

Phillip Snell, DC

Since 2002, Dr. Snell has maintained a clinical chiropractic practice in Portland, OR focusing on sports injury, rehabilitation and manual therapy. As adjunct faculty at University of Western States, he takes part in the clinical education of chiropractic students. He has taken part in the largest NIH-funded research studies of chiropractic methods. Dr. Snell is also the creator of NeuroCentric Approach®, an integrative physical medicine assessment and application process that incorporates the emerging science on pain neuroscience education, mechanical sensitization of peripheral neurology and longevity literature. Dr. Snell also offers the FixYourOwnBack online service as a self-help exercise website for those suffering from lumbar disc injury.