

ROLE PLAYER CARD		MEDICINE
SETTING	Suburban clinic	
PATIENT	You are a 40-year-old patient who has been urged to see your GP by your family because of your drinking habits. You don't think you have a problem but have reluctantly agreed to see your GP so that you can more easily convince your family members so. You drink basically everyday, starting at the pub after work with mates, and then continue drinking on your own (total 10-15 beers).	
TASK	● Explain to the doctor that you have been asked to see them regarding your drinking habits ● Tell the doctor about your drinking habits if asked ● Admit that it has been causing you to show up late to work and you don't the chores your wife asks you to do ● React angrily when informed of the diagnosis - it's normal for a man to drink after work, and it's what you deserve after working so hard ● At first refuse, and then reluctantly agree to attend group therapy	

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DOCTOR	You are talking to a 40-year-old patient who has come to discuss his drinking habits. Apparently his family is very concerned by the amount he drinks. You diagnose him with alcohol use disorder.	
TASK	● Find out about the patient's reason for visiting ● Ask about details of their drinking habits (e.g. frequency, company) and how it interferes with work and home responsibilities ● Inform the patient that they have alcohol use disorder ● Encourage the patient to calm down and tactfully explain how his drinking habits resemble alcohol use disorder (high intake, interference with work and family) ● Warn the patient to look out for symptoms of withdrawal (sweating, rapid heartbeat, hand tremors, problems sleeping, nausea and vomiting, hallucinations, agitation) ● Offer to introduce the patient to a group therapy service where he can discuss his drinking with people in similar situations. If the patient is resistant, emphasize the importance of getting help.	