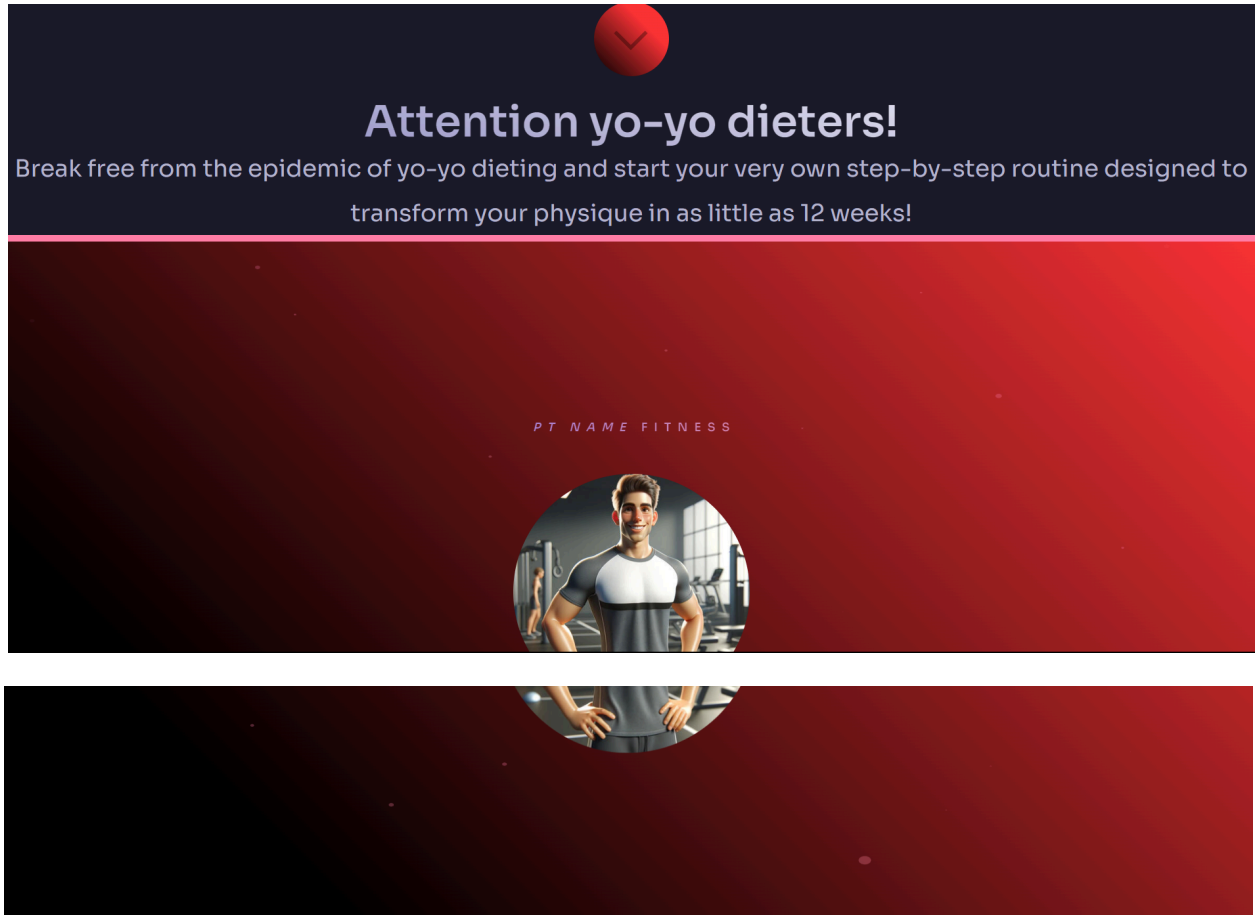


This is a spec sales page I have put together to practice creating them. Please let me know what I should add/change etc.

Link to page: <https://practicesalespages34.carrd.co/>

First page:



Second page:

With *Transform in 84* you will get...

- ✓ Monthly personalised workout plans – break the boredom cycle and consistently gain strength with workouts uniquely designed for you.
- ✓ Tailored Nutrition Plans – to stop cravings and the frustrating cycle of yo-yo dieting in their tracks.
- ✓ Delicious, Macro-Friendly meals aligned with your goals – enjoy mouth-watering food so you hardly feel like you're on a diet.
- ✓ Consistent accountability and unlimited support – for when things feel hard, check-in personally with myself to ensure you're never alone!
- ✓ The SECRETS I have learned to MASTER getting in shape, and staying in shape with ease!



Third page:

Not only is yo-yo dieting going to get you no results,
it is mentally exhausting, leaving you giving up
before you even get started!

This is where we put this issue to bed...

Fourth page:

Ready to Transform your Physique in as little as 12
weeks?

Yes, I'm ready to transform myself! ✓