UBND THÀNH PHỐ HUẾ
SỞ GIÁO DỤC VÀ ĐÀO TẠO

(Đề thi có 04 trang)

KỲ THI THỬ TỐT NGHIỆP THPT
NĂM HỌC 2025–2026
MÔN: TIẾNG ANH
Thời gian làm bài: 50 phút *(không kể thời gian phát đề)*

Họ và tên: ..... Số báo danh: ..... **Mã đề 5004**

Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the best answer to each of the numbered questions from 1 to 8.

Digital Technology in Contemporary Education

The integration of digital technology into contemporary education has significantly transformed both teaching methods and learning experiences. Online platforms, adaptive systems, and a wide range of digital resources allow students to access information quickly, thereby promoting greater independence and flexibility in learning. In addition, real-time assessment tools enable teachers to **monitor** students' progress closely and adjust their instruction to suit different learning needs, which is particularly important in increasingly diverse classrooms.

One major advantage of technology-enhanced education is its ability to improve student engagement. Multimedia materials, such as videos, interactive activities, and simulations, can make complex ideas easier to understand and more **appealing**. As a result, students are more likely to participate actively in lessons rather than simply listen to lectures. However, this approach also requires learners to have strong self-discipline, as digital devices may easily distract them from their studies.

Technology also supports collaboration beyond the traditional classroom. Through online platforms, students can share ideas, work together on projects, and communicate effectively even when they are in different locations. **This** not only improves teamwork and communication skills but also prepares learners for future working environments where cooperation is essential.

Despite these benefits, the use of technology in education also presents several challenges. Not all students have equal access to digital devices or reliable internet connections, which may widen educational inequality. Furthermore, the effective use of technology depends greatly on teachers' digital skills; without proper training and support, these tools may not be used effectively. Therefore, although technology offers many advantages, its use in education should be carefully planned and continuously evaluated to ensure fair and effective outcomes.

Question 1. Which of the following is NOT mentioned in paragraph 1 as a benefit of digital technology in education?

A. It helps teachers adjust their teaching. **B.** It replaces teachers in the classroom.
C. It allows quick access to information. **D.** It supports flexible learning.

Question 2. The word "monitor" in paragraph 1 is closest in meaning to _____.

A. limit **B. replace** **C. observe** **D.** control

Question 3. The word "appealing" in paragraph 2 is OPPOSITE in meaning to _____.

A. attractive **B. interesting** **C. effective** **D.** boring

Question 4. The word "this" in paragraph 3 refers to _____.

A. The improvement of communication skills
B. Students' geographical locations
C. the act of sharing ideas and working together
D. the use of digital platforms

Question 5. Which of the following best paraphrases the underlined sentence in paragraph 3?

A. Technology allows students to work together outside the conventional classroom.
B. Technology is mainly used to organise group activities in the traditional classroom.
C. Technology improves students' ability to study independently in the usual classroom.

D. Technology limits interaction among students in different places outside the classroom.

Question 6. Which of the following is TRUE according to the passage?

A. Technology helps prepare students for future careers.

B. Students can only work together in classrooms.

C. All students have equal access to digital technology.

D. Technology removes the need for teamwork.

Question 7. In which paragraph is the importance of student self-discipline mentioned?

A. Paragraph 4 **B. Paragraph 2** **C. Paragraph 1** **D.** Paragraph 3

Question 8. In which paragraph are the challenges of using technology in education discussed?

A. Paragraph 2 **B. Paragraph 3** **C. Paragraph 1** **D.** Paragraph 4

Read the following leaflet and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 9 to 14.

How to Build Better Study Habits

If you struggle to stay organised or motivated in your studies, here are practical tips to help you build a routine (9) _____ active learning. Developing strong academic habits doesn't happen overnight, but steady daily effort can create meaningful and lasting progress.

• Set realistic weekly goals and manage your tasks with a study planner (10) _____ a digital checklist, especially when exam periods become demanding.

• Use every chance to apply active learning strategies such as rewriting notes, asking questions, or keeping (11) _____ with you for quick revision during breaks.

• Invite classmates and (12) _____ friends to join group study sessions, and try (13) _____ everyone's focus with short fun challenges like timed quizzes or vocabulary games to make studying more dynamic.

• Give yourself small rewards after completing difficult tasks; even simple encouragements can bear (14) _____ and help you maintain steady momentum throughout the semester.

Question 9. **A. in** **B. at** **C. on** **D.** of

Question 10. **A. or** **B. but** **C. nor** **D.** so

Question 11. **A. essential study guides** **B. study guides essential** **C. study guides essay** **D.** essential guides study

Question 12. **A. the others** **B. other** **C. others** **D.** another

Question 13. **A. comparing** **B. stimulating** **C. contrasting** **D.** replacing

Question 14. **A. flowers** **B. foliage** **C. roots** **D.** fruit

Mark the letter A, B, C or D on your answer sheet to indicate the best arrangement of utterances or sentences to make a cohesive and coherent exchange or text in each of the following questions from 15 to 19.

Question 15.

a. These initiatives have significantly enhanced the city's environmental quality and improved residents' well-being.

b. In response, the local government introduced a series of green policies, including stricter emission controls and expanded public transport.

c. Over the last fifteen years, the industrial city of Norland has faced severe air pollution due to rapid urbanisation.

d. As a result, many factories have adopted cleaner technologies, reducing harmful emissions into the atmosphere.

e. Norland is now widely recognised as a model for sustainable urban development.

A. c – d – b – a – e **B. b – c – d – a – e** **C. c – b – d – a – e** **D.** e – a – b – d – c

Question 16.

a. Anna: I've been trying to cut down on my screen time lately. What about you?

b. Anna: That sounds helpful. I might try that myself.

c. Anna: Does it make a difference?

d. Ben: I started using an app that tracks how long I'm on my phone each day.
e. Ben: Yeah, it helps me stay more aware of my habits and take breaks.

A. a – d – c – e – b **B. a – c – d – e – b** **C. a – c – e – d – b** **D.** a – d – e – c – b

Question 17.

a. Tom: It's just around the corner. You'll see it next to a bakery.
b. Lisa: Thank you so much for your help!
c. Lisa: Excuse me, could you tell me where the nearest bus stop is?

A. a – b – c **B. c – b – a** **C. a – c – b** **D.** c – a – b

Question 18.

a. In the end, this experience taught me the importance of teamwork and perseverance.
b. At first, I wasn't sure whether we could complete the project on time.
c. Working on the group assignment over two weeks was both challenging and rewarding.
d. During that period, we had to conduct research, analyse data, and prepare a detailed presentation.
e. Despite the pressure, we eventually managed to finish everything successfully.

A. b – c – d – a – e **B. b – d – a – c – e** **C. c – d – b – e – a** **D.** c – b – d – e – a

Question 19.

Dear Ms Johnson,
a. If you have any questions regarding the updated schedule or need further assistance, please do not hesitate to contact us at your convenience.
b. We sincerely apologise for any inconvenience this unexpected change may cause to your plans and arrangements.
c. Due to unforeseen circumstances, the conference has been rescheduled to September 15th, and all related activities will be adjusted accordingly.
d. We truly appreciate your understanding and continued support, and we look forward to welcoming you at the event.
e. We are writing to inform you about an important change to the upcoming conference that may affect your participation.
Yours sincerely,
Conference Organising Committee

A. e –b – c – d – a **B. e – c – b – a – d** **C. c – b – e – d – a** **D.** c – e – b – a – d

Read the following advertisement and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 20 to 25.

Green Travel Expo 2025

The Green Travel Expo 2025 will take place from June 12th to 15th at the Asia Convention Hall in Ho Chi Minh City. The event brings together representatives of over 120 environmentally conscious travel agencies and NGOs, many of (20) _____ have introduced successful sustainable tourism models across Asia.
Visitors will explore a wide (21) _____ of exhibitions featuring biodegradable products and low-carbon transport solutions. The expo will also include workshops and panel discussions (22) _____ by environmental specialists and experienced operators.
This annual event provides valuable opportunities for travellers and businesses to learn about responsible tourism. It is an ideal place for (23) _____ partners and green-tech companies to build connections and discover (24) _____ innovations.
Throughout the expo, guests can purchase unique souvenirs and support local artisans. Follow our official website (25) _____ for upcoming news and registration details.

Question 20.	**A. who**	**B. that**	**C. which**	**D.** whom
Question 21.	**A. amount**	**B. number**	**C. plenty**	**D.** range
Question 22.	**A. lead**	**B. led**	**C. leading**	**D.** to lead
Question 23.	**A. potential**	**B. potentiality**	**C. potentially**	**D.** potent
Question 24.	**A. doubtful**	**B. expecting**	**C. fearful**	**D.** promising
Question 25.	**A. put on**	**B. sign up**	**C. take over**	**D.** call off

Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the best answer to each of the questions from 26 to 35.

The Evolving Landscape of Food Safety

A decade ago, food safety scandals tended to occur sporadically, prompting brief public outrage before fading from view. Today, however, concerns over what ends up on our plates have become a constant preoccupation, shaping both consumer behaviour and regulatory agendas. From farm to fork, the modern food chain has grown so complex that tracing contamination is often extremely difficult.

At the heart of the issue lies the industrialisation of food production. Large-scale processing plants operate at high speeds, handling vast quantities of raw ingredients sourced from multiple regions. While such efficiency keeps supermarket shelves well stocked, it also means that a single lapse in hygiene can quickly lead to a widespread health crisis. Recent incidents involving contaminated ready meals have underscored how swiftly pathogens can bypass quality checks that are, in theory, **watertight**.

Retailers, for their part, have sought to restore public confidence by tightening supplier audits and embracing traceability technologies. **[II]** QR codes now allow shoppers to scrutinise a product's journey in real time, while blockchain systems promise tamper-proof records. Yet critics argue that these measures, though reassuring on the surface, risk being little more than a temporary fix. **[II]** Without addressing systemic pressures, such as cost-cutting and just-in-time delivery, food safety remains vulnerable to corner-cutting practices that prioritise speed over caution.

[III] Meanwhile, regulators face the difficult task of keeping pace with an ever-evolving industry. **[IV]** Food standards agencies have rolled out stricter inspections and heavier fines, but enforcement often lags behind innovation. **Small producers, too, find themselves struggling with compliance costs that can be crippling.** As a result, the debate has shifted from isolated incidents to a broader question: whether the current model of mass production is fundamentally fit for purpose.

In the end, safeguarding what we eat may require more than minor adjustments. It calls for a recalibration of priorities across the supply chain—one that places transparency and accountability at its centre, rather than treating them as afterthoughts. Until then, consumers are left navigating a marketplace where assurances abound, but certainty remains elusive.

Question 26. According to paragraph 1, modern concerns about food safety _____.

A. have become a persistent issue **B.** are no longer significant

C. arise only after major scandals **D.** are limited to production

Question 27. Which of the following best summarises paragraph 2?

A. Industrial food production ensures absolute safety through strict controls.

B. Hygiene lapses are considered uncommon due to monitoring advanced systems.

C. Large processing plants may seem to reduce risks through centralisation.

D. The scale and speed of production can amplify the impact of minor safety failures.

Question 28. The word "watertight" in paragraph 2 is closest in meaning to _____.

A. unreliable **B.** flexible **C.** outdated **D.** secure

Question 29. Which of the following is NOT mentioned as a response by retailers?

A. using blockchain technology **B.** reducing production speed

C. implementing supplier audits **D.** applying traceability tools

Question 30. The word "these measures" in paragraph 3 refers to _____.

A. supplier audits and traceability technologies used by retailers

B. systemic pressures and industrial practices affecting food production

C. diverse products and raw ingredients stocked in modern supermarkets

D. recent incidents and health scares involving contaminated food

Question 31. Which of the following best paraphrases the underlined sentence in paragraph 4?

A. Minor manufacturers also face difficulties with the expenses of meeting regulations, which can be devastating.

B. Many minor producers are choosing to ignore safety rules because the costs of following them are too high.

C. Small companies are also finding it hard to manage the high costs of production that may partly affect their profit.

D. Local suppliers are struggling to pay for modern equipment, which can lead to serious financial problems.

Question 32. According to the passage, regulators are described as _____.

A. focused solely on large corporations **B.** struggling to match the pace of change

C. fully in control of industry developments **D.** unwilling to enforce regulations

Question 33. Which of the following can be inferred from the passage?

A. Small producers benefit from stricter regulations.

B. Mass production has completely solved contamination issues.

C. Technological solutions alone cannot guarantee food safety.

D. Consumers fully trust modern food safety systems.

Question 34. Where in the passage does the following sentence best fit?

"Even so, such efforts often fall short of addressing deeper structural flaws."

A. [I], [III] **B.** [I], [IV] **C.** [II] **D.** [III]

Question 35. Which of the following best summarises the passage?

A. Small-scale production and local supply chains represent the only viable solution to safety concerns.

B. Informed consumers and responsible retailers are primarily tasked with ensuring overall food security.

C. Despite advances in monitoring and regulation, structural weaknesses continue to undermine food safety.

D. Modern technology and stricter rules have effectively resolved historical safety problems.

Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the option that best fits each of the numbered blanks from 36 to 40.

Yoga and the Modern Fitness World

Yoga has become one of the world's most popular forms of physical training, largely because it offers a gentle yet powerful way of improving health. For many beginners, however, the biggest obstacle is not the poses themselves but (36) _____. While yoga is often perceived as a slow, relaxing activity, consistent practice requires discipline, patience, and a willingness to stay present, which can be demanding even for those accustomed to fast-paced workouts.

Some practitioners are driven by a desire for calmness, and thus approach yoga as a form of meditative escape. (37) _____. Others view it primarily as a strength-based discipline, expecting noticeable physical transformation within weeks. In reality, the benefits of yoga depend heavily on intention, consistency, and the environment in which it is practised.

(38) _____. Many people join large studio classes seeking guidance, yet end up feeling intimidated by advanced practitioners. Conversely, those practising at home rely on online instructors, but may unknowingly perform poses incorrectly, increasing the risk of injury. Therefore, learners need to choose the environment that best supports their goals and level of comfort.

Another factor influencing motivation lies in the commercialisation of fitness. Yoga has gained significant presence in the modern wellness industry, with social media portraying idealised images of perfect flexibility and balance. (39) _____. As a result, newcomers believe that success in yoga is determined solely by appearance, rather than by body awareness or inner mindfulness.

Ultimately, experienced instructors emphasise that yoga is not about achieving flawless postures but about building a sustainable relationship with one's body and breath. This perspective helps practitioners avoid the misconception that progress must be instantly visible, and counters (40) _____ created by online content.

Question 36. Choose the best option.

A. having clear understanding of which poses burn the most energy

B. being unaware of how long each session actually lasts

C. deciding whether the poses are suitable for advanced learners

D. adjusting to the mental focus that genuine practice demands

Question 37. Choose the best option.

A. this pursuit of tranquility often contradicts the physical nature of yoga

B. though that intention still aligns with yoga's physical benefits

C. this sense of detachment prevents them from achieving any calmness

D. so the feeling of serenity alone is not a sufficient measure of progress

Question 38. Choose the best option.

A. This contrast explains why yoga routines are often shorter than gym workouts.

B. As mentioned above, yoga requires fewer instructions than most sports.

C. The setting in which yoga is practised also plays a significant role.

D. Consequently, the majority of yoga learners choose home practice over studios.

Question 39. Choose the best option.

A. This makes social media a trustworthy source of instructional materials.

B. These portrayals may give people a misleading idea of what yoga is.

C. Therefore, yoga practitioners often avoid sharing personal progress publicly.

D. Moreover, yoga beginners can't choose which styles of yoga to explore.

Question 40. Choose the best option.

A. the pressure to master advanced poses within a short period

B. the belief that yoga instructors must have extensive backgrounds

C. the difference between traditional yoga and modern sports

D. the reluctance of beginners to join studio-based classes

----- THE END -----