

## The Best Guide to Wearing Stylish Sunglasses for Men

時常發現許多好萊塢男明星無論出席典禮，或是日常走在街道上都會佩戴太陽眼鏡。太陽眼鏡似乎有一種魔力，不僅為五官增加了對稱性，也使得五官變得更加立體。同時，更使佩戴者增添了幾分神秘感。

It is common to find many male Hollywood celebrities wearing sunglasses whether they are attending a ceremony or just walking down the street. Sunglasses have the ability to add symmetry to your facial features, and also makes the features more pronounced and three-dimensional. At the same time, it adds an air of mystery to the wearer.



根據一項街頭調查顯示，女性對於戴眼鏡的男性比不戴眼鏡的男性更有好感的比例高達 75%。因為配戴眼鏡使男性看起來更聰明，更有自信，也增添了成熟與穩重的氣息，對於感情認真對待的模樣。因此，對於一名紳士而言，擁有一副適合自己的太陽眼鏡，為自己打造專屬的形象非常關鍵。

According to a street survey, women are 75% more attracted to men who wear glasses than to those who don't. With the general consensus being that glasses gave the men a more mature and responsible air. So, it is crucial for gentleman to have a pair of sunglasses to create an unique look for himself.

### ● 依據臉型尋找合適的鏡框形狀

太陽眼鏡看讓人的五官變得更立體，對於你的五官特色有加成的效果。因此，在選擇鏡框的形狀時，切記選擇與你的臉型不同的鏡框形狀。例如臉型偏圓潤的人適合搭配線條角度強列的方框款式；而臉型較方正的人則適合戴帶有柔和圓曲線的圓形墨鏡。相反地，若是本身即是臉型偏圓潤的人，又戴上圓框的太陽眼鏡，會使得臉看起來更加圓潤，凸顯了本身五官外表的劣勢。

Because sunglasses make your features look more three-dimensional and make them more pronounced. Therefore, when choosing a frame shape, remember to choose a frame shape that is different from your face shape. For example, if you have a round face, you should wear a boxy style with strong lines, while if you have a square face, you should wear round shaped sunglasses with soft rounded lines. The reason for this is, if you have a round face and wear sunglasses with round frames, it will make your face look even rounder and highlight that aspect of your facial features.



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- 針對想塑造的風格選擇鏡框材質

決定完鏡框的形狀後，再來挑選鏡框的材質吧！鏡框的材質與質地可以作為整以穿搭風格的延伸，也可以作為整體風格的點綴。若是想要營造穩重成熟的形象，不妨尋找一副合適的金屬鏡框眼鏡。金屬富含高質感，更一直是英倫學院風的標誌之一，使人看起來專業又充滿文青感。另外，現今的金屬鏡框也不再侷限於金、銀兩色，近期多出了許多新的色系，像是玫瑰金等。而若採用膠框鏡框的話，則會展現較休閒、活潑的感覺，尤其是粗鏡框與透明鏡框的樣式。

除此之外，近年也十方流行新型的複合式材質鏡框。複合式材質的眼鏡，雖然沒有全膠框來的視覺強烈、也沒有全金屬的典雅感，但總能在單一風格太過旺盛時，成為一個很好的平衡存在。有了膠框的特性、亦有了金屬的材質，將兩種材質的特性集於一身，組合性與搭配性相對多元許多。

Choose a frame material for the style you want to create

Once you've decided on the shape of the frame, choose the material of the frame. The material and texture of the frames can be an extension of the overall style, or an accent to the look. If you want to present a more mature image, you'll need a more subtle pair metal frame glasses. Metal is rich in texture and has always been one of the hallmarks of the British college style, making people look professional and full of literary sense. In addition, nowadays, metal frames are no longer limited to gold and silver, and recently there are many new colors, such as rose gold. If you prefer plastic frames, you will exude a more casual and lively feel, especially with thicker and clear frames.

In recent years, new mixed frames are also popular. Although they often do not have the visual impact of full plastic frames or the elegance of full metal, they can always be a good balance when a single style is too much. With the both characteristics of the plastic and metal, the combination of the two materials is much more versatile.



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- 搭配衣著配色選擇鏡片顏色樣式

當鏡框形狀與鏡框材質都決定後，最後就剩下鏡片的顏色需要挑選了！鏡片的顏色可以與整體的衣著顏色做搭配為最佳。我們經常在路上看到許多整體穿著色系不和諧的人，內心暗想「天啊！這配色實在是一場時尚災難。」，同理，亦應用於太陽眼鏡鏡片與整體穿搭顏色搭配。若是深色系與大地色系的衣著可搭配染色或鍍銀鏡片，為整體造成增加亮點；但若本身的穿著已經採用十分鮮豔或暖色的配色，則建議配戴黑色鏡片的太陽眼鏡，避免整身的顏色過度混雜，顯得雜亂無章。

在COVID-19的防疫生活之下，口罩也成為出門必備的配件。當你的臉同時被口罩與太陽眼鏡覆蓋時，兩者色系的搭配就顯得非常重要。把握與上述相同的原則，鏡片顏色勿口罩顏色牴觸。這邊提供一個簡單的小技巧，無論搭配哪一種款式與鏡片顏色的太陽眼鏡，最保險與萬用的做法，就是配戴白色或黑色的口罩。搭配白色或黑色的口罩同時更有利於其他看見你的人將視覺重點置於你精心挑選的太陽眼鏡上。

Choose the color of your lenses to match the color of your outfit

Once the frame shape and material are decided, it's time to choose the color of the lenses. The color of the lenses can be matched with the overall color of the outfit. If you are wearing dark and earthy colors, you can match with color or mirror lenses to add brightness to the overall look; however, if you are already wearing a very bright or warm color scheme, it is recommended to wear sunglasses with black lenses to avoid over-mixing the colors of the whole body and look chaotic.

With COVID-19, masks have also become a must-have accessory when going out. When your face is covered by both masks and sunglasses, it is very important to match the color scheme of both. The same principle as above should be followed: the color of the lenses should not conflict with the color of the mask. Here is a simple tip, no matter what style and lens color sunglasses you wear, the safest and most versatile choice is to wear a white or black mask. The white or black mask allow others to focus on your carefully selected sunglasses.



過去，配戴眼鏡的男生，時常被認為是書呆子，或被認為是不酷的、不留心於打扮的類型。但現代已經完全不一樣了，眼鏡是一種造型，是一種時尚，是男性增添魅力最佳的配件。

In the past, guys who wore glasses were often thought of as nerds, or as the unkempt type who didn't care about dressing up. But nowadays it's completely different. Glasses are a style, a fashion, and one of the best accessories for men.

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