

**2025 Mustang Invitational
Saturday, September 6, 2025
Mount Markham HS
West Winfield, NY 13491**



LOCATION ([Google Map](#)):

Mount Markham High School
545 Fairground Rd
West Winfield, NY 13491

COURSE:

This is the same course that will be used for the 2025 Section III Cross Country Championships. This will be the best opportunity for teams to preview the course since the course traverses several practice and competition fields that get used during the fall season. The course is fast with little elevation gain/loss. It is a 2 lap 1.5 mile course with the start and finish areas being adjacent. The start traverses football and soccer fields before entering the nature trail. The nature trail is almost entirely on grass. It then loops around our FFA's land lab field on a grass path. The course will be defined by orange posts and yellow rope and ground

paint throughout the course. ¼" spikes are recommended. Course map is attached below.

Boys course record: Owen Gasper (Auburn) 15:25.7 - 2024

Girls course record: Izzie Sullivan (F-M) 17:36.9 - 2024

Timing:

- FAT Timing by Leone Timing and entries will be on Milesplit.
- Every attempt will be made to honor race section requests. Please indicate your preference on the Intent to Attend. The date and time stamp on this form will be used to fill races first come, first serve. If a race section gets above 200 runners it will be closed.
- Race assignments will be posted as early as possible to allow for transportation requests. Preferably, boys and girls of the same team will race in the same respective race section number to allow teams to arrive and leave with less overlap.
- Varsity and JV will run together. JV will be scored from each race and JV teams start with runner #8. However, race sections will be capped at approximately 225 athletes. We will try to balance the race numbers between the large teams with JV runners and smaller teams without JV. Teams will be assigned boxes at the starting line by random draw. The race sections and starting boxes will be posted here once entries are closed:
- Since the meet is early season, we will be starting early to get races in before the day gets too hot and to avoid conflicts with the Optimists Soccer Tournament Finals later in the day.

Race Schedule:

7:50am	Coaches meeting
8:00am	National anthem
8:10am	Boys Varsity 1
8:50am	Girls Varsity 1

9:30am	Boys Varsity 2	Race section full, consider section 1 or 3
10:10am	Girls Varsity 2	Race section nearing capacity
10:50am	Boys Varsity 3	
11:30am	Girls Varsity 3	

Box Assignments

Entry Fee:

\$225 for combined boys and girls teams

\$125 for one gender

\$25 for individual runners (limit 4 from a team, otherwise a team entry)

Intent:

Click below to complete the intent to attend the 2025 Mustang Invitational.

Intent to Attend

- Please include if bringing both boys and girls teams and approximate number of athletes.
- Please include your race session request and we will do our best to honor that request.
- 20 teams max per race (if number of runners is low in a race section, more than 20 teams may be on the line)
- Any requests for race sections (due to travel or conflicts) or questions please email: dmosny@mmcsd.org

Mustang Invitational Teams/Race Sections

Payment:

The invoice is found below. Please process payment immediately. Payment should be made out to **Mount Markham Cross Country** and mailed to:

Mount Markham Cross Country

% Dan Mosny

Mount Markham High School

545 Fairground Rd.

West Winfield, NY 13491

Invoice, Request W-9 at accountspayable@mmcsd.org

Spectators:

The course is excellent for spectators and coaches allowing multiple times to see runners. The start and finish areas are adjacent and the course is in a relatively compact area allowing viewing at multiple locations.

Medical/Trainer: WWFD Ambulance and an athletic trainer will be on site.

Team Tents:

Teams should set up tents in the areas designated directly behind the school. Please make sure tents are staked or weighted down securely.

Awards:

- Top 25 finisher ribbons in each race section.
- Top 5 in each race - tshirt.
- Plaques to Top 3 overall varsity boys and girls teams (combined aggregate scoring of all race sections).

Concessions:

A variety of food and drink will be available at the concession stand being run by Mount Markham High School FCCLA.

T-Shirts:

The Sneaker Store in New Hartford will be providing the t-shirts. New this year the shirts will be printed on demand at the meet. Athletes may purchase a shirt at The Sneaker Store tent.

Bathrooms:

The locker rooms and bathrooms at the back of the school under the awning will be available. Please keep athletes out of the rest of the school. Port-a-potties will be available at the back of the stadium and near the starting line.

Mount Markham Facility Information

Site Supervisor: Phil Keida, AD: – 315-822-2921 office, 315-737-3727
pkeida@mmcsd.org

Host Coach: Dan Mosny 315-822-2900 (school), 315-749-8893
dmosny@mmcsd.org

Location: High School - 545 Fairground Rd. West Winfield, NY 13491

Directions:

From Eastern Mohawk Valley – from Mohawk, take Rt. 28 north to Richfield Springs, take right onto Rt. 20 west 10 miles to West Winfield, at Mount Markham Middle School take right onto Fairground Rd., the High School driveway will be 400m on left.

From North (Utica/Rome) – from New Hartford, take Rt. 8 south to Bridgewater, take left onto Rt. 20 east 3 miles to West Winfield, at Mount Markham Middle School take left onto Fairground Rd., the High School driveway will be 400m on the left.

From West (Syracuse Area) – take Rt. 20 east to West Winfield, at Mount Markham Middle School take left onto Fairground Rd., the High School driveway will be 400m on the left.

or

Take Rt. 5 to New Hartford, take Rt. 8 south to Bridgewater, take left onto Rt. 20 east 3 miles to West Winfield, at Mount Markham Middle School take left onto Fairground Rd., the High School driveway will be 400m on the left.

Team Drop Off/Bus Parking: Buses will enter the front entrance driveway of the high school and drop teams at the circle in front of the school (teams will walk around the gymnasium to the entrance to the athletics fields). Buses will then be directed to park in the front parking lot bus line up or across the street at the elementary school

Course and Facilities Map: attached below



OUR FIELDS & FACILITIES

