

We all need SKA!

Shirley Cowcher

I'm not talking about the pre-reggae Jamaican sound or the Square Kilometre Array project. I'm talking about jumpers in WA developing SKAs that they can display and talk about over drinks at the end of the day. You know the chat "I got this one when I did that Star Crest jump last month and that one doing the Canopy Course with Kev. Oh and I remember getting that one when I wouldn't stop talking and listen when a load organiser was trying to debrief..."

I'm talking about the Skills, Knowledge and Attitude (SKA) you get from following a structured progression from completion of Certificate B through to the next Aussie Big Way Record Attempt. In WA there is a group of 2012 Aussie Big Way participants who know the importance of SKAs when it comes to being part of a successful record attempt and as a group they are all willing to help WA jumpers be a part of the next large formation skydiving record.

So what's happening in WA that can get you the SKAs you can proudly display and brag about?

First thing read the APF Star Crest and Big Way Manual. Participate regularly in the Star Crest and Big Way practice days Shirley Cowcher, the WA Mentor of Aussie Big Ways, organises every 6 – 8 weeks. Get involved in a 4 way team and look out for any FS events that are being held. Aim to compete in a 4 way team at the WA State Meet set for 4 – 7 November and consider that you can keep jumping with that team to compete at the Nationals which are going to be held in WA in 2017. Keep an eye on the Aussie Big Way event calendar, on the website <http://www.aussiebigways.com> , for what is happening in WA and around the country.

Simone Bambach will be coaching and introduction to 8 way weekend at Skydive York 4th and 5th June. All slots have already been filled for this event. The next Star Crest and Big Way practice day is scheduled for 18th June at Skydive York. Check out the Skydive York FB event page <https://www.facebook.com/events/222544601463755/>. If you want Shirley to arrange one of these events at your local DZ contact her on WAMentor@aussiebigways.com

Shirley she is willing to work with anyone interested in identifying where they are in terms of Big Way jumping and help to form a progression plan to develop their SKAs so they are ready to be part of any event in WA, Nationally or Internationally. She can be contacted via email.