

ODYSSEY OF **ONSLAUGHT**

✓/✗	 Today's Missions & Strategic Steps To Success  (Tackle each mission, step by step, and track your progress.)
1. ✓/✗	 MISSION: Reflect on the week plan 5 min;  Strategic Steps:
2. ✓/✗	 MISSION: Outreach 143 min  Strategic Steps:
3. ✓/✗	 MISSION: Power Up Call 10 min  Strategic Steps:
4. ✓/✗	 MISSION: Marketing IQ; WebPage analysis 20 min Black Tiger Strategy 30 min  Strategic Steps:
5. ✓/✗	 MISSION: Helping TRW Students answering the chats I was tagged 10 min  Strategic Steps: Review Copy 10 min
6. ✓/✗	 MISSION: Pitchcraft - min send new entry later today; Linked-In Course -> worked on Linked-In Post 95 min  Strategic Steps:
7. ✓/✗	 MISSION: Master Thesis 68 min  Strategic Steps: work on Topolpgies Dodecane_Water + isobar fit_Xsi got new insights on Fit_Xsi and I found a problem source, need to test it if it works
8. ✓/✗	 MISSION:  Strategic Steps:
9. ✓/✗	 MISSION:  Strategic Steps:

✓/✗	🚀 Today's Missions & Strategic Steps To Success 🚀 (Tackle each mission, step by step, and track your progress.)
10. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:
11. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:
12. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:
13. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:
14. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:
15. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:
16. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:
17. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:
18. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:
19. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:
20. ✓/✗	🎯 MISSION: 🗺️ Strategic Steps:

	July 17 Date of Determination July 17
Date:	21.08.23

🔥 Igniting Your Flame - Outshine Yesterday's Blaze 🔥
Yesterday's Overall Benchmark Score to Surpass Today = 12/19

	 3 Blessings I Cherish This Morning 
1.	
2.	
3.	

	 Magic Trio: 3 Priority Missions  (These are non-negotiable tasks and must be conquered today!)
1.	Outreach
2.	IG building
3.	Master Thesis



Hourly Commitments & Reflections



(Design each hour with intention and reflect upon its journey)

Mission 🏆	Mission: What will I do?
Strategy 🔍	Strategy: How will I do it, step-by-step action?
Reflection ✍️	Reflection: Was the mission accomplished? If not, what stopped me?
Score 🏆	Hourly Score: How did this hour measure up to my standards? Good or bad...

(Continue for each hour, and remember to only include relevant hours for your active day.

Remove the hours that you are asleep.)

1 AM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

2 AM: Mission 🏆	
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Strategy 🔍	
Reflection ✎	
Score 🏆	

3 AM: Mission 🏆	
Strategy 🔍	
Reflection ✎	
Score 🏆	

4 AM: Mission 🏆	
Strategy 🔍	
Reflection ✎	
Score 🏆	

5 AM: Mission 🏆	Wake up + Saltwater + Gymnastics
Strategy 🔍	
Reflection ✎	Sleep
Score 🏆	good

6 AM: Mission 🏅★	Work on outreach
Strategy 🔍	
Reflection ✍️	Wake up + Saltwater + Gymnastics + Train
Score 🏆	good

7 AM: Mission 🏅★	Work on outreach + Train + Breakfast
Strategy 🔍	
Reflection ✍️	Breakfast
Score 🏆	good

8 AM: Mission 🏅★	Breakfast + Outreach
Strategy 🔍	
Reflection ✍️	Outreach
Score 🏆	good

9 AM: Mission 🏅★	Do cold calling + outreach
Strategy 🔍	
Reflection ✍️	Outreach
Score 🏆	good

10 AM: Mission 🏆	Cold calling + Outreach
Strategy 🔍	
Reflection ✍️	Outreach
Score 🏆	good

11 AM: Mission 🏆	Cold calling + Outreach + Eat
Strategy 🔍	
Reflection ✍️	Outreach + Black Tiger + Eat
Score 🏆	good

12 PM: Mission 🏆	Eat + Nap
Strategy 🔍	
Reflection ✍️	Eat
Score 🏆	good

1 PM: Mission 🏆	Nap + Master Thesis
Strategy 🔍	
Reflection ✍️	Eat + Nap + Master Thesis

Score 🏆	good
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2 PM: Mission 🏆	Master Thesis
Strategy 🔍	
Reflection 🖋️	Eat + Nap
Score 🏆	good

3 PM: Mission 🏆	Marketing IQ + Review Copy + MPU
Strategy 🔍	
Reflection 🖋️	Marketing IQ + Review Copy + MPU
Score 🏆	good

4 PM: Mission 🏆	Pitch Craft write ideas for pitch and look how you can create a logo + Prepare for Training
Strategy 🔍	
Reflection 🖋️	Outreach + Prepare for training
Score 🏆	good

5 PM: Mission 🏆	Train
Strategy 🔍	
Reflection 🖋️	Train

Score 🏆	good
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6 PM: Mission 🏆	Train
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Strategy 🔍	
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Reflection ✍️	Train
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Score 🏆	good
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7 PM: Mission 🏆	Read + Prepare day + Eat
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Strategy 🔍	
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Reflection ✍️	Train + Eat
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Score 🏆	good
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8 PM: Mission 🏆	Puffer
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Strategy 🔍	
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Reflection ✍️	Outreach + Prepare day
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Score 🏆	good
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9 PM: Mission 🏆	Puffer
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Strategy 🔍	
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Reflection ✍️	Puffer
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Score 🏆	bad
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10 PM: Mission 🏆	Sleep
Strategy 🔍	
Reflection ✍️	Sleep
Score 🏆	bad

11 PM: Mission 🏆	
Strategy 🔍	
Reflection ✍️	
Score 🏆	

12 AM: Mission 🏆	Prepare for sleep
Strategy 🔍	
Reflection ✍️	
Score 🏆	



Twilight's Review





Today's Learnings: Wisdom or lessons learned from the day

Reminder of how to ask questions and when to use it

Do more cold calling in the morning

Reach out to an uncle for a warm outreach project

Set more deadlines for smaller processes to be faster. -> Set deadlines for every task



Victories Celebrated: Accomplishments and successes of the day

Made 3 Outreaches and follow ups

Learned my shortcomings in grappling techniques



Stumbles Along the Way: Points of difficulty or mistakes made.

Had a more productive day, had to chores that took away some time

Was really bad some moves in Grappling, was really frustrating -> note what you did wrong and improve it

Making breaks to prevent headaches -> did that, saved time and kept the overview of the major goal



Tomorrow's Illuminations: Plan how to improve and progress the next day.

Use deadlines to increase my performance

Make cold calls between 9 AM to 11 AM

Test more varieties of SPIN question outreaches

Reverse engineer current outreaches -> Work with doc from Charlie

Think about your Outreach Method -> combine it with cold calling or go back into warm outreach; use spin questions to build rapport



Consistencies to Keep: Recognize what worked well and should be repeated.

Filling out this plan



Communications: Identifying individuals to connect with.



Pending Missions: Tasks that remain uncompleted



Day's Overall Score: A final assessment of the day's productivity

14/17

Freestyle Thoughts Chamber:

(Let your thoughts flow here. No judgment, no boundaries.)