

**Use a concise and informative title in sentence case**

**(consists of 15 – 20 words)**

First Author,<sup>1,\*</sup> Second Author,<sup>2</sup> Third Author,<sup>2,3</sup> and Fourth Author<sup>2</sup>

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**ABSTRACT** Abstract is written in English in one paragraph, 200-300 words, and should contain the background and the aim of the paper, methods, main results, and conclusions. Avoid using abbreviations and citations.

**KEYWORDS** Keywords are written in English, 3-5 keywords or phrases, arranged alphabetically and separated using semicolons (;). Do not use terms that are too general or too long.

## **1. Introduction**

Do not indent the first paragraph of every new section/subsection. The target population (community) is highlighted, explaining the context in which the target population takes shelter. Discussing the facts or phenomena in the target population that are the basis for implementing community empowerment activities. Things that have been done by other parties in overcoming the

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problem. The research objective and target of community empowerment activities are related to problems, challenges or community needs.

Indent the subsequent paragraphs throughout. The article should be typed using Times New Roman, size 12pt, double spacing, and submitted in docx or doc format. The article does not exceed 4.500 words, including References (excluding abstracts). Either British or American English spelling can be used, but do not mix both. The abbreviation should be explained at the first appearance and should be consistently used until the end part of the article.

Please refer to Vancouver style as you write a citation. In the paragraph, you should put superscript number (1, 2, 3, 4, 5, 6, 7, 8, 9) at the end of the sentence(s) you are citing, in the order of appearance. The author is responsible for the accuracy and completeness of the references.

For example the prevalence of people suffering from non-communicable diseases is predicted to keep increasing until 2030.<sup>1,2</sup>

## **2. Method**

Describing the method used to solve problems, challenges or problems, answer the research objectives. This should be consisted of data collection techniques (including sample selection techniques, validity, and reliability of data collection tools), data analysis technique, location, time and duration of activities.

Abbreviation should be explained at the first appearance and should be consistently used until the end part of the article. Please cite the previous method publication, if you refer to the published article, and explain the detail, if you modify the method. Please state ethical clearance register number along with a copy clearly or please send us the patient/family informed consent (English) for case series/report.

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### 3. Result

Relevant documentation with a focus on community empowerment activities. The minimum resolution of photos and images is 300 dpi with JPEG extensions (.jpg). Use image processing software to check dpi.

Results must be presented correctly and accompanied by an explanation without reference to the literature. Original and important findings must be stated. Results must be illustrated with numbers or tables if necessary, but must be kept to a minimum. Detailed discussion, speculation, and interpretation of data are not included in the results, but in the discussion section.

#### 3.1 Tables

Tables are made with column width either 80 mm or 170 mm, in single spacing. Use only horizontal lines for borders. For example:

Table 2. The mean of LDL-cholesterol

Group	Mean±SD, mg/dl	
	Pre-test	Post-test
Control	50±6 <sup>a</sup>	24.23±4 <sup>a</sup>
Non-exercise	51±4 <sup>a</sup>	97.99±4 <sup>b</sup>
Exercise	54±6 <sup>a</sup>	29.40±2 <sup>a</sup>
<b>p</b>	0.013	< 0.001

<sup>a,b</sup> Significant ( $p > 0.05$ ).

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### 3.2 Graphs

Graphs created with Microsoft Excel should also be sent in their original Excel file. Present graphs in 2D (not 3D), without shadows or other effects, and without gridlines.

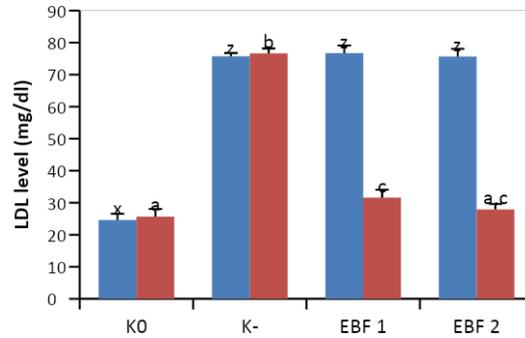


Figure 6. LDL level pre-test and post-test. Different notation shows significant differences ( $p < 0.05$ ). K0: control; K-: negative; EBF1: extract 1; EBF 2: extract 2.

### 3.3 Photos and figures

Relevant documentation with a focus on community empowerment activities. The minimum resolution of photos and images is 300 dpi with JPEG extensions (.jpg). Use image processing software to check dpi.



Figure 7. The appearance of Desa Bondowoso. (a) Majority of house type owned by the community. (b) Grass appearance of the community field.

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#### **4. Discussion**

The discussion must interpret the findings expressed in the results obtained with the background of existing knowledge (not repeat the result). The discussion must highlight what's new. Each assumption must be clearly stated. Linkages between results and the context of the target population and possible generalizations to other populations. The advantages and disadvantages of community empowerment activities that are carried out with the conditions of the surrounding community.

#### **5. Conclusion**

Provide conclusions on the level of achievement of targets for community empowerment activities. Providing conformity to methods of community empowerment with problems, needs, and challenges that exist in the area of community empowerment activities. Give conclusions about the impact and benefits of community empowerment activities. Provide advice for further community empowerment.

#### **Acknowledgment**

A separate thank you at the end of the article before the reference, not on the title page and not as a footnote to the title or vice versa. Acknowledgment list consist of people who provided assistance during community empowerment activities. Declaration of Conflict of Interest must be clearly written when you (or your company or sponsor) have a financial, commercial, legal, or professional relationship with another organization, or with people who work with them, which can affect your research.

#### **Conflict of interests**

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## **Funding**

Please state Funding (if there are any) by filling this format. When funding comes from grants available from universities, colleges, or other research institutions, write down the name of the institution or organization that provided the funds. If there are no funders from a university, college, or other research institution, please include the following sentence: This study did not receive specific grants from funding agencies in the public sector, commercial, or non-profit section.

## **Author Contribution**

Please state Author Contribution in your paper according to the [contribution details form](#).

## **References**

References are written based on Vancouver style. We will usually expect a minimum of 15 references primarily to journal papers, depending on the length of the paper. References are listed in numerical order, and in the same order as quoted in the text. The References only lists references that you have quoted in the text. Identify references with Arabic numerals (1, 2, 3, 4, 5, 6, 7, 8, 9) as superscripts in the order of appearance. Check details of references to actual sources. The author is

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responsible for the accuracy and completeness of the references. Consistent with reference styles throughout the article. *All references should contain Digital Object Identifier address (DOIs).* Please make sure the manuscript is up to date. It is expected that 30 to 50% of references are to recent papers. Citations of textbooks should be used very rarely and citations to web pages should be avoided.

#### Examples:

1. Standard journal article: Lundmark, Linda. Economic restructuring into Swedish mountain range tourism. *Scandinavian Journal of Hospitality and Tourism*. 2005; 5 (1): 23–45.
2. More than 6 authors in the journal article: Hallal AH, Amortegui JD, Jeroukhimov IM, Casillas J, Schulman CI, Manning RJ, et al. Magnetic resonance cholangiopancreatography accurately detects common bile duct stones in resolving gallstone pancreatitis. *J Am Coll Surg*. 2005;200(6):869-75.
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4. The author's name is not given: Drug-resistance tuberculosis among the foreign-born in Canada. *Can Commun Dis Rep*. 2005 Feb 15; 31 (4): 46-52. 21st-century heart solution may have a sting in the tail. *BMJ*. 2002; 325 (7537): 184.
5. The author is not in English: Calera Rubio AA, Roel Valdes JM, Casal Lareo A, Gadea Merino R, Rodrigo Cencillo F. Riesgo quimico laboral: elemental para un diagnostico en Espana [Occupational chemical risk: elements for a diagnostic in Spain]. *Rev Esp Salud Publica*. 2005 Mar-Apr; 79 (2): 283-95.

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(Editor A, Editor B, editors. Title of conference: subtitle of conference; Year Month Date; Location. Place of publication: Name of Publisher; Year.)

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