

THE MASTER WAR MODE DAY PLAN + REPORT

► The Mastery Checklist Explained to achiev...

I choose to be a king

✓/✗	D/10	I/10	/20	Master Checklist:	Task Time:
✓	10 ▾	10 ▾	20 ▾	stretch out my body to improve my posture and to strengthen the joints and tendons.	
✓	10 ▾	10 ▾	20 ▾	Watch the power up call by going into the real world and loading the morning power up call	
✓	10 ▾	10 ▾	20 ▾	Call the plumbers and ask them spin questions	
✓	10 ▾	10 ▾	20 ▾	Go to the gym	
✓	10 ▾	10 ▾	20 ▾	Complete the charlie challenge given to me.	
✓	10 ▾	10 ▾	20 ▾	Study for my math final.	
✓	10 ▾	10 ▾	20 ▾	Go to sunny orange	
✓	10 ▾	10 ▾	20 ▾	Practice my spanish.	

Start The Day With Tasks Valued 20 Then Move Down	Total Hours Planned In The Day: /24
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	 17 DAY NUMBER + DATE + TIME 
Day Number:	57
Date:	5/9/2023
Start Time:	8:00

	 3 Things That I Am Grateful To Have In My Life 
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1.	I'm grateful for my dad because my dad gives me valuable lessons.
2.	I'm grateful for my phone because it allows me to get my work done.
3.	I'm grateful to be going to the gym in a wonderful environment

	 My Top 3 Priority Tasks That MUST Be Completed 
1.	I must study for math final
2.	I must go to the gym.
3.	I must do the challenge charlie gave to me.

Hour-By-Hour Tracking: [Plan+Measure=Improve]

 Task:	 Task = Set The Task That I Intend To Complete This Hour?
 Sub-Task:	 Sub-Task = What Is My Plan Of Action To Complete This Task For This Hour?
 Reflection:	 Reflection = Did I Complete This Task For This Hour? If Not, Then Why?

MY MORNING WAR PLAN

 What Do I Plan To Accomplish This Morning? 
I plan to study for math final and get a good grade on the math final

 What Is The Main Goal For This Morning? 
The main goal for this morning is to study for the math final.

🔑How Will I Start My Morning With Power? 🔑

By doing a quick set of push ups.

1. I Am Acting With No Limits To My Abilities!

2. I Am Being All That I Can Be, Every Hour And Every Day!

3. Every Word I Am Saying And Thought I Am Thinking Is Positive!

4. I Am Being Enthusiastic About Completing Each Task!

5. I Am The Best Copywriter In The World!

6. I am a great copywriter with 10s of clients to work with

7. I'm in fantastic shape and bench 225

8. I do have a latina girlfriend who is feminine and submissive.

9. I can also squat 315.

10. I am making 1k a month as a copywriter.

7 am: Task 💰	follow my normal morning routine then get a pump
Sub-Task's 🔔	by getting out of bed as soon as I hear the default ringer alarm. Go up stairs, drink water, come down stairs to put on my clothes and brush my teeth then wash my face then do a quick set of 30 push ups.
Reflection ✍️	Done

8 am: Task 💰	Study for the math final
Sub-Task's 🔔	Study for the math final
Reflection ✍️	Done

9 am: Task 💰	Make something to eat and study for the math final
Sub-Task's 🔔	Make something to eat and study for the math final
Reflection ✍️	Done

10 am: Task 💰	Eat something then go to school
Sub-Task's 🔔	Eat something then go to school And start the final
Reflection ✍️	Done

11 am: Task 💰	Take the math final
Sub-Task's 🔔	Take the math final
Reflection ✍️	Done

12 am: Task 💰	Take the math final
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Sub-Task's 🛎	Take the math final
Reflection ✍	Done

🎯 **END-OF-THE-MORNING REPORT** 🎯

🧠 **What Did I Learn This Morning?** 🧠

I learned this morning that my dad is teaching a valuable lesson by telling me that I'm running the business and that I should know not him. I learned this morning that my dad is teaching a valuable lesson by telling me that I'm running the business and that I should know not him. I learned that plumbers are hard to contact.

❌ **What Problems Did I Face This Morning?** ❌

I faced the problem of being broke.

🔑 **How Will I Solve These Problems For This Afternoon?** 🔑

By outreaching to more prospects and creating more spec work.

🏹 **MY AFTERNOON WAR PLAN** 🏹

🧠 **What Do I Plan To Accomplish This Afternoon?** 🧠

I plan to complete my must as a copywriter and to workout and complete the charlie challenge

 **What Is The Main Goal For This Afternoon?** 

The main goal is to complete the charlie challenge

 **How Will I Start My Afternoon With Power?** 

By watching the power up call and drinking a protein shake with creatine

1 pm: Task 	Finish taking the math final
Intention 	Finish taking the math final
Reflection 	Perpare for the gym

2 pm: Task 	Drive to the gym warm up and start my workout
Intention 	Drive to the gym warm up and start my workout
Reflection 	Went to the gym

3 pm: Task 	Drive to the gym warm up and start my workout
Intention 	Follow my normal push day and listen to how to win friends and influence people.
Reflection 	Done

4 pm: Task 💰	End my workout and go home
Intention 🔔	End my workout and go home
Reflection ✍️	Done

5 pm: Task 💰	Eat something and Watch the power up call
Intention 🔔	Track my calories and watch the power up call.
Reflection ✍️	Eat and review a student piece of copy.

6 pm: Task 💰	Review a student's piece of copy.
Intention 🔔	Review a student piece of copy.
Reflection ✍️	Connected plumbers

7 pm: Task 💰	Call plumbers ask them spin questions
Intention 🔔	Call plumbers and ask them spin questions
Reflection ✍️	Done

8 pm: Task 💰	Eat and start the charlie challenge
Intention 🔔	Eat something and start the charlie challenge
Reflection ✍️	done

9 pm: Task 💰	Continue to do the charlie challenge
Intention 🔔	Continue to do the charlie challenge.
Reflection ✍️	Added more lines to my tool box.

10 pm: Task 💰	Practice my spanish and take a shower
Intention 🔔	Practice my Spanish and take a shower.
Reflection ✍️	

11 pm: Task 💰	Start my last final
Reflection ✍️	Starr my business final well one part of it.

Called jordan

12 pm: Task 💰	Complete one part of it and start my night routine
Intention 🔔	Complete one part of the final and fill out the rest of this sheet.

Reflection 	Call jordan
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End-Of-The-Day Report:



 **What Did I Learn Today?** 

I learned today that one of my friends who lives in indiana is making money and he is slowly escaping the matrix.

 **What Problems Did I Face In The Day?** 

By being broke

 **How Will I Solve These Problems Tomorrow?** 

By outreaching to more prospects and creating more spec work.

 **What Do I Plan To Do Differently Tomorrow?** 

Going to work and completing as much shipment as possible. And completing the business final.

 **What Do I Plan To Do The Same Tomorrow?** 

I plan on practicing my Spanish and watching the power up call and watching a piece of copy.

 **Who Do I Need To Update, Contact, Ask A Question To, And Share Feedback With?** 

I need to share feedback with andrew and tell him my current situation and share feedback with charlie and review another piece of copy.

 **What Tasks Were Left Undone?** 

None completed all like a g

Brain Dump:

My copywriting allowed me to detect sales in any form jordan sold me on the idea of going to indiana I know he sold me the moment he stop talking. I might just go but the thing is if I go writing will just be another failed opportunity and this one won't work as well which is why I kinda don't want to go.

Wins

Completed everything on my daily check list

Wrote copy was wack but I wrote copy.

Practiced my spanish

Losses

Got distracted

Wrote wack copy.

Plans use chat gpt to review the copy itself and model a piece of copy always set a clear cut goal. Check the prompt thats given to us inside of the crucial outreach and check to see if my copy has salesy words.

