

MAGIC VALLEY ATHLETIC CONFERENCE

MVAC

Constitution / By-Laws / Procedures

Revised Spring 2023

Article I

Name of Conference

- A. This Conference shall be known as the: **Magic Valley Athletic Conference**

Article II

The Purpose of the MVAC

- A. The purpose of this organization shall be to provide joint promotion of:
- a. Interscholastic sports among the participating schools
 - b. Other inter scholastic activities that the conference may select
 - c. The general welfare of the students

Article III

Membership

- A. The present membership consists of the following schools:
- a. Burley Junior High School
 - b. West Minico Middle School
 - c. East Minico Middle School
 - d. Robert Stuart Middle School
 - e. O'Leary Middle School
 - f. Wood River Middle School
 - g. Jerome Middle School
 - h. South Hills Middle School
- B. Schools wishing membership may become full members by complying with conference requirements as stated in the By-Laws
- a. Submitting a letter or request to the MVAC signed by both the principal of the school and the Superintendent of the school district.
 - i. Deadline for submissions is January 31st
 - b. Be voted by the majority of the conference schools
 - c. Member schools wishing to withdraw from the MVAC must submit in writing before the annual scheduling meeting in March.

Article IV

Representation

- A. The official representative of each conference shall be the principal or his/her designated representative.
- B. There shall be one vote per middle school in the conference.

Article V

Officers

- A. The officer shall be a president, treasurer and secretary
 - a. Term of office shall be two years, and from the same school
 - b. The term shall rotate among the member schools.
 - c. The rotation will be as follows:
 - i. South Hills (2025-28)
 - ii. Wood River (2029-31)
 - iii. Jerome (2027-29)
 - iv. Burley (2029-31)
 - v. Stuart (2031-33)
 - vi. O'Leary (2033-35)
 - vii. West Minico (2035-37)
 - viii. East Minico (2037-39)

Article VI

Duties of the President

- A. It shall be the duty of the president or his/her designee to:
 - a. Preside at all meetings of the conference
 - b. Represent the conference at all public occasions
 - c. Appoint all necessary committees
 - d. Perform any other duties delegated to him/her by the conference
 - e. Perform the duty of press agent for the conference during his/her term
 - f. Ensures the purchase and disbursement of all awards selected by the conference for its various activities
 - g. Maintain proper accounting procedures
 - h. Conduct all correspondence of the conference, including all notices of the meetings to all conference schools.
 - i. Keep the minutes of all meetings of the conference
 - j. To keep, as directed, all records of the association/conference
 - k. In the event of the standing president's absence, the next president in the rotation will preside.
 - l. It's at the discretion of the president for the meeting location.
 - i. Annual inventory of traveling trophies conducted at the final meeting of the year.
 - m. If a coin flip is needed, the president will do it. Video documentation required.

Article VII

Meetings

- A. The conference will hold regular meetings. The president will decide the time and place.
- B. Special or executive meetings may be called by the president as needed
- C. The final spring meeting will be the annual By-Law review.
- D. A quorum shall consist of $\frac{3}{4}$ of the conference schools. Proxies will be allowed by communication with the president.

Article VIII

Expenses

- A. Each member school shall pay an annual fee to the conference
 - a. This fee will be set at each spring meeting
 - b. Fees may be adjusted throughout the year if warranted and approved by the conference.
 - c. Each school will pay \$100 yearly fee due by October 1 to MVAC Conference
- B. Official funds may be used to pay expenses approved by the conference members for conference business
- C. Conference schools will host season ending conference championship tournaments
 - a. The host school will bear all costs/expenses/awards incurred as the host school.
- D. Each MVAC school, including club sponsored teams participating in the MVAC schedule, is responsible for paying officiating fees for teams participating in volleyball, football, soccer, wrestling, and basketball.

Article IX

Amendments

- A. This constitution may be amended by member schools of the conference if:
 - a. Notice of the proposed amendment should be received by the president in sufficient time to notify and be submitted to the member schools at least two weeks prior to a regular scheduled meeting
 - b. The amendment ratified by $\frac{3}{4}$ of the conference schools

By-Laws

A. Awards

a. Traveling Trophies:

- i. A 1st place traveling trophy will be awarded to the league champion in the 7th and 8th grade
 1. 7th and 8th grade football:
 - a. A traveling trophy will be awarded at the last football game of the season to the **Playoff Champion** in the 7th and 8th grades.
 - b. In the case of a tie, all teams' names will be placed on the trophy, and the winner of a coin toss will house the trophy for the year.
 2. Basketball and Volleyball:
 - a. Trophies will be awarded at the conclusion of each conference championship tournament.
 - b. Traveling team trophy will be awarded.
 3. Cross-Country:
 - a. Medals will be awarded to 1st through 7th place in each division in cross-country.
 - b. Traveling team trophy will be awarded.
 4. Wrestling:
 - a. Wrestling medals will be awarded for 1st through 4th place.
 - b. Traveling team trophy will be awarded.
 5. Track and Field:
 - a. Ribbons for track will be awarded at the conference championship meet.
 - b. Medals will be awarded to 1st place
 - i. **92 medals**
 - c. Ribbons will be awarded to places 2-6.
 - i. **244 individual ribbons**
 - d. Relays ribbons will be awarded to places 2-3
 - i. **96 relay ribbons**
 6. Soccer
 - a. A traveling trophy will be awarded at the soccer tournament at the end of the season.
 - b. In the event of a tie after regulation of a tournament game, the game will be decided by shootout.
 - i. A shootout is defined as a minimum of 5 penalty kicks, if a tie still exists it will be 1 to 1 until a winner is determined
 7. Cut Sport Conference Tournaments (Volleyball, Soccer, Girls Basketball, Boys Basketball)
 - a. See tournament seeding under section M according to that sport.

B. Dues

- a. Annual dues for each member school shall be determined at the annual spring meeting.
 - i. The president/treasurer will bill each member school.
 - ii. Dues are payable on or before October 1 of each school year.

C. Game Procedures

a. Visiting Students

- i. Student prices will be charged with the presentation of a proper school activity card with the following exceptions:
 1. Drill/Dance team members will be admitted without charge if they are performing.
 2. Cheerleaders in uniform will be admitted free of charge.
 3. Chaperones and bus drivers, properly identified, will be admitted free of charge.

b. Conduct/Discipline

- i. A major goal of the conference will be to maintain a high standard of sportsmanship.
- ii. The conduct of participants and school personnel at all MVAC-sponsored activities shall be such that it does not bring discredit to the school or the Association. Such conduct must not disrupt the discipline, order, safety, or educational environment of school activities.
- iii. The member school principal is responsible for initiating appropriate disciplinary measures against students or school personnel for improper or unethical practices.
- iv. Ejections
 1. In any athletic contest, any coach or player ejected for an unsportsmanlike or flagrant act will be suspended for the remainder of the contest and, will be suspended for the next regularly scheduled contest at that level of competition. Any staff or parent/fan/spectator associated with a member school ejected for an unsportsmanlike or flagrant act will be suspended for the remainder of the contest and will be suspended for the next two regularly scheduled contests at that level of competition, and all other games/meets/matches in the interim, in any sport, at any level of competition.
 2. At the time of ejection, the person/s must leave the field of play and assume a position that will not enable him or her to see or be seen. The exception would be a student at an away game when a parent is not present. That student must change and sit in the stands next to a qualified supervisor from their home school.
 3. During the suspension of the next regularly scheduled contest, the player is permitted to watch the contest, but may not participate. The coach is not allowed at the contest. If there is not a district approved supervisor, the team will forfeit the next contest. The parent/staff/fan/spectator is not allowed at the next two contests.
 4. Players will also be required to take the NFHS free, online sportsmanship course and submit a certificate of completion to school administration prior to reinstatement. The course must be completed between ejection and reinstatement.
 5. Coaches will also be required to take the NFHS online Teaching and Modeling Behavior course and submit a certification of completion to school administration prior to reinstatement. The course must be completed between ejection and reinstatement.
 6. Parents will also be required to earn the NFHS National Parent Credential which includes the free, online Positive Parenting Within School Programs course and

The Parent Seat. Credential Certificate must be submitted to school administration prior to reinstatement. The credential must be completed between ejection and reinstatement.

7. Other Persons (staff/fans/spectators that are not parents) will also be required to take the NFHS free, online sportsmanship course and submit a certificate of completion to school administration prior to reinstatement. The course must be completed between ejection and reinstatement.
8. A second violation will result in being suspended for the next two (2) regularly scheduled contests. The third ejection will result in suspension for the remainder of that season. If penalties are imposed at the end of the sport season and no contest remains, the penalty is carried over to that particular sport until the next school year.
9. When an individual is suspended for the next contest, the interpretation of "contest" is as follows:

Football: next game Volleyball: next match

Basketball: next game Cross Country: next meet

Wrestling: next contest Track: next meet

Soccer: next match

- c. Every effort should be made to extend courtesy to opponents and officials by school personnel, students, and the community.
- d. Vulgar and off-color cheers and gestures will not be tolerated at any conference event.
- e. Conference officials or administration are sanctioned to take disciplinary actions as deemed necessary. Officials and administration should use clear language when ejecting any fan/parent from any contest.
- f. All cheering and related activities must be under the direct supervision of the school-employed cheer coach.

D.

Procedures

- A. The Constitution and By-Laws shall be reviewed and revised every May.
- B. A printed financial report will be presented at the annual spring meeting.
- C. The MVAC will allow students to play club sports during the same season.
- D. If a team does not show up to a contest without informing the host team in a timely manner, they will pay the officiating fees and forfeit the contest.
- E. The schedule is set and teams must show up to each game on the schedule, unless there is a suitable reason. If there is not a suitable reason, there is a \$100.00 fine, paid to the MVAC. Only the Athletic Director has the ability to cancel games.
- F. For sports not being assigned through a commissioner, officials will be paid a minimum of \$50 per game. Tournament pay can be increased.
- G. 6th grade participation is allowed as follows:
 - a. Cross-Country
 - i. Participation is allowed for all conference and invite meets including the MVAC meet.

- b. Wrestling
 - i. Participation is allowed for all conference and invite meets including the MVAC tournament.
- c. Track and Field
 - i. Participants are allowed at the host school's home meet or with the permission from the host school.
 - ii. 6th graders ARE NOT ELIGIBLE for the MVAC district track meet

H. The weight classes for the Varsity/JV wrestling programs are as follows:

- a. 70, 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 126, 132, 138, 147, 165, 190, **220** Heavyweight.
- b. Each level will have three (3) one (1) minute rounds
- c. Conference wrestling tournament regulations:
 - i. Each weight will hold a 16-man bracket
 - 1. Each school will have an opportunity to fill each bracket with two (2) wrestlers
 - 2. The remaining openings will be filled during the conference seeding meeting
 - ii. Conference officials will do all weigh-ins at the conference meet
 - 1. Digital Scales are to be used
 - iii. Conference tournament will be a double elimination tournament.
 - iv. No changes in weight classes after the seeding meeting
 - v. Scoring:
 - 1. The conference tournament will be run with a computerized program (National Wrestling High School Federation scoring rules) when available.
 - vi. Wrestlers with hair longer than collar length MUST have it secured above the collar.

I. Soccer

- a. Girls play first at 4:30 pm , then boys
 - i. Boys start immediately after the girls game
- b. 30 minute halves with a 10 minute half time
- c. Mercy Rule: If the score deficit is 7 or greater by half time, the second half will be shortened to a 15-minute half. If a deficit of 7 or more has not been reached by half, but does occur during the second half, the game ends after 15 minutes have been played..

J. Cross Country

- a. There will be 2 races at each meet, a girl's followed by a boy's race. The top 7 places will be recognized. Meets will start at 4:30 pm.
- b. The District Cross Country meet will have 2 races, a girl's followed by a boy's race. The top 7 places for boy's and for girl's will be recognized. The first place boys and girls teams will receive a traveling trophy.
- c. The District meet will be hosted by West Minico and East Minico each year.

K. 7th and 8th football shall play 8 minute quarters

- a. 7th grade plays at 4:00 pm followed by 8th grade. 8th grade will have a 10 minute warmup on the field prior to their game.

- b. Mercy Rule: If at any time after half time, a team is up by 20 points the clock will run.
 - i. Except for time outs or injury time outs and after scoring a touchdown
- c. All ties in football shall be played off, using Kansas playoff rules as outlined below
 - i. A coin toss determines which side shall attempt to score first, and which end zone the scores shall be attempted
 - ii. Each team in turn will receive one possession, starting with first-and-10 from a fixed point on the opponent's side of the field.
 - iii. The ball begins at the 10-yard line
 - iv. The game clock does not run during overtime play.
 - v. The play clock, however, is enforced
 - vi. A team's possession ends when it scores (touchdown or field goal), misses a field goal, fails to gain a first down on the final down, or loses the ball by turnover.
 - vii. As usual, a touchdown by the offense is followed by a try for one or two points.
 - viii. The defense is generally not allowed to score if it gains possession.
 - ix. Each team receives one charge time-out per overtime procedure
 - x. If the score remains tied at the end of the overtime procedure, an additional overtime is played
 - xi. The team with the second possession in one overtime procedure will have first possession in the next overtime procedure
 - xii. The overtime procedures are continued until a winner is determined.
- d. Playoff rules
 - i. Will follow all in season rules
 - ii. There are 2 Playoff brackets which are determined by seeding. Playoffs are a single elimination tournament in each respective bracket.

L. 7th and 8th basketball shall play 8 minute quarters.

- a. There will be a 12 minute warm up in between games with a 10 minute half time for each game.
- b. Mercy Rule: If at any time after halftime, there is a 20 point differential the clock will run.
 - i. Once the clock is running it keeps running
 - ii. Stops for injuries and timeouts only
- c. An overtime period in 7th and 8th grade basketball will be 3 minutes in length.

M. 7th and 8th grade volleyball will be allowed a 12-minute warm-up (5-5-2)

- a. Regulation play will be best of three games, first two games to 25 and a third game to 15
 - i. Cap of 30 on the first two games
 - ii. Cap of 21 on the third game
 - iii. Starters ARE NOT allowed to play during the 5th quarter, except where there are insufficient numbers of nonstarters.
 - 1. The maximum number of nonstarters must play the 5th quarter.
 - 2. Fifth quarter will be played to 15 with a cap at 21.
 - 3. 5th quarter is optional depending on the official.
 - 4. The 5th quarter will be played before the match starts.

N. Track Season:

- a. There will be 6 entries per school in all individual events during regular season track meets.
 - i. Each school will be allowed up to 2 relay teams per relay event, with 1 team scoring.
 - ii. 800m and 1600m will allow unlimited entries.
 - iii. Scoring for the 4 team track meet will be 6-4-3-2-1 for individual events and 6-4-2 for relays.
- b. Conference Track Meet:
 - i. Each school will be allowed 4 entries in all individual events.
 - ii. One relay team per school, per relay race will be allowed.
 - iii. 800 and 1600 will be unlimited entries.
 - iv. Each individual may only do 4 events.
 - v. Districts will be 10-8-6-5-4-3-2-1.
- c. Format and rules for MVAC regular season and conference meets.
 - i. The boys and girls will participate at the same meet.
 - 1. Girls and Boys will alternate in both the running and field events.
 - 2. Girls will run first, boys will follow per grade level.
 - a. Example: 7th grade first with 8th grade to follow (7G, 7B, 8G, 8B)
 - 3. The boys' shot and girls' discus will be first followed by girls' shot and the boys' discus.
 - a. All athletes will use 8lb shot
 - b. The smaller high school girls' discus will be used by both
 - 4. The high jump will follow (7th girls, 7th boys & 8th girls, 8th boys) All other field events will be open pit.
 - 5. An individual participant may sign up for a maximum of four events at regular season track meets and at the season ending conference track meet
 - 6. Three attempts are allowed for all field events
 - 7. High jump starting heights:
 - a. 7th Girls: 3'6"
 - b. 7th Boys: 4'0"
 - c. 8th Girls: 4'0"
 - d. 8th Boys: 4'6"
 - 8. The Long Jump will use the following:
 - a. Host school needs 4 foot and 8 foot board taped - host schools determine other lengths
 - b. Measuring jumps follows:
 - i. Measure from Front of board
 - ii. measure closest point from sand to front of board (jumpers closest landing mark to include step back/reach back)
 - 9. The Triple Jump will use the following:
 - a. Host school needs to have 12 foot board, 18 foot board and 24 foot board taped - others up to host school
 - b. Measuring jumps follows:
 - i. Measure from Front of board

- ii. Measure closest point from sand to front of board (jumpers closest landing mark to include step back/reach back)

10. Hurdles:

a. Starting Heights:

- i. 7th Girls: 30"
- ii. 7th Boys: 30"
- iii. 8th Girls: 30"
- iv. 8th Boys: 33"

b. Hurdles will be run on the high school girls' 100-meter low markings

11. Medley Relay will be set up as follows:

a. 100-100-200-400

12. The host schools will provide the throwing implements to be used by all participants.

13. Track shoes may be worn with 1/4" spikes

14. Each participant is required to wear his/her school issued uniform, top only, while competing.

15. The MVAC does not sponsor the pole vault

16. Order of Events:

| Order of All Events (7G, 7B, 8G, 8B) |
|---|
| 1600 Meter Run |
| 100 Meter Hurdles |
| 100 Meter Dash |
| 4 X 200 Meter Relay |
| 800 Meter Run |
| 4 X 100 Meter Relay |
| 400 Meter Dash |
| 200 Meter Dash |
| Medley Relay |

17. Track Coaches:

- a. Not involved in the actual operation of a meet are not to be on the infield during a track meet.
 - i. Unless host school needs help running individual events
- b. Meet officials have the option to disqualify individual competitors or relay teams if a coach is on the infield during an event.

18. Athletes are not to be on the infield during a track meet

- a. Only those athletes that have been summoned to the bullpen or are on the track competing are allowed on the infield

- b. Meet officials have the option to disqualify individual competitors or relay teams if an unauthorized participant is on the infield during an event.

19. Coaches and participants must be in the bleachers during track meets.

- a. This rule is meant to keep the infield clear.

O. Seeding for tournament play in soccer, volleyball, and basketball shall be according to overall MVAC season records. The team with the best win/loss record will be the number #1 seed.

- a. Should there be a tie for any place, the tie shall be settled as follows:

- i. The winner in head-to-head play during the season will receive the higher seed
- ii. If there is a split in head-to-head play, a coin toss will decide who receives the higher seed
- iii. In the event of a three way or more season record tie, and equal head to head records a coin flip will decide seed.

P. Volleyball, Soccer, and Basketball will be a double elimination tournament with brackets determined by seeding in an eight bracket tournament format. Higher seeded team will host. If a tie cannot be settled in team seeding by head to head competition then a coin flip will determine seeding.

Q. League admission prices to games

- a. Adults: \$5
- b. Students: \$4
- c. Grade school students: \$3
- d. Senior citizens: \$3
- e. Under six: Free
- f. Veterans: Free
- g. No IHSA passes allowed

R. Tournament Host Sites

| Year | Wrestling | Track | |
|---------|-----------|------------|--|
| 2024-25 | O'Leary | Wood River | |
| 2025-26 | Burley | O'Leary | |
| 2026-27 | Stuart | Burley | |

| | | | |
|---------|-------------|-------------|--|
| 2027-28 | South Hills | Stuart | |
| 2028-29 | Jerome | South Hills | |
| 2030-31 | West | Jerome | |
| 2031-32 | East | West | |
| 2032-33 | Wood River | East | |

S. MVAC Sanctions:

- a. If any school is found in violation of the above requirements, they may be fined \$50 per incident.
 - i. Violations must be filed with MVAC for review.
- b. Any coach/player removed from a contest will be ineligible to attend the next scheduled contest.
- c. Host schools are responsible to provide officials for soccer, volleyball, basketball, and wrestling through the MVAC contracted assignors.
 - i. If officials are not provided, the host school will forfeit the game.

T. MVAC Sportsmanship Awards will be voted on by each school. Each school will have the head coach and athletic director. Plaques will be given to each sport/grade.

- a. School Administrator and Head Coach of each team vote.

U. Scheduling Coordinators:

- a. Cross Country South Hills
- b. Volleyball East
- c. Football Burley
- d. Soccer Wood River
- e. Basketball Stuart
- f. Wrestling Jerome
- g. Track South Hills

Scheduling coordinators are assigned as above, if Keys and Schedules are no longer used

V. Appendix A (Revisit Champions for all sanctioned sports and continuing a running log of champions refer to trophies)

Updates

- 5/12/2022
- 5/19/2023