

## **Optional Summer Football Opportunities**

### **Team Camp Equipment Issue:**

- July 14th from 8:30-10:30 am
- Gym D

**7 on 7 - Passing League (10-12 grade):** The purpose of this is to allow players the chance to work as a team to start building rapport with each other as a defense and offense. This is a great time to come together as a team and just have fun playing backyard football.

- Open to 10th, 11th, 12th graders
- Held at La Crosse Logan High School
- Bring cleats and water bottle
- Wear a Maroon Holmen shirt
- Dates:
  - June 22 & 29 from 6:15 to 7:30pm
  - July 13 & 20 from 6:15 to 7:30pm

**Offensive Skill Position Sessions:** The purpose of these sessions is to allow players the opportunity to work on basic football skills within their position group to prepare for our team camp where we will be installing our offense and defense.

- **Open to 9th, 10th, 11th, 12th graders**
- Held at HHS on the practice field
- Bring cleats and a water bottle

**QB:** June 17th @ 9-10am

**QB/FB:** June 25th @ 9-10am

**RB:** June 17th & June 25th @ 9-10am

**WR/TE:** June 25th @ 7-8am

**TE/OL:** June 16 & 23 @ 10-11am

**Defensive Skill Position Sessions:** The purpose of these sessions is to allow players the opportunity to work on basic football skills within their position group to prepare for our team camp where we will be installing our offense and defense.

- **Open to 9th, 10th, 11th, 12th graders**
- Held at HHS on the practice field
- Bring cleats and a water bottle

**ILB:** June 11th @ 6pm & June 19th @ 8am

**OLB:** June 11th @ 6pm

**DL:** June 18th & 25th @ 9-10am

**DB:** June 24th & July 9th @ 9-10am

## **Optional Summer Football Opportunities**

**Skill and Drill Group Sessions:** The purpose of these sessions is to allow players the opportunity to work on basic football skills within their team group to prepare for our team camp where we will be installing our offense and defense.

- **Open to 9th, 10th, 11th, 12th graders**
- Held at HHS on the practice field
- Bring cleats and a water bottle
- Dates:
  - July 15th @ 5:00 - 6:00pm
  - July 16th @ 5:00 - 6:00pm

**Speed and Agility Sessions:** The purpose of these sessions is to allow players the opportunity to work on developing speed and agility in the off-season for all sports and not just for football players. Anyone in a high school sport can attend.

- **Open to 9th, 10th, 11th, 12th graders**
- Held at HHS on the practice field
- Bring cleats and a water bottle
- Dates:
  - June 13th, 17th, 19th, 26th @ 6:00pm
  - July 8th, 10th @ 6:00pm