



End of Year Inventory

“Everyone gets somewhere but few people get somewhere on purpose.” - John Maxwell

We hope that this guide serves as a practical tool to help you get to where you want to go on purpose. Too often the new year arrives before we have had time to truly think about it. We have found this guide helpful as a helpful way to reflect on this past year, take the gold from it, and prepare well for the year to come.

Recall

01. WHAT WERE MY GOALS?

If you had specific goals, write them down.

02. ON A SCALE OF 1-10, DID I ACHIEVE MY GOALS?

Beside each goal, write a number 1-10. Remove the 7 since oftentimes we use 7 as a neutral number.

03. WHAT DID I DO WELL?

Take a moment to remember the things you are proud of from this past year. What areas did you succeed in? What areas of your life did you see improvement in? Where did you exceed your expectations?

04. WHAT DID I NOT DO WELL?

05. WHERE DID I STRUGGLE?

06. WHAT WAS NEW?

What new things came into your life this past year? This could be relationships, business ventures, hobbies, etc.

07. WHAT DID I LOSE?

08. WHAT AM I GRATEFUL FOR?

09. WHAT DO I WANT TO ALWAYS REMEMBER?

10. WHAT DID I ENJOY?

What made you smile this past year? Think about the times you were the most joy-filled, the most at peace, and the most relaxed.

REFLECT

01. WHAT WAS I BELIEVING FOR THIS PAST YEAR?

02. WHAT DID I LEARN ABOUT MYSELF?

04. HOW DID I CHANGE THIS PAST YEAR?

What caused this? What was most impactful to this?

05. WHAT WOULD THE LAST YEAR ME SAY ABOUT THE CURRENT ME?

06. WHAT WAS THE BIGGEST LESSON LAST YEAR TAUGHT ME?

06. WHAT RELATIONSHIPS WERE THE MOST MEANINGFUL OR IMPACTFUL?

07. WHAT IS THE ONE AREA OF MY LIFE THAT IF I IMPROVED WOULD MOST POSSITIVLEY IMPACT EVERY AREA OF MY LIFE

RESOLVE

01. WHAT AM I BELIEVING FOR THIS NEXT YEAR? WHAT DO I WANT TO SEE COME TRUE FOR ME THIS YEAR?

02. WHO DO I WANT TO BECOME THIS YEAR?

Describe the person you aspire to be, and how you want to be known.

04. WHAT AM I LEAVING BEHIND? WHAT DO I NOT WANT TO TAKE INTO THIS NEW YEAR?

07. WHAT RELATIONSHIPS WILL I INTENTIONALLY INVEST IN?

Now that you have had time to recall, reflect, and resolve. Let's think about how you are going to become who you want to become this year.

Goals should be **SMART**

- SPECIFIC

- MEASURABLE
- ATTAINABLE
- REALISTIC
- TIMEBOUND

01. WHAT ARE MY GOALS THIS YEAR

Think through these different areas of your life: spiritual, physical, relational, financial, career, and emotional. Write them down in the framework below.

02. WHAT DO I NEED TO DO TO BECOME THAT PERSON AND ACHIEVE THOSE GOALS?
WHAT DAILY HABITS DO I NEED TO CULTIVATE?

Write down what you will do to achieve your goals. Share this with someone else!

AREA	GOAL	SYSTEM
Spiritual		
Physical		
Relational		
Financial		
Career		
Emotional		