



CPS COVID-19 Testing FAQs SY22

NOTE: The district will continue to update this FAQ as questions arise.

Spanish FAQ linked [here](#)

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General Testing Questions

- **What is the COVID-19 Testing Program?**
 - CPS has partnered with Thermo Fisher to offer free, regular testing to students and staff for COVID-19. Regular testing means that testing is offered to everyone on a weekly basis, even if they don't have symptoms of COVID-19.
- **How often will testing occur?**
 - Testing will be offered to all staff and students weekly.
- **Where will testing occur?**
 - CPS will offer testing on-site at schools during the school day on a weekly basis.
- **How much does the test cost?**
 - The COVID-19 tests will be free to students and staff. You will never receive a bill, and your insurance will not be charged.
- **How is the test administered?**
 - The test will involve a nasal swab. It is a quick and easy test. This nasal test gently swabs the inner part of the lower nostril. The test is not painful. We do not use the longer swabs that reach higher into the nose. There will be medical personnel on site to supervise swabbing and support students if needed.
- **What are the qualifications of the COVID-19 testers?**

- Collection of samples (swabbing) will be conducted by students/staff unless participants need assistance. In this instance the onsite medical staff, which are experienced medical clinicians can administer sample collection.
- **When and where will the test be given?**
 - We are working with each school to create a consistent day and time for the testing teams to collect samples at your school. Testing will take place at school in a location designated by the school principal where social distancing can be easily observed. Each school principal will receive a notification from Thermo Fisher with the date and time and will share this information with the whole school community.
- **Who will be conducting testing?**
 - Chicago Public Schools has contracted with Fisher Scientific Company L.L.C. a part of Thermo Fisher Scientific.
 - Employee tests are self-administered, but testing teams will include a healthcare provider and support staff to provide the safest possible environment for efficient testing.
 - Students can self-administer under supervision or have the clinical staff assist them with swabbing.
- **When are results available?**
 - The results of the test should be available within 24-48 hrs.
- **Why do results take so long?**
 - Our testing program uses a PCR test, which does not provide immediate results because it is sent to a lab for analysis.
- **What is the process for consenting?**
 - Parents/guardians and staff will receive an email with a link unique to your school and your role (student/staff), which will take you to CPS' technology vendor Color's website. You will use this link to register and sign a virtual consent to be tested. Please reach out to your school principal or [covidtestingcps.edu](https://www.color.com/covid-testing) if you did not receive a link or would like to request a paper copy.
- **Do staff and students need to re-consent every week?**
 - No, once you have registered and consented once, you do not need to resubmit registration before testing each week.
- **What is the process for revoking consent?**
 - Option 1: Fill out this online form:
 - i. <https://www.color.com/hipaa-revoke>
 - Option 2: Email readycheckgo@color.com with subject line "Testing Opt Out" and the information below.
 - i. Student:
 - First Name, Last Name, DOB, School Name
 - Parent/Guardian First Name, Last Name, Email Address, Phone Number
 - ii. Staff
 - First Name, Last Name, DOB, School Name
- **How frequently will testing be offered to students and staff who consent?**
 - Testing will be offered onsite weekly.
- **Can students and staff with COVID-like symptoms get tested on their school's testing day?**
 - No. For the health and safety of the entire school community, anyone with COVID-like symptoms should stay home and contact their primary care provider for a diagnostic test. Screening testing is only for asymptomatic individuals.
- **What test will be used? Is it painful?**

- The test will involve a nasal swab. It is a quick and easy test. This nasal test gently swabs the inner part of the lower nostril. The test will not hurt, but it may feel slightly uncomfortable. We do not use the longer swabs that reach higher into the nose.
- Employees will self-administer the test by inserting a cotton swab into both nostrils and rotating it in each nostril to collect the specimen. The test will not hurt, but it may feel slightly uncomfortable. Resulting specimens will be collected and analyzed by Thermo Fisher.
- Students can self-administer under supervision or have the clinical staff assist them with swabbing.
- **Do staff or students who test positive need to take another test before returning to work?**
 - No, once a person tests positive for COVID-19 on a diagnostic test, the CDC recommends that they do not retest for 90 days (unless recommended by a primary care physician due to new symptoms) because people can continue to test positive but not be contagious.
- **Will test results be shared with any other entities and/or agencies?**
 - Positive results will be shared with the principal at the school or a staff member's direct supervisor so they understand why you are going home and can put in place classroom coverage and the communications protocol as needed.
 - Results of the PCR test are shared with the person who tested, the district for contact tracing purposes, and state health authorities as required by law.
- **What safety precautions are being taken during the testing?**
 - Chicago Public Schools will follow precautions prescribed by public health agencies. All testing staff will perform hand hygiene before testing and wear appropriate personal protective equipment (PPE). This includes an APR or N95 mask, face shield, gloves, and medical gown for healthcare staff assisting with specimen collection, and face masks and additional items for other team members. All PPE and testing-related materials will be properly disposed of once testing is completed, followed by additional hand hygiene. Hand sanitizer is available to everyone who participates in testing, and the testing team has access to a handwashing facility with soap and water.
- **If someone tests positive then what happens? What is the procedure for quarantining close contacts (e.g., students and non-teaching staff)?**
 - A close contact is anyone who has been within six feet of the presumptive positive person for 15 minutes or longer within a 24-hour period, with or without a mask. The CPS contact tracing team will follow [this protocol](#) and be in touch with next steps.
- **Can unvaccinated staff or student athletes use a test result from another location to meet the testing requirements?**
 - The preferred method of providing proof of testing compliance is to participate in CPS sponsored testing opportunities throughout the district. Outside of CPS sponsored testing, unvaccinated staff and student athletes may also participate in non CPS-sponsored testing but must provide proof of testing.
- **How do I register for testing?**
 - [Click here to register for testing](#), and please see below for additional information on how to sign up and what to expect during testing.

Steps for testing	School-based staff	Substitutes/Citywide staff	Central Office and Network Staff
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Go to the Color website	Select “registering for a staff member.”		
Sign up for testing	Search for your school name to access your school's unique sign-up link. Click on the link and then complete the consent.	Search "City Wide Employees" and use that link to register.	Search "City Wide Employees" and use that link to register.
Understand what to expect during testing	On the day of testing please make sure that you participate in your school's testing. If you are absent, you may obtain a test kit from your school. If you need assistance locating a test you can email oshw@cps.edu or call 773-553-KIDS.	You can test at any school location , find the calendar here . OR Obtain self-test kits at a central or network office location. See list of locations below. If you need assistance locating a test you can email oshw@cps.edu or call 773-553-KIDS.	Obtain self-test kits at a central or network office location. If you need assistance locating a test you can email oshw@cps.edu or call 773-553-KIDS.

Test Kit Pickup Locations, Monday-Thursday ONLY:

1. 6323 N. Avondale Chicago, IL 60631
2. Michele Clark HS -5101 W. Harrison St Chicago, IL 60644
3. Manley HS - 2935 W. Polk Street, Chicago, IL 60612
4. Crane Medical - HS 2245 W. Jackson Blvd Chicago, IL 60612
5. 4655 S. Dearborn St Chicago, IL 60609 (Coleman)
6. 11424 S. Western Chicago, IL 60643 (Western)
7. Tests were instead delivered to Senn, Uplift, Clemente and Tilden for the Networks that work from 110 Paulina.
8. 42 W Madison, Chicago, IL 60602- Garden Level Reception 9 AM- 12 PM
9. National Teachers Academy 55 W. Cermak Road, Chicago, IL 60616
10. 2651 W Washington Blvd, Chicago, IL 60612 (Garfield)
11. 501 W 35th Street, Chicago, IL 60609 (Bridgeport)

- **What are the consequences when an employee does not get tested?**
 - CPS Audit will be checking weekly testing compliance for unvaccinated staff or for those with exemptions. The individual and their manager will be notified for non-compliance and the individual will need to test the following week. Disciplinary actions may occur for continued compliance issues.
- **Where can I find the school testing schedule?**

- <https://www.color.com/readychckgo-cps>
- **If you are registered but when you try to activate the test it says “email eligibility issue”**
 - All eligibility requests should go to covid-eligibility@color.com Eligibility requests should include:
 1. SCHOOL/POPULATION name
 2. cps email address
- **How do you activate a test kit?**
 - Activate a kit online at [color.com/covid/active](https://www.color.com/covid/active)
- **What information is needed to receive a test kit?**
 - Individuals must have a CPS ID and have registered with Color at <https://www.color.com/readychckgo-cps>
- **Who is eligible for a home test kit?**
 - Home tests are for unvaccinated individuals that received a specific email from CPS indicating they needed to test weekly.
 - Home test kits can also be used at the school when a staff person is absent or otherwise misses the school-based testing day.
- **I have a kit, now what steps do I take?**
 1. **Activate** your test at [color.com/covid/active](https://www.color.com/covid/active) and use the unique barcode on the collection tube. (Use the bar code that starts with “D”)
 2. Wash your hands thoroughly for 20 seconds and dry them well.
 3. Remove the cap of the collection tube, open the **swab** package and rotate swab tip in both nostrils 4 times.
 4. Put the swab in the collection tube and press the cap firmly closed.
 5. Put the collection tube in the biohazard bag and close the bag with the adhesive seal.
 6. Put the biohazard bag into the return shipping mailer and seal closed.
 7. *Until courier service is scheduled* **Return** the completed sample to a FedEx location. Your sample must be sent on the same day you collect it.
- **When do the completed kits need to be sent out?**
 - Completed kits MUST be dropped off to FedEx the same day it was collected.
 - For sites with a mail run at the end of the day - test kits can be collected in one location and sent out via the mail run. They must be sent out the same day.
 - For sites without a mail run/ without a mail run at the end of the day - until a courier service is scheduled, individuals must drop off their own samples at a FedEx location (if using a drop box, must ensure the last pickup has not occurred).
- **What are the consequences when an employee does not get tested?**
 - CPS Audit will be checking weekly testing compliance for unvaccinated staff or for those with exemptions. The individual and their manager will be notified for non-compliance and the individual will need to test the following week. Disciplinary actions may occur for continued compliance issues.
- **If a staff member misses testing, can they bring a test from an outside source?**

- If a staff member misses the school's scheduled testing date, it is best that they use one of the at-home test kits. If they are unable to get a test kit, they may get tested at an outside source. Staff should then submit their proof of negative test using the [COVID-19 Test Document Submission](#) form.
- **Who should staff reach out to for additional questions?**
 - For questions related to testing issues (e.g. testing date, vendor issues, etc.), staff can reach out to the COVID Testing Team at covidtestingcps@cps.edu
 - Testing issues and challenges should also be reported using [this form](#)
- For questions related to compliance issues (e.g. non-compliance, outside test submissions, etc.), staff can reach out to the Compliance Team at covidtestcompliance@cps.edu

Staff Testing Questions

- **Do I have to get tested to attend work in person?**
 - If you are fully vaccinated:
 - i. No, COVID-19 tests are optional, although strongly encouraged. If you choose not to enroll in the program, you can still attend work in person.
 - If you are not fully vaccinated or have been granted an exemption for medical or religious reasons:
 - i. Yes, COVID-19 tests are required to attend work in person on a weekly basis.
- **I'm fully vaccinated. Do I need to be tested?**
 - Current CDC guidance states that if you are fully vaccinated, you do not need to be tested unless you develop COVID-19 symptoms or have been in close contact with someone with COVID-19. Testing will be conducted in accordance with CDC testing guidance.
- **How will the school protect my privacy?**
 - Testing results will be shared only for public health purposes, which may include notifying close contacts that they may have been exposed to COVID-19 and taking other steps to prevent the further spread of COVID-19 in your school community. Information sharing and notifying of contacts will be done in a way that protects your privacy. Sharing of information will only be done in accordance with applicable law and policies protecting privacy and the security of your data.
- **What if I cannot leave my classroom when my testing is scheduled?**
 - Your school is responsible for providing supervision for your classroom during your ten-minute testing window.
- **What if I test positive?**
 - We will ask you to stay home. CPS contact tracing will reach out to you and you will be asked to provide information about your close contacts so that everyone who has been exposed can be notified. We will be in touch to discuss medical care and other support for you and your family.
- **Who do I call if I have a question about the status of my results?**
 - ReadyCheckGo Support:
 - i. Phone: 844-658-0388, Option 1
 - ii. Email: readycheckgo@color.com
 - iii. Daily, 8:00a - 7:00p CST
- **I took a test from an outside source, how do I report those results?**
 - If you completed a test outside of CPS, you can self-report those results using the following steps:
 - i. Log into or create your Color account using your CPS email address

- Log in at home.color.com/covid/self-reporting (if you previously created an account) OR create a Color account at home.color.com/create-account – follow along with this [video for step-by-step instructions](#)
 - ii. Once you have logged in or created your Color account, go to the URL home.color.com/covid/self-reporting
 - iii. For a step-by-step guide on how to report your test results, please refer to [this document](#) or [this webpage](#).
- Please note that if you test positive, as well as self-reporting your results on Color, you will also need to report your results at www.cps.edu/covidresults.

Student Testing Questions

- **Why is my child's school testing for COVID-19?**
 - Regular testing is a safe, effective way to help prevent the spread of COVID-19 and help keep our schools open for in-person learning. Many people with COVID-19, especially children and teens, don't have symptoms but can still spread the virus, so regular testing helps find infections before they can spread to others. This is especially important for children under 12 years old who are not yet able to get vaccinated against COVID-19, families and staff with younger children at home, and others who are not vaccinated or are otherwise at risk for getting seriously sick from COVID-19. Regular testing will help us keep students in the classroom and allow students to take part in the other activities they love.
- **Does my child have to get tested to attend school in person?**
 - No, COVID-19 tests are optional, although strongly encouraged, especially for those who are unvaccinated. Students will not be tested without both the student and guardian giving their consent.
- **Does my child have to get tested to take part in school sports and extracurricular activities?**
 - COVID-19 tests are required to take part in school sports. Student athletes must get tested once per week to be eligible to play in upcoming games.
- **What if I consent to my child being tested and then on the day of testing my child refuses?**
 - A child can refuse to be tested even if their parent has consented. They can simply decline the test when it is offered to them during the school day. Please note that testing is mandatory for unvaccinated student athletes and if an athlete declines a test, this may limit their sports participation.
- **How will the school protect my child's privacy?**
 - Testing results will be shared only for public health purposes, which may include notifying close contacts that they may have been exposed to COVID-19 and taking other steps to prevent the further spread of COVID-19 in your school community. Information sharing and notifying of contacts will be done in a way that protects your child's privacy. Sharing of information about your child will only be done in accordance with applicable law and policies protecting student privacy and the security of your child's data.
- **How soon will the parent/guardian be notified that his/her child is being tested for the day?**
 - Each school will have a consistent testing schedule and can expect that their child will be offered testing weekly if consent has been provided.
- **How do I find my student's email address or student ID?**
 - Student email address - All students are issued a CPS account upon enrollment; however, students who have never logged in to their account will need to claim their account

before they can access their email and other CPS applications. See more information about claiming CPS accounts [here](#).

- Student ID - All CPS students are issued a student ID. Student IDs can be obtained from the student's school or by logging in to [Parent Portal \(Aspen\)](#) and navigating to the "Family" tab.
- **How frequently will my child be tested?**
 - Our regular testing will take place every week.
- **Will my child miss class to get tested?**
 - No, testing shouldn't interfere with your child's school schedule. The test is quick and easy, and students will be able to fit the test into their day without disrupting learning. The entire testing process should take approximately five minutes.
- **Can I test my own child?**
 - No, the testing must be done under the supervision of a healthcare professional.
- **What if my child tests positive?**
 - We will ask you to keep your child home. You will be asked to provide information about your child's close contacts so that everyone who has been exposed can be notified. We will be in touch to discuss medical care and other support for your child and family.
- **What if someone in my child's school tests positive?**
 - CPS contact tracing will be reaching out to you via email if your child was deemed a close contact of someone who has COVID-19.
- **Who do I call if I have a question about the status of my child's results?**
 - ReadyCheckGo Support:
 - i. Phone: 844-658-0388, Option 1
 - ii. Email: readycheckgo@color.com
 - iii. Daily, 8:00 a.m. - 7:00 p.m. CST

Student Athlete Testing

- **What are the testing requirements for student athletes during the 2021-2022 school year?**
 - All student athletes at district-managed schools in grades 5-12 will be required to either submit proof of their COVID-19 vaccination (if they are eligible) or participate in weekly COVID-19 testing at school during their sports season. Any child who is fully vaccinated will be exempt from the weekly COVID-19 testing requirement to participate in sports. Through vaccinations and regular testing, CPS can help prevent the spread of COVID-19 among our student athlete population while allowing them to participate in sport activities. Note: Elementary students participating in SCORE! are not required to participate in weekly testing. Those who are participating in SCORE!+ and are unvaccinated are required to do weekly testing.
 - For students who are vaccinated: To provide proof of COVID-19 vaccination, parents or guardians must bring a copy of their child's completed vaccination card to the school nurse or school clerk; the school nurse will enter the vaccination dates into the district's HIPAA-compliant student information system, and the child will be exempted from weekly COVID-19 testing.
 - For students who are not vaccinated: Parents or guardians must complete the COVID-19 testing consent form that was emailed to all parents and guardians from CPSnoreply@cps.edu on Friday, August 27, 2021 before their child can be tested at school. Parents or guardians in need of another copy of the testing consent form can email COVIDtestingCPS@cps.edu to request one.

- **When will COVID-19 Testing for athletes take place and how will students be organized (especially at the elementary level) to ensure they complete their weekly testing?**
 - Student testing will take place weekly at every school, during the school day at a designated day and time. Principals, APs and other school-based staff will support logistics at the school level to ensure that students (especially younger students) who have registered for testing are notified that the testing team will be on site and are allowed to participate in testing during this time.
- **Does the parent/guardian need to consent every week to their student athlete to be tested for COVID-19?**
 - No. The parent/guardian only needs to fill out the consent form once. The consent form will prompt parents/guardians with a few questions regarding whether this test is for symptomatic or asymptomatic students, include general information about the student, provide contact information, and require an e-signature consenting to testing. Also, if a parent previously signed up for testing before the season started, they will not need to complete a new consent form.
- **Where do parents/guardians submit proof of vaccination status at the school level?**
 - Completed vaccination cards/records must be submitted to the school nurse, who will then enter the information into ASPEN.
- **On the school-level, who will verify a student's vaccination status? Who will track which students have participated in testing and provide the test result?**
 - A completed vaccination card must be submitted to the school-based nurse or school clerk to serve as verified proof of vaccination status. Full vaccination is defined as at least two weeks after receiving the second shot of a two-shot vaccination course, or at least two weeks after receiving a one-shot vaccination course.
 - Testing completion and results will be tracked in the Color platform. Positive or negative results will be communicated directly by the Color platform to families using the email the parent/guardian provided during the registration process.
- **If a student misses testing for a legitimate reason (e.g. the student was absent on testing day or the testing vendor missed their name on the roster), can they bring a test from an outside source and still be eligible to play?**
 - We recognize that a student may miss the school-based test due to factors outside of the student's control. In these extremely infrequent situations, a student may submit proof of a negative test result from an outside source. Because testing is provided weekly at school, this process should be reserved for true extenuating circumstances and limited to once per season.
 - The student should submit their test result to the athletic director, assistant principal, or principal.
- **For exceptions, what will serve as proof of a negative test from an outside source?**
 - A student can submit documentation of a negative PCR or antigen test that was administered by a medical professional. Store-bought, self-administered rapid tests will not be accepted as proof. Documentation must include the location that test was administered, the date (within the past 7 days), the student name, and the test result.
- **If a student athlete's school-based test is pending, can the student participate in sports or do they have to wait for the negative test to come back before being eligible to participate?**
 - The student may participate in sports even if the test results are pending as long as the test was taken in the last 7 days.
 - If the student athlete tests positive, the parent/guardian and the CPS Office of Student Health and Wellness will be notified and contact tracing will begin.

- **If a student is fully vaccinated and there is a case of COVID-19 on their team, are they automatically cleared to play no matter what, even if they were considered a close contact?**
 - Vaccinated individuals should plan on pausing activities for the day that the positive test is confirmed while the district investigates. Vaccinated athletes can return to school and practice/games after the pause if they remain asymptomatic, as they do not need to quarantine. Unvaccinated student athletes must remain in quarantine.
- **If a school or team experiences a positive case, what happens?**
 - The team should plan on pausing activity for the day to allow the district to contact trace. Any vaccinated individuals can then return to practice/games if they remain asymptomatic, but unvaccinated individuals must quarantine. The contact tracing team will advise any unvaccinated athletes when they can return to school and sports.
 - Individuals who test positive for COVID-19 through the CPS in-school COVID testing program will be notified immediately and the Office of Student Health and Wellness (OSHW) will begin contact tracing. For those who test positive at a non-CPS sponsored test site, individuals must immediately report their results to cps.edu/covidresults.
 - In both cases, OSHW will contact the individual and any close contacts with instructions.

Vendor (“Supplier”) Questions:

- **Are vendor employees required to follow the COVID-19 vaccination mandate if they visit schools but do not have direct contact with students?**
 - Yes. All vendor employees must comply with this mandate.
- **What does “fully” vaccinated mean?**
 - An individual is fully vaccinated against COVID-19 two weeks after receiving the second dose in a two-dose series of a COVID-19 vaccine authorized for emergency use, licensed, or otherwise approved by the U.S. Food and Drug Administration (FDA), or two weeks after receiving a single-dose COVID-19 vaccine authorized for emergency use, licensed, or otherwise approved by the FDA.
- **What documentation is acceptable for proof of vaccination or religious or medical exemption?**
 - This varies by vendor. Vendor employees must provide proof to their employer. CPS cannot accept vaccination documentation.
- **What documentation is acceptable for proof of vaccination or religious or medical exemption?**
 - This varies by vendor. Vendor employees must provide proof to their employer. CPS cannot accept vaccination documentation.
- **How do vendors provide vaccination documentation for their employees to CPS?**
 - CPS is not accepting any documentation. Vendors must attest that they will comply with CPS vendor vaccination requirements in the [CPS Supplier Portal](#).
- **What testing requirements must vendors fulfill for employees with a vaccination exemption?**
 - Vendors must provide exempted employees with a Nucleic Acid Amplification Test (NAAT) once per week. More information about NAATs may be found on the [CDC’s website](#).
- **How do vendors provide proof of testing to CPS for employees with a vaccination exemption?**
 - Vendors must attest that they are meeting our vendor vaccination requirement in the CPS Supplier Portal.

Lab and Testing Questions

- **What test is used?**
 - We will use a viral test, known as a nucleic acid amplification (NAAT) test, that is analyzed by a lab and takes about 24 hours to get results back. This test will tell if you or your child has a current COVID-19 infection, regardless of whether symptoms are present.
- **Is the test reliable?**
 - Tests can show a false negative or false positive, but most test results are useful and give families the information they need.
 - The test administered is a lab-based pooling PCR test, any positive pools identified through testing will automatically be confirmed using a single diagnostic PCR test.
 - The test utilized is a laboratory pooled RT PCR test which provides accurate results with high confidence even at low viral loads. The TaqPath Pooling kit has a sensitivity of 50GCE/ml and has demonstrated 100% PPA for a pool size of 5 (percent agreement, meets FDA performance guidelines (>95%)) in a clinical evaluation study).
- **What is a lab pooled sample?**
 - Pooled sample testing means that two or more people provide specimens that are combined together at the laboratory where the test is conducted to detect SARS-CoV-2.
 - If the pool is positive for SARS-CoV-2, then the individual samples part of that pool are re-run and each person is notified of an individual result of positive or negative.
 - For the CPS testing program, a maximum of 5 samples are pooled together in the lab.
- **Why is the district using pooled testing?**
 - Pooling specimens allows laboratories to increase the volume of testing while using fewer testing materials. Pooling can also increase efficiency (time and labor) and reduce the overall cost of testing.
 - i. You can learn more about pooled testing at the [CDC's website](#).
- **If a pool tests positive, is the parent/guardian or staff member notified?**
 - Because the sample is pooled randomly in the lab and not on site, individuals will not receive notification if someone in the pool tests positive. This is because each person tested will receive an individual result of positive or negative. If an individual has been exposed to someone who tests positive, CPS will follow [contract tracing protocols](#) to alert individuals and/or parents of next actions.

General COVID Questions

- **What do I do if I test positive outside of this program?**
 - If you are a CPS student or staff, please self report your positive case to [CPS.edu/COVIDresults](#) and CPS will reach out to you to complete an interview to identify any close contacts.
- **What should an employee/student do if a member of their household tests positive?**
 - Even if the unvaccinated employee/student is asymptomatic, they may have been exposed to the virus and should stay home for 14 days after their last exposure. CDPH also recommends that the close contact gets tested three to five days after being exposed, regardless of vaccination status. Visit the [CDPH website](#) to find a testing site near you.
- **What is the distinction between isolation and quarantine?**

- Health authorities require those who have tested positive for COVID-19 to complete an “isolation” period; those who may have been exposed to COVID-19 and do not have symptoms of COVID-19 must complete a “quarantine” period. In practice, isolation and quarantine both mean to stay home and stay separated from others who have not been exposed to COVID-19.