

Suggested Otherkin gather workshop topics

Many entries in this compilation are recorded from the workshop schedules at past gathers. Some have been edited for length or clarity. I have cited the presenter where that information was available (which is most cases; and in some cases was me anyway). "Or other similar things like..." sections are my own ideas. --Arethinn aTinderel

Thanks to Syleniel for providing some previously missing attributions particularly for workshops that were held at Dancing the Endless Dream! (January 2022)

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Arts and Crafts

Artful Thought

Using artistic mediums to help clarify memories, places, people, and times.

(Khyle at MythiCalia 2, 2007)

Body Art

Art-related! with paint! and blue dye and henna and things and stuff and reiki symbols! With much philosophizing about such things and event-marked-time and the value of impermanence and why it seems to work fairly well to scribble reiki symbols on my bad knee in sharpie.

(Tessa/dancinglights at Walking the Thresholds 9, 2006)

Magical Craftwork

How to use crafts as an expression of magical intent.

(Miaren Crow's Daughter at Walking the Thresholds 3, 2000)

or other similar things like...

Seedballs (make sure you address concerns of non-native/invasive species)

Papercraft mythical beasts

Glamourbombs

Candles

Community

Cult-Busters

Who you gonna call?! How to identify and avoid cults.

(unattributed, Walking the Thresholds 5, 2002)

Mistaken Identity

An exploration of commonalities and differences in similar mythological beings, this discussion will look at what makes each unique, what might be several terms for the same being, and how the human myth brings light to these ancient beings in different ways.

(unattributed but possibly Arethinn, Dancing the Endless Dream, 2007)

Mistaken Identity (2)

Compare and contrast between kinds of mythfolk that may be similar to each other, but not the same. Elves, fae, sidhe, Tuatha De Danann, nature spirits, demons, angels, and spirits of the dead (oh my!) -- Similarities, overlaps, and relationships? Yes. The same? Nope.

(Arethinn at Company of Others, 2007)

The Other "Others"

Overlaps, similarities, and differences between the otherkin, therian, draconic, vampire, and furry communities. Who, and what, is here with us?

(Eshari/Arethinn at MythiCalia 1 [Hollow Hills], 2005)

Why Otherkin?

Theories on why otherkind exist, why now, do we have any purpose here, etc. Are we something of the Dreaming Earth emerging again into the everyday world, reconnecting the worlds, as in the tales of when animals spoke the tongues of men and the faery races wed with humankind? Are we spiritual hybrids with human souls, perhaps with "hybrid vigor"? Is it just all a giant mistake? Share your thoughts and ideas.

(Arethinn at MythiCalia 5.1, 2012 - event was cancelled)

The Re-Awakening of the Otherkin Community

There's no denying that online discussion in the otherkin community has sharply decreased since the heyday of the late 90s/early 00s, and along with it there is a lack of interest in (or even fear of) meeting others in person. Why do you think this is, and is there anything we can, or should, do about it? If you hail from somewhere that is still active, do you have any tips for those whose communities have gone dead? If you wish, bring a list of addresses of websites/lists/etc. you participate on to exchange with others.

(Eshari/Arethinn at MythiCalia 3, 2009)

Community, Hearth, and Honor

(Rialian at Walking the Thresholds 6, 2003)

How to Find Other Otherkin (and Vampires, etc.)

(Wildelf at Kinvention North 4, 2002, under slightly different title)

Energy Work, Magic, Mental Techniques

Perceiving & Working With Energy

This workshop will teach a technique for learning to perceive auras and personal energies. The focus will be on learning to see energies, but techniques for using other senses will be discussed. A basic discussion of actively using these energies and the basics of making energy balls and how they can be used will also be included. If there is time and interest, slightly more advanced techniques may be discussed.

(John at Walking the Thresholds 7, 2004)

Harmonics and resonance

A how-to workshop based around harmonics and resonances and how they affect energetic beings. How to use various harmonics to reality shape and move energy, as well as how to focus such for day to day (or special event) things. Be ready to move your energy around, and listen to some music.

(Lugh/gaefling at Walking the Thresholds 9, 2006)

Orgone Energy 101

Building a demonstration orgone accumulator.

(The Doctor at Walking the Thresholds 10, 2007)

Otherkin Subtle Anatomy

Otherkin often find that their systems of energy centers in the body don't match up to the widely professed "seven-chakra" model. We'll discuss and explore some species and/or individual variations in subtle anatomy.

(Eshari/Arethinn at MythiCalia 2, 2007)

Faery gate experiment

Last summer I made something with cloth and stones and glitter, intended to be a tool for bringing in energies from the Faery realm - but I haven't had a chance to really try it out! We'll examine the "gate" and see how well, or if, it works, how it might be improved, etc.

(Arethinn at MythiCalia 5.1, 2012 - event was cancelled)

Compatible and Incompatible Magical Paths

Which ones seem to work well together and which ones seem not to, and why

(Dreaming Squirrel at Walking the Thresholds 5, 2002)

Reiki for Fey

This class is the end result of about 10 otherkin playing with Reiki for 5 or so years... Needless to say, the form has mutated, and continues to do so. ... This year, besides the general reiki intro and attunements, some interesting Reiki-based "fine-tuning" will be presented. Ideas will be discussed on refining existing attunements paths in the existing systems. Rather than focus on a "swiss-army-knife" "more symbols is niftier" approach, there will be more of a focus on environments.

(Rialian at Walking the Thresholds 3, 2000; Kinvention North 3, 2001, with Railenne; Walking the Thresholds 5, 2002; Walking the Thresholds 7, 2004, with Railenne. There is no record of the workshops at WtT 4 in 2001, but it probably took place.)

Feng Shui

Opening your environmental energy flows with this ancient form.

(Feng Shui Jack at Walking the Thresholds 5, 2002)

Energy Tasting

Examine the energetic resonances of various types of beings (fae, elf, dragon...), locations, elements, etc. Share how you perceive them (color, sound, scent) and we will discover how different energies map to different people's senses.

(Alice Tatterdemalion at Walking the Thresholds 7, 2004; Eshari/Arethinn at MythiCalia 1 [Hollow Hills], 2005; Celebron at MythiCalia 5.1, 2012 - event was cancelled)

Energy Sampling/Energy Resonances

Every energy that exists has some basic characteristics that can be used to identify it. One of the most basic is the way it resonates - that it tends to oscillate at certain amplitudes. One of the best ways to learn to identify energies of different types, work with them, and manifest them as needed is to learn to identify resonance patterns for various energies, and then learn to recognize when something or someone is carrying or manifesting those energy resonances. The teachers will set up containment circles, and the teachers and advanced students will manifest specific energy resonances into those circles, so that they can be experienced.

Energies that have been sampled in such workshops include: elemental earth, air, fire, water; Gaia; ley line; storm; Pain-dim; Fae (beings of Faerie); Sidhe (from Faerie, but not exactly Fae); Danaan (often confused with Fae or Sidhe, but not the same); Elf (often confused with Sidhe, but not the same); Dragon; Faerie (the Changelands); UnderHill (various versions); Faerie (the Summer Lands); Faerie (the Winter Lands); Earth / Terra; The Moon / Luna; Mars.

(Syleniel, Dan O'Dea, A'hri'l and others - multiple years at Dancing the Endless Dream and at F.A.E. Retreats; Dan O'Dea and others at A Gathering Echo 2009 and 2013;)

Aspecting

This workshop will detail the concept of Aspecting or spiritual manifestation within the energetic body. The idea of bringing forward the non human energy in a way in which the body is affected, both physically and spiritually.

(unattributed, Dancing the Endless Dream, 2007)

Epigenetics* and Otherkind

This discussion looks at the idea of magic and biology merging, and how we can empower our physical selves through energetic and magical means.

(Syleniel, Dancing the Endless Dream, 2007)

(the study of changes caused by modification of gene expression, rather than alteration of the genetic code itself.)*

Techniques of Silent Magic

For situations in which you may find yourself in the middle of nowhere, have no tools, and/or cannot say anything aloud.

(Salentriel of the Daetria at Walking the Thresholds 5, 2002)

Basic Energy-Work

"Energy" is a broad term that can be likened to "flow of spirit", such as emotional state, Reiki, chi, etc. It's hard to define and easy to understand. This workshop is for anyone who wants to learn or brush up on basic "energy work": sensing and working with energy flow and constructions, shielding, grounding, centering. These are basic essentials for anyone who works with magic. If you've ever felt you wanted to keep out someone/something else's "ick", or that you feel spacy or unfocused, these techniques can help!

(Aisling at Feywood, 2011)

Chakra Cleanse and Fear Clearing Techniques

Beginning, intermediate, and advanced meditation techniques. The structure of fears and methods by which they are cleared and exit the body. Guided walkthrough of clearing technique. Grounding and chakra cooldown.

(A'hri'l at Walking the Thresholds 9, 2006)

Walking "Between" and the Cultivation of "Other" abilities

Seeing into and walking in other realms.

(unattributed, at Walking the Thresholds 5, 2002)

Situational Awareness

How to maintain enough awareness to avoid problems before they start, with a focus on physical awareness of your surroundings in urban and wilderness situations. Basic concepts are applicable to spiritual/psychic awareness as well.

(Matoa at MythiCalia 4, 2010)

Barefoot Walking for Meditation and Magical Awareness

We will learn how to safely walk barefoot without looking at the ground, then apply this to a meditation technique and explore the campsite to see what we sense in different locations.

(Pulse at MythiCalia 4, 2010)

Get Stoned!

Explore the magical and physical properties of common and not so common rocks and minerals.

(Silvaerin'a at Walking the Thresholds 7, 2004)

Introduction to Runes

Their basic interpretation for both energy work and divination.

(Silvaerin'a at Kinvention North 3, 2001; Walking the Thresholds 5, 2002; and Walking the Thresholds 7, 2004)

Flow Working

This workshop looks at the concepts of flow working, using conscious action to nudge reality in a way which may allow us to end up where we would like to be. From a new job, to that perfect relationship, this workshop will address the benefits and hazards of working the threads in order to attain one's goals.

(Syleniel, Dancing the Endless Dream, 2007)

Sex and Magic

A discussion on sex, love and magic, and the ways they intertwine. An attempt to dispel common myths on the subject and understand the beauty of magic in love.

(Syleneil, Dancing the Endless Dream, 2007)

Basic Energy Fountain

This is a basic exercise for cleansing the Chakra system. It is also a conditioning exercise: Over time, this exercise will enhance the flow of energy through the Chakra system, and help develop the physical and energy bodies for further Chakra work. This exercise is designed to be used by those new to Chakra work, and is relatively gentle.

(Dan O'Dea at Dancing the Endless Dream, multiple years & A Gathering Echo, 2009; Jeff at A Gathering Echo, 2013)

Intermediate Energy Fountain

This is a more advanced variant of the Basic Energy Fountain exercise. This exercise is not as gentle as the Basic Energy Fountain. Changes are made to increase the flow rate and improve Chakra activation (remove the "circuit breakers").

(Dan O'Dea at Dancing the Endless Dream, multiple years & Jeff at A Gathering Echo, 2013)

String of Beads

This exercise involves bringing energy up through the Chakra system, filling and gently expanding each of the Chakra centers, and keeping all of the previously filled ones open and full while filling the next one. This exercise builds on the Intermediate Energy Fountain exercise and should not be attempted until that exercise is completely comfortable and familiar, and has been employed on a daily or weekly basis for several months.

(Dan O'Dea / Syleneil at Dancing the Endless Dream, multiple years; Dan O'Dea, Melishal (?), Georgia at A Gathering Echo, 2013)

Energy Fountain (2)

A basic energy-flowing exercise that helps cleanse the subtle body and clear energy channels. We'll use an experimental adaptation that tries not to rely on the common seven-chakra model, since otherkin often exhibit varying energetic systems.

(Eshari/Arethinn at MythiCalia 3, 2009, and MythiCalia 5.1, 2012 - event was canceled; based on Dan O'Dea's Energy Fountain above)

Soul Space Exploration

A workshop which teaches techniques for communing with the inner spirit, reaching the depths of our spirits in order to find understanding in our past existence.

(Dan O'Dea, Dancing the Endless Dream, 2007; Syleniel Dancing the Endless Dream, 2009)

Basic Soul Space Exploration

Deep inside each of us, there is a place. A place where you are safe – where you can go, but where others cannot, without your permission. A place where the self of this life touches the greater self – the soul or oversoul. In the tradition from which I learned it, that place is called the Soul Space. It is somewhat similar to the astral temple or etheric temple of some branches of hermeticism.

(Dan O'Dea, A Gathering Echo, 2009, 2013)

Manifesting Gaia

Gaia is a name for the super-organism that is the biosphere of this planet, and for its energy. It is pervasive, so it should be readily accessible almost anywhere on this planet and can be used as a power source for constructs or workings and as a personal power source. The Workshop Leaders will create containment units for everyone participating and manifest Gaia in their own containment units. Each student will sample that energy, and then replicate it in their own containment unit. The workshop leaders will verify whether or not it was manifested correctly, and work with the student to adjust as needed.

("Staff", A Gathering Echo, 2013)

Using Gaia in Your System

Using a Gaia manifestation as a personal energy source, for the various parts of your energy system.

("Staff", A Gathering Echo, 2013)

Using Someone Else's Tap

Exploring the difference between individuals' energy manifestations, and learning to use someone else's Gaia manifestation as an energy tap.

("Staff", A Gathering Echo, 2013)

Building an Energy Wall

Tapping an existing Gaia Manifestation to create a wall of energy.

("Staff", A Gathering Echo, 2013)

Detecting an Energy Wall

Learning to sense someone else's energy wall. After some practice, play a game of trying to find a wall blindfolded.

("Staff", A Gathering Echo, 2013)

Flow Thought Meditation

This is a basic Meditation exercise. Flow Thought meditation involves learning to let go of conscious focus. It does not require lack of thought, nor require stillness of mind. It is useful for relaxation, and as a precursor to other forms of meditation.

(Jeff at A Gathering Echo, 2013)

Ocean Waves Meditation

This exercise is a focused meditation. It involves awareness, breathwork, and energy work. It will help cleanse the energy body and physical body of accumulated stress, and help clear energy pathways throughout the body (the meridian system).

("Staff", A Gathering Echo, 2013)

Centering the Self

This exercise will help one become more aware of one's own self and energies, and begin to learn to control them. One of the basic skills needed to progress in energy work, meditation, and self awareness, is the skill of becoming aware of one's self - mind, spirit, body, and energy - and bringing them all into one's body, in harmony. This allows one to begin to learn how to channel and control energy in a more focused manner, which will help with future energy work.

(Mel, A Gathering Echo, 2013)

Dragon Signature Comparison; Analyzing Signatures/Resonances

Learning to discern differences between similar signatures; Learning to "mine" information from signatures. ("Resonances" are common to a type of thing. "Signatures" are a distinct-to-an-individual example of a type of thing.) Workshop's leaders will construct containment units for each student. Each student will manifest their version of "Dragon" signature. Compare and contrast.

("Staff", A Gathering Echo, 2013)

or other similar things like...

Other basic energy exercises (shielding, grounding...)

Reiki or other healing sessions

Seeing through another's glamour

Energy healing techniques

Sigil-making

Scrying

Enchanting objects

Doing energy work in groups

Life as Otherkin

Dealing with environmental reactions of people, places, and things to being otherkin

Discussion group focusing on effective ways of dealing with this phenomenon and still actually having a life.

(Duo / kyoudai02 at Walking the Thresholds 9, 2006)

Otherkin dietary and health explorations

Many otherkin experience unusual reactions to certain foods and other elements found in the environment. This discussion group will explore both the reactions and the various workarounds.

(Rialian at Walking the Thresholds 10, 2007)

Games and Fictions

Otherkin are often accused of being role-players or fantasy fans who've taken things too far. But some 'kin say that they've been able to better explore their selves through RPGs, and

various fictional elements are often used as handy reference points (e.g. "kind of like [Strands of Starlight](#), but not totally") or adapted to real-life magical workings. Is any of this true for you? We'll discuss these topics and some examples.

(Arethinn at MythiCalia 4, 2010)

Memory integration

(unattributed, at Feywood, 2011)

Integrating "True Form" and human form

(unattributed, at Feywood, 2011)

So... You're Awake

Newly Awakened? Feeling lost? Not sure where you're from or what you are? We will answer some of the most commonly asked questions. Bring your own questions, too!

(Miaren Crow's Daughter at Walking the Thresholds 3, 2000 and Kinvention North 3, 2001)

Living as Other in the Here and Now

(unattributed, Walking the Thresholds 6, 2003)

How Not To Forget Things

Getting along in the 9-to-5 world; keeping glamour or dreams alive.

(Eshari/Arethinn at MythiCalia 1 [Hollow Hills], 2005)

Ludi Animarum: Revealing the Self Through Play

Otherkin have an uneasy relationship with role-playing. It can be a powerful tool, but it can also get awkward fast. Is this a space we can and/or should reclaim, and how might we go about that? We'll discuss the social contract issues that hinder roleplaying as a self-discovery tool and whether genuine epiphanies can come from a shared fictional space. I'll share examples of indie RPGs that have come from the foundation of "playing as yourself", as well as RPGs that have successfully tackled religious/spiritual themes. We'll talk about our prior experiences with self-RP, both our own and the ones others have dropped upon us.

(Baxil at MythiCalia 5, 2011 - event was cancelled)

Otherkin RP Alpha Test

Depending on interest, we can follow up on "*Ludi Animarum*" with a short alpha design of a narrative RPG by/for/about Otherkin (based on feedback and assistance from the first session), somewhere in the space between "shared storytelling" and "guided meditation" and "RPG", and run a playtest. This would be a way to put the first discussion's conclusions into action. With a good set of rules shaping expectations and providing support during play -- and with a group of players willing to agree what they want out of it -- self-RP doesn't have to be a trainwreck!

(Baxil at MythiCalia 5, 2011 - event was cancelled)

Magic and Science/Technology

The Big Bang

What do physics and magic/spirit have in common?

(Silvaerin'a at Walking the Thresholds 7, 2004)

Six Impossible Things Before Breakfast: Making Magickal and Scientific Worldviews Play

Nice

Contrary to popular assertions, science and magick are not always incompatible. But they need some special furniture to be roommates without throwing things at one another. Learn ways to set up wildly different belief systems in relation to each other, understand the difference between conditional and unconditional beliefs, and become empowered to accept knowledge while rejecting some of the cultural messages that surround it.

(A.J. at Feywood, 2011)

Science, Pseudoscience, and Spirituality

Where do you draw the line and how do you balance upon it?

(Pulse at MythiCalia 3, 2009)

Technomagic

Where technology meets magic.

(The Doctor at Walking the Thresholds 9, 2006)

Magic and Tech

Those malleable quantum zones where science meets magic and truly anything can happen...

(Malcolm at Walking the Thresholds 3, 2000)

Vehicular Magic

How to protect your vehicle magically; how to bend time to get from point A to point B in less time than it should take; how to make your vehicle run when it does not want to.

(Dreaming Squirrel at Walking the Thresholds 3, 2000 and Walking the Thresholds 5, 2002)

Machine magic

How to make 'em run when they won't.

(Kyrin at Walking the Thresholds 6, 2003)

Science, Mysticism and Otherkin

Scientific words and theories are commonly misunderstood and mis-applied when people try to explain magic, otherkin, etc. Do you *really* know what you're saying?

(Julia at MythiCalia 1 [Hollow Hills], 2005)

Metaphysics, Philosophy, Psychology

Dealing with Empathy and Ethics

(Tessa at Walking the Thresholds 6, 2003)

Using Traditional Systems

This discussion is designed to take a look at multiple traditional systems found within the many cultures of Earth's history, as well as recent systems of the new age movement, and discuss their advantages/disadvantages for use by reincarnates aspecting non-human energetics.

(unattributed, Dancing the Endless Dream, 2007)

Symbols and Symbol-Systems

What symbols or systems, traditional or otherwise, do you make use of? Where did they originate and/or where did you find them? What energies or concepts do they embody or symbolize? Do you use any you have created/discovered/channeled yourself?

(Eshari/Arethinn at MythiCalia 3, 2009, based on the above)

Sexuality and Otherkin Natures

Sexuality and/or gender in relation to Otherkind.

(unattributed, at Feywood, 2011)

“Light and Dark” Discussion

A look at what is considered light, what is considered dark, and how these energetics interact with the greater concept of creation. This is a discussion of “natural” forces and energy and the many perceptions around those.

(Syleniel, Dancing the Endless Dream, 2007)

The Mind-Real Continuum

In many cases, people create a firm separation between the mindscape (the internal reality) and the external reality. This workshop will discuss the benefits of looking at consciousness as a continuum, call it a mind-real continuum, in which most external phenomenon are an interplay between our internal consciousness (mind), and external reality. How we react to external reality determines the impact it makes upon our consciousness which then influences our external reality and so forth and so on. This influence cycle usually happens with only the most vague sort of consent and even recognition. The recognition and control of this cycle is what this workshop is about.

(Aladar at Walking the Thresholds 7, 2004)

Sacred and Profane Discussion

A look at the concepts of things sacred and profane, why they may be considered such, and how they apply in the world. Discussions of cultural taboos from one culture to another, what makes a taboo and why.

(Syleneil, Dancing the Endless Dream, 2007)

Astral Planes, DreamSpace, Ethereal, Anyways... It's all projection skills to me.

So what's up with all this fuzzy, non-physical reality stuff, anyway? Are they all the same? Different? Meaningless? Confusing? Well, the way most people use them, they are at least confusing.

(attributed only to "Staff", A Gathering Echo, 2013)

or other similar things like...

Awareness; different types of perception

Nature, Ecology

Plant Identification Walkabout

Introduction to plant taxonomy and the energetic feel of plants; how knowledge of plant biology can enhance your spiritual connections. We'll also go on a short hike to examine and identify local flora.

(Pulse at MythiCalia 3, 2009)

Intentional Communities, building an earthship, and living green

(unattributed, at Walking the Thresholds 5, 2002)

Earth-friendly living

How to tread lightly upon the land -- Earth friendly building techniques, appliances, energy sources, and waste management methods that work in harmony with the environment rather than against it; Creating "Green Corridors" within developed areas using wild yard and native-species planting techniques. Off-grid alternatives; identifying and avoiding modern environmental poisons.

(unattributed; described as "not presented as a workshop but information will be available onsite", at Walking the Thresholds 7, 2004)

The Practical Side of Getting Back to Nature

A practicum on camping, (distance) hiking, and finding time to reconnect with your wild side in among all the sunburn, mosquito bites, and cardboard granola bars.

(Baxil at MythiCalia 2, 2007)

Introduction to Herbalism

Safety; preparing herbal remedies such as tinctures, salves, decoctions and infusions; wildcrafting and buying herbs; how to work herbal remedies around medications and check for interactions.

(Stardansr & Orthaevelve at Walking the Thresholds 11, 2008)

Manifesting Sustainability

We have these ideas and ideals, but how do they manifest, and what is left over that returns to the soil? What feeds on the remains of what we have produced? In other words, what are the byproducts of how we live...and do those byproducts encourage or discourage life? This workshop will include things that people living in urban areas that don't own homes can do.

(Rialian at Walking the Thresholds 9, 2006)

or other similar things like...

"Earth skills" or "bushcraft" techniques

Permaculture

Star-gazing

Religion, Spirituality, the Otherworld

The creation, care and feeding of a faerie cairn

When we make offerings to the otherworld... at an altar such as a faerie cairn, what do we expect to see when they send the energies back that we obviously want? The faery that link in to the cairn are not the same sort of otherworld that others think of the faery races being connected to...they are of the vital forces of the planet.

(Rialian at Walking the Thresholds 7, 2004)

Huna 101

An introduction to the Huna Kupua system of Hawaiian shamanism, its principles, and its basic assumptions.

(Jarín at Walking the Thresholds 7, 2004)

Spiritual discussion panel

We will be discussing the many aspects of some of the major spiritual paths - Christian,

Buddhist, Gnostic, Agnostic, NOTA (none of the above) or any path for which there's someone on site to represent it. This is a place to speak your mind about your own particular path, how it relates to being Other, how the way you view your path is different from the way others on the same path view it. Respect for each other's individual path is expected.

(Duo/kyoudai02 at Walking the Thresholds 9, 2006)

Otherkin and Religion

How does being otherkind affect your spiritual practices, ritual, or magical systems? Do you have memories/awareness of a non-human religious or magical system from another time/place/reality?

(Eshari/Arethinn at MythiCalia 1 [Hollow Hills], 2005)

How magic, mythology, and ritual affects your outlook upon your kin-self and your daily life

(maybe from a Dancing/Summer Gateways, or FAE Retreat/Gathering Echo?)

Planetary Religion: The Seven Holy Kings and Memory of Starfire

Comparative look at the primary systems of initiation and high magick (including Enochian, Kabbalah, and Mithraism), comparing their ideological and numerical bases. This will lead to an investigation of the use of planetary intelligences as a convenient and appropriate cipher for understanding all of these systems. The interplay between these spiritual systems and religion will then be discussed, with the suggestion that all human religion can essentially be seen from a planetary perspective. Discussion will also include cosmic memory, reincarnation, and the energetic genesis of angelic/fey races. The class will conclude with an invocation ritual meant to call and connect to the seven planetary Loka or Angels.

(Luke at Walking the Thresholds 7, 2004)

Spirits of Nature

Meeting earth spirits, elementals, dryads, faerie spirits, etc. in nature. Setting up altars and sacred space to honor them.

(Katy at MythiCalia 2, 2007)

Symbiosis with the land as a form/system of Elven magic

Being able not only to sense what is there, but communicating with it to determine how best to proceed. Working *with* our environments and not against them, creating a symbiosis that is more awake and alive than the sum of its parts.

(Silvaerin'a at Walking the Thresholds 11, 2008)

Animal Spiritualism and Therianthropy

(Alynnna at MythiCalia 2, 2007)

Rituals, Guided Meditations

Seeing Your Astral Form ("True Form")

Guided visualization.

(Kit at MythiCalia 1 [Hollow Hills], 2005)

Hollow Hills Ritual

Journey into the Hollow Hills to meet a fey or human ancestor, followed by a Faery Rade and bardic 'round the fire when we've returned. If you play a musical instrument, bring it along to play during the rade.

(Eshari/Arethinn at MythiCalia 1 [Hollow Hills], 2005)

Meeting Your Guardian Spirit

Guided visualization.

(Kit at MythiCalia 1 [Hollow Hills], 2005)

Bringing Home the Balefire

Flowing the event's faery fire out of the main Hearth's stone into individual stones, to be borne back to our individual dwellings and give out glamour to encourage the awakening and gathering of Folk. You can bring a stone, crystal, or other object to be charged for this purpose. (A plain stone that "feels" like it wants to do this or a crystal of a kind you associate with faery, otherkin, or magic will work best, although substances like ceramic, glass, and wood can also be used. If there is metal, silver is best, but copper, pewter, or bronze won't hurt; avoid iron or steel.)

(Eshari/Arethinn at MythiCalia 3, 2009)

Gates to the Realm of Myth and Legend

We have all had experiences that bring us a little closer to the mythic realm: a sudden eerie noise in a dark basement that makes us believe in the boogeyman, or a trial that made us want to believe that someone or something really would answer our prayers. With the help of the mistress of the featherless flying beasts that dwell in the Great Between, we will work to bridge the gap between the ordinary and the extraordinary, and open the gates to the Mythic realm.

(Linnea at MythiCalia 5.1, 2012 - event was cancelled)

Climbing the Tree of Life: A Journey to Experience Your Whole Self

An otherkin-based journey up the Kabbalistic Middle Pillar.

(John at Feywood, 2011)

Discovering Your Other-Self

A guided meditation with physical props and motion, and a safe space for you to truly express your other-nature. Come to discover who you are, deepen your understanding of your other-self, or simply to support others in their journey. All are welcome!

(Linnea at MythiCalia 5.1, 2012 - event was cancelled)

The Spirit Cage

Otherkin often abuse their own spirits. We may say "the body is a temple", but often we don't treat it like a temple, we treat it like we are going deliberately to do blasphemy, by yelling at the spirit inside us and saying things that deny it. The intent of this rite is to help otherkin and therians help themselves out of the cage. This ritual is about finding the cage that you personally are in when it comes to what you think of your otherkin self and how you let it live or come to be at peace with it, confronting the cage, and walking out of it through a trial. This is not a "light" ritual and might bring up some mental issues from the past. Death energy will be used to banish the things people say that their "cages" are.

(Iris/A'uwai at Feywood, 2011 - this workshop was not actually given)

Spirit Travel

This year's travel will be a reality shift rather than an out of body. By altering the mutability of the spiritual energies around us, we will shift our spiritual location in order to explore and interact with multiple remote places.

(Dan O'Dea, Dancing the Endless Dream 2007)

Faerie Glamour

No description is in the schedule I have, but my recollection is that faerie glamour was raised/brought in, applied to the group, and we discussed what we perceived about each person

under its influence.

(Dan O'Dea, Dancing the Endless Dream (year?) & A Gathering Echo 2009)