

Grade 9

Connection with student:

- Helping each student feel good about her/him/their self and developing independence -- helping them feel as empowered in this process as possible
- Personal reflection to help a student get excited about the process and begin understanding one's personal study and work habits along with [one's learning profile](#)
- Explanation of the process to help ease anxiety (what is important to know and when so that you don't feel "behind")

Grade 9 Plan:

- Grade 9 year activities (in and out of school) -- learning how to navigate high school
 - [80 examples of extracurriculars and how to describe them](#)
- Grade 9 curriculum / grades
- Academic focus - how to develop interests
- [Sample Resume / Brag Sheet](#) ... [Common App Brag Sheet](#)
 - School activities
 - Community involvement
 - Summer Programs
- Understanding the "package" and how you will be read, but focus on self-development
- Possibly beginning to develop additional materials (portfolios, research abstracts, etc.)

Summer Planning:

- Finding the best summer opportunities to match academic or co-curricular interests
- **[Athletic Recruitment, if applicable]:** Athletic camps and connection with coaches
 - Begin working with coaches throughout the year to discuss personal progress, possible camps, opportunities to develop, and how to start connecting with college coaches

Grade 10

Connection with student:

- Helping each student feel good about her/him/their self and developing independence -- helping them feel as empowered in this process as possible
- Personal reflection to help a student get excited about the process and begin understanding one's personal study and work habits along with [one's learning profile](#)
- Explanation of the process to help ease anxiety (what is important to know and when so that you don't feel "behind")

Grade 10 Plan:

- Calendar of deadlines: [college visits](#) (if applicable), tests required
- Understanding the use of practice standardized testing
- Grade 10 year activities (in and out of school)
 - [80 examples of extracurriculars and how to describe them](#)
- Grade 10 curriculum / grades
- Academic focus - how to develop interests
- Testing (looking at PSAT and practice ACT results to determine a testing plan)
- [Sample Resume / Brag Sheet](#) ... [Common App Brag Sheet](#)
 - School activities
 - Community involvement
 - Summer Programs
 - Internships
 - Work Experience—Summer
- Understanding the "package" and how you will be read, but focus on self-development
- Possibly beginning to develop additional materials (portfolios, research abstracts, etc.)

Demonstrated Interest for Colleges and Universities:

- Research -- [shared document to track progress](#):
 - College visits
 - Virtual tours
 - Registering on college websites
 - Research on college websites
- Complete the values activity

Summer Planning:

- Finding the best summer opportunities to match academic or co-curricular interests
- Planning out possible essay work and college visits
- **[Athletic Recruitment, if applicable]:** Athletic camps and connection with coaches
 - Continue working with coaches throughout the year to discuss personal progress, possible camps, opportunities to develop, and how to start connecting with college coaches

Grade 11

Connection with student:

- Helping each student feel good about her/him/their self and developing independence -- helping them feel as empowered in this process as possible
- Personal reflection to help a student get excited about the process and begin understanding one's personal study and work habits along with [one's learning profile](#)
- Explanation of the process to help ease anxiety (what is important to know and when)

Grade 11 Plan:

- College lists and College plan (ED / EA / REA / RD) -- [shared document to track progress](#)
- Calendar of deadlines: [college visits](#) (if applicable), tests required
- Testing Schedule (SAT / ACT), including practice tests and which test is best
- Grade 11 activities (in and out of school)
- Grade 11 curriculum / grades
- Academic focus

College Application Prep:

- Teachers recommendations ([reflection on academic pursuits](#))
- Optional recommendations
- [Sample Resume / Brag Sheet](#) ... [Common App Brag Sheet](#) ... [Example of a Common App Activities Section](#)
 - School activities
 - Community involvement
 - Summer Programs
 - Internships / Work Experience / Summer Experiences
- Understanding the "package" and how you will be read

Essays ([The Ultimate Essay Guide](#) - during the summer between Junior and Senior year):

- Essay plan -- [set dates and share document to track progress:](#)
 - [Personal Statement](#) (for Common App and UCAS)
 - [Getting Started with Essays](#); and a [Brainstorming packet](#)
 - [Personal Statement brainstorming chart with examples](#)
 - [Sample "Why institution" essay](#) with material to include
 - [UC Personal Insight Questions](#) (PIQ's)
 - [UC PIQ example essays](#)
 - Supplemental essays ([2023-2024 essay prompts](#))
 - Optional additional materials (portfolios, research abstracts, etc.)

Demonstrated Interest for Colleges and Universities:

- Research -- [shared document to track progress:](#)
 - [Concentric Circles](#) and [Example](#)
 - College visits / Virtual tours / Classroom visits
 - Interview (student / alumni / admissions officer)
 - Registering on college websites
 - Research on college websites
 - [Perfecting the "Why" essay](#)
 - [Possible fly-in programs](#)

Summer Planning:

- Finding the best summer opportunities to match academic or co-curricular interests
- Planning out possible essay work and college visits
- **[Athletic Recruitment, if applicable]:** Athletic camps and connection with coaches
 - Continue working with coaches throughout the year to discuss personal progress, possible camps, opportunities to develop, and how to start connecting with college coaches

Grade 12 Year

Connection with student:

- Helping each student feel good about her/him/their self and developing independence -- helping them feel as empowered in this process as possible
- Personal reflection to help a student get excited about the process
- Explanation of the process to help ease anxiety (what is important to know and when)

Grade 12 Plan:

- College lists and College plan (ED / EA / REA / RD) -- [shared document to track progress](#)
- Calendar of deadlines: applications, interviews, tests required
- Testing Schedule (SAT / ACT)
- Grade 12 activities (in and out of school)
- Grade 12 curriculum / grades
- Academic focus

College Applications:

- Common Application, UC / CSU Applications, UCAS, etc.
- Teachers recommendations ([reflection on academic pursuits](#)) and Optional recommendations
- Optional recommendations
- [Resume / Brag Sheet](#)
 - School activities
 - Community involvement
 - Summer Programs
 - Internships
 - Work Experience—Summer
- Understanding the “package” and how you will be read

Essays:

- Essay plan -- [set dates and share document to track progress:](#)
 - [Personal Statement](#) (for Common App and UCAS)
 - [Brainstorming activities](#)
 - [UC Personal Insight Questions](#) (PIQ's)
 - [UC PIQ example essays](#)
 - Supplemental essays ([2021-2022 essay prompts](#))
 - Optional additional materials (portfolios, research abstracts, etc.)

Demonstrated Interest for Colleges and Universities:

- Research -- [shared document to track progress:](#)
 - College visits
 - Virtual tours
 - Classroom visits
 - Interview (student / alumni / admissions officer)
 - Registering on college websites
 - Research on college websites
 - [Perfecting the “Why” essay](#)
 - [Possible fly-in programs](#)

Additional factors to consider:

- Financial Aid
- Merit Scholarships
- Honors programs / Residential colleges

Choosing the best option:

- What is best fit for the student and family, and why?
- Celebration!