


RESOURCES FOR SCHOOLS, TEACHERS AND ADVISERS

			
RESOURCE TITLE	WRITING YOUR PERSONAL STATEMENT		
RESOURCE SUMMARY	This session provides an overview of the UCAS personal statement and how to approach it. It contains tips and examples as well as what to avoid.		
THEME	IAG	LAST UPDATED	July 2025
TARGET YEAR GROUP	Years 12, 13		
MIN. NUMBER OF LEARNERS	1	MAX. NUMBER OF LEARNERS	70
LENGTH OF SESSION	60 minutes	VENUE LAYOUT	Cabaret
WORKSHOP/RESOURCE OBJECTIVES	<ul style="list-style-type: none"> • Understand the contents of a personal statement • Consider the research you need to do before writing it • Know how to begin drafting a personal statement • Learn the 'ABC' technique for talking about your skills • Take away key 'do's' and 'don'ts' 		

RESOURCE(S) INCLUDED	<ul style="list-style-type: none"> • PP Writing a Personal Statement - Presentation • HD01 - Presentation slides • HD02 - Handout
AV / OTHER RESOURCES REQUIRED?	<ul style="list-style-type: none"> • Computer with presenting capabilities

HOW TO ADAPT THIS SESSION	<ul style="list-style-type: none"> • Break this into shorter sessions and include more time for writing practice and/or discussion <p>You may wish to refer to this video in the presentation: https://www.ucas.com/undergraduate/applying-university/writing-personal-statement/how-write-personal-statement</p>
FURTHER RESOURCES	<p>Complementary resources include:</p> <ul style="list-style-type: none"> • Personal brand • Navigating HE choices • Applying for university • How to choose a university course