

# Start Here: The Quick Guide to Launch Your Blog and Transform Your Life

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## INTRODUCTION

Have you ever felt like your life needs a turning point, but you don't know where to start?

This guide is your starting point: simple, practical, and straight to the heart.

I'll show you in just a few steps how starting a blog can change everything —

even if you're starting from zero, even if you don't feel ready.

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## 1. FIND YOUR WHY

Don't start a blog just to make money. Start it to express who you are.

Ask yourself:

- What have I suffered that I could turn into value for others?
- What could I talk about for hours, even without getting paid?

### **Practical Exercise:**

Write down 3 things that light you up inside.

Those are your real "core".

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## 2. CHOOSE YOUR PLATFORM (AND DON'T GET LOST IN DETAILS)

Recommended options:

- **WordPress + SiteGround** → for full freedom (more technical)
- **Hostinger Website Builder** → for fast and easy start
- **Systeme.io** → for monetization with funnels, ebooks, email lists (best for beginners)

**The secret?** Don't wait until you know everything. Just start.

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### 3. CREATE YOUR FIRST CONTENT THAT TELLS YOUR STORY

Your first article should share an uncomfortable truth.

Something that shaped you.

Something that makes the reader say:

“I feel the same way!”

#### Example title:

“How I Realized I No Longer Wanted to Live According to Others’ Expectations”

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### 4. MONETIZATION: FIRST STEPS

Once your blog is alive, here are 3 easy ways to start earning:

1. **Affiliate marketing** (Amazon, books, software, etc.)
2. **Sell your own ebook** (even short and simple)
3. **Courses or consulting** (when you’re ready)

You don’t need massive numbers — just a **clear message** and a **focused niche**.

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### 5. THE BONUS RESOURCE (NO ONE ELSE TELLS YOU)

It’s not technique that brings success.

It’s the **emotional consistency** between what you write and how you live.





#### Recommended habit:

Write for 10 minutes a day, learn something new, and improve yourself.

Your blog will grow with you.

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### RECOMMENDED TOOLS

-  [Canva](#) – to create free graphics
-  [Unsplash](#) – royalty-free images
-  [Notion](#) – to organize ideas and content
-  [Systeme.io](#) – to create funnels, sell ebooks, and collect emails

## CONCLUSION

This guide is not the end. It's just the beginning.

Your blog will become your **refuge**, your **showcase**, and your **rebirth**.

Don't wait until you feel ready.

**Act, even if you're shaking.**

See you on the other side,

— **Dott. Solver**