

Put the English Title Here (14-point Bold)

First A. Author^{*1} , Second B. Author² , Third C. Author³  (10 pt)

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Article Info

Article History

Submitted:

Accepted:

Published:

Keywords:

Key word

Key word

Key word

Key word

(*) Corresponding Author:

.....

Cite this article:

Lastname, F., & Lastname, F.

(2025). Manuscript Title.

BioNusa: Jurnal Pendidikan IPA,

Sains dan Teknologi, Vol (No),

xx-xx. <https://doi.org/xxx/xxx>

Abstract

Objective: The abstract is a fundamental element of academic writing because it is often the first part of a paper read by journal audiences. Many readers rely on the abstract to decide whether the full article is worth reading, making it a vital tool for scholarly communication. An effective abstract functions as a concise summary of the entire paper, presenting a clear overview that allows readers to understand the study without reading the full text. **Method:** To achieve this, an abstract should include four essential components. First, it must state the objectives of the study, clarifying the research problem or purpose. Second, it should briefly describe the methodology used, offering readers insight into how the research was conducted. Third, the abstract should summarize the main results, highlighting the most important findings of the study. Finally, it must convey the novelty or contribution of the research, demonstrating its value to the field and distinguishing it from existing work. **Results:** By incorporating these elements, an abstract provides readers with the necessary information to evaluate the significance and relevance of the article. It ensures accessibility for a wide audience and enables quick decision-making about further engagement with the research. **Novelty:** For clarity and conciseness, the length of an abstract is typically restricted to 150–250 words. Within this word limit, authors must carefully present the study's objectives, methods, results, and contributions in a clear and organized manner. Ultimately, a well-prepared abstract strengthens the impact of a scholarly article by effectively communicating its essential content.

Abstrak

Tujuan: Abstrak merupakan elemen penting dalam penulisan akademik karena sering kali menjadi bagian pertama dari sebuah artikel yang dibaca oleh audiens jurnal. Banyak pembaca mengandalkan abstrak untuk memutuskan apakah keseluruhan artikel layak dibaca. Abstrak yang efektif berfungsi sebagai ringkasan singkat dari keseluruhan tulisan, memberikan gambaran yang jelas sehingga pembaca dapat memahami penelitian tanpa harus membaca teks lengkapnya. **Metode:** abstrak harus memuat empat komponen utama. Pertama, abstrak harus menjelaskan tujuan penelitian, yaitu permasalahan atau maksud dari penelitian tersebut. Kedua, abstrak perlu memaparkan secara singkat metodologi yang digunakan, agar pembaca mengetahui bagaimana penelitian dilakukan. Ketiga, abstrak harus merangkum hasil utama, dengan menyoroti temuan-temuan paling penting. Terakhir, abstrak perlu menunjukkan kebaruan atau kontribusi penelitian, sehingga dapat memperlihatkan nilai tambahnya bagi bidang kajian dan membedakannya dari penelitian yang sudah ada. **Hasil:** Dengan memuat unsur-unsur ini, abstrak memberikan informasi yang dibutuhkan pembaca untuk menilai signifikansi dan relevansi suatu artikel. Abstrak juga memastikan keterjangkauan bagi audiens yang lebih luas serta membantu pembaca mengambil keputusan dengan cepat untuk terlibat lebih jauh dengan penelitian tersebut. **Kebaruan:** Untuk menjaga kejelasan dan keringkasan, panjang abstrak umumnya dibatasi 150–250 kata. Abstrak yang disusun dengan baik, berdampak dan disampaikan secara efektif.

Introduction

Manuscripts should be prepared using an 11-point font size, with text aligned to justified margins. The document must be formatted with 1.5 line spacing throughout. Each paragraph should consist of at least three complete sentences. Footnotes and endnotes are not permitted; all essential content must be incorporated directly into the main body of the text. Paragraphs should not be indented; instead, insert a 1.5 line space between consecutive paragraphs. For emphasis, use italics rather than underlining. Authors may employ both numbered and bulleted lists when appropriate.

Prior to submission, authors must ensure that every in-text citation corresponds to an entry in the reference list, and that each reference list entry is supported by at least one in-text citation. The manuscript should be organized into unnumbered sections with concise, meaningful subheadings. Numbered headings are not allowed, and the use of headings should be limited to three hierarchical levels. The formatting of headings should follow these specifications: first-level headings in 12-point bold.

Method

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Tables and figures must be placed within the main body of the manuscript at appropriate locations and aligned to the horizontal center of the page. They should not extend beyond the prescribed page margins. Each table or figure must be accompanied by a caption of no more than 6–8 words. Captions for tables should appear above the table, while captions for figures should be positioned below the figure. All tables and figures should be cited in the text (e.g., see Table 1) prior to their appearance. Vertical lines should not be used in tables. For figures, the preferred file formats are GIF and JPEG (JPG).

Table 1. Distribution of Participants by Characteristics

Variables	N	Mean
Group		
1.	52	29.5
2.	63	35.7
3.	40	34.8
Age		
18–25	145	93.5
other	10	6.5
Gender		
F	110	71.0
M	45	29.0
Total	155	100

Results

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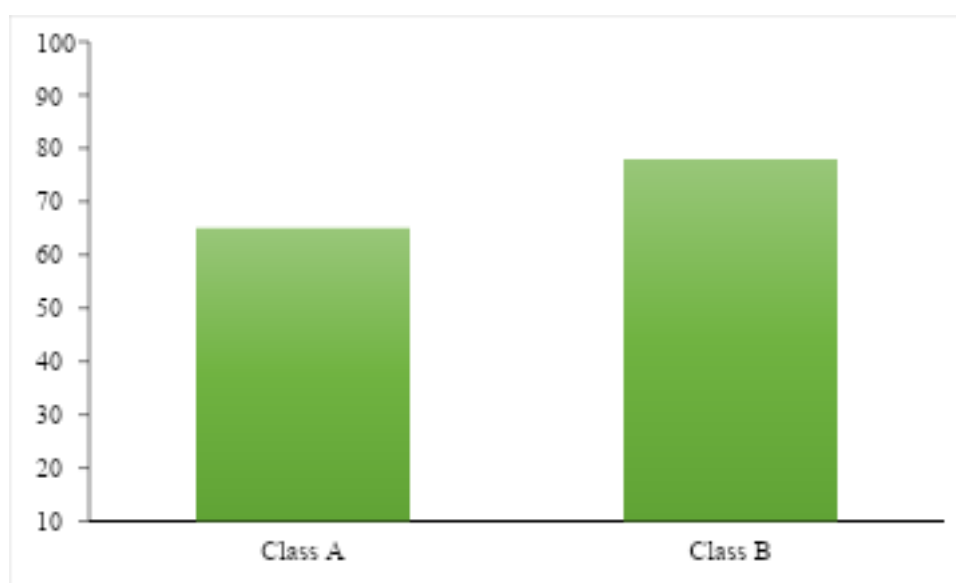


Figure 1. The caption should be placed below the figure

Discussion

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Conclusion

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Recommendations

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Acknowledgements or Notes

Acknowledgements or notes must be presented in a separate section at the end of the manuscript, immediately preceding the references.

References

Citations and references must adhere to APA style. Every source cited in the text must be included in the reference list, and each entry in the reference list must be cited in the text.

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