

State Testing Tips

Attendance - Being present and on time is crucial to a student's education. This is the same for the state testing season. Tardiness and absenteeism will result in students having to make up the test at a different time than their peers and missing vital classroom instruction and activities. Showing up early on testing days will prevent the student from feeling rushed.

Rest - Sleep can improve your student's concentration, alertness, and mood the next day. It also helps the students recall previously learned information.

Breakfast - Research shows that eating breakfast can help improve the student's concentration, increase energy, and higher test scores.

Stay Positive - Some students may feel the pressure of state testing. It may help to encourage them and let them know you believe in them! This helps the student with their confidence and builds positive self-esteem!