

Lesson 13 :Ways Of Taking Care of the Reproductive System

I.Objectives:

- 1.Give ways of taking care of the reproductive system.
- 2.Take precautionary /safety measures to keep the reproductive organs healthy.

II .A.Materials:

flow chart,activity card,manila paper and marking pen

B.References

Curriculum Guide 5

The World of Science 5 pp.14-18

Into the Future ;Science and Health 5 pp.14-16

Science for Daily Use 5 pp.19-20

C.Process Skills:observing,comparing,analyzing

D.Values Integration: Keeping a healthy body.

III.Learning Tasks

A.Engagement

1.Review

State the positive and negative effects of the following situations:

- a.Ana got pregnant when she was just15 years old.
- b.Lydia got pregnant when she was 45.
- c.Carla got pregnant at the right age but at maximum risk due to her heart ailment.

2.Introduce the lesson by asking which of the following do you think is the most advisable way to keep healthy?

- a.eating a balance diet
- b.exercising regularly
- c.taking weight –loss pill
- d.undergoing medical surgery (liposuction etc)

e.having enough sleep

B.Exploration:

- 1.Divide the class into small groups.
- 2.Introduce lesson 13:Ways of Taking Care of the Reproductive Organs
- 3.Distribute the activity sheet,manila paper and marking pen
- 4.Let the pupils do Lesson 13:LM Activity - “Ways of Taking Care of the Reproductive Organs?”

C.Explanation:

- 1.Have the group representative present the results of the activity.Two (2) minutes may be given per group presentation
- 2.Discuss the activity.Check the pupils responses to the activity questions.
- 3.Clarify misconceptions when needed.

D.Elaboration:

- 1.Have the pupils construct and express their own ideas/understanding .They should be able to say/understand that:

There are some ways on how to take care of our reproductive organs healthy.

- 2.Ask the pupils to give ways on how to take care of their own reproductive organs.

E.Evaluation:

Write YES if the stated is a good health habit to keep the reproductive organs healthy and NO if not.

- 1.Borrow underwear from your brother/sister
- 2.Keep underware in a clean box or cabinet.
- 3.Observe use of public toilets.
- 4.Take medicines as advised by a good friend.
- 5.Eat nutritious foods.

IV.Assignment

Collect brochures related to disorders of the reproductive system.: