

	0-19	20-39	40-49	50-59	60-69	70-79	80-100
1. Composition of the meal in relation to UK advice for healthy eating (20%)	Almost no understanding of the subject	Little understanding of the subject. Frequent misunderstandings.	Some understanding of the subject, but only at a general level. Some major misunderstandings.	Reasonable understanding of healthy eating guidelines and applying to the case study. Compares the meal with healthy eating guidelines. Some omissions and minor misunderstandings.	Good understanding of healthy eating guidelines and applying to the case study. No misunderstandings but there are minor omissions.	Very good understanding of healthy eating guidelines and its application to the case study. Discusses with depth. Some minor omissions.	Excellent understanding of applying healthy eating guidelines to the case study. Provides a complete and critical analysis. Draws from wider reading.
2. Metabolic state prior to the meal (15%)	Almost no understanding of the subject	Little understanding of the fasted state. Frequent misunderstandings.	Some understanding of the fasted state, but only at a general level. Some major misunderstandings.	Reasonable understanding of the fasted state. Covers some of the main metabolic processes but not all	Good understanding of the fasted state. Covers most of the main metabolic processes but there are omissions. Discussion can be improved	Very good understanding of the fasted state. Covers all of the main metabolic processes with some minor omissions. Good level of discussion	Excellent understanding of the fasted state. Complete, excellent discussion, provides critical insights and draws from wider reading
3. Digestive and absorptive processes (10%)	Almost no understanding of the subject	Little understanding of the subject. Frequent misunderstandings.	Some understanding of digestion and absorptive processes, but only at a general level. Some major misunderstandings.	Reasonable understanding of digestion and absorptive processes. Covers some of the processes and there are some misunderstandings	Good understanding of digestion and absorptive processes. Covers most of the processes but not all	Very good understanding of digestion and absorptive processes. Covers all of the processes with some minor omissions	Excellent understanding of digestion and absorptive processes. Covers all of the processes and draws from wider reading
4. Metabolism and regulation following the meal (20%)	Almost no understanding of the subject	Little understanding of the subject. Frequent misunderstandings.	Some understanding of the subject, but only at a general level. Some major misunderstandings.	Reasonable understanding of postprandial metabolism. Covers some of the processes and there are some misunderstandings.	Good understanding of postprandial metabolism. Covers most of the processes but not all including regulation. Some minor misunderstandings	Very good understanding of postprandial metabolism and regulation. Covers all of the processes with some minor omissions. Good	Excellent understanding of postprandial metabolism. Covers all of the processes and their regulation. Provides critical

				Regulation not covered sufficiently		discussion but can be improved	insights and draws from wider reading
5. Metabolism and regulation returning to the fasting state (15%)	Almost no understanding of the subject	Little understanding of the subject. Frequent misunderstandings.	Some understanding of the subject, but only at a general level. Some major misunderstandings.	Reasonable understanding of the returning to fasted state. Covers some processes but not complete and does not discuss in relation to case study	Good understanding of the returning to fasted state. Some minor misunderstandings and omissions. Can be better tailored to the case study	Very good understanding of the returning to fasted state. Covers all processes with some minor omissions. Tailored to case study but can be improved	Excellent understanding of the returning to fasted state. Covers all processes and tailored to the case study. Draws from wider reading and provides critical insights
6. Metabolism during extended fasting and starvation (10%)	Almost no understanding of the subject	Little understanding of the subject. Frequent misunderstandings.	Some understanding of the subject, but only at a general level. Some major misunderstandings.	Reasonable understanding of metabolism in extended fasting and starvation but general. Some inconsistencies in understanding and does not cover all the salient processes	Good understanding of metabolism in extended fasting and starvation, identifies them as discrete states. Covers most of the processes with some minor misunderstandings and omissions	Very good understanding of metabolism in extended fasting and starvation, identifies them as discrete states. Covers all processes with some minor omissions.	Excellent understanding of metabolism in extended fasting and starvation. Shows complete understanding and covers all processes. Provides critical insights and draws from wider reading
7. Formatting, spelling and grammar (5%)	Unacceptable presentation, spelling and grammar requires significant improving	Very poorly presented, very poor spelling, very poor grammar	Poorly presented, poor spelling, poor grammar.	Acceptable formatting, spelling, and grammar. Frequent errors but not critical to understanding.	Good formatting, spelling, and grammar. There are a few errors in some sections	Very good formatting, spelling, and grammar. Occasional errors only.	Excellent formatting, spelling and grammar, with no or isolated errors only
8. Referencing (5%)	Unacceptable referencing with major errors	Very poor referencing with frequent errors, lacks consistency	Consistent style but poor referencing with frequent errors	References generally used appropriately. Multiple errors in in-text citations and/or references.	Good referencing and generally used consistently. Few errors in in-text citations or references.	Referencing used consistently. Both in-text citations and references are very good quality with only minor inconsistencies.	Referencing used very consistently. Both in-text citations and references are exemplary.