

RANK ONE INFORMATION – MSK

Please see below the information for completing the **RANK ONE** online forms for the upcoming school year at MSK:

In order to participate on any MSK Sports team, all athletes (6th, 7th, & 8th graders) must first complete the forms below; once completed, your student will be marked "**Eligible to Participate**" in RANK ONE and is cleared for participation for the 2025-2026 school year.

On-line Information and Physical Information for Athletics

All athletic forms will now be completed *online and need to be completed before your student is allowed to participate in sports practices or games at MSK. The instructions are below:*

You will need the following information before you start:

1. Your student's 5 digit Power School ID#
2. Date/Month of the student's last Tetanus (TD) booster
3. Your Insurance Company, Policy Number and Name on Policy

Forms can be accessed by going to the **RANK ONE PARENT PORTAL** at:

<https://maineregional.rankone.com/New/NewInstructionsPage.aspx>

1. **First:** Go to Download and Print.
 - a) All incoming 6th graders will need an updated physical. The **Medical Release Form** is all you need to get signed when you get your child's physical. If your athlete has had a physical after January 1, 2024, please have your physician sign off on this form or have a signed note from the physician's office stating that the student is cleared to participate in athletics.
 - b) Physicals are valid for 2 years from the date of the exam. If your child's physical is going to expire prior to or during the 2025-2026 school year, please send an updated proof of physical form prior to the expiration date.
 - c) Read the Athletic Handbook and the Heads Up on Concussions information.
2. **Second:** Go to the **Electronic Participation Form**.
 - a) Fill in all areas on the **Athletic Card**.
 - b) Both you and your student will need to sign off that you read the Athletic Handbook and the *Heads Up on Concussions* information.
 - c) When you finish the **Athletic Card** it will allow you to go directly to the **Concussion Management** page. Please read the policy and then sign off.

3. **You have now completed all online forms** and will receive an email from Rank One.

*** * You will need to deliver the physical form to the Middle School Office or have your physician FAX it to the Middle School at **207-467-9059**. (Please do NOT fax to the High School)**

As always, if you have any questions, please email the MSK Athletic Director Laurie Bjorn (lbjorn@rsu21.net).