

Volunteer Opportunities - COVID 19

About These Volunteer Opportunities:

In response to COVID-19, we've compiled a list of volunteer opportunities (in cities in which we work the most) of ways you can help. This list is not all-encompassing or fully-comprehensive, but we will continue to add to it in the coming days and weeks and will send you updates. You can also *check this website* for the most up to date information. We also encourage you to check for local resources and social media (such as "mutual aid" Facebook groups and Nextdoor) for further information and opportunities.

About NetWork Volunteers:

We are a national nonprofit whose mission is to recruit, connect and manage a network of volunteers and community organizations by identifying impactful volunteer projects and creating turn-key volunteer experiences. Since opening our doors in 2014, we have worked with over 50,000 volunteers to support over 100 community organizations and projects in 20+ states and two US territories with a combined philanthropic impact of over \$11 million. We work with corporate/conference groups through our <u>Service Day Program</u>, school/youth groups through our <u>Serve and Learn Program</u>, and individuals through our <u>Individual Impact Program</u>.

Please reach out to Teddy Nathan at <u>teddy@networknola.org</u> or 504-233-2995 for questions, comments, or if you know an opportunity that should be added to this list.

National

- Opportunity #1: Local blood donation centers nationwide are looking for healthy individuals to donate. Find your nearest donation center here.
- Opportunity #2: The American Red Cross is in desperate need of volunteers for various tasks.
 Find urgently needed volunteer opportunities here. These include virtual and in-person opportunities.
- Opportunity #3: Feeding America needs volunteers to sort and pack, assist at mobile pantries and no-contact distributions, and deliver meals. You can find these opportunities here.
- Opportunity #4: Meals on Wheels needs volunteers to deliver meals to vulnerable seniors in the nation. You can sign up to volunteer here.
- Opportunity #5: The National Voluntary Organizations Active in Disaster (NVOAD) has a list of different volunteer opportunities. You can register with a National VOAD member to volunteer.
 The members can be found here.



- Opportunity #6: National Service Programs such as Americorps may still be accepting
 applications if anyone wants to take a gap year to partake in meaningful volunteering
 opportunities.
- Opportunity #7: VolunteerMatch lists all the volunteer opportunities that match your location. You can find these opportunities in your city here.

- Opportunity #1: All For Good has a list of volunteer opportunities you can do from your home.
 Keep checking back here for more COVID-19 response opportunities as they develop.
- Opportunity #2: The United Nations partners with government organizations to connect organizations with volunteers who want to work towards peace and development remotely. This remote opportunity allows for students to become involved in volunteerism on a global scale.
 Opportunities include translation, writing, research, technology development and many more.
 Please visit its website to learn more about available opportunities.
- Opportunity #3: Upcheve is a non-profit organization that provides free access to tutoring to low-income students, following the belief that everyone has a right to high-quality education and upwards mobility. Volunteer to tutor students on your own schedule here.
- Opportunity #4: VolunteerMatch also lists all the virtual volunteer opportunities here.
- Opportunity #5: Volunteers of America created Cheer Mail to connect caring volunteers to brighten the day for a local senior who could really use a special message for comfort while they're feeling alone or scared. Please write a cheer note here.
- Opportunity #6: Write letters of thanks to COVID-19 frontline responders, including doctors, nurses, hospital staff, grocery store, sanitation, and other essential workers. Learn more about how to get involved in Operation Gratitude here.

Donations

- Opportunity #1: Feeding America is in need of donations to their COVID-19 response fund in order to feed vulnerable communities during this time. Click here to donate.
- Opportunity #2: The Salvation Army is looking for donations to help them continue operating their shelter, meal service, and food box distribution. You can help them by donating here.
- Opportunity #3: Meals On Wheels is in need of donations to help support seniors in need during the crisis. Find out more about how you can help here.
- Opportunity #4: The National Voluntary Organizations Active in Disaster (NVOAD) has a list of organizations supporting COVID-19 response efforts. You can give a donation to support their work here.



- Opportunity #5: Volunteers of America is in desperate need of donations to help fund their various different COVID-19 relief efforts. More information can be found here.
- Opportunity #6: Artists Relief Fund is an initiative organized by a collection of small-to-midsize
 national art grantmakers to help distribute grants to artists facing unprecedented hardship in the
 midst of COVID-19. Donations to the grant fund can be made here.
- Opportunity #7: Give Computers is aggressively trying to solve the problem that millions of students do not have access to computers, and are thus falling deeply behind in this new normal of distance learning. They are accepting donations of old computers, tablets, or computer equipment as well as funds. Find out more about how you can donate, here.
- Opportunity #8: Homeless, vulnerable, and at-risk youth have been hit particularly hard by COVID-19, with stay-at-home orders pushing more kids out onto the streets where they have no refuge from the pandemic. Covenant House, a non-profit that provides a home for these children, is accepting emergency donations to ensure that they have a safe, clean space for these youth to go. More information on how to donate to the COVID Emergency Fund can be found here.
- Opportunity #9: UndocuBlack Network is a multigenerational network of currently and formerly undocumented Black people that fosters community, facilitates access to resources, and contributes to transforming the realities of undocumented peoples. They have started a COVID-19 Relief fund to help undocumented people and their families, who have been hit particularly hard by the pandemic as they do not qualify for any government aid. Donate to their COVID-19 relief fund here.

Resources

- <u>VolunteerMatch</u>: Find in person and virtual volunteer opportunities in your area
- o All For Good: A database of in-person and at-home volunteer opportunities across the country
- Mutual Aid Hub: A database that lists many of the incredible mutual aid organizers around the country, what they are doing, and how you can get involved.

Chicago

- Opportunity #1: The American Red Cross is looking for healthy individuals to donate blood due to massive shortages. See more details on how you can help here.
- Opportunity #2: Volunteers are needed to help with food distribution. Check out this page to find out more about how to support The Greater Chicago Food Depository.



- Opportunity #3: For the duration of COVID, Brave Space Alliance is operating and coordinating a food drive. Volunteers are needed to help out at their crisis pantry collecting and delivering food and supplies specifically, but not limited to, those who are sick, disabled, quarantined without pay, elderly, undocumented, and indigenous people. To learn more about how to help the Brave Space Alliance here.
- Opportunity #4: Foster a pet and volunteer at animal shelters. Animal Shelters such as <u>Tree House</u> and <u>Chicago Animal Care and Control</u> are looking for volunteers interested in fostering pets until they are adopted. Please click the links to see how you can help!
- Opportunity #5: My Block My Hood My City is looking for individuals to help deliver PPE Safety kits. More information can be found here, including the form to sign up
- Opportunity #6: The State of Illinois is asking for anyone with medical experience to sign up for their Medical Reserve Corps. Volunteers will be sent out to offer support where it is most needed.
- Opportunity #7: School of Public Health at University of Illinois at Chicago has a variety of volunteer opportunities to help with food delivery, technology support, mask sewing, and tutoring.
 See more details about these opportunities here.
- Opportunity #8: The State of Illinois and its community partners created a list of volunteer and community service opportunities during COVID-19. Those that are considering volunteering have options, both in-person options as well as virtual efforts. You can find these opportunities here.
- Opportunity #9: HandsOn Suburban Chicago provides a list of urgent community partner needs for COVID-19 relief. You can find these opportunities here.

- Opportunity #1: My Block My Hood My City is looking for individuals to perform virtual wellness checks for seniors. More information here. Sign up to call seniors here.
- Opportunity #2: The Honeycomb Project is a Chicago-based nonprofit that usually hosts volunteer opportunities, and since COVID-19 the organization has found a new way for families to contribute through virtual volunteering. There are a number of virtual volunteer opportunities available on their website.
- Opportunity #3: School of Public Health at University of Illinois at Chicago has a variety of volunteer opportunities, many of which are virtual, to help with COVID relief efforts, food delivery, technology support, mask sewing, and tutoring. See more details about these opportunities here.



 Opportunity #4: The State of Illinois and its community partners created a list of volunteer and community service opportunities during COVID-19. Those that are considering volunteering have options, both in-person options as well as virtual efforts. You can find these opportunities here.

• Donations:

- Opportunity #1: The Food Depository is also in need of monetary donations in order to continue providing meals to those in need. You can support The Food Depository by clicking here.
- Opportunity #2: Brave Space Alliance is holding a food drive and operating a food pantry throughout the duration of the pandemic. More information of what food donations are being accepted can be found here.
- Opportunity #3: My Block My Hood My City has two COVID funds running: The first is to help provide seniors with PPE safety kits, health supplements, and food. Click here to donate. The second is the small business relief fund, to help businesses that have struggled to reopen due to the pandemic. More information and how to donate here.
- Opportunity #4: Serve Illinois is in need of personal protective equipment donations. Click here to see a list of needed items and email Serve Illinois about your donation.
- Opportunity #5: <u>3Arts Chicago</u> is a local non-profit that advocates for Chicago's women artists, artists of color, and artists with disabilities working in the performing, teaching, and visual arts.

 They have put together a list of emergency funding resources, many of which are accepting donations. This list can be found here.

• Local Resources & Volunteer Opportunity Databases

- Serve Illinois Volunteer Listings
- City of Chicago Volunteer Opportunities
- <u>UIC School of Public Health Volunteer Opportunities</u>
- o Mutual Aid Hub
- o The Honevcomb Project

Denver

• In-Person Volunteer Opportunities:

Opportunity #1: In light of COVID-19, Colorado is currently experiencing a massage blood shortage. SCL is in urgent need of healthy individuals to donate blood throughout the state. See more details on how you can help here. You can also donate blood through Vitalant, as suggested by the Help Colorado Now website, through their website.



- Opportunity #2: The Denver Metro Emergency Food Network is in need of volunteers to help deliver food to those in need. More information is available on their website, or apply directly to deliver food here.
- Opportunity #3: Denver Food Rescue is also in need of volunteers to do a variety of different things, including biking (or driving) to rescue food from being needlessly thrown away, volunteering at a No Cost Grocery, and social media ambassadors. Find out more of how to get involved, on their website.
- Opportunity #4: Make4Covid is looking for volunteers with 3D printing, sewing, or laser cutting capabilities to sign-up for stand-by duty to be called to volunteer if and when the need arises.
 Click here for more information on how you can help.
- Opportunity #5: A Little Help is in need of volunteers to help older adults run critical errands such
 as grocery shopping during this time. Please see this page for more information on how you can
 help.
- Opportunity #6: Jewish Family Service of Colorado has a list of volunteer opportunities related to food distribution on its website. For more information, you can also contact: volunteer@jewishfamilyservice.org
- Opportunity #7: Help Colorado Now provides a variety of resources and lists different ways to help institutions that have been affected by COVID-19 by volunteering or donating. Volunteer opportunities include providing childcare services for first responders, delivering food, medical supplies, or helping with daily tasks for those who live alone and need assistance. Visit their website for more information.
- Opportunity #8: Mile High United Way has a variety of in-person volunteer opportunities. Find out more here.
- Opportunity #9: The City of Denver website provides updates on how residents can help, listing several ways to volunteer or donate here.

- Opportunity #1: A Little Help is also looking for individuals to assist with care calls with elderly
 people who may be stuck at home with no one to talk to. For more information on participating in
 care calls is available on their website, and you can apply to volunteer here.
- Opportunity #2: Mile High United Way has a variety of virtual volunteer opportunities. Find out more here.



 Opportunity #3: Help Colorado Now is looking for individuals or companies to volunteer to join their Innovative Response Team, especially those with software development knowledge.. More information can be found on their website.

• Donations:

- Opportunity #1: The Colorado Artist Relief Fund is in desperate need of donations to help artists in economic distress due to COVID-19. Donate here.
- Opportunity #2: The Denver Metro Emergency Food Network is accepting donations to help feed families in need. Find out more here.
- Opportunity #3: In addition to needing stand-by volunteers, Make4Covid is looking for donations to help keep their operation running. Click here for more information on how you can help
- Opportunity #4: Help Colorado Now is looking for donations such as baby formula, gloves, masks, swabs, and cleaning supplies. More information can be found on their website.
- Opportunity #5: Help Colorado Now is partnering with the Colorado Education Initiative and PCs for People to provide a way for individuals and companies to donate their used computers and laptops for school districts. Any size donation is accepted and will greatly support the overall impact. Find out more here.

• Local Resources & Volunteer Opportunity Databases

- City of Denver: COVID Recovery Support and Resources
- o Help Colorado Now
- o Mile High United Way
- o Mutual Aid Hub

Detroit

- Opportunity #1: There is an urgent need for blood in Michigan, as a massive shortage has occurred in the wake of COVID-19. More information of how and where to donate blood is available on the Red Cross website.
- Opportunity #2: We The People of Detroit has worked tenaciously with its network of volunteers to provide water to Detroit residents and advocate for a sustainable water future. They need volunteers to help in a variety of different ways, including taking shifts at neighborhood water stations and taking calls on the water hotline. You can learn more information and sign up here.



- Opportunity #3: Gleaners Community Food Bank is stepping up to address food insecurity affecting a significant portion of Detroit's population since the pandemic. Gleaners has a variety of adult and youth volunteer opportunities, including at their food pantries, distribution center, and community garden. More information on how to volunteer can be found here.
- Opportunity #4: Forgotten Harvest is another non-profit organization helping to combat hunger in Michigan resulting from the economic downturn from COVID-19. In-person short-and-long term volunteer opportunities are available, including working in the warehouse, their community farm, or with the Restaurant Rescue Program. More information can be found on their website.
- Opportunity #5: Forgotten Harvest is also enrolling volunteers into the Link2Feed Launch Volunteer Corps. Link2Feed is a cloud-based insights software that collects data that will help the southeast MIchigan emergency food network better serve the community during COVID and beyond. Volunteers are needed to assist with client intake during launches, teach basic computer skills, provide technical recommendations, and help manage implementation. More information is available here.
- Opportunity #6: Michigan Department of Health and Human Services has a list of different volunteer opportunities throughout the state specifically related to COVID-19, such as volunteering to help seniors, and calls for medical and public health volunteers. Find out more here.
- Opportunity #7: United Way for Southeast Michigan has a database that lists a variety of different in-person volunteer opportunities at food pantries, sewing masks, and delivering food boxes to seniors. These opportunities and others can be found here.

- Opportunity #1: Volunteer Michigan lists virtual volunteer efforts throughout the state, such as calling isolated seniors in Detroit who have been disproportionately affected by COVID stay at home orders. More information can be found here.
- Opportunity #2: United Way for Southeast Michigan has a database that lists a variety of virtual volunteer opportunities, such as becoming a virtual tutor, mentor, or story teller. Find these and other opportunities here.

• Donations:

Opportunity #1: United Way is asking for donations to the COVID-19 Community Response Fund. The fund will be used for food distribution to students affected by school closures and other vulnerable populations that are isolated or lack access, availability of shelter beds for people experiencing homelessness who do not have the resources needed to stay safe, operational funding



- gaps for health and human service agencies, loss of income and access to services for vulnerable populations, supporting college students who face barriers as they complete their education. To donate, please visit this page.
- Opportunity #2: The United Way is also looking for individuals to put together DIY Care Kits for community members in need. Information regarding what kind of kits are needed can be found under their virtual volunteering opportunities listings, here.
- Opportunity #2: The Michigan Department of Health and Human Services is also in need of monetary donations. Please visit this page to donate.
- Opportunity #4: Covenant House Michigan is a non-profit organization that provides homes, educational and vocational programs to homeless, run-away, and at-risk youth. In light of the stay-at-home orders in effect due to COVID-19, many vulnerable youth have been pushed out of or had to leave unsafe homes. Covenant House is accepting donations to keep their doors open and the youth that turn to them safe during this crisis. Find out more on how to donate here.

• Local Resources & Volunteer Opportunity Databases:

- Volunteer Michigan during COVID-19
- Michigan Community Service Commission
- United Way for Southeast Michigan
- Mutual Aid Hub

Houston

- Opportunity #1: With the regional blood supply seriously depleted, blood donations are urgently needed. Find out where to give blood here.
- Opportunity #2: Houston Food Bank needs volunteers to help them perform necessary tasks at their warehouses and offsite. Please see the opportunities here.
- Opportunity #3: Vulnerable families who have no financial cushion in the best of times have been hit the hardest by the economic consequences of COVID-19, leaving many children facing hunger. Kids' Meals Inc. needs 20 volunteers daily to help with their COVID response. More information on how you can help and sign up to volunteer is available on their website.
- Opportunity #4: Crowd Source Rescue is a Houston-based disaster relief non-profit helping
 provide no-contact food delivery to elderly residents in Southeast Texas during the pandemic. Sign
 up to volunteer to deliver food to seniors here.



- Opportunity #5: Houston Methodist Hospital is always looking for volunteers to assist in different areas. You can find volunteer coordinator contact information here by clicking on the location you want to volunteer at.
- Opportunity #6: Harris County Medical Reserve Corps Program is actively recruiting community members, with and without medical training, to help with the COVID-19 crsis. Find out more information and apply to volunteer here.
- Opportunity #7: Volunteer Houston Portal allows volunteers to quickly and easily identify needs related to the response efforts.. You can find all the volunteer opportunities here.

- Opportunity #1: Volunteer Houston provides a list of virtual volunteer opportunities on its website.
 You can find these opportunities here.
- Opportunity #2: United Way of Greater Houston is running a campaign where Volunteers write thank you letters to frontline workers and emergency responders. You can write a note of encouragement and thanks here.

• Donations:

- Opportunity #1: Houston Food Bank needs donations to support those impacted, your gift will fill boxes with food for our neighbors across our 18-county service area. You can make a donation here and view more information here.
- Opportunity #2: The Houston Humane Society is accepting monetary and supply donations for their Pet Pantry Program, which provides pet food to owners who are facing financial hardship in the wake of COVID-19. Learn more about how to donate here.
- Opportunity #3: Texas Diaper Bank is in dire need of diapers, feminne hygiene products, and
 incontinence supplies help mitigate the effects of COVID-19. Find out more of how to donate in
 person or via their Amazon wish-list here.
- Opportunity #3: Southern Smoke Foundation is providing emergency relief funding to individuals in the food and beverage industry facing financial crises. They are accepting donations here.

• Local Resources & Volunteer Opportunity Databases:

- Volunteer Houston
- O Mutual Aid Hub



Miami

• In-Person Volunteer Opportunities:

- Opportunity #1: COVID-19 convalescent plasma is an emergency treatment to help critically ill
 coronavirus patients. OneBlood, a not-for-profit blood donation center in Miami, is collecting
 COVID-19 plasma from people who have recovered from the coronavirus infection. Find out more
 on if you qualify and how to donate here.
- Opportunity #2: If you have not been diagnosed with COVID in the past, blood donation is still
 desperately needed to help mitigate the nation-wide shortage. Find out more on how to donate
 blood with OneBlood here, or through the American Red Cross here.
- Opportunity #3: Feeding South Florida needs assistance with meal box assembly. Please visit this page for more information on how to support Feeding South Florida.
- Opportunity #4: The Department of Health Miami-Dade is currently seeking volunteers to ensure
 the spread of COVID-19. Current volunteer opportunities are listed on their website and can be
 found here.
- Opportunity #5: Miami Med COVID help urgently needs volunteers to help distribute donated
 PPE throughout southern Florida. Sign up to volunteer here.
- Opportunity #6: The Miami Diaper Bank is looking for volunteers to help provide diapers to families in need. Sign up to volunteer here (at the bottom of the page).
- Opportunity #7: While volunteering is suspended at the Humane Society of Miami, you can
 provide much needed support by fostering a pet. Find out more information here.
- Opportunity #8: VolunteerMiami lists all the COVID-19 relief volunteer opportunities here. These opportunities are both physical and digital.

• Virtual Volunteer Opportunities:

- Opportunity #1: The United Way is offering an opportunity to write letters to local heroes. For more information on how you can support these heroes from the comfort of your home, please visit this page.
- Opportunity #2: HandsOn Miami has developed the HandsOn At Home program, providing virtual volunteer opportunities that include reading stories to children and becoming a buddy to a senior in need. Find out more about all their programs and how to get involved here.
- Opportunity #3: VolunteerMiami lists all the COVID-19 relief volunteer opportunities here. These opportunities are both physical and digital.

• Donations:



- Opportunity #1: Miami Med COVID help is accepting PPE donations. More information is available on their website.
- Opportunity #2: The Miami Diaper Bank is in urgent need of donations to help them mitigate the outcome of the COVID-19 crisis. More information on how to donate to their relief fund here.
- Opportunity #3: The Miami Foundation has curated a list of giving opportunities in the community. You can donate to these nonprofits here.

• Local Resources & Volunteer Opportunity Databases:

- Volunteer Florida during COVID-19
- o United Way: Volunteer Miami
- The Miami Foundation: COVID Recovery Resources
- o Mutual Aid Hub

New Orleans

- Opportunity #1: Ochsner Blood Bank is in desperate need due to shortages caused by COVID-19.
 More information on how to give blood is available here. Alternatively, you can also donate blood through the Blood Center. Find your nearest donation location here.
- Opportunity #2: Second Harvest Food Bank of South Louisiana is helping to deliver meals to those in need. More information on how to help COVID-19 relief efforts can be found on this page.
- Opportunity #3: GNO Caring Collective was founded in 2020 in response to the COVID-19 crisis to address food justice across the New Orleans metro area, and they continue to offer food, meal, and supply delivery to the city's most vulnerable. They are currently in urgent need of volunteers to help deliver supplies and coordinate efforts. More information and to apply to volunteer, visit their website.
- Opportunity #4: In response to the pandemic, NOLA Tree Project has begun to deliver meals to senior citizens and housebound residents from Monday to Friday. More information and sign-up can be found here.
- Opportunity #5: Culture Aid NOLA is a non-profit that has materialized in the wake of the ongoing COVID-19 disaster with the mission to provide New Orleanians with the food they need.
 They are currently looking for volunteers, both in person and virtual sign up can be found here.



- Opportunity #6: New Orleans Culinary & Hospitality Institute (NOCHI) is a non-profit organization that supports New Orleans hospitality workers, and has stepped up their efforts to respond to the crisis hospitality workers are facing due to COVID. NOCHI is looking for volunteers to help with their COVID-19 meal assistance program. More information is available here.
- Opportunity #7: The New Orleans Musician's Clinic is looking for volunteers to help their ongoing COVID response. More information on how to help can be found here.
- Opportunity #8: Tulane University Center for Public Service has a robust list of volunteer opportunities related to COVID-19 relief, which can be found here.
- Opportunity #7: United Way HandsOn Volunteers is helping to coordinate COVID relief efforts throughout the Greater New Orleans area. More information on in-person opportunities can be found here.
- Opportunity #8: The city of New Orleans has compiled a list of in-person volunteer opportunities through NOLA Ready, which can be found here.

• Virtual Opportunities:

- Opportunity #1: The Audubon Nature Institute is currently asking for community members for help. Under the CARES Act, Audubon Nature Institute has too many employees to be eligible for forgivable COVID-19 relief for businesses. Please follow this link to join the email campaign to Congress asking them to provide relief for organizations like Audubon and expand the Paycheck Protection Program eligibility to all nonprofits, regardless of size.
- Opportunity #2: Sew Dat NOLA is looking for community members to make masks for public employees and essential business works. More information on how you can get involved is available here.
- Opportunity #3: United Way HandsOn Volunteers is helping to coordinate COVID relief efforts throughout the Greater New Orleans area. More information on virtual opportunities can be found here.

• Donations:

- Opportunity #1: The New Orleans Women and Children's Shelter is looking for school supply donations to help children in their shelter succeed in these unprecedented times. More information on how to donate can be found here.
- Opportunity #2: Junior League of New Orleans' is collecting feminie hygiene supplies and diapers to assist with ongoing COVID-19 relief efforts. More information is available here.



- Opportunity #3: The Second Harvest Food Bank of South Louisiana is accepting non-perishable food items, cleaning supplies, and monetary donations. More information on how to donate is available on this page.
- Opportunity #4: Donations are needed in order to continue to provide essential services to
 individuals with intellectual disabilities throughout the metro area. You can make donations to the
 ARC of Greater New Orleans here.
- Opportunity #5: Son of a Saint is a local organisation that helps to enrich the lives of the thousands of boys in New Orleans who grow up without fathers, by providing mentorship, education, recreation, camaraderie, cultural enrichment, and emotional support. They are in need of donations in order to sustain its current level of operations through COVID, as many youth are becoming more vulnerable. Please click here to find out how you can help.
- Opportunity #6: The Trans Clippers Project provides clippers to transgender, nonbinary, and two
 spirited individuals who do not have access to them during the COVID-19 crisis. More
 information on how to donate is available here.
- Opportunity #7: UNITY of Greater New Orleans is a local non-profit coordinating community
 partnerships to end homelssnes in New Orleans. They are looking for donations to help with their
 on-going response to COVID-19, more information can be found here.

• Local Resources & Volunteer Opportunity Databases

- o NOLA Ready Volunteer Page
- o Volunteer Louisiana
- Tulane University Center for Public Service
- o Hands On New Orleans
- o Mutual Aid Hub

New York City

- In-Person Volunteer Opportunities:
 - Opportunity #1: Blood supplies in NYC have dropped to dangerously low levels, and The New York Blood Center is urgently calling for healthy volunteers to donate. In the wake of this crisis, they have extended donation center hours. You can find more information on where to donate and schedule an appointment on their website.



- Opportunity #2: Citymeals on Wheels is looking for volunteers to help with a variety of different tasks, including meal delivery, kitchen help, or senior citizen care visits. Find out more about how to volunteer in-person here.
- Opportunity #3: City Harvest needs volunteers to help deliver meals and ensure that good food doesn't go to waste. City Harvest needs more volunteers to deliver food to meet the need during this unprecedented time. You can sign up here.
- Opportunity #4: Flatbush United needs volunteer support for several essential COVID relief services including grocery delivery, sorting bulk food for distribution, tech support, tutoring, flyer design, and more. More information can be found here, or you can sign up directly by visiting this

 page.
- Opportunity #5: Coalition for the Homeless Grand Central Food Program is in desperate need of volunteers to help run their program, which delivers nutritious meals to over a thousand people on the street each day. Learn more about how to get involved here.
- Opportunity #6: In light of COVID many people in NYC have become displaced, leaving animals without a home. This is putting a strain on animal shelters. Thus, animal shelters are urging all those willing and able to foster pets on a temporary basis to sign up here.
- Opportunity #: New York Cares offers a range of ways for you to support New Yorkers suffering as a result of COVID-19. Help prepare or deliver food, conduct wellness checks with individuals living in isolation, tutor students virtually, and much more. It is on-the-ground or in a virtual setting. You can become a volunteer by creating an account here.
- Opportunity #6: Hope for New York posts a list of updated volunteer opportunities. Virtual volunteer opportunities are available. You can find these opportunities here.
- Opportunity #7: Volunteer New York! lists a variety in-person volunteer opportunities to help with COVID relief efforts. More information can be found here.
- Opportunity #8: Mutual Aid NYC has a huge resource library of associated groups in need of assistance. You can find that list on their website.

Opportunity #1: Defy Ventures is a non-profit organization that helps those recently released from prison start a new life by equipping them with new entrepreneurial skills, new connections, and new outlooks to have a new life of economic independence. While their in-prison events are currently on hold, Defy Ventures is looking for volunteers to write letters of encouragement to their Entrepreneurs In Training (EITs) and host online workshops. More information about how you can volunteer in the tristate area can be found on their website.



- Opportunity #2: Citymeals on Wheels has several virtual volunteer opportunities during COVID, such as making cards for seniors or calling elderly neighbors to check-in during these lonely times.
 More information on how to volunteer virtually can be found here.
- Opportunity #3: Volunteer New York's Virtual Volunteer Center features volunteer opportunities
 to aid communities, agencies and those most vulnerable who have been impacted by COVID-19.
 You can find these opportunities here.

• Donations:

- Opportunity #1: The state has set up a phone number for those who wish to donate supplies. More information can be found here, or those who have supplies or equipment to sell can also reach out to the state by filling out this procurement form.
- Opportunity #2: The United Way of New York City has started a COVID-19 community fund to help their relief efforts and those in NYC in need. Donate here.
- Opportunity #3: The Robin Hood Foundation has also established a COVID-19 relief fund that you can donate to here.
- Opportunity #4: You can donate through the city's COVID-19 Emergency Relief Fund, which provides resources and support to a wider range of people and businesses including: health care workers and essential staff, local small businesses, displaced hourly workers, including immigrant workers, and families, youth, and vulnerable New Yorkers.

• Local Resources & Volunteer Opportunity Databases

- Help Now NYC
- New York Cares
- Hope for New York
- Volunteer New York!
- o Mutual Aid NYC
- o Mutual Aid Hub
- o NYC Service

Philadelphia

• In-Person Volunteer Opportunities:

Opportunity #1: Like the rest of the country, Philadelphia is facing a blood shortage. Find out where you can donate blood and schedule an appointment here.



- Opportunity #2: Volunteers are needed to help with meal distribution. To find out more about how
 you can help Philabundance, please visit this page.
- Opportunity #3: KleinLife is asking for volunteers to help deliver two week's worth of meals to
 over 600 senior clients. To volunteer, please contact John Eskate at jeskate@kleinlife.org or
 Harrison Rothbaum at hrothbaum@klienlife.org.
- Opportunity #4: The University of Pennsylvania School of Nursing has a number of non-clinical volunteer opportunities from partners in the community. You can find the list here.
- Opportunity #5: SEAMAAC Food Distribution needs volunteers to help food distribution and delivery. Its Hunger Relief Programming will continue through the end of the Summer, with a current end date of August 30. You can sign up to be a volunteer here.
- Opportunity #6: The City of Philadelphia is looking for medical and non-medical volunteers to join their Medical Reserve Corps. Find out more information on their website.
- Opportunity #7: Philly We Rise is a Movement Alliance Project helping to defend and expand community rights during these unprecedented times. They have a COVID resource list full of partner organizations with volunteer opportunities. Find that here.
- Opportunity #8: The Philadelphia's Mayor's Office of Civic Engagement has a website dedicated to listing volunteer opportunities. Find that database here.
- Opportunity #9: Mutual Aid Philly needs volunteers to help with a variety of different kinds of COVID relief work, like pick up groceries, deliver prescriptions, and prepare and deliver meals.
 Find out more information and sign up to volunteer on their website.

- Opportunity #1: The Philadelphia's Mayor's Office of Civic Engagement has a website dedicated to listing volunteer opportunities, many of which are virtual. Find that database here.
- Opportunity #2: Mutual Aid Philly is looking for volunteers to make wellness check-in phone and video calls. Sign up to volunteer here.
- Opportunity #3: The University of Pennsylvania School of Nursing has a number of non-clinical volunteer opportunities from partners in the community. Many of them are virtual and you can find the list <u>here</u>.

• Donations:

Opportunity #1: Philadelphia officials have joined local business and non-profit leaders to launch the PHL COVID-19 Fund, a collaboration intended to provide frontline resources to organizations serving vulnerable communities during the coronavirus pandemic. You can learn more about the fund and donate here.



- Opportunity #2: Project Home needs help as it continues to support the homeless population throughout this crisis. In the spirit of social distancing, you can support Project Home by shopping for items through their Amazon wishlist. Please visit this page to help.
- Opportunity #3: Mutual Aid Philly has created a COVID relief fund to help support families in Philly in need. Donate here.

• Local Resources & Volunteer Opportunity Databases

- City of Philadelphia COVID-19 Response Volunteer Page
- Philly We Rise: Mutual Aid Resources
- Mutual Aid Philly
- o Mutual Aid Hub

Phoenix

• In-Person Volunteer Opportunities:

- Opportunity #1: Volunteers are needed to assist with food bank shifts. To find out more about how you can support the Phoenix Rescue Mission, please visit this page.
- Opportunity #2: St. Mary's Food Bank is looking for volunteers to help with shifts. Please visit this page to find out more about how you can help.
- Opportunity #3: Waste Not Incorporated is in need of volunteers to help pick up food from businesses and deliver it to local food banks. For more information on how to support Waste Not Incorporated, please visit this page.
- Opportunity #4: Maricopa County Medical Reserve Corps are looking for medical and non-medical personnel to volunteer. Find out more information and sign up to help here.
- Opportunity #5: Azcend is a non-profit organization that aims to nourish the minds and bodies of those in need in the Phoenix community. They are currently in need of volunteers to help with their COVID relief efforts. More information on how to get involved can be found on their website.
- Opportunity #6: HandsOn Greater Phoenix provides a list of in person volunteer opportunities.
 You can find all information here.

• Virtual Volunteer Opportunities

Opportunity #1: St. Vincent de Paul's is in need of virtual volunteers to help with administrative tasks. Find out how to volunteer here.



Opportunity #2: HandsOn Greater Phoenix provides a list of virtual volunteer opportunities. You
can find all information here.

• Donations:

- Opportunity #1: Several Phoenix food banks need donations. Every food bank has different requirements. Please find more information here.
- Opportunity #2: Azcend is a non-profit organization that aims to nourish the minds and bodies of those in need in the Phoenix community. They are currently in need of a variety of supplies to help their COVID relief efforts, such as ziplock bags, diapers, and toilet paper. More information on what is needed and how to donate can be found here.

• Local Resources & Volunteer Opportunity Databases

- Volunteer Phoenix
- Hands On Phoenix
- o Mutual Aid Hub

Puerto Rico

• In-Person Volunteer Opportunities:

- Opportunity #1: World Central Kitchen is looking for volunteers to help deliver fresh meals in communities that need support. Please visit this page for more details about how to volunteer with World Central Kitchen.
- Opportunity #2: Volunteers are needed to prep meals for delivery throughout the community.

 Click here for an application to volunteer with Banco de Alimentos or email rrhh@bancodealimentos.org.ar.
- Opportunity #3: The Foundation for Puerto Rico is accepting volunteers to help with their COVID relief work. Apply here.

• Donations:

- Opportunity #1: Donations are needed to provide meals for families in need. You can support the
 World Central Kitchen from the comfort of your home by clicking here.
- Local Resources & Volunteer Opportunity Databases
 - **Volunteer Match Puerto Rico**



San Diego

• In-Person Volunteer Opportunities:

- Opportunity #1: San Diego Food Bank is in need of volunteers to assist in their two warehouses. To Volunteer with the San Diego Food Bank at their Miramar warehouse and Vista warehouse, please visit this page.
- Opportunity #2: Feeding San Diego is recruiting volunteers who are 18 years of age and have a current food handler card. Please see this page for more information.
- Opportunity #3: The San Diego Hunger Coalition has a list of hunger nonprofits in need of volunteers, available here.
- Opportunity #4: ElderHelp is committed to sustaining the health and well-being of San Diego
 County seniors and in need of more volunteers to help with senior services. You can find more information and sign up to be a volunteer here.
- Opportunity #5: UC San Diego Health is looking for non-medical volunteers to help at their health centers during this time of crisis. Sign up to volunteer here.
- Opportunity #6: HandsOn San Diego has a comprehensive list of in-person and virtual opportunities. Please see the opportunities here.

• Virtual Opportunities:

Opportunity #1: UC San Diego Health is coordinating collecting expressions of community
gratitude for frontline healthcare providers in the form of letters, drawings, videos, and cards. Find
out more about how to contribute here.

Donations:

- Opportunity #1: To donate to the San Diego Covid-19 Response fund, which will be used to support nonprofit organizations that are supporting local workers and families most affected by the virus, please visit this page.
- Opportunity #2: United Way of San Diego County has a list of organizations in need of in-kind donations. You can find the list here.
- Opportunity #3: UC San Diego Health is accepting donations to help the families of frontline workers. Donate here.

• Local Resources:

- o San Diego Mayor's Office COVID-19 Volunteer Page
- o Hands On San Diego
- Mutual Aid Hub



Seattle

• In-Person Volunteer Opportunities:

- Opportunity #1: Lifelong is a non-profit organization committed to helping those living with HIV, especially vulnerable and marginalized people thrive by eliminating barriers to health and wellness. They are in need of volunteers now more than ever to help with their ongoing COVID relief work. More information on how to volunteer can be found here.
- Opportunity #2: Northwest Harvest in urgent need of healthy volunteers. They have open
 volunteer shifts at three locations across the state: Yakima Distribution Center, Spokane
 Distribution Center and SODO Community Market. Find out more information about how to get
 involved on their website.
- Opportunity #3: The United Way of King County created a list of volunteer opportunities such as grocery shopping, packing, and delivering food products. To find out more about how to help, please visit this page.
- Opportunity #4: Seattle Works has a variety of volunteer opportunities to help organizations throughout Seattle respond to the COVID-19 crisis, which can be found here
- Opportunity #5: All In Seattle has a robust list of partner organizations looking for volunteers to help with their COVID relief efforts. This can be found on their website.

• Virtual Opportunities:

- Opportunity #1: Lifelong also has virtual volunteer opportunities More information on how to volunteer, such as their Well Wish Program. More information can be found here.
- Opportunity #3: All In Seattle has a list of virtual volunteer opportunities, which can be found on their website.
- Opportunity #2: The United Way of King County has a list of volunteer needs, including virtual opportunities. Find out more here.

• Donations:

- Opportunity #1: You can support the United Way of King County's efforts to help people enduring
 the effects of the coronavirus by donating to the Community Relief Fund.
- Opportunity #2: The Woodland Park Zoo is closed, but donations are needed in order to continue caring for its animals. Please visit this page if you are interested in donating.
- Opportunity #3: Seattle's ArtsFund has started a COVID-19 emergency relief fund to help artists affected by COVID-19. Donate here.

• Local Resources:



- Seattle Mayor's Office Volunteer Page
- Seattle Works
- o <u>United Way of Kings County</u>
- o All In Seattle

***For further information, questions, etc. Please contact Teddy Nathan at

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