *react to children*.

CTAS Staff and Volunteers are instructed to implement fair and consistent disciplinary steps. Campers will not be denied participation in an activity due to behavior, unless hurting self or others. Staff and Volunteers are asked to get curious about camper needs that are behind challenging behavior, and explore creative options for responses to keep camp as inclusive and responsive as possible.

If behavioral challenges are consistently concerning, impact daily camp activities, or continue to escalate, an Individual Camper Plan will be made with the Camper, Cabin Liaison, Color Captain, and Camp Director. In some circumstances, the parent may also be contacted to collaborate on options and solutions. The Individual Camper Plan should outline the behavior being addressed, action steps, and potential consequences.

The CTAS Directors have the final decisions on consequence steps/action steps, if any. We try to be positive, strengths-based, and proactive, and respond rather than react. We aim to involve the camper in developing their own Camper Plan, and include parents/caregivers as needed in this process.

### **Guidelines for Camper-Counselor Contact**

When touching campers, the following guidelines should be followed:

- On the hand, shoulder, or upper back
- Never against a child's will (unless in the case of clear and present danger of the child)
- Never against a child's discomfort, whether expressed verbally or non-verbally
- Always in the company of other adults
- Never when it would have the effect of over-stimulating the child
- Never in a place on a child's body that is normally covered by a bathing suit, unless for a clear medical necessity, and then only with supervision from another adult.

Volunteers and staff of Camp Twitch and Shout are considered caretakers of children. CTAS approaches this responsibility with the highest level of respect and seriousness. There is a clear power difference between volunteers and campers (ex. money, mobility, authority, experience, knowledge, different set of rules). Inappropriate sexual contact with or physical/emotional abuse of a camper can have severe emotional and psychological effects on that camper that can last a lifetime. In recognition of this, the following guidelines should be followed:

- Corporal punishment, hazing, bullying, or any other type of discriminatory or abusive behaviors are not permitted and will result in immediate dismissal from programs and facilities
- Campers will not be subjected to "initiation" rites that are abusive in any manner
- The Rule of 3 (always maintain a group of 3) must be followed by adults and campers at all times



- Younger children should be encouraged to change their own clothes as much as possible (never do for a camper what they can do for themselves)
- A staff member will under no circumstances share a bed or sleeping bag with a camper
- Counselors will set appropriate limits and boundaries with children who “cling” or hang on them
- Counselors will not give back rubs or other appropriate touches unless another adult is present, and then only with clothes on and with verbal consent of the camper.
- Tickling or teasing a camper to the point where that camper is out of control is unacceptable
- Pillow fights or wrestling matches and the like can become over-stimulating in short order and need to be limited and carefully supervised
- Romantic lives of counselors cannot, under any circumstances, be shared with campers.
- Counselors should stay out of cabins other than their own after lights out at night unless on specific camp business under the knowledge of CTAS Leadership

## **Harassment & Bullying**

Bullying is not tolerated at CTAS. When incidents of bullying are observed or reported, CTAS Volunteers are to refer to the Camper Code of Ethics, in addition to the CTL Behavior Management Policies. In the case of bullying or reports of bullying, the CTAS Volunteer should notify the CTAS Directors and complete an incident report outlining the complaint, observations, and responses.

## **Homesickness**

It is common for campers to experience homesickness, especially in the first couple of days at camp as they adjust to the camp environment. CTAS Staff and Volunteers are trained in supporting our campers through the homesickness experience, in addition to responding appropriately as needed. At CTAS, we follow the recommendations of the American Camp Association (ACA). If your camper is experiencing symptoms of homesickness, CTAS Staff and Volunteers will first implement on-site interventions to support your camper over the course of 1-2 days. If a 1-2 days has passed without any improvements despite interventions, and daily living activities such as eating, sleeping, and socializing are being significantly interrupted by homesickness, the Camp Director will contact the parent to discuss next steps. Please be advised that CTAS first attempts to handle all concerns of homesickness with CTAS Staff and Volunteers prior to contacting parents/guardians, as often direct contact with home or the potential of a pick-up may intensify the feelings of homesickness.

We encourage all parents, guardians, and campers to review [THIS ARTICLE](#) from the ACA about homesickness prevention, and the Do's and Don'ts before, during, and after camp. Below are some excerpts from the above mentioned article that CTAS finds to be essential when considering homesickness:

## **Helping with Homesickness**

### ***What is it?***

Homesickness is, above all, a normal feeling. It is the natural result of separating from home and loved ones. In a recent study, nearly 96 percent of all boys and girls who were spending two weeks



or more at overnight camp reported some homesickness on at least one day. Almost all children (and grown-ups!) feel homesick when they're away from home. People's feelings simply vary in intensity.

### ***What causes it?***

There are several factors that put children at greater risk for becoming homesick. For example, children with little previous experience away from home, children who have low expectations of camp, children who feel forced to go to camp, children who are unsure whether adults will help them if they need help, children who have little practice coping with negative emotions, and children whose parents express a lot of anxiety are most likely to feel homesick.

You may be surprised to learn that some factors have nothing to do with the intensity of homesickness. These include geographic distance between home and camp and the presence of a friend from home at camp.

### ***When is it a problem?***

Most feelings of homesickness are not problematic. In fact, missing home isn't a problem until it becomes a preoccupation. When the feelings of sadness and anxiety associated with missing home become so strong that making friends, having fun, sleeping, eating, and participating in activities is difficult, something must be done.

### ***What can be done?***

It used to be thought that feelings of missing home disappeared spontaneously after a few days at camp. Although this is true for some cases of mild homesickness, research has demonstrated that if left unchecked, homesickness can intensify over time. The best remedy is a two-pronged approach: (1) Prevent homesickness at home, before it starts; and (2) Actively cope at camp, if natural feelings of homesickness reach problematic levels.

### ***The best at-home prevention strategies include:***

- Working together as a family to select a camp, plan, and pack
- Spending practice time away from home, such as a long weekend at a friend's house
- Experimenting with the best coping strategies during this practice separation
- Preparing pre-stamped, pre-addressed envelopes to bring to camp

### ***The best in-camp interventions for homesick campers include:***

- Staying busy
- Talking with someone
- Remembering that you're not at camp for your whole life-just a few weeks
- Writing letters home
- Remembering all the fun activities that camp offers and doing them!

### ***Watch out!***

**The most common mistake parents make is the Pick-Up Deal.** It's normal for children to ask,



"What if I feel homesick?" Tell your child that some feelings of homesickness are normal and help him practice coping before camp starts. But never ever say, "If you feel homesick, I'll come and get you." This conveys a message of doubt and pity that undermines children's confidence and independence.

Pick-Up Deals become mental crutches and self-fulfilling prophecies for children as soon as they arrive at camp. If, after spending practice time away from home, a child is still very anxious about overnight camp, consider waiting until next summer.

### **The Good News**

When children arrive at camp with a repertoire of coping strategies and some practice time away from home under their belts, they are ready for those normal feelings of homesickness. Sure, they'll miss home, but they'll know exactly what to think and do when it bothers them. Best of all, the staff at a high quality camp will be there to help. Nothing boosts children's self-esteem quite like overcoming a bout of homesickness and learning how good they are at controlling the amount of fun they have. Camp truly is a classroom for life lessons.

## **TIC GUIDELINES AND PROCEDURES**

At CTAS, it goes without saying that tics and related symptoms are a typical and expected daily experience for the majority of our campers.. Tics are our campers' "normal" - so we strive to normalize tics and create an accepting atmosphere where our campers can tic without judgment under the supervision of CTAS Staff and Volunteers. **We aim to accomplish this goal by supporting a tic-neutral environment.** In this way, we do not try to draw attention to tics or focus on tics, but rather on the individual, unique strengths and characteristics of each camper.

**CTAS strongly encourages and welcomes campers to utilize any coping strategies that may help them cope with tics or challenging emotions/behaviors at home, so long as they are within the scope of camp.** This is why we ask about what helps your camper cope at home in our application. Our purpose in maintaining a 2:1 and 1:1 ratio of volunteers to campers is so that every camper can have support and space as needed to maintain their regulation and comfort when it comes to tics or challenging emotions. So long as a coping skill is within our scope of camp, we will support your camper in that practice. For example, while we cannot let a camper have "time alone" as they cannot be unsupervised at camp, we can supervise them while they take a quiet moment on their bed or by the lake. We cannot allow campers to use electronics, but counselors can pull up calming music on their own devices if needed. If your child uses non-electronic fidgets, noise canceling headphones, or other tools to help them cope, they are welcome to bring those items to camp! **Also, if your child is working with a therapist at home, or has developed a coping plan for home, please feel free to send that to us, so we can support your camper in practicing their coping skills at camp.**

**It is essential to note that campers may develop new tics over the course of the camp week. In our past experience, new tics or increases in tics may last for 2-4 weeks following camp.** CTAS Volunteers and Staff will monitor and document tics that may pose a change in daily living or current/imminent risk, as in certain cases these developments need to be communicated to parents during the camp week when the changes in tics result in significant challenges related to daily life at





camp, or present as a significant change from the tics reported by the parent initially.

**While we trust and support campers in managing their tics as they do in their day-to-day, there are times where additional support and oversight from CTAS Volunteers and Staff is required.** This especially applies to tics that can result in injuries to self/other, damages to property, and potential of falling/loss of body control. In the case that injurious or risky tics continue to escalate, CTAS Volunteers and

Staff are obligated to seek assistance and consultation from CTAS Leadership and the CTAS Medical Director for tics outside of a camper's "normal" and/or tics that pose current or imminent risk of harm.

It is the responsibility of the CTAS Volunteers and Staff to uphold the dignity of each camp participant, which includes responding to tics with respect, professionalism, and consistency. This includes responding appropriately to maintain safety, without overreacting or over-responding. We encourage our volunteers to keep in mind that CTAS campers live with tics daily, and often know what works best for them in terms of interventions and support. When supporting campers by responding to tics, CTAS Volunteers and Staff are trained to partner with campers every step of the intervention to involve them in the process, obtain consent whenever possible, and collaborate on solutions.

**CTAS (and Camp Twin Lakes) maintains the ability to request the dismissal of any camper if behavioral/tic related needs extend beyond the scope of camp practice as it relates to the safety of the camper, others, and property. The safety of CTAS Campers, Staff, and Volunteers is of the utmost priority.**

Please see below for the CTAS Tics Procedures related to tics that may cause injury to self, others, or property:

### **INJURING OTHERS/PROPERTY**

1. Assess safety of the area.
2. Consider what the camper is attempting to do/the purpose of the tic.
3. Intervene if immediate risk of danger or imminent damage is observed.
  - a. Safely move the camper to a more open space.
  - b. Begin brief distractions/engage the camper in another activity (mental stimulation).
  - c. Practice regulation exercises.
4. Collaborate with campers to find a peaceful/restful and safe location (ex. Fishing Dock, Beach, Teepee, etc). Maintain the Rule of 3 at all times.
5. Encourage the camper to brainstorm other ways to express the tic that would not cause injury to others or damage to property. Work to identify triggers and ways you can avoid triggers if possible.
6. If escalation continues, contact Leadership Team staff.
7. If injury occurs, report to Med Lodge or request medical assistance.
8. If an individual is significantly injured, follow emergency procedures.
9. Complete Incident Report with Cabin Liaison and/or Leadership Team staff member.
10. If the tic is beyond what is reported on their camper profile as a typical experience for that





camper and/or medical attention was required, note this in the Incident Report and inform CTAS Leadership Team.

### **INJURING SELF**

1. Assess child safety and the safety of the area, as well as getting curious about what the camper is attempting to do/purpose of the tic.
2. Intervene if immediate danger is observed.
  - a. Move the camper to a more open space.
  - b. Begin brief distractions/engage the camper in another activity (mental stimulation).
  - c. Practice regulation exercises.
3. Collaborate with the camper to find a peaceful/restful location (ex. Fishing Dock, Beach, Teepee). Maintain the Rule of 3 at all times.
4. Encourage the camper to brainstorm other ways to release the tic that would not cause injury to themselves. Work to identify triggers and ways you can avoid them.
5. Consider methods to increase camper safety:
6. Prevent injury (ex. utilize pillows/blankets for campers experiencing pseudo-seizure or falling tic)
7. Ask the camper what would help them feel more safe and relaxed to decrease intensity of tic/urge.
8. If escalation continues, contact CTAS Leadership Team staff.
9. If injury occurs, report to Med Lodge or request medical assistance.
10. If an individual is significantly injured, follow emergency procedures.
11. Complete Incident Report with Cabin Liaison and/or Leadership Team staff member.
12. If the tic is beyond what is reported on their camper profile as a typical experience for that camper and/or medical attention was required, note this in the Incident Report and inform CTAS Leadership Team.

### **FALLING/"NOODLE" TIC**

1. Assess the safety of the surrounding area.
  - a. Check for hard objects.
  - b. Reduce the likelihood of the camper to hit something hard or yourself.
2. Check to see if the camper is alert/responsive.
3. Create a barrier between the camper and others to reduce risk.
4. If in water, move the camper to dry land (shore, pool edge, boat) and gain attention of the attending CTL Lifeguard.
  - a. Support the camper's head while in the water.
5. Signal CTL staff in the area (lifeguard or activity leader) for further assistance and supervision.
6. Isolate to the fewest number of counselors (and campers, if helpful/necessary).
7. Assign one counselor to stay with the camper until they recover, keep one at a distance to observe and help if needed. Keep campers away if possible and limit attention/overreaction. Maintain the Rule of 3 at all times.
  - a. Since tics can be suggestable, these tics can lead to others developing them as well. Keep the other campers away for the safety of the camper and to prevent others from possibly developing the tic as well.



8. If the camper is unresponsive or not fully alert, check the Camper's Profile to verify if this is a documented historical tic of the camper. If it is not, contact the Medical Team. Time the tic and inform the Medical Team.
9. If and/or when the camper is responsive, begin brief distractions including a number of sensing words or activity engagement ideas (Ex. discussion of lunch and how it tastes, using legs for climbing, deep breathing, grounding, etc). Inquire as to what the camper has movement of and encourage the continuation of this movement in a gradual progression to increase overall movement. 10. Gradual progression of movement can proceed as such fingers to palm to wrist to forearm to "lifting a weight" with the bicep. Once progression has been established, utilize movement to touch other places not currently able to be moved.
11. Assistant can point to an area, make a light touch, inquire as to whether the camper can feel this and encourage movement there. Areas this can be done are limited to fingers, palm, forearm, toes, feet, and shins.
12. Once standing, stability may be compromised. At this time "dance with the individual"
  - a. "Dancing" includes placing the individual's hands on your shoulders and specifying the individual's next steps.
13. First establish balance by asking the individual to rotate the foot/ankle in the air
14. Repeat steps on the other foot.
15. Begin taking individual steps while focusing on the support.
16. Utilize this time to avoid making contact with retriggering stimuli.
17. Avoid moving the camper until they are ready to move. Do not give them water or food until they are fully alert.
18. If escalation continues, contact a CTAS Leadership Team Member to assist.
19. If injury occurs, report to Med Lodge or request medical assistance.
20. If an individual is significantly injured, follow emergency procedures.
21. If the tic is beyond what is reported on their camper profile as a typical experience for that camper or medical attention was required, complete an Incident Report with Cabin Liaison and/or Leadership Team Member.

## PROGRAM EVALUATION MEASURES

Together with Camp Twin Lakes, we are able to use measurable survey tools to evaluate your camper's overall camp experience. Your participation is essential. These pre-camp and post-camp surveys guide our efforts to achieve our goals, and help make program improvements. This information is intended to be anonymous and confidential. It will not identify you nor your child. The results will be reviewed by our staff and the TICS of GA Board of Directors to help continue to improve our program. Thank you in advance for your participation!

Per the standards of the American Camp Association (ACA), CTAS implements a evaluation system that includes 3 sources of feedback that includes:

- CTAS Parent/Caregiver Survey
- CTAS Volunteer Survey



- CTL Participant Survey
- CTL Camper Survey

These feedback methods include whether stated goals/outcomes are met, and are then applied to improve the quality of the camp experience as applicable. Your participation is valued and essential to the continued improvement of CTAS and TICS programming.

CTAS 2025 SURVEY SCHEDULE		
CTL Participant Survey	7/6/2025	Written on-site at CTAS
CTAS Camper Survey	7/7/2025; 7/16/2025	Email
CTAS/CTL Parent/Caregiver Survey	7/7/2025; 7/16/2025	Email
CTAS/CTL Volunteer Survey	7/7/2025; 7/16/2025	Email

## REVIEW OF CTAS PARTNERSHIP WITH CAMP TWIN LAKES (CTL)



**CampTwin Lakes**  
Where Challenges Become Triumphs

CTAS is a partner group to [Camp Twin Lakes \(CTL\)](https://www.camptwitchandshout.org/), meaning that we are hosted by CTL on their ACA Accredited Rutledge West site. CTL provides many invaluable insights and services as our hosting camp partner, including overseeing programming, staffing, and Regarding Summer Camp partnerships, CTL shares the following on their website:

“Every summer, Camp serves thousands of children from across the southeast during weeklong overnight camping programs. Each week Camp serves a different unique diagnosis or life challenge at our two medically-supported campuses in Winder and Rutledge, GA. This allows campers to instantly be a part of a community of other kids with similar challenges. At Camp, children with special healthcare needs and life challenges can participate in our fully-adaptive camp activities, such as zip lines, rock walls, and horseback riding, as well as our nature programming, which includes interactive nature exploration trails, a wheelchair accessible green treehouse, stargazing programs, and our 120-acre farm. Most of our summer camps serve kids ages 7-17 (ages vary per program).”

At Camp Twin Lakes, it is important to have a goal and/or objective for each of our activities. Some of those goals or objectives may seem more clearly outlined while others may be more passive. Below



are some of our guiding goals and objectives that we have for Camp as a whole and for our program session:

- **Increase Independence:** Campers will be given opportunities to challenge themselves through negotiating obstacles in their lives. Through independent decision making, self-care, and care for their environment, campers will be able to increase their independence.
- **Improve Self Confidence:** Campers will have opportunities to develop self-confidence through skill-based activities focused on success. Success focused programs will teach campers the value of making mistakes and how they can use those mistakes to improve their success at assigned tasks.
- **Develop Leadership and Problem-Solving Skills:** Campers will be placed in leadership roles and taught leadership and problem-solving skills through team-based activities
- **Improve Knowledge about Environmental Awareness:** It is a camp tradition and responsibility to promote environmental ethics. Campers will be introduced to various activities that teach them about being stewards of their environment.
- **Instill Values of Respect, Attitude, Growth, and Acceptance:** Campers will be exposed to these values in every activity at Camp Twin Lakes. We hope that all partners will adopt these values. Campers will learn the importance of these values by direct teaching, practice, and role modeling.

## TUITION AND FEES

Camp Twitch and Shout (CTAS) camper registration will open on 2/7/2025 at 12:00 PM EST.

Applications are accessed through a link on the Campers page at our website:

[www.camptwitchandshout.org](http://www.camptwitchandshout.org). A \$50 deposit is all that is needed to secure a spot at the time of registration. A waitlist will apply when camp is full - there is no fee for being on the waitlist.

CTAS tuition for 2025 includes room, meals, a CTAS 2025 Camp T-shirt, all activities, and volunteer supervision. This year's tuition is \$925, with a non-refundable \$50 deposit to secure your campers spot at camp for a total of \$975. Payment plans are available at the time of registration for all tuition options. CTAS often subsidizes the majority of campers that come to camp through Fundraising efforts to keep tuition as low as possible. A financial assistance program is also available for those in need.

**If your plans change and your child will no longer be able to attend camp this summer, please let us know as soon as possible.** This will allow another camper on the waitlist enough time to plan for camp. Due to payments which must be made prior to camp, we follow a strict refund policy which is provided below. To officially withdraw from camp and be eligible for a refund, you must notify CTAS by email at [olivia@camptwitchandshout.org](mailto:olivia@camptwitchandshout.org).

Additional fees apply for Camp Store items, which will be provided to each CTAS Participant through TICS via email prior to the beginning of the camp season. Please monitor camp communications via email, and this manual, to stay updated on Camp Store orders and processes prior to the beginning



of the camp session.

### **CTAS 2025 Tuition and Refund Policy**

There is a \$50 non-refundable application fee for all applicants.

If your family has requested a scholarship and we are not able to provide you with one, or you decide to withdraw your child's registration before 5/1/2025, CTAS will refund the \$50 fee at that time. Please note that if there is a possibility that scholarships may be awarded after 5/1/2025, we will let waiting applicant families know at that time.

All cancellations of registration must be made in writing and emailed to [olivia@camptwitchandshout.org](mailto:olivia@camptwitchandshout.org). 5/1/2025 is the deadline to be eligible for a full refund, minus the non-refundable \$50 deposit.

Between 5/2/2025 and 6/1/2025, you are eligible for a full refund minus \$250, regardless of selected tuition option.

Following 6/1/2025, no refunds will be given without oversight from the TICS Board of Directors. If there are extenuating circumstances\* such as a death in the family or hospitalization, please let us know as soon as possible. A doctor's note may be required. Refunds at this time will require the approval of the TICS Board of Directors.

Please anticipate that any refund may take up to 30 days to process.

With any questions or concerns regarding this policy, please contact Olivia Boudwin, Camp Director, at [olivia@camptwitchandshout.org](mailto:olivia@camptwitchandshout.org). You can also contact the TICS President directly by emailing [Frank Lozzi, flozzi@ticsofga.org](mailto:Frank.Lozzi@ticsofga.org).

*\*If your family's cancellation is made due to COVID-19, families will be eligible for refund on a case-by-case basis. Please note that this may require presentation of a positive COVID-19 test result prior to camp, written proof of exposure with subsequent need for a 5 day quarantine during the time of camp, etc.*

## **REQUIRED FORMS/WAIVERS**

All required forms can be accessed through UltraCamp (our registration site) on your camper's profile. Alternatively, forms can be emailed to CTAS at [olivia@camptwitchandshout.org](mailto:olivia@camptwitchandshout.org). It is the responsibility of the parent/guardian to ensure that all forms are submitted and up-to-date at the time of the deadline in addition to at the time of camp. If forms are not completed by the requested deadlines, or if forms are found to not be up-to-date at the time of camp, your camper may be dismissed from CTAS. Additional forms/waivers may be added and required for camp attendance as seen fit by CTAS and CTL.



Waivers with required acknowledgement at time of registration:

- Caregiver Statement of Understanding
- CTAS and CTL Waiver
- CTAS Tuition Refund Policy
- Authorization for Healthcare

Forms required by 5/1/2025:

- Scholarship Application Form (for those interested)
- Confirmation of Diagnosis form signed by physician (required of first-time campers only)

Forms due by 5/15/2025:

- ACA Physical Exam Form signed by physician
- Medication Form signed by physician
- ACA Health History Form completed by parent/guardian
- Immunization Form

Due by ARRIVAL at camp on 6/30/2025:

- Exhibit 2 Waiver (to be signed at camp)
- CTAS Waiver/Exhibit 2 (to be signed at camp)
- Parent Acknowledgement Form (to be signed at camp)
- Authorization for Healthcare (to be signed at camp)
- Camper and Parent Code of Ethics (to be signed at camp)
- CTL Pre-Camp Screening Form

## COMMUNICATION

No news is good news! A major goal for our campers is to promote confident independence, and thus provide a respite for parents and guardians while your campers focus on their camp experience. While the total experience of camp (both challenges and successes) can be varied, we are committed to providing informed insight about your child's experience. The staff will be keeping records and gathering information on camper medical/behavioral interventions throughout the week. Please contact us after camp if you have any questions. We will be available to give you a debriefing on your child's experience.

**Parents will not be allowed to call and speak with the camper during the week unless there are special circumstances or an emergency.** Communication will be at the discretion of the Camp Director and Camp Medical Director. CTAS will, however, contact you immediately under the following circumstances:

- Camper needs medical treatment off site at an urgent care center or hospital.
- Camper has an injury or illness that impacts their participation in camp activities.
- A prescription medication is needed.





- Camper stayed in the Medical Lodge overnight.
- Camper exhibits behaviors that are detracting from the inclusive camp experience. In this case, we will consult with parents on a plan of intervention, hoping to lead to resolution.

## **CTAS Emergency Communication Procedure**

### **Communication On-Site at CTAS**

- All locations at Camp Twin Lakes (CTL) are equipped with a two way radio for communication within Camp Twin Lakes property. This includes, but is not limited to boating, archery, the pool, the gym, etc.
- All CTAS Leadership Staff, Cabin Liaisons, Medical Staff, also carry radios at all times. In case of emergency, the staff member present at the emergency would call the nurse on the radio. All other radios, including those managed by CTL would hear the conversation. The medical professional would go immediately to the incident site.
- If emergency care is needed, the presenting CTAS Volunteer will gain the attention of the supervising CTL staff, who will then initiate the CTL On-Site Accident Plan outlined below.
- If an accident/injury has occurred and a CTL Staff is not present, CTAS Volunteer will use a call box or cabin walkie talkie to immediately contact the CTAS Medical Team in addition to the CTAS Camp Director as needed.

### **CTL On-Site Accident Plan**

- CTL Staff will activate the closest call box and contact the health hut to notify the medical staff of CTAS. The medical staff will decide whether to call 911. If the counselor cannot get in touch with anyone in the infirmary and the injury requires immediate attention, call 911 and then notify CTL Manager and the CTAS Camp Director.
- A responsible adult should remain at the scene of the accident with the injured party.
- While waiting for help, provide First Aid/CPR as is assessed to be important and appropriate.

### **Parent/Guardian Contact**

- In case of medical emergencies involving a camper, the assigned Camp Nurse will communicate directly with the parent/guardian of the camper. This expectation is documented for the CTAS Medical Team in the CTAS Medical Handbook.
- In case of camp-wide emergencies (such as a tornado, wind storm, power outage or other natural disaster), parent communication will be handled by the CTAS Camp Director. An email will be sent to all parent/guardians utilizing our camp registration system, and other pertinent information will be posted on our Facebook page as needed.

### **Media Contact**

- In the case of an emergency that warrants communication from media or media requests, the TICS Board President will be the sole designee for media communications unless otherwise determined by the TICS Board of Directors.

## **Camper Release, Verification, and Absentee Campers**

CTAS specifies that the only time a minor camper can be released to someone other than the legal





parent or guardian is:

- With prior written approval of the parent/guardian via email (or via registration application) which includes the FULL written name of the pick up, in addition to the presentation of a photo id at the time of the release of the camper OR to the camper's emergency contact with the presentation of a Photo ID at the time of the release of the camper in addition to written notification from parent.
- Parent/Guardian to be notified by the Camp Director the time of the camper's release, and confirmation of the full name of the individual to whom the camper was released.

CTAS verifies the status of absentee campers on the first day of the camp session (7/2/2025) if the camper has not arrived within 1 hour of expected arrival.

- CTAS verifies status of absentee campers via phone call from the Camp Director to the listed parent/guardian. If the parent/guardian does not answer, Camp Director will leave a voicemail, and follow up via email and text message. If there is no response within a period of 1 hour, the Camp Director will contact Emergency Contact via phone as well.
- All attempts for contact of absentee campers will be logged in the Camp Director Communications Binder.
- For CTAS 2025, all campers will be delivered to camp by parents/guardians OR by pre-approved caregivers, and therefore the absentee check is simply a safety courtesy provided to support the safety and well-being of campers and their families.

CTAS also invites you to join the [Camp Twitch & Shout Caregivers/Parents 2025](#) group to connect with other CTAS Parents!

## FOOD, NUTRITION, AND THE DINING HALL

Each full day, CTL will provide the campers with 3 meals and 2 snacks. In the event that a camper does not like their meal, they will have the option of dry breakfast, the sandwich bar (self-made Sunbutter and Jelly sandwiches), and salad bar in replacement of their meal. Additionally, healthy options such as fruit are available at most times of the day. Campers are required to keep water bottles filled and with them throughout the day at all times, as water serves as the primary beverage at camp as hydration is a top priority.

Camp Twitch and Shout and Camp Twin Lakes are committed to accommodating the nutrition needs of our campers. Please ensure that all food allergies on your camper's application, we will communicate these to the dining hall staff and counselors. Please notify us PROMPTLY if there are any changes before camp as all changes to meals/special accommodations must be made a minimum of 10 days prior to camp. Other dietary requirements/accommodations may include vegan, vegetarian, gluten-free, and non-dairy meals.

For those campers with special dietary needs, parents/guardians may be contacted prior to camp by the CTL Dietary Coordinator to confirm needs, allergies, and meal accommodations. PLEASE DO NOT SEND FOOD WITH YOUR CAMPER OR PUT FOOD IN ANY PACKAGES WITHOUT PRIOR



APPROVAL FROM CAMP TWIN LAKES. CTAS and CTL reserve the right to inspect all packages before giving them to your child.

## **ELECTRONIC DEVICE/PERSONAL PROPERTY POLICY**

Campers may not possess or utilize electronic devices once they have arrived at camp. This includes, but is not limited to, mobile/smart phone devices, digital music players, computers, video players, etc. If any of the above devices is found during the week it will be confiscated. Unfortunately, this may cause increased anxiety in your child, embarrassment, and negatively impact their camp experience. The use of a stand-alone camera is, however, permitted. If you have any questions about an item that your child wants to bring to camp, you must contact us as soon as possible and before arrival at camp.

Any weapons (including pocket knives), fireworks, electronics, money or items of value must be confiscated and reported to the Camp Director(s). Ideally, this inventory should be conducted privately with each individual camper and with an explanation of why this is important. Confiscated items will be locked away for the week with Leadership Staff and returned during the check-out process.

Our experience is that the children are busy throughout the week and do well without such devices. They have the opportunity to focus on activities, new experiences, relationships, and making friends. Please help us provide the best experience possible by respecting this policy.

### ***FOR THOSE FLYING OR CARPOOLING TO CAMP***

We understand that traveling with phones and electronic devices may be necessary. All phones and electronic devices will be taken and secured at camp during the week, and returned to your child before departure on Friday, July 4th, 2025.

### ***INTERNET & SOCIAL NETWORKING***

Camp Twitch and Shout views social networking sites (e.g. Facebook) as positive ways to express yourself and keep in touch with your friends. As a camper or a parent, you may exchange emails and invite other campers or parents to be on your “friends” list.

We have one Camp Twitch and Shout website [www.camptwitchandshout.org](http://www.camptwitchandshout.org), and one public Facebook page called “Camp Twitch and Shout”. These sites are for distributing information about camp throughout the year. During the week of camp we will not be posting on these sites.

If you choose to identify yourself as a parent or camper of Camp Twitch and Shout on such venues, some readers may view you as a representative or spokesperson of our organization. In light of this



possibility, Camp Twitch and Shout asks that everyone observes the following guidelines when referring to Camp Twitch and Shout, its programs or activities, its campers and/or employees, in emails, IM's, or comments on social networking sites:

- Be positive and respectful of staff, parents, and other campers.
- Refrain from using obscenities, profanity, or vulgar language.
- Do not say mean or threatening things to or about other campers or staff.
- Do not post pictures online that would embarrass or violate anyone's privacy.
- Do not pose as another camper online or spread false information about anyone.
- Do not use the Internet to talk about things that are against camp policy, such as using drugs, alcohol, bullying, sexual promiscuity or harassment, etc...
- The use of the copyrighted logo, or trademarked name Camp Twitch and Shout on materials is not allowed without written permission from Camp Twitch and Shout.
- Camp Twitch and Shout does not authorize campers or parents to have post-camp relationships with our counselors. We can supervise interactions within the camp environment and cannot be responsible for any other interactions.
- We welcome constructive feedback. You may contact our staff by the camp phone, camp email, or through liaison with the Board of Directors. A liaison officer will be available to you throughout the year for any comments, questions, suggestions, or complaints. Our camp surveys are also a constructive outlet for feedback.
- We reserve the right to remove any comments on our social media that we deem inappropriate.
- We reserve the right to ban repeat offenders from our site.
- We reserve the right to dismiss persons from camp, or not allow them to reenroll at Camp Twitch and Shout if they or their parents have violated the above guidelines.

## ARRIVAL, DEPARTURE, & CHECK-IN

**\*NOTE: These are anticipated procedures as of January 2025. Arrival, departure, and check-in procedures may change prior to July 2025. Please continue to monitor your email for any changes.\***

### Arrival

*Please note that this section includes anticipated arrival procedures. These procedures may be changed on an as-needed basis per the oversight of CTL and CTAS.*

All Campers & Leaders In Training (LITs) Arrival: Sunday, June 29, 2025

- Gates will open at 2:00 PM
- Check-in is between 2:00 PM and 4:00PM. Each cabin group will be assigned a time for registration by June 19, 2025.
- Check in will be conducted entirely from the car - there will be no need to park or leave your vehicle.

For CTAS Check-In 2025, please anticipate that no one should exit the vehicle other than the camper. All family members will remain inside the vehicle. Upon completion of the check-in process, the camper will exit the car with their luggage at the CTL Gym under the supervision of the CTAS Cabin Counselors. During Camper/Luggage Drop-Off, your car should never remain unattended and should be moved promptly.



Due to individuals other than campers not being able to leave the car during Check-In, CTAS highly recommends families to stop to use the facilities as needed prior to joining the waiting line to enter Camp Twin Lakes.

### **Check-In Procedure:**

**Please note that these procedures are simply a template and may be adjusted prior to CTAS 2025. Please continue to monitor your email for Check-In Instructions prior to July 2025.**

- Station #1: Welcome and Check In: At the front gate, campers will be checked-in. At this station, the parent will confirm that the camper has submitted all of their required forms, and will receive forms to be completed before reaching the final station (Exhibit 2, Camper Code of Conduct, etc).
- Station #2: Medical Check/Health Screening. This includes the CTAS On-Site Health Screening and interview.
  - The Health Screening includes a temperature check, lice check, interview concerning any recent illness or injury, COVID-19 screening, and observation of overall health.
  - If lice is detected, your child will not be admitted to camp until treatment has been completed and no signs of infestation remain.
  - In the event the physician Medical Director determines at his or her sole discretion that a prospective camper is not healthy enough to attend camp, such prospective camper shall not be admitted to camp and any return transportation, food, lodging and supervision shall be at the sole cost and expense of the prospective camper's parent/guardian.
- Station #3: Medication Check-In. At this station, the CTAS Medical Team will oversee medication check-in. This will include reviewing/confirming your camper's medication schedule and ensuring that prescriptions are up-to-date with enough doses for the week of camp.
- Station #4: Luggage Drop and See You Later!: Volunteers will confirm that luggage has been tagged, and will move luggage outside of the gym, to later be transported to the cabin. At this station, campers will say their "see you later!" to parents. Volunteers will be here to greet your family, and bring your camper to meet their cabin.

### **Departure**

*Please note that this section includes anticipated departure procedures. These procedures may be changed on an as-needed basis per the oversight of CTL and CTAS.*

- The Gates will open at 10:30am on Friday, July 4, 2025.
- Departure will take place from 10:30am-12:00pm. Each cabin group will be assigned a time for check-in.
- All campers and leaders-in-training (LITS) must depart camp by 12:00pm.
- CTAS will ONLY release campers only to the adult(s) listed on the application or in receipt of the pick up slip (provided at check in). If another adult will be picking up your camper, you must notify the Camp Director by emailing Olivia with the FULL NAME of the individual picking up your camper to [olivia@camptwitchandshout.org](mailto:olivia@camptwitchandshout.org) 24 hours prior to departure. Be advised that individuals picking up campers must bring a photo ID.



### **Check-Out Procedure:**

- Parents/Guardians/Approved Pick-Ups will enter the gates at their assigned time.
- Adult picking up campers will navigate their car to their unit location in the Parking Lot, where they will pick up camper luggage in addition to checking out medications.
- At time of check out, in addition to medications, parents will be notified of any outstanding incidents, PRN medications provided, and review of incidents that involved parent contact. Medications will be signed back out to parents at this time.
- Camper pick-ups will be asked to present a pick up slip to confirm approval to pick-up campers.
- Upon approval of pick up, the assigned Color Captain will walkie for the camper to be delivered by a Cabin Counselor to the unit pick-up area in the Parking Lot.
- See you next year!

### **Communicate any necessary changes in arrivals or departures or emergencies to the Camp Director promptly.**

- Within 24 hours, please call:
  - Olivia Boudwin, Camp Director, at (919) 355-6956
  - If unable to reach the Camp Director, please contact Camp Twin Lakes at (770) 867-6123
- More than 24 hours before arrival or departure, please email: [olivia@camptwitchandshout.org](mailto:olivia@camptwitchandshout.org)

## **MEDICAL**

Camp Twitch and Shout is committed to serving every camper's medical needs to the best of our ability. We depend on parents and guardians to provide us with the details that will help us provide this service. The Health History form, Physical Exam form, and Camper Profile that you must complete and return, provide us with extremely valuable information. We review your child's forms after we receive them to help determine appropriateness for our camp, in addition to providing appropriate care at camp.

It is the responsibility of the parent/guardian to ensure that each medical form is up-to-date at the beginning of the camp session. It is also the responsibility of the parent/guardian to communicate any changes in medical status PROMPTLY with the Camp Director.

Your child's Cabin Nurse will call you within a month of the camp start date. This call is an opportunity to let us know any additional information, or changes in medications or treatments. We are also available to talk with you through the camp phone at (919) 355-6956, or by email at [olivia@camptwitchandshout.org](mailto:olivia@camptwitchandshout.org).

Camp Twitch and Shout provides professionally licensed medical staff on site 24 hours a day the entire week of camp, in addition to an on-call MD for medical oversight and virtual consultation as needed. A Registered Nurse will be responsible for distributing your child's routine and as needed medication. Minor emergencies will be handled at camp. Any emergencies that cannot be supported



or appropriately treated at camp will be handled by a nearby urgent care center or hospital and you will be notified by phone immediately. It is up to the discretion of the CTAS Medical Team to determine the level-of-care needed to assess and treat camper illnesses, injuries, or complications.

## Medications

Prepare to send your child's prescription medications in their original pharmacy containers labeled with the current proper dose. We require a **minimum** of a 7 day supply of each medication in their original container. Your pharmacist can supply you with an additional properly labeled container to send to camp if needed. You do not need to provide over the counter medications, though if your camper has preferred over-the-counter medications (ex. allergy medications, anti-inflammatories, etc) you can provide these at the time of check-in. If you have any questions or concerns, you may address them with your nurse during your pre-camp phone call or contact Olivia directly during camp at (919) 355-6956 to be connected with your camper's nurse.

If your child has asthma or severe allergies that require an inhaler or epi-pen, please bring these items to camp for check-in. If they are not used, they will be returned to you upon the end of the week.

## Immunizations

Camp Twin Lakes requires that all campers attending all of their camps be fully immunized. If your child has not been fully immunized, documentation from a physician stating a medical reason for not receiving any immunizations is required before attending our camp. Any exemptions from immunizations must be approved by CTAS and CTL prior to attending camp.

### **Camp Twin Lakes Immunization Policy - 2025**

**Note that CTAS adheres to the immunization policies of Camp Twin Lakes. Please note that this immunization policy is subject to change prior to the beginning of the camp session.**

Camp Twin Lakes requires that all campers, staff and volunteers (including day volunteers) are immunized according to the Center for Disease Control Immunization Schedule. Please follow these links to find the child and adolescent immunization schedule and the adult immunization schedule. Full immunization status of camp visitors is imperative in order to protect individuals who cannot receive vaccinations from contagious illnesses.

Our position has been guided by the Georgia Department of Public Health's (GDPH) Immunization Guidelines for Schools and Childcare Facilities.

Camp Twin Lakes does not mandate how partners confirm immunization/exemption status. However, we have compiled best practice recommendations, denoted in green, based on the GDPH Immunization Guidelines.

## Medical

Camp Twin Lakes allows for medical exemptions for the following medical conditions: prior allergic reaction to a specific vaccine, congenital immunodeficiency or HIV, malignancies receiving chemotherapy, transplant patients, and persons receiving immunosuppressive drugs and chronic





steroids. “Medical exemptions” such as needle phobias are not permissible, as these situations do not endanger life or health.

Per the GDPH, “Medical exemptions are used only when a child has a medical condition that keeps him from being able to receive a specific vaccine(s), not all vaccines.

A medical exemption must be marked on the Georgia Immunization Certificate (Form 3231). A letter from a physician, Advanced Practice Registered Nurse (APRN) or physician assistant (PA) attached to the certificate will not be accepted as a medical exemption. It must be marked on the certificate.

A physician, APRN or PA must re-evaluate the need for a medical exemption at least once each year and issue a new certificate of immunization at that time. The date of expiration on the section of the certificate marked “medical exemption” should be one year from the date of issue and never be longer than one year.”

Therefore, our recommendation for Best Practice is to obtain a copy of Form 3231 (which should have already been provided to the child’s school).

### Religious

Camp Twin Lakes does not allow for any religious or philosophical exemptions for any vaccination listed in the Camp Twin Lakes Immunization Policy.

## **Required Immunizations**

### Adult staff and volunteers

Minimum requirements:

- Immunity to MMR
- Immunity to Varicella
- Td/Tdap within the past 10 yrs
- Pneumococcal (PCV 13 and PCV 23) if 65yrs+
- Meningococcal up to age 21yrs
- Tb questionnaire
- Hib all ages

May be recommended by provider, not required for camp:

- Pneumococcal (PCV 13 and PCV 23) if <65yrs
- Hep B all ages
- Hep A all ages
- Shingles if >50yrs
- Seasonal flu vaccine, especially for programming October – March
- Covid-19

### Campers

Minimum Requirements:

- MMR





- Varicella
- DTAP, DT, or Tdap
- Hep B
- Polio
- Meningococcal for 11-21yrs
- Hib

May be recommended by provider, not required for camp:

- Hep A
- Pneumococcal (PCV 13 and PCV 23)
- Seasonal flu vaccine, especially for programming October – March
- Covid-19

## **Scope of Care**

### *Right To Deny Enrollment At Camp Or To Remove A Camper From Camp*

Camp Twitch and Shout reserves the absolute right to deny enrollment to any prospective camper if Camp Twitch and Shout determines in its sole discretion that Camp Twitch and Shout cannot properly care for a camper due to either medical, behavioral or any other issues relating to such child's attendance at camp. In the event of such non-enrollment, a full refund will be provided.

In addition, Camp Twitch and Shout shall have the same absolute right to dismiss any camper because a child's needs are beyond the scope of care that it is able to provide. Further, Camp Twitch and Shout shall have the same right to dismiss any camper whose conduct, in the sole discretion of Camp Twitch and Shout, is detrimental to the camp, staff members, or other campers. In the event your child does not complete the camp session, whether because the child is dismissed or decides to leave early, no refund will be provided. In such an event, the parent/guardian shall be responsible for any costs of food, lodging and travel incurred in transporting his/her child home, including any necessary supervision during the camper's trip home.

## **Permission to Treat**

The medical "Permission to Treat" is located on the American Camp Association's Health History Form 1 that you complete and sign before arrival to camp. It states:

### *Parent/Guardian Authorization for Health Care*

This health history form is correct and accurately reflects the health status of the camper to whom it pertains. The person described has permission to participate in all camp activities except as noted by me and/or examining physicians. I give permission to the physician selected by the camp to order x-rays, routine tests, and treatment related to the health of my child for both routine health care and in emergency situations. If I cannot be reached in an emergency, I give my permission to the physician to hospitalize, secure proper treatment for, and order injection, anesthesia, or surgery for this child. I understand the information on this form will be shared on a "need to know" basis with camp staff. I give permission to photocopy this form. In addition, the camp has permission to obtain a copy of my child's health record from providers who treat my child and these providers may talk with the program's staff about my child's health status.



## **Mandated Reporters**

The Official Code of Georgia 19-7-5 mandates the reporting of child abuse when anyone has cause to believe or cause to suspect that a child has been abused. CTAS Staff and Volunteers are legally bound to make a required report if they have reasonable cause to suspect that a person under 18 years of age has:

- An injury or death inflicted by other than accidental means
- Been neglected or exploited by any person
- Been sexually assaulted or exploited by any person
- Experienced abuse/neglect that has not already been reported

The law provides immunity from liability for reporting abuse and/or neglect when the report is made in good faith. The knowing and willful failure to make a report is a crime. All reports must be made within 24 hours of disclosure. This means time is of the essence!

Parents/guardians will be advised of any reports made regarding campers will include the parent/guardian when appropriate and safe to do so.

In conjunction with the above law, any CTAS Volunteer or Staff member who suspects child abuse should immediately inform the Camp Director, in addition to completing an incident report detailing objective facts, observations related to the suspicion, in addition to any actions taken. A staff member or volunteer who makes a report to the Camp Director shall be deemed to have fully complied with the law.

At CTAS, we also require CTAS Staff and Volunteers to immediately report any suspicious or concerning adult activity related to fellow staff or volunteer members.

Read more about this GA Law [HERE](#).



## THEME

The theme for CTAS 2025 is \*drumroll please\* Under The Big Top (Carnival)!

Please note that while participation in the theme is not necessary for camp attendance, it is a fun way to get involved in camp spirit! At camp, we fully believe in being our silliest, boldest, goofiest selves. Let's be honest - where else can you wear all tie dye, glitter, giant animal shirts, a unicorn headband, and funky hats while still being the coolest person around?!

Some campers are very invested in the theme and like to dress up every day, while others prefer not to participate as openly. We invite you and your camper to participate in whatever way is most comfortable with you! We do encourage sending your camper with at least one "theme" item, just in case they decide to participate during the week. We also recommend sending your camper with some clothing that is the color of their cabin for cabin spirit activities!

### Theme Days

#### Magician Monday

Dress as a magician or another whimsical circus performer!

#### Tilt-A-Whirly Tuesday

Dress wacky day! Mismatched clothes, tie dye, backwards outfits, crazy socks—bring the tilt-a-whirl circus energy!

#### Wild Tamer Wednesday

Dress in your favorite animal print or as your favorite circus animal!

#### This is Me Thursday

Dress to express YOU—glitter, sequins, mix-and-match, bold colors, and over-the-top style to celebrate what makes you unique!



## PROGRAM DESCRIPTIONS

As a partner camp, Camp Twin Lakes makes sure that the campers meet the baseline requirements (age, height, weight, etc.) to participate in the activities at Camp Twitch and Shout. We ask that you review the following programs/activities, and advise the CTAS Camp Director of any concerns for your camper to participate in these activities, any activities that you would like to opt your child out of, or any accommodations that your camper may need. Please note that all specialized program activities are supervised and facilitated by trained CTL Program Staff, while CTAS Volunteers are present for camper support.

When considering if you would like your camper to opt out of any activities, please keep in mind that your camper will still travel with their cabin to the activity, though will not be asked to participate.

For more detailed descriptions of program specifics, please contact the CTAS Camp Director. To learn more about counselor involvement and support at activities, please continue to read below under “CTL Program Descriptions/Counselor Roles”.

### Camp Activities

- **Outdoor Adventure:** These activities occur with the CTL Outdoor Adventure Staff. They include ropes related activities and physical elements, and typically focus on team building, even for activities where campers participate one at a time. For activities that are using ropes, campers may be 25-30ft in the air while secured in safety equipment under the careful supervision of the CTL staff.
  - Climbing Tower
  - Giant Swing
  - Group Games
  - Individual Ropes
  - Low Ropes/Group Initiatives
  - Team Challenge Course/High Ropes
  - Zipline
- **Waterfront:** These activities occur at the Pool and Boating Dock/Lake. Each of these activities is supervised by a CTL Waterfront Staff who are lifeguard/water safety certified.
  - Individual Boating (Canoes, Kayaks, Paddleboards)
  - Paddle Boats
  - Swimming (Pool)
- **Other Core Camp Activities:** These activities occur all around camp, and are overseen by a trained CTL Program Staff member. Each activity, including CTL procedures and safety measures are demonstrated prior to each activity.
  - Archery
  - Biking
  - Campfire Building
  - Cooking



- Fishing
- Farm
- Cooking
- Fishing
- Horseback Riding (Helmets required)
- Outdoor Living Skills and Nature
- Sports
- **Arts Programming:** These activities may occur at the base location or at the Creative Arts area by the Farm/Barn. The focus on these programs is to support camper creativity, expression, and skill development. Each activity is supervised by a trained CTL Program Staff.
  - Ceramics
  - Jewelry Making
  - Nature Craft
  - Woodworking
  - Woodburning
- **Music/Art Programming:** These activities occur at various locations at camp. They are focused on creative expression and skill development, and are supervised by trained CTL Program Staff.
  - Dance, Movement, and Yoga
    - Drumming and Music
    - Performing Arts/Improv
- **Rainy Day Programming:** This programming goes into effect when there are rain or storms at camp that require camp activities to move indoors or to a safe location. These activities are typically led and supervised by CTAS Staff/Volunteers, under the guidance and support of CTL Program Staff.
- **Evening Programming:** This is specialized programming that occurs following dinner each day of camp that typically includes the Camp Dance, the Talent Show, Unit Night, and Wacky Olympics/Da-Nu-Waw (similar to field day at school), etc.

## CTL CABIN ROTATIONS/AGES

\*The following are activities that you can expect your camper to participate in based on their age.\*



Seekers Activities (6-9)
Fishing
Archery
Group Games
Horseback (x2)
Farm
Water Sports
Peddle Boats
Climbing
Nature
Drumming
Sports
Cooking

Explorers Activities (10-12)
Horseback (x2)
Farm
Sports
Nature
Archery
Arts & Crafts
Climbing
Cooking
Canoe
Group Games
Fishing
Drumming

Adventurers (12-14)
Zip Line
Sports
Cooking
Horseback
Group Initiatives
Giant Swing
Arts & Crafts
OLS
Archery
Individual Ropes
Ceramics
Kayak
Water Sports

Pioneers (15-18)
Group Initiatives
Giant Swing
Water Sports
Paddle Boards
OLS
Horseback (x2)
Ceramics
Team Ropes Course
Archery
Arts & Crafts
Wood working
Sports

Evening Programs
Wacky Olympics
Life Sized Game Night
Cabin Choice
Trivia Night
STEM Activity (Teens)
Talent Show
Campfire

## CTL Program Counselor Roles

### Waterfront/Sports/Horseback Activities

- **Pool/Swimming:** The pool at CTL is to be used only when a cabin is scheduled to be there. All counselors from a cabin are expected to go to the pool with their group. There may be several groups there, but it is your responsibility to keep track of and stay with your cabin. Although CTL provides lifeguards, counselors are expected to wear a bathing suit and get in the pool with the kids to ensure safety. It never hurts to have an extra set of eyes especially for those campers who are learning how to swim.
- **Paddle Boats/Canoes/Kayaks:** All counselors are expected to attend every boating session their cabin has during the week, even if your group goes more than once. CTL staff will sometimes go out on the lake with the kids, but are no substitute for the counselors. Most of the time, the lifeguards will stay at the dock to keep watch. It is important to not only be there to encourage the kids, but also to help them. Some of the younger children often have difficulty reaching the pedals of the paddle boats or paddling the canoes and kayaks. With kayaks, there are only a few that are doubles; however the counselors are still expected to go in their own kayak and stay with the kids.
- **Fishing:** Fishing is usually run by CTL, but counselors are encouraged to help the kids. Fishing can be risky due to the use of hooks and at times real bait. It is the counselor's responsibility to set up a pole and line for a kid and help him/her/them with it. Counselors may or may not have the opportunity themselves to fish depending on the number of poles and time.





- Biking: All counselors from a cabin are expected to attend their group's biking session. There will be 2 CTL staff there to lead and take up the rear of the line. At least 2 counselors are required to go on the ride. All counselors are HIGHLY recommended to ride. However, if there is a large group of kids there, we can only take 12 people total so some counselors may have to stay behind
- Sports: Like all other activities we ask that all counselors attend the session. Counselors should become engaged in the sports and participate at all times. It is important to keep the kids positive. If there is a sport they do not feel comfortable doing, the counselor is encouraged to find something the child does want to do even if it's one on one. Remember, sports at camp are not meant to be competitive, they are just for fun.
- Horseback: This program will focus on riding, hands on time with the horses and basic horse knowledge and anatomy. For the younger campers, it will also focus on interacting with the chickens, helping plant seedlings, making garden crafts, and helping with the garden maintenance. Your campers will need to wear long pants and closed shoes during this activity and at least one medical team member must be with each group.

### **Outdoor Adventure**

- High Ropes: High ropes is a very exciting activity and it also takes a lot of responsibility. It is important to set the tone of the activity before the group even arrives. Talk about the activity with the kids and use positive thoughts. All counselors of the cabin are required to be at the activity. When the campers arrive at the session, counselors are encouraged to engage in the opening activity and introduction. They are to help the campers put on all equipment and assist them with ground school. ONLY if there is extra equipment, can counselors put it on and go through ground school. A counselor must attend ground school if he or she wants to participate at the end of the session. It is not until all of the kids have gone that counselors are offered the opportunity to go. Counselors are expected to be ground partners for the kids and encourage the entire time. They should keep the session positive and be focused on the kids.
- Climbing Tower/Giant Swing: Counselors are expected to go with the campers to the tower and to participate in the introduction. Like the ropes course, they should help the kids with their equipment and assist them up the wall. If all of the children have gone as many times as they want to, there may be time for the counselor to take a turn if time allows.
- Group Games: Like sports, all counselors should attend group games and participate. Group Games is scheduled for the younger kids meaning they usually need more guidance. Group games are opportunities to encourage teamwork.
- Group Initiatives: This is for older kids, 12 and up. All counselors of the cabin should at least attend the session and provide great encouragement.
- Archery: Sometimes, kids that come to camp have never done archery before. Therefore, they often need some assistance getting used to the bow. Usually there is only one CTL staff member at the session; therefore, counselors are expected to be there to help, especially with the younger ones. The counselor is to help explain the rules seeing that this can be a high risk activity. Only 5 people can go at once, so the kids often rotate; therefore, it is not likely the counselor will have a chance to participate themselves.
- Camping: Camping is an activity that the cabin as a whole decides to sign up for; therefore this is done as a CABIN. All counselors are expected to attend. The CTL staff will provide the



proper food depending on what the cabin decides to make. The kids are the ones who will cook the food with the counselor's assistance. It is the counselor's role to help with the meal and keep the kids positive about the experience. Camping is supposed to be fun!!! All counselors **MUST** stay the entire night with the kids.

### Music and Art

- Drumming/Music: Counselors are encouraged to attend and participate with the kids if there are enough drums available. If not, counselors can help kids wherever needed or be dancers
- Dance and Movement: Counselors are expected to attend, participate and assist the kids. Equipment is usually limited.
- Improv and Drama: Counselors are expected to attend, participate and assist with the camper
- Special Events: Be there and be prepared for whatever is asked (no matter how silly). Enthusiasm is key to a good special event.

## PACKING FOR CAMP

### What Should I Bring to Camp?

- ☐ Prescribed medications or daily medications - please bring these in the prescription bottles and ensure there is at least a 7 day supply.
- ☐ Sleeping bag OR set of twin sheets & blanket (cabin mattresses are Twin XL and each cabin has 2 full beds)
- ☐ Pillow and pillow case
- ☐ Closed-toe shoes such as sneakers or sandals that are secure to your feet (e.g. Chacos)
  - Required to participate in **MANY** activities
  - **No flip flops around camp! Water shoes work great for boating too.**
- ☐ Laundry bag
- ☐ Sunscreen
- ☐ Bug repellent
- ☐ Water resistant watch
- ☐ Backpack
- ☐ Flashlight & extra batteries (there are some dimly lit areas around camp)
- ☐ Clothing for spirit themed days
- ☐ Hat(s)
- ☐ Shorts -- 1 for each day plus 2 extra
- ☐ Shirts -- 1 for each day plus 2 extra
- ☐ 1 pair of long pants
  - These are **required** for horseback riding.
- ☐ Socks for each day of camp plus 2 extra
- ☐ Underwear for each day of camp plus 2 extra
- ☐ Swim Suit
  - Swim shirts are recommended



- No speedo briefs style swimwear
- Tankinis are OKAY, bikinis are not. Please ensure all swimwear provides appropriate coverage. We encourage campers to choose options that are comfortable, secure, and allow them to move confidently. Bathing suits may be two pieces, but must fully cover all private areas or campers will be asked to change or cover up
- ☐ Pajamas
- ☐ Rain jacket
- ☐ Sweatshirt (cabins can get cold at night)
- ☐ **Shower shoes** - flip flops are ok for this use only. Water does not always drain well in the showers. Shower shoes are a **MUST**
- ☐ Wash cloth
- ☐ 1-2 bath towels
- ☐ 1 beach size towel for pool
- ☐ Extra towel or bath mat
  - Showers can cause wet floors
- ☐ Toothpaste and toothbrush
- ☐ Comb or Brush
- ☐ Shampoo/ conditioner
- ☐ Soap/ deodorant
- ☐ Shower caddy
  - Hanging caddy is recommended
- ☐ Water bottle
- ☐ If you play a musical instrument, you are welcome to bring it if it is portable and does not require electricity or amplification.
- ☐ For those with audio sensitivities, hearing protection (earplugs, headphones, loops, etc)
  - We have noise blocking headphones available for purchase in the camp store!
- ☐ **Any adaptive equipment that is used at home to support accessibility and independence (ex. wheelchair, walker, crutches, etc). PLEASE NOTE THAT WE DO NOT HAVE EXTRA ADAPTIVE EQUIPMENT AT CAMP - IT MUST BE SUPPLIED BY THE FAMILY.**
- ☐ Coping skills or tools that help your child cope with tics or challenging emotions! We highly recommend noise canceling headphones, non-electronic fidgets, and weighted blankets.
- ☐ If your child is already working with a therapist and has developed a coping plan, please bring that as well, so we can support your child in continuing their skills at camp!

### What Should I NOT Bring to Camp?

- ☐ Matches
- ☐ Knives (even pocket knives) or any kind of weapon
- ☐ Boom boxes, radios, stereos, iPods, or mp3 players (unless ok'd with Director)
- ☐ Bikinis
- ☐ Squirt guns
- ☐ Shirts with objectionable messages, political messages, profanity, or advertising alcohol, etc.



- ☐ Jewelry or other valuables that may get lost during the week
- ☐ Sports equipment (bikes, bows, skates, etc.)
- ☐ Nintendo switch, gameboys, portable PlayStations, tablets, or other handheld electronic devices
- ☐ Cell phone
  - If you need a cell phone or other electronic device for travel, it will be stored securely during camp and returned to you (charged) on Friday!
- ☐ Balloons -- camp is latex-free

## **DIRECTIONS TO CAMP TWIN LAKES**

### **Rutledge West**

1391 Keencheefoonee Road,  
Rutledge, Georgia 30663  
706-557-9070

#### **From Atlanta (approx. 45 minutes):**

- Take I-20 East to Exit #105: Rutledge/Newborn.
- Turn right onto Rutledge/Newborn Road.
- Follow directions below.

#### **From Augusta (approx. 1 hour and 45 minutes):**

- Take I-20 West to Exit #105: Rutledge/Newborn.
- Turn left onto Rutledge/Newborn Road.
- Follow directions below.

#### **...from Rutledge/Newborn Road:**

- Travel .6 mile and turn left onto Centennial Road.
- Travel .8 mile and turn right onto Keencheefoonee Road.
- Travel .6 mile and turn right onto Camp Twin Lakes Road.
- Please park in the designated parking area

[www.camptwinlakes.org](http://www.camptwinlakes.org) • [contact@camptwinlakes.org](mailto:contact@camptwinlakes.org)



## **CTAS & CTL CAMPER RULES and CONTRACT**

1. Because your actions are a reflection of Camp Twin Lakes and Camp Twitch and Shout, you agree to these rules and to respect other campers, counselors and staff.
2. Absolutely no tobacco products (cigarettes, cigars, snuff, chewing tobacco, etc...).
3. Absolutely no alcoholic beverages, unprescribed drugs, or illegal drugs. (Grounds for immediate dismissal)
4. CTAS campers found to be under the influence of or in possession of drugs or alcohol at camp will face disciplinary action. Upon discovery of possession or intoxication, the camper's designated emergency contact or guardian may be called and notified of the situation.
5. Store all medications with the medical staff.
6. Absolutely no fireworks, weapons, knives, guns, or other sharp or dangerous items that can be used as a weapon. (Grounds for immediate dismissal). Camp Twitch and Shout reserves the right to confiscate any such objects.
7. Campers should never be without counselors - Including LITs
8. Males and females should never be alone together under any circumstance.
9. You may not leave camp unless on planned activities with counselors.
10. Attire should be modest. Bathing suits should provide appropriate coverage.
11. No clothing/items that advertise alcohol or tobacco and/or may offend ethnic, minority or other groups. You must wear your own name tag at all times when outside the cabin.
12. Do not damage camp property (includes littering) or the property of others. Parents will be responsible for any damage incurred.
13. No fighting or abuse of another individual (includes verbal).



14. Campers are required to be in their cabins by the designated times. If you are away from your cabin without the supervision of a counselor, your parents may be called, you may be sent home, and you may not be invited back to future programs.
15. Absolutely NO cell phones, electronic games, electronic communication devices that allow email or connection to the internet, computers/tablets, pagers, bicycles, skateboards, rollerblades, scooters, roller-skates, or water balloons permitted. (Grounds for immediate dismissal).
16. A stand-alone camera device is allowed.
  - See the Electronic Device Policy for more information.
17. No hate speech or bullying. At camp, all participants are committed to ensuring the physical and emotional safety of all those present at camp.
18. Bullying of any kind is not allowed, and degrading comments about things like race, religion, culture, sexual orientation, gender or identity will not be tolerated.
19. Follow all reasonable directions given by any CTAS staff or volunteer member.
20. Participate in Camp activities to a reasonable extent.
21. Be respectful to all campers, volunteers, and staff.
22. Camp Twin Lakes and Camp Twitch and Shout staff have the responsibility and the right to search your personal property if there is reason to believe you are in possession of any of the above. Disciplinary actions may include:
  - Phone calls to parents
  - Being sent home
  - Restriction from future Camp Twin Lakes and Camp Twitch & Shout programs
  - Contacting the police

Camp Twitch and Shout does not permit relationships or communication between campers, parents, and counselors outside of the camp week. We only have an opportunity to supervise counselors and campers during the week of Camp. Camp Twitch and Shout will not be responsible for any communications and/or relationships between parents, campers, and counselors at any other time.

#### Behavior

1. Inappropriate contact with any other camper, CTL staff, or CTAS staff/volunteer for purpose including harassment, abuse, or exploitation is not permitted.
2. Any type of verbally or physically aggressive behavior is not permitted.
3. CTAS reserves the right to request the camper or his/her/their emergency contact or guardian to make arrangements for early dismissal from camp should they feel the camper is jeopardizing his/her/their safety or the safety of others.
4. Inappropriate communication with any other camper, CTAS staff/volunteer member, or Camp Twin Lakes staff members will not be permitted during or outside of CTAS. Continued or frequent use of abusive, threatening, or otherwise inappropriate language (that is not related to diagnosis of Tourette syndrome) may jeopardize future camp attendance or result in early dismissal from CTAS.





### Privacy and Personal Boundaries Policy

At Camp Twitch and Shout, we are committed to maintaining the privacy and personal boundaries of all campers and staff members. To ensure a respectful and comfortable environment for everyone, the following policy is in place:

- No camper or staff member is permitted to see another camper or staff member in a state of undress. This includes, but is not limited to, changing clothes, showering, or using the restroom.
- Designated changing areas and restrooms are provided and must be used appropriately to maintain privacy.
- Staff members are responsible for ensuring that campers understand and adhere to this policy.
- Medical staff may be exempt from this policy when providing necessary medical care, but they must always follow the 'rule of three,' ensuring that at least three people (e.g., the medical staff member, the camper, and another staff member) are present during any such situation.

Any violation of this policy will be taken seriously and addressed promptly to maintain the safety and comfort of all individuals at camp.

I understand that when my child comes to Camp Twitch and Shout (CTAS) that they will be expected to conduct themselves in the following manner or may be dismissed from Camp:

I (the camper) and my parent/guardian, fully understand these rules and policies as well as the rules and policies set forth in this Parent Handbook and agree to abide by them while at Camp Twitch and Shout and Camp Twin Lakes.

Camper signature: \_\_\_\_\_

DATE: \_\_\_\_\_

Parent signature: \_\_\_\_\_

DATE: \_\_\_\_\_

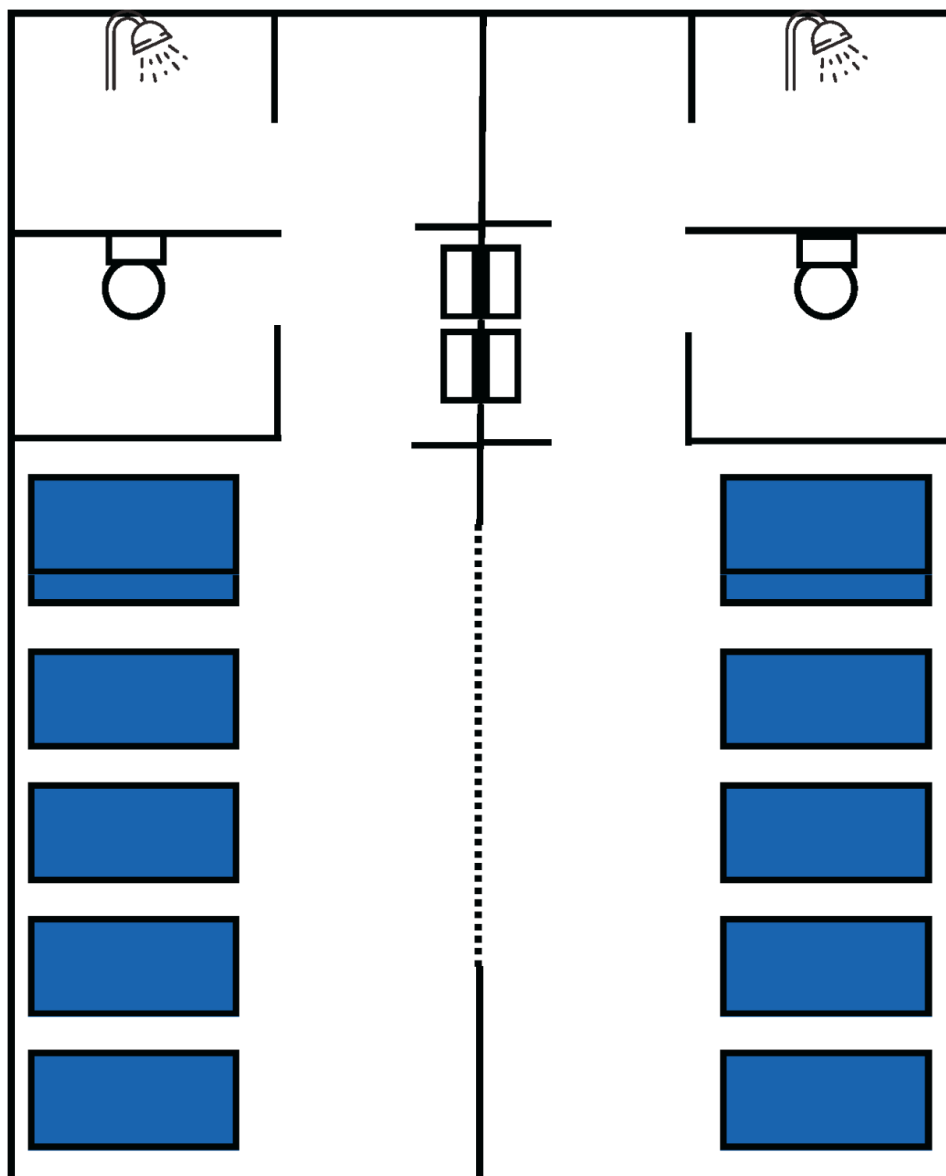




## CTL CABIN LAYOUT

### RUTLEDGE WEST CABIN LAYOUT

- 12 beds (10 twins, 2 full)
- 2 sinks, 1 toilet, 1 shower on each side
- Retractable dividing wall in the middle of the cabin





## EXHIBIT 2: CTL/CTAS CAMP RELEASE FORM

\*Completed via UltraCamp as a form, and physically signed by parent/guardian at Check-In\*

### EXHIBIT 2

#### CAMP TWIN LAKES -- CAMP RELEASE FORM

This agreement must be read and signed for you/your child to be eligible to attend the \_\_\_\_\_ program at Camp Twin Lakes.

Your/Your Child's Name: \_\_\_\_\_

#### I. PARTICIPATION CONSENT

I understand and certify that my/my child's participation in the \_\_\_\_\_ and its activities at Camp Twin Lakes is completely voluntary. I have familiarized myself with the \_\_\_\_\_ program and activities at Camp Twin Lakes in which I/my child will be participating. I recognize that certain hazards and dangers are inherent in these activities, which may include, but not limited to, the activities of horseback riding, high and low elements ropes course, swimming, archery, gardening, cooking, biking, sports, lake swimming, and boating. I acknowledge that although \_\_\_\_\_ and Camp Twin Lakes have taken safety measures to minimize the risk of injury to camp participants, \_\_\_\_\_ and Camp Twin Lakes cannot insure or guarantee that the participants, equipment, premises or activities will be free of hazards, accidents or injuries. I recognize and have instructed my child in the importance of knowing and abiding by the rules, regulations, and procedures for the \_\_\_\_\_ program at Camp Twin Lakes. Further, I attest that my health insurance will cover any medical and hospital expenses that I/my child incur and I have received approval from a doctor authorizing me/my child to participate in \_\_\_\_\_ activities at Camp Twin Lakes. I also agree to inform \_\_\_\_\_ of any activities in which I/my child may not participate. I understand and agree that my child will be in an environment that involves



elements related to nature, camping or community living, such as insects and insect bites, sun exposure, or communicable illnesses including, but not limited to COVID19.

## **II. LIABILITY RELEASE**

I, the undersigned, understand that occasionally accidents occur during camp activities and that participants may sustain serious personal injury and property damages as a consequence thereof. Knowing the risks of camp activities, nevertheless, I agree to assume those risks and by signing this liability release, I intend to legally bind myself, my minor children, my heirs, executors, and administrators. I hereby release and forever discharge \_\_\_\_\_ and Camp Twin Lakes, and any of their officers, directors, employees, partners, shareholders, board members, servants, agents and assigns from and against all claims, causes of action, damages, losses and/or expenses arising out of or relating to any injury, illness, or loss of any kind, known or unknown, including but not limited to injuries to property or person, to me/my child during or related to my/my child's attendance in the \_\_\_\_\_ program at Camp Twin Lakes.

## **III. MEDIA RELEASE**

I do\_\_\_ I do not\_\_\_ give \_\_\_\_\_ and Camp Twin Lakes the right to interview and/or to take photographs, audio or audio-visual recordings of me/my child to be used in promotional, educational or fundraising materials including, but not limited to videotapes, pamphlets and brochures. I understand my/my child's name may be used in connection with these materials. By signing this media release, I intend to legally bind myself, my minor children, my heirs, executors and administrators. \_\_\_\_\_ and Camp Twin Lakes shall have the right to use photographs or other images of me/my child in promotion, educational or fund-raising materials. I acknowledge that \_\_\_\_\_ or Camp Twin Lakes shall have all rights of copyright in and to such photographs and videotapes and may use such copyright fully. I also hereby release \_\_\_\_\_ and Camp Twin Lakes and its officers, agents and employees from all liability connected with the taking and use of these materials as is authorized by \_\_\_\_\_ and Camp Twin Lakes. In addition, I waive all rights, interest or claims for payment in connection with any exhibition or release of these materials. This consent is voluntary, and I give it in the interest of public information, education, the furtherance of the goals of these institutions, or other lawful purposes. I acknowledge that I have legal authority to sign this form on behalf of the minor whose name is mentioned above.

## **IV. PROGRAM AND OUTCOMES EVALUATION**

I do\_\_\_ I do not\_\_\_ give \_\_\_\_\_ and Camp Twin Lakes permission to survey me/my child in confidential and voluntary program evaluation at Camp Twin Lakes. I understand that my/my child's name will not be used in conjunction with surveys and the data collected will be used to improve programming at Camp Twin Lakes and other camps and programs.

## **V. DISPUTES**

I agree that any dispute concerning, relating, arising out of or referring to the subject matter of this contract shall be resolved exclusively by binding arbitration in Atlanta, Fulton County, Georgia. The arbitration shall be administered by JAMS and conducted before a single arbitrator in accordance



with the JAMS Rules. The arbitrator shall have exclusive authority to resolve any dispute relating to the interpretation, applicability, enforceability, conscionability, or formation of this contract, including but not limited to any claim that all or any part of this contract is void or violable.

X \_\_\_\_\_

## Individual Camper Plan (ICP)

*Should recurring problematic behavior escalate to Leadership Team / Camp Director(s) an ICP will be implemented.*

Camper Name: \_\_\_\_\_ Cabin: \_\_\_\_\_

Date: \_\_\_\_\_ Behavior to address (circle): Bullying Homesickness Behavior

Concern Other (please list)

Location: \_\_\_\_\_

\_\_\_\_\_

Observation: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Action	Plan	-	Agreed	Actions	Going	Forward:
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\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Consequences - What Happens if Action Plan Is Not Followed:

\_\_\_\_\_





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Parties Present: \_\_\_\_\_

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  - a. CTAS campers found to be under the influence of or in possession of drugs or alcohol at camp will face disciplinary action. Upon discovery of possession or intoxication, the camper's designated emergency contact or guardian may be called and notified of the situation.
3. Store all medications with the medical staff.
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6. Males and females should never be alone together under any circumstance.
7. You may not leave camp unless on planned activities with counselors.
8. Attire should be modest. One-piece bathing suits required for females.
9. No clothing/items that advertise alcohol or tobacco and/or may offend ethnic, minority or other groups. You must wear your own name tag at all times when outside the cabin.
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11. No fighting or abuse of another individual (includes verbal).
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- a. A stand-alone camera device is allowed.
  - b. See the Electronic Device Policy for more information.
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17. Be respectful to all campers, volunteers, and staff.

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2. Being sent home
3. Restriction from future Camp Twin Lakes and Camp Twitch & Shout programs
4. Contacting the police

*Continued on*

*next page....*

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- Medical staff may be exempt from this policy when providing necessary medical care, but they must always follow the "rule of three," ensuring that at least three people (e.g., the medical staff member, the camper, and another staff member) are present during any such situation.

Any violation of this policy will be taken seriously and addressed promptly to maintain the safety and comfort of all individuals at camp.

### **Camper Statement of Agreement**

I, \_\_\_\_\_, as a camper at Camp Twitch and Shout, have read, understand, and agree to abide by this Code of Conduct. I understand that any violation of these camp policies will result in a phone call to my caregiver/parent by CTAS Leadership and may result in early dismissal from camp. In addition, I understand that if I violate these policies, I may not be able to return to camp for future sessions. Campers shall not violate any local, state, or federal laws. My signature below denotes my agreement and understanding.

\_\_\_\_\_  
Signature of Camper

\_\_\_\_\_  
Date

I understand that when my child comes to Camp Twitch and Shout (CTAS) that they will be expected to conduct themselves in the following manner or may be dismissed from Camp:

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date