


With Holly, I would highly recommend her one on one sessions. I find her extremely helpful and I have significantly improved myself on a personal and professional level. With her assistances, I have scaled and continue to scale aspects of my business and investments and improved in my personal life.


I joined many courses over the years, and spent a lot of money, none of them worked, until I found Holly. She works with me on multiple fronts and I am very satisfied with her abilities and she has the skills to be able to help any business owners looking to improve themselves.



Fiona Johnston • 2h


I loved the BRAIN DUMP. I think once you put it all on paper, it makes it so much easier to determine what your actual priorities or needle moving tasks are. Thank you 🙏

👍 1 Reply



Holly Smith • 31m

@Fiona Johnston Yeah it's awesome hey! Now it's just making it a habit 🙌



Chastity Alexander • 1d

Habits & Self Confidence Coach at Internally Fit with Chastity

Who can you Thank for some of your success?

Holly Smith - is who I owe a huge debt of gratitude for not only guiding me on my journey, but also becoming such a great friend and mentor.

The transformation of me began with her last Summer. I remember being on our call and telling her I'm ready. I'm tired of being tired.

Little did I know the whole new world of opportunities that would be opened up to me through Holly.

She is an amazing person and you should connect with her here on LinkedIn. She has a new program out 30 Days to Happiness Formula and also wrote a book 30 Days to Happiness.

Anthony Mahon

Welcome to the group...!!! 🙌🙌

Good luck with your endeavours, no luck needed though with Holly. I'm 4 weeks in this week and have progressed a long way.

Regards,
Anthony

7:14 pm

Isobel Franklin

Biggest take away today was. How clear it is for the next 90 day plan .

The flow of the workbook

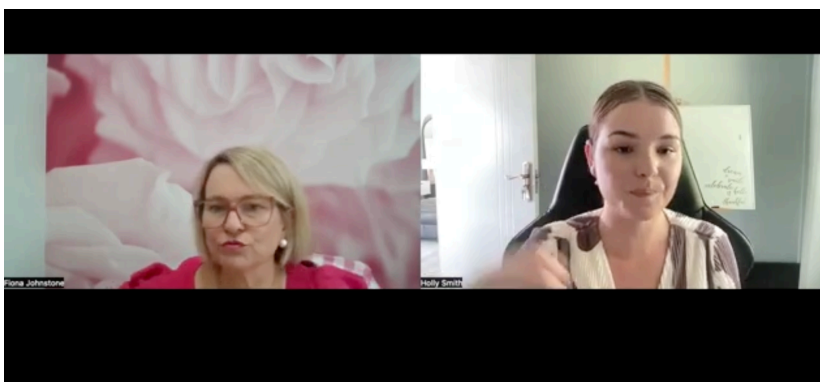
10:11 am

Steven

The Simple and clear planning - it's important for focus and performance, even if it changes as you go

10:11 am

How Fiona Gain control of her time & increased her revenue by 30% in 60 days



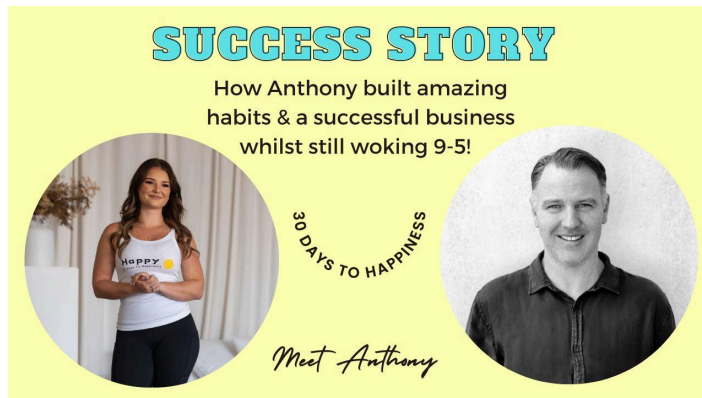
Best Year Of Your Life Workshop Testimonials

[Jacqui](#)

[Gagan](#)

[Jess](#)

How Anthony left his 9-5 and built 1 Million dollar Business in Just 12 Months



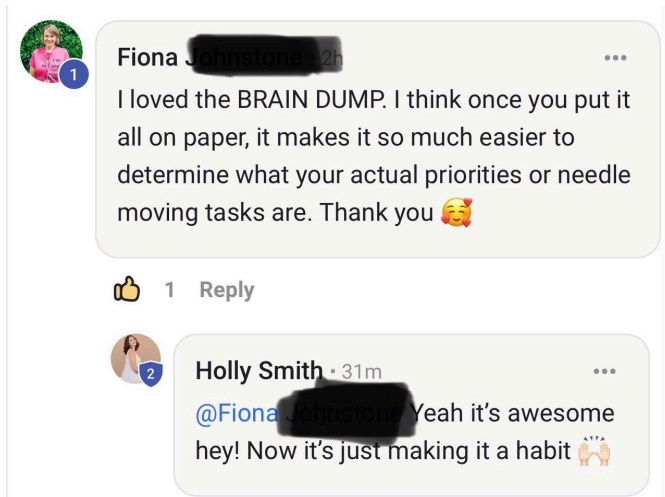
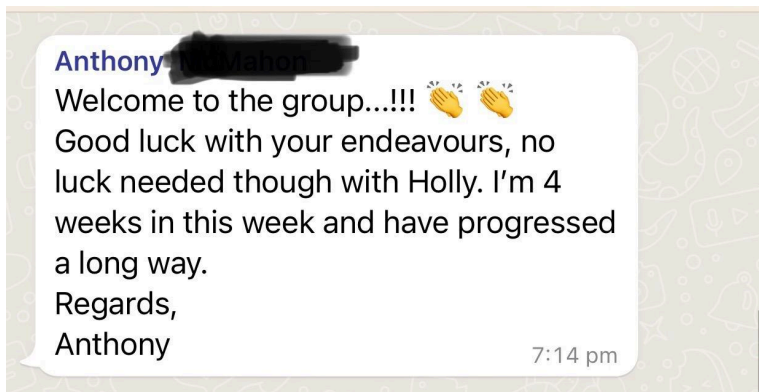
How Dr Fouad created Million Dollar Habits



Here's More Proof

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<https://youtu.be/JMmBLOaW2xY>



Chastity Alexander · 1st

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1d · 🌐

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Phil Mings

"Simply Phenomenal" is the only expression I find fitting to use when describing working with Holly.



Operations Manager

"In the six months, I have had Holly as my accountability partner, I have not only been able to bring my goals and vision to the fore, but I have been able to do so with amazing clarity."

~Nicole

I'm making my way through your book **Holly**. My favourite piece of advice is to schedule a maximum of 3 **MITs** a day. Doing less has increased my productivity 🙌

9:07 pm



~Morgan

Win Friday's

Thanks @Holly Smith been reading your book and it works, being positive and smiling even when doing things you don't like (door knocking) energy and success will flow. And thanks team for

Clem
Awesome stuff, thanks so much Holly.
An excellent Q3 planning session this morning, and many thanks for the link to the recording too!!
1:07 pm

Peer [redacted]
Today's **takeaway** for me was how to reflect on recent events/ accomplishments and identify opportunities to then plan next priorities.
10:12 am

Isobel [redacted]
Biggest **take** away today was. How clear it is for the next 90 day plan .
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10:11 am

Steven [redacted]
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10:11 am



"Holly has also guided me on time management and developing a different mindset that focuses on making better choices to support my goals."



"It was like everything I had to do was so overwhelming (all in a big jumble). Working with Holly we planned it out piece by piece. Created a plan and worked on the areas of my life step by step."



"If you want to learn how to optimise your time, I high recommend working with Holly through the steps to make it happen!"