## **About the Annual Fall Secretarial Conference:**

Demonstrating the core values of compassionate leadership, Fredonia provides an annual campus-sponsored event that cultivates a workplace culture in which our secretarial network feels valued, respected, and cared for so they can reach their potential and do their best work. The goals of the Annual Fall Secretarial Conference are as follows:

- Provide both formal and informal opportunities for cross-department information sharing, problem solving and collaboration;
- Cultivate social networks and communication across departments and divisions in order to foster greater performance, learning, and innovation;
- Improve employee morale and engagement by providing opportunities for personal and professional growth, and resources for career development and performance improvement;
- Address and acknowledge workplace burnout by promoting strategies for health, wellness, and self-care.

## Fall 2023 Conference:

This year's fall conference is mixing professional development with peace of mind.

Teresa Adams, from the Foundation House, will start our conference off with an information and training session on our new Scholarship software FREDScholar.

We will then hear from David Gollus, CSEA, who will discuss Deferred Compensation and the morning will conclude with Nicole Fischer, Pearl Insurance, Discussing Disability and Life Insurance.

We will award the Poummit Secretarial Award in Memory of Janet Marks and the Barbara Saletta Meritous Award.

The afternoon will consist of wellness and team building activities, both Physical and Mental.